Sexuality research gives a consistent answer to the questions, “Do parents make a difference? Do families matter?” Yet, youth-family connections and communication are keys to young people’s healthy sexual decision-making. Yet, a great challenge for parents and families is how to think about, talk about, and guide young people on a positive path to adulthood, particularly during a time when gender identity and sexual orientation are evolving. Additionally, new technologies continue to dramatically expand young people’s access to a multitude of sexual messages. How are parents helping adolescents navigate exposure to messages, some that may be contrary to their families’ cultures, values, and beliefs?

During the 2017 Summer Institute, learn strategies for creating a buzz to engage young people and their families in conversations about healthy sexuality. Gain understanding for working with parents across cultures and contexts, and consider evidence-based strategies with diverse populations, including youth with special health care needs. Build skills for addressing parents’ concerns about young people’s exposure to sex, drugs, and technology. Weigh the merits of different approaches to sexuality education, then, tailor a toolkit to the realities of the settings and communities where you work.

Who Should Attend?
All who work with parents and young people—teachers, counselors, school nurses, social workers, mentors, coaches—public health nurses and nurse practitioners, health educators, psychologists, physicians,– youth ministers, religious leaders, law enforcement, policy makers, and youth advocates.
2017 Summer Institute in Adolescent Health
Birds, Bees, and Ongoing Buzz: Families Talking with Teens about Sexuality

Day 1: Considering Adolescent Sexuality: Looking through a Developmental Lens

- Investigate attachment theory, sexual development, and successful parenting
- Consider new ways of talking and thinking about adolescent sexual orientation and gender identity, and how to guide teens into healthy adulthood.
- Explore effective strategies for engaging with and supporting parents from a variety of family structures.

Day 2: Bridging Barriers between Parents and Teens: Addressing the Gaps

- Examine sexuality education curricula aimed at increasing parent-child communication and connectedness.
- Identify strategies to discuss healthy sexuality for teens with disabilities, chronic illness, and other special health care needs.

Day 3: Continuing the Conversation: Strategies and Skills for Your Toolkit

- Discuss the common fears many families have about youth exposure to sex, drugs, and technology, and how some parents can help prevent these situations.
- Outfit your toolkit with skills and strategies for helping families in your community support young people’s healthy sexual decision-making.

Location and Parking
The Institute will be held at the TCF Event Center.  Access information for the TCF Event Center, 401 Pl, Minneapolis, MN 55458.  For directions, please see the map provided in this brochure.  Free parking is available in the lot adjacent to the building.

Accommodations
For registrants requiring travel accommodations, please contact the Institute, nearby hotels include:

- Radisson Hotel Loring
- Country Inn & Suites Loring

Continuing Education
This program provides 12.25 contact hours of professional continuing education (CEUs).  It is designed to meet the needs of professional continuing education (2.1 CEUs).  It is designed to meet the needs of professional continuing education (2.1 CEUs).  It is designed to meet the needs of professional continuing education (2.1 CEUs).

Registration and Fees
The early bird registration fee for the Institute is $250.  After July 1st the registration fee is $300.  Fees includes all materials.  The early bird registration fee for the Institute is $250.  After July 1st the registration fee is $300.  Fees includes all materials.

Early Bird Registration Deadline: ON OR BEFORE July 1st
Regular Registration: AFTER July 1st

Regular Registration:
- $250 Early Bird Institute fee (Hamline credit and CE registrants)
- $290 Tuition Institute fee (Hamline credit and CE registrants)
- $300 Tuition Institute fee (Hamline credit)

Graduate Credit Options
The Institute may be taken for two graduate credits through the University of Minnesota or Hamline University. 
Two graduate credit courses are available through the Institute, as course work is delivered through the University of Minnesota.

Register for Hamline University Graduate Credit
Two graduate credit courses are available through Hamline University. 
Graduate credit courses are available for the Institute, as course work is delivered through the University of Minnesota.

Register for University of Minnesota Graduate Credit

Institute Schedule:
The Institute runs from 8:00 am - 4:30 pm each day.

Questions:
- Call Jenna Baumgartner at 612-626-0606 or e-mail at baum0272@umn.edu

Additional Contact Information:
- Early Bird Registration Deadline: ON OR BEFORE July 1st
- Regular Registration: AFTER July 1st
- Make checks payable to: University of Minnesota

Conference services provided by the Center for Adolescent Nursing and the School of Nursing, University of Minnesota.

The Summer Institute in Adolescent Health is supported by grant to the School of Nursing and University of Minnesota. This grant is funded by the Health Resources and Services Administration (HRSA).

2017 Summer Institute in Adolescent Health
Birds, Bees, and Ongoing Buzz: Families Talking with Teens about Sexuality
July 24th – July 26th
July 27th (graduate students only)
St. Paul, Minnesota