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SCHOOL OF
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2008 Summer Institute in Adolescent Health

SEXUAL HEALTH FOR ALL YOUTH: ARE WE THERE YET?

July 28th–July 30th

July 31st (graduate students only)

St. Paul, Minnesota

Multiple lists were used in this mailing. If you received more than one copy, please pass it on.

2008

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University of Minnesota School of Nursing

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Maternal and Child Health Section
Minnesota Department of Health

Minnesota Organization on Adolescent
Pregnancy, Prevention and Parenting



2008 Summer Institute in Adolescent Health

SEXUAL HEALTH FOR ALL YOUTH: ARE WE THERE YET?

Sexual health for all young people. To achieve this ideal, every young person, even the most marginalized, requires skills for making healthy decisions and being in healthy relationships. It is built on a foundation of attitudes that value the well-being of self and others. And, it requires safe and supportive environments guiding young people on healthy passages into adulthood.

Unfortunately, we have neglected to assure these fundamentals for all young people. Many have been invisible, overlooked, and left on their own to wade through the “sexually toxic soup” so pervasive today.

At this institute, hear strategies for supporting healthy sexual development for all - those with disabilities, those with differing sexual orientation, those who have recently come to the US, those in cities, those in rural America...

Never before has there been a bigger repertoire. New evidence helps us match successful strategies with the social, cultural, and political climates of communities. Our greatest challenge is to integrate what we know from experience with what we’ve learned from research to guide effective approaches in schools, clinics, and communities.

WHO SHOULD ATTEND

All who work with young people - teachers, coaches and administrators; nurses, physicians, nutritionists, psychologists, social workers, counselors, and youth workers; religious leaders and policy makers.

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INSTITUTE SCHEDULE & HIGHLIGHTS

The institute schedule runs from 8:30-4:30 each day.

Each day, the institute will focus on an important layer in the question “Are We There Yet?”

DAY 1: Are we...considering the diverse social and cultural contexts of young people?

- Gain new perspectives on the diverse social and cultural contexts in which young people grow up
- Learn how and why these contexts matter, in terms of young people’s sexual health
- Reflect on social and cultural messages that shape one’s own sexuality
- Explore images, languages, norms and values of contemporary youth culture; consider the implications for sexual health programming

DAY 2: Are we...integrating evidence with our experience and the environments in which young people live?

- Expand knowledge of evidence-based approaches for promoting sexual health with diverse groups of young people
- Identify best practices for adapting and adopting evidence-based strategies in various settings

DAY 3: Are we...truly understanding the young people we seek to serve?

- Learn effective approaches for gaining a deeper understanding of the young people you seek to serve
- Apply to your setting a process that leads to more effective sexual health promotion and programming with adolescents
- Affirm and re-affirm the value of multiple strategies for meeting the diverse needs of young people

GUEST FACULTY

Cordelia Anderson, MA, Founder, Sensibilities, Inc.

Cordelia Anderson has worked to prevent child and adolescent sexual exploitation/harm and promote healthy development for 30 years. Beginning at the Program in Human Sexuality, then moving in 1977 to work with the Hennepin County Attorney’s Office as a child advocate and to create one of the country’s first Child Sexual Abuse Prevention Programs later bringing the program to Illusion Theater. In 1992, she founded her own training and consultation business based in Minneapolis, Sensibilities, Inc. Ms. Anderson has conducted nearly 2,000 trainings nationwide. She’s co-authored educational plays and videos, created numerous prevention materials and been a leader in two mass media campaigns. Ms. Anderson has consulted with a wide range of programs and has appeared on local and national media programs including Oprah. She is on the board of the National Center for Missing and Exploited Children, and is Chair of the National Coalition to Prevent Child Sexual Exploitation.

Gloria Ferguson, MPH, Program Director, Health Start

Gloria Ferguson spent 16 years of her career working directly with highly stressed families to prevent abuse and neglect and promote strong parent-child attachments. Dr. Martha Farrell Erickson, a recognized expert in attachment theory and its implications, was both a mentor and an ongoing consultant in this work. In Ms. Ferguson’s current position as Program Director for Health Start, she oversees the operation of ten school-based health centers serving adolescents in St. Paul. She is co-author of *Understanding Sexuality*, a senior high sexuality curriculum, and author of *Tools for Mother-Baby Interventions* as well as *The Dad Book: A Guide to Pregnancy, Labor, Birth, and Parenting*.

Cynthia Gómez, PhD, Professor, Department of Health Education; Director, Health Equity Initiatives, San Francisco State University

As the founding director of San Francisco State University’s Health Equity Initiatives, Dr. Gómez leads efforts to enhance and integrate campus research, curricula, community service and training programs that address health disparities and/or promote health equity in the United States. A leading scientist in HIV prevention, she previously served as co-director of the Center for AIDS Prevention Studies (CAPS) at University of California, San Francisco. Prior to her work with CAPS, Dr. Gómez spent 12 years working in community health settings, including five years as director of a child and family mental health center in Boston.

Dr. Gómez is a pioneer in research on cultural determinants of sexual behaviors, gender dynamics, and programs for people living with HIV. Her research has included a focus on preventing sexual risk outcomes among adolescents. She has served on several national committees, including the Centers for Disease Control’s HIV and STD Advisory Council, and is a member of the board of trustees of the National AIDS Fund and the Guttmacher Institute. She was an appointed member of the Presidential Advisory Council on HIV/AIDS under both the William J. Clinton and George W. Bush administrations.

Lori Roller, MSW, MPH, Senior Training Manager, ETR Associates

For the past 15 years, Ms. Roller has designed, implemented, managed, and evaluated a variety of reproductive and sexual health programs for young people, parents and professionals in the US and Latin America. She has been with ETR for the past four years, serving as Senior Program Manager. She currently coordinates two CDC Division of Reproductive Health-funded projects: “Promoting Science-Based Approaches” and “The Program Fidelity and Adaptation” project. Her previous work with ETR includes directing the Resource Center for Adolescent Pregnancy Prevention (ReCAPP) website and the “Parent-Child Connectedness: Bridging Research to Intervention Design” project.

CORE FACULTY

Linda Bearinger, PhD, RN, FAAN, Professor and Director, Center for Adolescent Nursing, School of Nursing, University of Minnesota

Kathy Brothen, MA, Coordinator, Coordinated School Health, Minnesota Department of Education

Jill Farris, MPH, Program Manager, Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting

Pamela Moore, MA, Community Capacity Builder, Konopka Institute, University of Minnesota

Jennifer O’Brien, MPH, State Adolescent Health Coordinator, Minnesota Department of Health

Jenny Oliphant, MPH, EdD(c), Community Outreach Coordinator, Healthy Youth Development-Prevention Research Center, Division of Adolescent Health and Medicine, Medical School, University of Minnesota

Michael Resnick, PhD, Professor and Gisela and E. Paul Konopka Chair in Adolescent Health and Development; Director, Healthy Youth Development-Prevention Research Center, Division of Adolescent Health and Medicine, Medical School, University of Minnesota

Renee Sieving, PhD, RN, Associate Professor, Center for Adolescent Nursing, School of Nursing, University of Minnesota

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July 31st (graduate students only)

St. Paul, Minnesota

First Name _____ MI _____ Last Name _____

Position/Title _____

Employer _____

Street Address _____

City _____ State _____ Postal Code _____

Daytime Telephone _____ Fax _____

E-mail Address _____

Disability or Dietary Accommodation _____

- I agree to be listed in the registrant list for this program for distribution to participants
- I will register for graduate credit with Hamline University on the first day of the course
- I have registered for University of Minnesota graduate credit

Location

The Institute will be held at the Minnesota Department of Education, Conference Center B, 1500 Highway 36 West, Roseville, Minnesota 55113. A map and driving directions will be provided with your registration confirmation. Or, visit the Minnesota Department of Education website at: education.state.mn.us/mde/About_MDE/ and click on the directions link.

Parking

Free public parking is available in lots adjacent to the building.

Accommodations

For registrants requiring hotel accommodations while attending the Institute: Nearby hotels include:

- Radisson Roseville Hotel
651-636-4567
- Country Inn and Suites by Carlson
651-628-3500

Continuing Education

This program is designed to meet the Minnesota Board of Nursing requirements for continuing education. It is the responsibility of the individual nurse or healthcare professional to determine if the course fulfills that requirement.

Registration and Fees

The registration fee for the Institute is \$240 and includes all program sessions, instructional materials, readings and continuing education record, plus continental breakfast, lunch, and refreshment breaks each day.

Payment can be made by credit card or check, payable to the University of Minnesota.

Registration refunds are made only if written cancellation is received by July 16, 2008. A full refund of fees paid is made if the program is not held. The University of Minnesota reserves the right to cancel the program if necessary.

You are encouraged to register early, since enrollment is limited. The registration deadline is July 16, 2008. To register after this date, please call 612-626-0606 for space availability.

Registration Deadline July 16th, 2008

Graduate Credit Options

The Institute may be taken for two graduate credits through the University of Minnesota or Hamline University. Registration procedures are as follows:

Register for University of Minnesota Graduate Credit

Two semester graduate credits are available for the Institute, as course number Nurs 5604. Students admitted to a University of Minnesota degree program must follow University of Minnesota registration procedures and deadlines for Summer Session. Call 612-626-0606 for a permission number.

Students not admitted to a University of Minnesota degree program may also register for graduate credit. Contact Jenna Baumgartner at baum0272@umn.edu or call 612-626-0606 for information and assistance with the registration. Non-admitted students must make arrangements for University of Minnesota credit by July 12th.

Graduate tuition for this course is \$1,623 plus an Institute fee of \$150 (materials and food service) and other University of Minnesota fees that may apply.

Register for Hamline University Graduate Credit

Two semester graduate credits are available through Hamline University. Registration for credit will be accepted on the first day of the Institute with tuition payment of \$230 due. In addition to tuition, participants are required to pay the full Institute fee of \$240.

Complete the registration form in this brochure and mail with the \$240 Institute fee. Or register online at www.nursing.umn.edu/can/. Click on Continuing Education link and then click on the registration link at the bottom of the page.

Indicate on the form that you will be registering for Hamline University graduate credit.

On the first day of the Institute, register for Hamline credit and pay the tuition of \$230. Payment can be made by check or with a credit card.

Questions?

Call Jenna Baumgartner at 612-626-0606 or e-mail baum0272@umn.edu.

Conference services by the Center for Adolescent Nursing and the School of Nursing, University of Minnesota.

The Summer Institute in Adolescent Health is supported in part by a nursing training grant to the School of Nursing from the Maternal and Child Health Bureau (MCHB), Health Resources and Service Administration, and grants from the Centers for Disease Control and Prevention, U.S. Department of Health and Human Services.

The University of Minnesota is an equal opportunity educator and employer.

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Registration Fees:
\$240 Institute Fee (CE and Hamline credit registrants)
\$150 Materials and Food Service Fee (U of M credit registrants only. See section on graduate credit option.)

Registration:

Check payment: Fill out this form or register online (use link below) and mail check to the address below. **Make check payable to: The University of Minnesota**

Credit Card payment: Register and pay online at address below

Online:
<http://www.nursing.umn.edu/can/>
click the continuing education link and then click on the registration link.

Mail:
Jenna Baumgartner
Center for Adolescent Nursing
5-140 Weaver-Densford Hall
308 Harvard St. SE
Minneapolis, MN 55455

Questions:
Call Jenna: 612-626-0606
E-mail: baum0272@umn.edu

Registration Deadline: July 16