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 5-140 WDH 308 Harvard St. SE  
 Minneapolis, MN 55455

### 2017 Summer Institute in Adolescent Health

## Birds, Bees, and Ongoing Buzz: Families Talking with Teens about Sexuality

July 24th - July 26th  
 July 27th (graduate students only)  
 St. Paul, Minnesota

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2017



July 24<sup>th</sup> – July 26<sup>th</sup>  
 July 27<sup>th</sup> (graduate students only)  
 St. Paul, Minnesota

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### 2017 Summer Institute in Adolescent Health

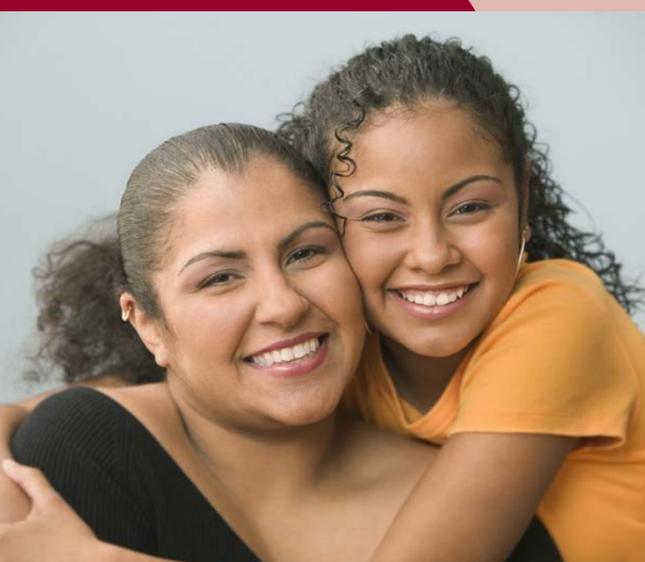
## Birds, Bees, and Ongoing Buzz: Families Talking with Teens about Sexuality

Sexuality research gives a consistent answer to the questions, “Do parents make a difference? Do families matter?” Yes! Youth-family connections and communication are keys to young people’s healthy sexual decision-making. Yet, a great challenge for parents and families is how to think about, talk about, and guide young people on a positive path to adulthood, particularly during a time when gender identity and sexual orientation are evolving. Additionally, new technologies continue to dramatically expand young people’s access to a multitude of sexual messages. How are parents helping adolescents navigate exposure to messages, some that may be contrary to their families’ cultures, values, and beliefs?

During the 2017 Summer Institute, learn strategies for creating a buzz to engage young people and their families in conversations about healthy sexuality. Gain understanding for working with parents across cultures and contexts, and consider evidence-based strategies with diverse populations, including youth with special health care needs. Build skills for addressing parents’ concerns about young people’s exposure to sex, drugs, and technology. Weigh the merits of different approaches to sexuality education, then, tailor a toolkit to the realities of the settings and communities where you work.

#### Who Should Attend?

All who work with parents and young people – teachers, counselors, school nurses, social workers, mentors, coaches – public health nurses and nurse practitioners, health educators, psychologists, physicians – youth ministers, religious leaders, law enforcement, policy makers, and youth advocates.



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## Day 1: Considering Adolescent Sexuality: Looking Through a Developmental Lens

- Investigate attachment theory, sexual development, and successful parenting strategies.
- Consider new ways of thinking and talking about adolescent sexual orientation and gender identity, and how to guide teens into healthy adulthood.
- Explore effective strategies for engaging with and supporting parents from a variety of family structures.

## Day 2: Bridging Barriers between Parents and Teens: Addressing the Gaps

- Examine sexuality education curricula aimed at increasing parent-child communication and connectedness.
- Identify strategies to discuss healthy sexuality for teens with disabilities, chronic illness, and other special health care needs.
- Expand cultural competence in working with parents.

## Day 3: Continuing the Conversation: Strategies and Skills for Your Toolkit

- Discuss the concerns many families have about youth exposure to sex, drugs, and technology and how parents can keep conversations open.
- Outfit your toolkit with skills and strategies for helping families in your community support young people's healthy sexual decision-making.

### Institute Schedule:

The Institute runs from 8:00 am - 4:30 pm each day.

## Guest Faculty

### Vincent Guilamo-Ramos, PhD, MPH, LCSW, RN, ACRN



University and community colleagues alike recognize the remarkable talents of Dr. Guilamo-Ramos who takes on some of the most challenging issues in working with families – creating strong connections and open communication between parents and their teens around sexual and reproductive health questions and concerns. As a professor at New York University (NYU), Guilamo-Ramos moves with ease between academic and community settings, creating mentoring and parent-engaged projects focused on HIV/AIDS and drug use prevention, particularly in communities with high levels of socio-economic disadvantage. Being licensed as both a nurse and social worker adds to his ability to work and communicate effectively within and among interdisciplinary teams. He is also the founder

of the Center for Latino Adolescent and Family Health which seeks to investigate the role of Latino families in shaping the development, health, and overall well-being of Latino adolescents.

Dr. Guilamo-Ramos' most recent work targets father-son relationships in African American and Latino families with the aim of improving effective condom use and access to sexual and reproductive health care. Recognizing the critical need to assure on-going funding for clinics and programs, Guilamo-Ramos gives priority to evaluation of short- and long-term impact of the innovative interventions created in partnership with communities. Support from several federal agencies (NIH, CDC, and HHS Office of Adolescent Health) fund his work that has been published by the field's top journals, American Journal of Public Health, Journal of Adolescent Health, JAMA Pediatrics, and Health Psychology, to name a few.

## Core Faculty

**Amber Cameron, MS**, Associate Director for Public Engagement Initiatives, Office for Public Engagement, U of MN

**Jill Farris, MPH**, Director, Adolescent Sexual Health Training and Education, Healthy Youth Development • Prevention Research Center, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

**Monique Hensley**, Project Manager, Health Care Education and Training, Inc.

**Sara Hollie, MPH**, Healthy Youth Development Coordinator, Division of Community and Family Health, Maternal and Child Health Section, Minnesota Dept. of Health

**Gabriel McNeal, MA**, Adolescent and Youth Development Specialist, Division of Community and Family Health, Maternal and Child Health Section, Minnesota Dept. of Health

**Jenny Oliphant, EDD, MPH**, Research Associate and Community Outreach Coordinator, Healthy Youth Development • Prevention Research Center, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, University of Minnesota

**Emily Regan, MPH**, Program Coordinator, Youth Epilepsy and Successful Self-Management (YESS) Study, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

**Michael Resnick, PhD, FSAHM**, Professor and Gisela and E. Paul Konopka Chair in Adolescent Health and Development; Director, Leadership Education in Adolescent Health Training Program, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

**Renee Sieving, PhD, RN, FAAN, FSAHM**, Professor; Director, Center for Adolescent Nursing, School of Nursing; Director, Healthy Youth Development • Prevention Research Center, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

**E. Brooke Stelzer**, Adolescent Sexual Health Consultant, School Safety Technical Assistance Center, Minnesota Department of Education

### Location and Parking

The Institute will be held at the TIES Event Center, 1644 Larpenteur Ave. W., St. Paul, MN 55108. For directions, please use a mapping service. Free parking is available in the lot adjacent to the building.

### Accommodations

For registrants requiring hotel accommodations while attending the Institute, nearby hotels include:

- Radisson Hotel Roseville  
651-636-4567
- Country Inn & Suites Roseville  
651-628-3500
- The Commons Hotel  
612-379-8888

### Continuing Education

This program provides up to 21 hours of professional continuing education (2.1 CEUs). It is designed to meet the Minnesota Board of Nursing continuing education requirements.

### Registration and Fees

The early bird registration fee for the Institute is \$250. After July 1st the registration fee is \$300. Fees includes all program sessions, instructional materials, readings, and continuing education record, plus continental breakfast, lunch, and refreshment breaks each day.

Online registration can be found through the continuing education link at <http://z.umn.edu/ahsi> and payments can be made by credit card or check, payable to the University of Minnesota.

Registration fees are refunded only if written cancellation is received by July 14th, 2017. An administrative fee of \$50 is charged on all cancellations. A full refund of fees paid is made if the program is not held. The University of Minnesota reserves the right to cancel the program if necessary.

You are encouraged to register early, as enrollment is limited. The registration deadline is July 14, 2017. To register after this date, please call 612-626-0606 for space availability.

**Early Bird Registration:**  
**\$250 ON or BEFORE July 1st**

**Regular Registration:**  
**\$300 AFTER July 1st**

Conference services provided by the Center for Adolescent Nursing and the School of Nursing, University of Minnesota.

The Summer Institute in Adolescent Health is supported in part by grants to the Schools of Nursing and Medicine, from the Maternal & Child Health Bureau (Health Resources and Services Administration [HRSA]) and the Centers for Disease Control and Prevention (CDC), DHHS.

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### Graduate Credit Options

The Institute may be taken for two graduate credits through the University of Minnesota or Hamline University.

### Register for University of Minnesota Graduate Credit

Two semester graduate credits are available for the Institute, as course number Nurs 5604. Students admitted to a University of Minnesota degree program must follow University of Minnesota registration procedures and deadlines for Summer Session. Call 612-626-0606 for a permission number.

Students not admitted to a University of Minnesota degree program may also register for graduate credit. Contact the University of Minnesota's Onestop for help registering: [onestop@umn.edu](mailto:onestop@umn.edu) or 612-624-1111. Non-admitted students must make arrangements for University of Minnesota credit by July 14.

Graduate tuition for this course is approximately \$2,500 plus other University of Minnesota fees that may apply. The registration fee for individuals taking the institute for U of MN graduate credit is \$150 (materials and food service).

### Register for Hamline University Graduate Credit

Two semester graduate credits are available through Hamline University. Tuition payment for Hamline credit is \$358 and will be accepted on the first day of the Institute. The registration fee for individuals taking the institute for Hamline graduate credit is \$250. Contact Jenna Baumgartner at [baum0272@umn.edu](mailto:baum0272@umn.edu) after registering for the Institute to receive the Hamline graduate credit registration form.

Online registration or a printable pdf registration form can be found at <http://z.umn.edu/ahsi>. The registration form found on the bottom of this brochure can also be mailed in with the Institute fee.

Hamline tuition will be collected on the first day of the Institute. Tuition payments must be made by check.

### Questions?

Contact Jenna Baumgartner, MS, Program Coordinator, at 612-626-0606 or e-mail at [baum0272@umn.edu](mailto:baum0272@umn.edu)

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First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Position/Title \_\_\_\_\_

Employer \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal Code \_\_\_\_\_

Daytime Telephone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail Address \_\_\_\_\_

Disability or Dietary Accommodations \_\_\_\_\_

detach here

## Early Bird Registration Deadline: ON or BEFORE July 1st

## Regular Registration: AFTER July 1st

### Registration Fees

- \$250 Early Bird Institute fee (Hamline credit and CE registrants)
- \$300 Regular Institute fee (Hamline credit and CE registrants)
- \$150 U of MN Graduate Credit Institute fee (U of MN graduate credit registrants only. See section on graduate credit option.)

### Register online or by mail

#### Online:

Go to <http://z.umn.edu/ahsi>, then select the online registration link. Payment options: credit card or by mailing in a check with the registration form.

#### Mail:

Mail this form with your check to:  
Jenna Baumgartner  
School of Nursing, U of MN  
5-140 Weaver-Densford Hall  
308 Harvard St. SE  
Minneapolis, MN 55455

Make checks payable to: University of Minnesota

#### Questions:

Call Jenna Baumgartner at 612-626-0606 or e-mail at [baum0272@umn.edu](mailto:baum0272@umn.edu)