

Academic Advising Syllabus
Office of Student & Career Development Services (OSCAS)
School of Nursing (SON)
University of Minnesota

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Advising Hours: By appointment, bsnadvising.appointments.umn.edu

School of Nursing Advising Mission: Through a model of collaboration and shared responsibility, we partner with students in their pursuit of academic, career, and life success.

What is Academic Advising?

An educational process that, by intention and design, facilitates students' understanding of the meaning and purpose of higher education and fosters their intellectual and personal development toward academic success and lifelong learning (National Academic Advising Association, 2004).

Student Development Outcomes: The successful University of Minnesota student engages in activities which develop and demonstrate achievement in several areas. The School of Nursing's Office of Student and Career Advancement Services has adopted the following University of Minnesota Student Development Outcomes:

Responsibility and Accountability

- Makes appropriate decisions regarding his/her own behavior
- Recognizes and accepts consequences of actions
- Meets agreed upon expectations
- Follows through on commitments
- Willing to accept responsibility for personal errors
- Takes responsibility for his/her own learning

Independence and Interdependence

- Appropriately determines when to act alone and when to work or consult with others
- Demonstrates ability to initiate action and effectively engage others to enhance outcomes
- Works with minimum supervision whether it be alone or within a group
- Adapts behavior as appropriate in response to team or organization needs

Goal Orientation

- Manages energy and behavior to accomplish specific outcomes
- Possesses and maintains sufficient motivation to achieve goals
- Has an understanding about how to use his/her talents and skills to contribute to the betterment of society
- Demonstrates effective planning and purposeful behavior
- Does not allow distractions to prevent timely completion of tasks
- Pushes self, when needed, to accomplish goals

Self Awareness

- Maintains and projects optimistic perspective
- Expects the best from self and others
- Accurately assesses and articulates (when appropriate) personal strengths and weaknesses
- Shows interest in learning about others and their accomplishments
- Demonstrates ability to help others adapt to new situations

Resilience

- Able to recover from disappointment or bad experience and continue to work successfully
- Able to learn from a bad experience and recover
- Able to work through disappointments (i.e., what caused them, what can be done to avoid them next time, and what can be done to repair them now)

Appreciation of Differences

- Works effectively with others, despite differences; can respectfully discuss differences with others
- Recognizes advantages of moving outside existing “comfort zone”
- Seeks out others with different backgrounds and/or perspectives to improve decision making
- Appreciates the importance of diversity and conveys this value to others
- Understands and respects the values and beliefs of others

Tolerance of Ambiguity

- Demonstrates intellectual and emotional ability to perform in complicated environments and the absence of standard operating procedures
- Can work under conditions of uncertainty

Advisor and Advisee Responsibilities

SON advisors and advisees both play important roles in the advising process.

I will...

- Understand and effectively communicate curriculum, graduation requirements, and university and college policies and procedures.
- Listen to your concerns and respect your individual values and choices
- Assist you in defining your academic, career, and personal goals, and assist you in creating an educational plan that is consistent with those goals
- Be available to answer your questions through meetings or email
- Provide you with information about educational opportunities outside of the classroom
- Work with you to assess your academic performance and areas of strength to ensure they are consistent with your plans
- Refer you to other campus offices as appropriate

I expect you to...

- Schedule and attend advising appointments approximately once per year
- Be involved in the advising process by being prepared to discuss your goals and educational plans during our meetings
- Be open and willing to consider faculty, advisors, and other mentors’ perspectives
- Bring a list of questions to appointments and ask questions if you do not understand a topic we discuss during our meeting
- Track your progress towards completing your graduation requirements. For BSN students this includes reviewing your APAS report each semester.
- Continue to reflect upon and evaluate your goals and commit to an academic plan
- Read your U of M email
- Become knowledgeable of campus policies, procedures, and resources
- Take primary and increasing responsibility for making your own decisions based on available information and advice