March 8, 2021

Hello BSN Junior and Senior students located in Rochester:

We know you are anxious to make spring break plans. We have contacted all the health systems to determine their expectations in regards to traveling during spring break and then returning to the clinical environment after spring break. The guidance from the Minnesota Department of Health and the health systems is that health care workers (including students who are in the health care environments) are encouraged to avoid traveling out of state and out of the country. Traveling can increase your chance of getting and spreading COVID-19, even if you are vaccinated.

If you travel during spring break--

1. Per direction from Mayo: **If you have received both doses of the COVID-19 vaccine**, you may return to the clinical environment if you had adhered to all the public health guidelines (e.g. mask, good infection control practices), you are asymptomatic AND have no known COVID-19 family/community exposures. It is recommended that you get a COVID-19 test 3-5 days after you return from travel to ensure you are negative. As per our school of nursing protocol, you will continue to complete the attestation form prior to each of your clinical rotation days and the results of your attestation will be used to determine whether you can return to your clinical rotation.

2. Per direction from Mayo: **If you have NOT received both doses of the COVID-19 vaccine, you are required to quarantine after travel and before returning to the clinical environment.** If that situation applies to you, please contact Carol Flaten (cflaten@umn.edu) before you travel.

If you must travel internationally-, upon return and regardless of your vaccination status, you will be required to quarantine for 14 days. If you will be traveling internationally, prior to your departure, contact Carol Flaten (cflaten@umn.edu).

As a reminder, here is the information about where and how you can get tested for COVID-19. We have also been informed that UMR will have on-campus COVID-19 testing opportunities between Monday, March 29th and Thursday, April 15th.

And perhaps the most important point is that things can change depending on positivity rates and further guidance from the Minnesota Department of Health and the Centers for Disease Control.

And as a reminder, if you have received a COVID-19 vaccine, please go to this link (z.umn.edu/sonvaccine) to enter data and upload a copy of your vaccine record.