Promoting Healthy Youth Development in Tumultuous Times

July 26 - 29, 2021
Virtual institute!

SPONSORS

Center for Adolescent Nursing
School of Nursing, University of Minnesota

Healthy Youth Development • Prevention Research Center
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School of Public Health, University of Minnesota

Saint Paul - Ramsey County Public Health Department
2021 Summer Institute in Adolescent Health
Promoting Healthy Youth Development in Tumultuous Times

July 26 - July 29
8:30 am - 12:00 pm Central Time - Virtual Institute

Over the last 18 months, young people have experienced tremendous levels of social change. Today’s adolescents are coming of age amidst a global pandemic, police violence, and social upheaval. These factors combine to amplify existing societal inequities and contribute to increasing mental health concerns among youth.

At the 2021 Adolescent Health Summer Institute, we’ll explore healthy youth development – what it means here and now. Building on four decades of research, we will explore how racial inequity, COVID-19, and mental health concerns are converging to affect young people’s health and healthy development. We will examine social determinants of healthy development, including structural and institutional racism, through the lens of schools, communities, and families. We will reflect on how COVID-19 has and will continue to transform the landscape of adolescent development. We will delve into effective strategies and best practices for supporting adolescents’ mental health and healthy development. We will also examine the importance of engaging young people as problem solvers and powerful change agents in their families, peer groups, and communities.

Who should attend?
All who work with parents and young people – teachers, counselors, physicians, social workers, dietitians, mentors, coaches, school nurses, public health nurses and nurse practitioners, health educators, psychologists, school district personnel, youth ministers, religious leaders, law enforcement, policy makers, and youth advocates.

Core Faculty
Amber Cameron, MS, Director for Public Engagement Initiatives, Office for Public Engagement, U of MN
Jill Farris, MPH, Director, Adolescent Sexual Health Training & Education, Healthy Youth Development • Prevention Research Center, Div of General Pediatrics & Adolescent Health, Dept of Pediatrics, Med School, U of MN
Sara Hollie, MPH, Racial and Health Equity Administrator at Saint Paul-Ramsey County Public Health Department
Gabriel McNeal, MA, Adolescent & Youth Development Specialist, Child & Family Health Division, Maternal & Child Health Section, MN Dept of Health
Jenny Oliphant, EdD, MPH, Research Associate & Community Outreach Coordinator, Healthy Youth Development • Prevention Research Center, Div of General Pediatrics & Adolescent Health, Dept of Pediatrics, Med School, U of MN
Renee Sieving, PhD, RN, FAAN, FSAHM, Professor; Director, Center for Adolescent Nursing, School of Nursing; Director, Healthy Youth Development • Prevention Research Center, Div of General Pediatrics & Adolescent Health, Dept of Pediatrics, Med School, U of MN
Jamie Stang, PhD, MPH, RDN, Associate Professor; Director, Leadership Education & Training Program in MCH Nutrition; Director, Center for Leadership Education in Maternal & Child Public Health, Div of Epidemiology and Community Health, School of Public Health, U of MN

For more information and to register visit: https://z.umn.edu/ahsi or contact Jenna Baumgartner, MS baum0272@umn.edu

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