



  
**UNIVERSITY OF MINNESOTA**  
 School of Nursing  
 Driven to Discover™

School of Nursing  
 5-140 WDH 308 Harvard St. SE  
 Minneapolis, MN 55455

2013 Summer Institute in Adolescent Health

**Seeking, Striving, Succeeding:  
 Sexual Health for Emerging Adults**

July 29th - July 31st  
 August 1st (graduate students only)

St. Paul, Minnesota

Multiple lists were used in this mailing. If you received more than one copy, please pass it on.

2013



**July 29<sup>th</sup> – July 31<sup>st</sup>**  
**August 1<sup>st</sup>** (graduate students only)  
**St. Paul, Minnesota**

**SPONSORS**

- Center for Adolescent Nursing  
 School of Nursing, University of Minnesota
- HIV/STI Prevention, Safe and Healthy  
 Leainers  
 Minnesota Department of Education
- Healthy Youth Development –  
 Prevention Research Center  
 Division of General Pediatrics and  
 Adolescent Health, Department of  
 Pediatrics, Medical School, University of  
 Minnesota
- Maternal and Child Health Section  
 Minnesota Department of Health
- Office for Public Engagement  
 University of Minnesota
- Teenwise Minnesota

2013 Summer Institute in Adolescent Health  
**Seeking, Striving, Succeeding:  
 Sexual Health for Emerging Adults**

2013 Summer Institute in Adolescent Health

**Seeking, Striving, Succeeding:  
 Sexual Health for Emerging Adults**

**Seeking to understand...**The facts are startling: Young women ages 20-24 years have higher rates of unintended pregnancy than women of any other age; 20-24 year old young adults have the highest rates of chlamydia, gonorrhea, and other sexually transmitted diseases, both in Minnesota and in the U.S. Clearly, new strategies are needed to assist emerging adults in maintaining their sexual health.

**Striving for solutions...**Important steps involve sex education tailored to emerging adults, made available in ways that are well-suited to the contexts of their daily lives including the web and social media. This information much reach emerging adults where they are: in two- and four-year colleges, job training sites, workplaces and the military. In addition, improving the health care system through changes in financing and delivery of reproductive health services can assist young adults in achieving sexual health. And messages from parents, other caring adults, and larger social systems can help to create social norms that support young adults' healthy sexual decision-making and behaviors.

**Achieving success.** For young adults, sexual health is not merely the absence of a disease; it includes physical, emotional, mental and social well-being in relation to sexuality. Sexual health requires a positive and respectful approach to sexuality and sexual relationships, and the possibility of having pleasurable and safe sexual experiences free of coercion, discrimination and violence.

During the 2013 Summer Institute in Adolescent Health, consider trends and influences on sexual behaviors among emerging adults. Visit settings that are successfully addressing sexual health among young adults. Talk with young adults, program leaders, health providers and educators who are committed to improving sexual health services. Learn strategies for assuring supportive environments, sustaining authentic relationships, and providing services that are responsive to the uniqueness of this life stage. Gain new skills to effectively advocate for the sexual health of emerging adults.

**Who Should Attend?**

All who work with young people – teachers, coaches, and administrators; nurses, physicians, nutritionists, psychologists, social workers, counselors, and youth workers; religious leaders and policy makers.







## Guest Faculty

Sarah Brown, MPH,  
 CEO: The National Campaign to Prevent  
 Teen and Unplanned Pregnancy

Sarah Brown is the CEO of The National Campaign to Prevent Teen and Unplanned Pregnancy, a private and independent non-profit organization working to promote values, behavior, and policies that reduce both teen pregnancy and unplanned pregnancy among single young adults. Under her direction, The National Campaign has produced numerous resources aimed at reducing unintended pregnancy among emerging adults including: *The Fog Zone: How Misperceptions, Magical Thinking, and Ambivalence Put Young Adults at Risk for Unplanned Pregnancy*, *That's What He Said: What Guys Think About Sex, Love, Contraception, and Relationships*, and *Briefly - What Community Colleges Can Do to Reduce Unplanned Pregnancy and Improve Completion*. The Campaign operates Bedsider.org, an online birth control support network for women ages 18-29.

Before helping to establish The National Campaign in 1996, Brown was a senior study director at the Institute of Medicine, where she directed numerous studies in the field of maternal and child health. Her last major report there resulted in the landmark book, *The Best Intentions: Unintended Pregnancy and the Well-being of Children and Families*. She has served on advisory boards of many influential national organizations including the Guttmacher Institute, the Population Advisory Board of the David and Lucile Packard Foundation, the Harvard University Working Group on Early Life and Adolescent Health Policy, the American College of Obstetricians and Gynecologists, and the D.C. Mayor's Committee on Reducing Teenage Pregnancies and Out-of-Wedlock Births. She appears often in print, broadcast, and online media.

Brown has received numerous awards, including the Martha May Elliot Award of the American Public Health Association, the John MacQueen Award for Excellence in Maternal and Child Health from the Association of Maternal and Child Health Programs, and the Harriet Hylton Barr Distinguished Service Award from the University of North Carolina at Chapel Hill. Brown holds an undergraduate degree from Stanford University and a Masters degree in Public Health from the University of North Carolina.

## Core Faculty

**Linda H. Bearinger, PhD, RN, FAAN, FSAHM**, Professor and Director, Center for Adolescent Nursing, School of Nursing, University of Minnesota

**Amber Cameron, MS**, Associate Director of Public for Public Engagement Initiatives, Office for Public Engagement, University of Minnesota

**David Kurtzon, MPH**, Program Manager, Teenwise Minnesota

**Amy Marsicano, MPH**, HIV/STI Prevention State Coordinator, Safe & Healthy Learners, Minnesota Department of Education

**Gabriel McNeal, MA**, Adolescent and Youth Development Specialist, Division of Community and Family Health, Maternal and Child Health Section, Minnesota Department of Health

**Pam Moore, MA**, Program Coordinator, Konopka Institute, Division of Adolescent Health and Medicine, Department of Pediatrics, Medical School, University of Minnesota

**Jenny Oliphant, EdD, MPH**, Research Associate and Community Outreach Coordinator, Healthy Youth Development – Prevention Research Center, Division of Adolescent Health and Medicine, Department of Pediatrics, Medical School, University of Minnesota

**Michael Resnick, PhD, FSAHM**, Professor and Gisela and E. Paul Konopka Chair in Adolescent Health and Development; Director, Healthy Youth Development – Prevention Research Center, Division of Adolescent Health and Medicine, Department of Pediatrics, Medical School, University of Minnesota

**Renee Sieving, PhD, RN, FSAHM**, Associate Professor, Center for Adolescent Nursing, School of Nursing; Deputy Director, Healthy Youth Development – Prevention Research Center, University of Minnesota

## Location

The Institute will be held at the Amherst H. Wilder Center, 451 Lexington Parkway N., St. Paul, Minnesota 55104. For directions, please visit the Amherst H. Wilder Center website at: [www.wilder.org/AboutUs/Locations/Page/Directions.aspx](http://www.wilder.org/AboutUs/Locations/Page/Directions.aspx)

## Parking

Free public parking is available in the Wilder Center parking ramp.

## Accommodations

For registrants requiring hotel accommodations while attending the Institute, nearby hotels include:

- Best Western Bandana Square  
651-647-1637
- Holiday Inn St. Paul  
651-225-1515

## Continuing Education

This program provides up to 21 hours of professional continuing education (2.1 CEUs). It is designed to meet the Minnesota Board of Nursing continuing education requirements.

## Registration and Fees

The registration fee for the Institute is \$250 and includes all program sessions, instructional materials, readings, and continuing education record, plus continental breakfast, lunch, and refreshment breaks each day.

Online registration can be found through the continuing education link at [www.nursing.umn.edu/CAN](http://www.nursing.umn.edu/CAN) and payments can be made by credit card or check, payable to the University of Minnesota.

Registration fees are refunded only if written cancellation is received by July 19th, 2013. An administrative fee of \$50 is charged on all cancellations. A full refund of fees paid is made if the program is not held. The University of Minnesota reserves the right to cancel the program if necessary.

You are encouraged to register early, as enrollment is limited. The registration deadline is July 19th, 2013. To register after this date, please call 612-626-0606 for space availability.

## Registration Deadline July 19th

Conference services provided by the Center for Adolescent Nursing and the School of Nursing, University of Minnesota.

The Summer Institute in Adolescent Health is supported in part by training grants to the Schools of Nursing and Medicine, from the Maternal & Child Health Bureau (MCHB), Health Resources and Services Administration (HRSA), and Department of Health & Human Services (DHHS).

©2013 by the Regents of the University of Minnesota. All rights reserved. The University of Minnesota is an equal opportunity educator and employer.

## Graduate Credit Options

The Institute may be taken for two graduate credits through the University of Minnesota or Hamline University.

## Register for University of Minnesota Graduate Credit

Two semester graduate credits are available for the Institute, as course number Nurs 5604. Students admitted to a University of Minnesota degree program must follow University of Minnesota registration procedures and deadlines for Summer Session. Call 612-626-0606 for a permission number.

Students not admitted to a University of Minnesota degree program may also register for graduate credit. Contact the University of Minnesota's Onestop for help registering: [onestop@umn.edu](mailto:onestop@umn.edu) or 612-624-1111. Non-admitted students must make arrangements for University of Minnesota credit by July 15.

Graduate tuition for this course is approximately \$2,428 plus other University of Minnesota fees that may apply. The registration fee for individuals taking the institute for U of MN graduate credit is \$150 (materials and food service).

## Register for Hamline University Graduate Credit

Two semester graduate credits are available through Hamline University. Tuition payment for Hamline credit is \$300 and will be accepted on the first day of the Institute. The registration fee for individuals taking the institute for Hamline graduate credit is \$250. Contact Jenna Baumgartner at [baum0272@umn.edu](mailto:baum0272@umn.edu) after registering for the Institute to receive the Hamline graduate credit registration form.

Online registration or a printable pdf registration form can be found at [www.nursing.umn.edu/CAN](http://www.nursing.umn.edu/CAN). Click on the continuing education link in the left column. The registration form found on the bottom of this brochure can also be mailed in with the \$250 Institute fee.

Hamline tuition will be collected on the first day of the Institute. Tuition payments must be made by check.

## Questions?

Contact Jenna Baumgartner, Program Coordinator, at 612-626-0606 or e-mail at [baum0272@umn.edu](mailto:baum0272@umn.edu)

## 2013 Summer Institute in Adolescent Health

### Seeking, Striving, Succeeding: Sexual Health for Emerging Adults

July 29th–July 31st  
 August 1st (graduate students only)  
 St. Paul, Minnesota

First name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_

Position/Title \_\_\_\_\_

Employer \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Postal Code \_\_\_\_\_

Daytime Telephone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail Address \_\_\_\_\_

Disability or Dietary Accommodations \_\_\_\_\_

## Registration Fees

- \$250 Institute fee (Hamline credit and CE registrants)
- \$150 Materials and food-service fee  
 (U of MN credit registrants only. See section on graduate credit option.)

detach here

## Registration Deadline: July 19th

## Register online or by mail

### Online:

Go to [www.nursing.umn.edu/can](http://www.nursing.umn.edu/can) click on the continuing education link in the left column and then select the online registration link. Payment options: credit card, U of MN chart string, or by mailing in a check with the registration form.

### Mail:

Mail this form with your check to:  
 Jenna Baumgartner  
 School of Nursing, U of MN  
 5-140 Weaver-Densford Hall  
 308 Harvard St. SE  
 Minneapolis, MN 55455

Make checks payable to: University of Minnesota

### Questions:

Call Jenna Baumgartner at 612-626-0606 or e-mail at [baum0272@umn.edu](mailto:baum0272@umn.edu)

