A Century of Leadership: Honoring the Past, Creating the Future

Nursing Foundation Announces First New Professorship to Advance Research
Honoring the past, creating the future
School of Nursing celebrates a century of leadership

Exercise Matters
Helping individuals with end-stage kidney disease feel better

Choosing Health
Team COOL focuses on high school students at risk for obesity

Managing Fecal Incontinence
Nursing-led research provides new evidence

ON THE COVER:
Associate Professor Patricia Painter and research assistant Brittney Nelson evaluate research study participants' vitals. Read more on page 10.

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The School of Nursing seeks to admit and educate a diverse student body; both in order to enrich the students’ educational experience and to prepare them to meet the health needs of a diverse society.

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance, veteran status, or sexual orientation.

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The University’s mission, carried out on multiple campuses and throughout the state, is threefold: research and discovery, teaching and learning, and outreach and public service.

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Dear alumni, friends, colleagues, faculty, staff, and students,

The School of Nursing launches an exciting year of reflection, celebration, and imagination. Dr. Richard Olding Beard, one of the first to recognize the importance of higher education for nurses, was instrumental in establishing the School of Nursing at the University of Minnesota in 1909. The School of Nursing has since become the longest continuously operated school of nursing founded in a University. Dr. Beard demonstrated incredible insight about nursing’s role in improving the health of society; its commitment to the interconnectedness of mind, body, and spirit; and its profound capacity to combine the depth of understanding and knowledge discovery with concrete actions to challenge the status quo. These key characteristics continue to drive the School’s transformative mission of advancing research, education, and practice. The newly established Richard Olding Beard Award commemorates Dr. Beard’s vision. We are proud to name Dr. Frank B. Cerra, Senior Vice President for Health Sciences, University of Minnesota, as the inaugural recipient of this award.

EMBODYING THE VISION
The researchers featured in this issue of Minnesota Nursing embody the continuing relevance of Dr. Beard’s vision:

• Team COOL promotes health in a vulnerable population; it focuses on high school students at risk for obesity. Through her research, Dr. Martha Kubik is looking for ways to solve one of America's most acute and difficult health crises by creating a school environment that encourages students to make healthy choices. The early evidence indicates that Team COOL succeeds with one of the most challenging and underserved populations.

• Symptom management of incontinence is an area of human health that is laden with embarrassment and privacy issues. This condition compromises a person’s ability to live a full life and leads to burdensome health care expenses. Dr. Donna Bliss’s research has the potential to change the lives of approximately one in 10 Americans who are affected by a fecal incontinence condition.

• An interprofessional team of researchers, led by Dr. Patricia Painter, is discovering how to help individuals manage end-stage kidney disease through exercise. This research provides profound hope for people who live with chronic illness.

The work of these teams of researchers has enormous implications for clinicians, patients, and evidence-based health policy. And this is only a sampling of the on-going research at the School of Nursing.

A RICH HERITAGE
Our centennial theme, “Honoring the past, Creating the future,” emphasizes both our rich heritage as the nation’s first continuously operated, university-based school of nursing and the need to prepare for the challenges to come. We are inspired by the courage and commitment of the nursing leaders who shaped the school and made it a center of nursing excellence. This year is also a time to:

• Celebrate our Alumni and Foundation Boards for their loyalty and support
• Thank the Heritage Committee for their hard work and tireless passion for preserving the School of Nursing’s history
• Pay tribute to the School of Nursing Foundation and its Board of Trustees, which recently established the School of Nursing Foundation Research Professorship to recognize the centrality of research in the School and its relationship with our interprofessional partners, the University, and the nursing profession.
• Honor the rich breadth of expertise and diverse worldviews of the Dean’s Board of Visitors.

In this issue, we offer a preview of the Centennial year events. Please join us in celebrating the School’s strengths, successes, and interconnectedness; creating a vision for the future; harnessing the power of nursing to challenge the status quo; and changing people’s lives and health.

Most sincerely,

Connie White Delaney
Professor and Dean
At the turn of the 20th century, as hospitals multiplied, so, too, did hospital-based nurse training programs. As the need for nurses grew, a professional “group consciousness” evolved to address the broader education of nurses, according to Dr. Richard Olding Beard. His visionary work led to the founding of the University of Minnesota School of Nursing in 1909.

ADVANCING NURSING EDUCATION

“This experiment was to admit young women who could meet the entrance requirements of the University to a School of Nursing,” recalled Louise Powell, who became superintendent of nurses at the school in 1910. Powell was recruited because she had studied at Columbia University Teachers College, where Mary Adelaide Nutting was advancing education to prepare nurses to become teachers and administrators in nursing schools.

At the University of Minnesota, the curriculum included rigorous courses like anatomy, physiology, chemistry, dietetics, and nursing ethics. All were taught by university professors in university classrooms—a first in American nursing education. By 1919, students could choose to complete a bachelor of science degree along with the three-year nursing program. Powell noted that this combined course “definitely advanced the standards of nursing education.”

COMMUNITY PARTNERSHIPS

From the beginning, the School of Nursing actively partnered with the surrounding community. In 1917, the school entered into an affiliation with the Glen Lake County Tuberculosis Sanatorium, which allowed students to learn about the scientific treatment of this disease. And in 1920, some hospital-based nursing schools began sending their students to the University for basic science courses.

To meet the need for public health professionals in the Twin Cities, Powell collaborated with local agencies to create appropriate classes for students. “The present fine public health course drew its first breath in the School of Nursing,” she said later.

AN IDEAL EDUCATION

Over time, the school began to integrate didactic study and clinical experience. According to Beard this extended the requirements of good scholarship “not merely to the theory but to the practice of nursing, not only to the basic sciences which always try out the minds of students... but to the contact with patients in the cultivation of the qualities which announce the true nurse....”

From the beginning, the school also focused on recruiting well-prepared faculty and fostering their professional development. Faculty members were encouraged to take leaves of absence to study or work in other institutions. Many were also active researchers who published in professional journals. Some served as leaders in organizations like the National League of Nursing Education and the American Nurses Association, where they helped shape the development of modern nursing.

By the early 1920s, the school had acquired a national reputation. “Why is it that representatives of this school have been called again and again to carry their educational message to the East and the West and the North and the South of this land of ours?” asked Beard in his 1923 graduation address. “It is because they represent Minnesota and because Minnesota stands, in the mind of nurses everywhere, for the ideal of University Education in nursing.”

THE DENSFORD YEARS

Katharine Densford, who headed the school from 1930 to 1958, continued to ensure that Minnesota remained in the forefront of nursing education. Her concerns were not so different than those of today’s leaders. In her 1931 director’s report, for example, she underscored the need to recruit additional faculty and support ongoing faculty development.

She also wanted to “improve the quality of the student group,” and “provide an opportunity for the deserving graduate to

In the 21st century, new models of care are needed, and we’re committed to creating them.

BY NANCY GIGUERE

Honoring the past,
CREATING THE FUTURE

School of Nursing celebrates a century of leadership

Dr. Richard Olding Beard
continue her academic preparation.” She noted curriculum improvements: new summer courses, improved clinical experience in pediatrics, and a program for post-graduate work in the operating room. And she was concerned about finances: She hoped to establish an endowment for the school.

Like so many of today’s faculty, Densford was a leader on the national and international level. As president of the American Nurses Association, she led the effort to admit African American nurses. She also served as ANA representative to the United Nations Educational Scientific and Cultural Organization. And as vice-president of the International Council of Nurses, she was an official observer at meetings of the World Health Organization and the Pan American Health Organization.

THE NEXT 100 YEARS
A century after its founding, the School of Nursing remains true to the vision of its creators. We continue to educate future nurse leaders who will lead change and improve health for all generations.

As the health care paradigm shifts, new models of care are needed, and we’re committed to creating them. These models will rely on advanced practice nurses to provide and coordinate primary and specialized care, nurse executives to design and lead system change, and translation of research into evidence-based clinical practice. These holistic and person-centered models will ultimately improve the health of individuals, families, communities, and entire populations.

Don’t miss these Centennial Events!

March 27–30
The 33rd Annual Conference of the Midwest Nursing Research Society (MNRS)
Hosted by the School of Nursing and co-hosted by Metropolitan State University, College of St. Scholastica, College of St. Catherine School of Health, Winona State University, Globe University/Minnesota School of Business, University of North Dakota, South Dakota State University, and University of Iowa College of Nursing. For more information, visit www.mnrs.org.

April 24
Nursing Research Day
During this annual event, SoN faculty, students, and community partners present current research and its implications for practice and policy. The keynote will be presented by Ada Sue Hinshaw, PhD, RN, FAAN, Dean of the Uniformed Services University Graduate School of Nursing and the first director of the National Institute of Nursing Research at the National Institutes of Health.

May Gatherings
(held throughout the month)
Join dean Connie Delaney, SoN alumni, faculty, and friends to learn about discoveries in nursing research and innovations in patient care.

November 3
Barbara O’Grady Excellence in Public Health Nursing Leadership Lecture

November 4–6
Summit of Sages
This international conference examines innovation and inspiration in the creation of innovative care delivery models. Featured speaker: Daniel Pink, author of A Whole New Mind.

November 5
Centennial Gala
Join us as we celebrate the contributions of 100 of the school’s most distinguished alumni.

Learn more at www.nursing.umn.edu
Addressing the Challenges of Chronic Illness across Cultures

Nursing students from the U of M School of Nursing will join students from five other institutions in the United States, Canada, and Mexico in a project that focuses on culturally sensitive care for people at risk for diabetes.

The student-centered “Cultural Immersion Service Learning in Public Health Nursing” combines service learning and work in health policy. Forty-two students—14 from each country—will collaborate in an online international public health nursing course and Web-based discussion developed and hosted by the U of M School of Nursing. The course will be fully credited at each of the six participating universities, and students will earn a Certificate of International Public Health Nursing.

During the three-year project, which is funded by the U.S. Department of Education, students will also spend a semester studying abroad at a participating institution.

The project is part of a University-wide initiative to increase opportunities in international educational. “We see this as a prototype for other types of relationships with the participating institutions,” says Kathie Krichbaum, PhD, RN, ANEF, associate dean for academic programs at the School of Nursing, who directs the project.

Diabetes was chosen as the project focus because a strong knowledge base already existed at the University of Minnesota, the lead institution for the project.

“Health care professionals need to learn how other cultures face chronic illness,” Krichbaum says. “This collaboration will help students from all three countries discover how they can make a positive impact on the health of their communities.”

In addition to the University of Minnesota, participating institutions include St. Louis University, the University of Prince Edward Island, Dalhousie University, Benemerita Universidad Autónoma de Puebla, and Universidad Autónoma del Estado de Morelos.

REPORT FROM THE FIELD: Learning from Peruvian Peers

Fifteen graduate and undergraduate nursing students experienced nursing in Peru last October during a weeklong, study-abroad program. Participants completed clinical rotations in surgery, public health, and obstetrics. They also visited the schools of nursing and midwifery at the Universidad San Martin de Porres in Lima.

SoN students partnered with Peruvian peers at an immunization clinic and observed health promotion efforts to educate residents of a “pueblo joven” about basic hygiene, violence against women, and prenatal care.

“We saw excellent care being delivered, even in very poor areas,” says Linda Halcón, PhD, MPH, RN, associate professor and interim director of International Programming. “Peruvian nurses are identifying public health problems and addressing them in a holistic way.”

BSN senior Ashley Theisen found the experience “exhilarating.” She had experienced health care overseas as a missionary, but this was different: “Instead of coming into their country and setting up a clinic, we learned their approach and their system.”

The trip was part of an exchange program with the Universidad San Martin de Porres arranged by Dean Connie Delaney in collaboration with Hilda Bacca, dean of the School of Nursing and Midwifery, San Martin de Porres.

Read the complete report and view additional photos at www.nursing.umn.edu.
Igniting Interest in Research

Amara Rosenthal’s first research experience had a useful purpose beyond assessing satisfaction factors for long-term care residents: It clarified her future plans. “I definitely want to continue nurse-led research,” says Rosenthal, who received an Undergraduate Research Opportunity Grant to support the long-term care study. She was also one of two School of Nursing students invited to present her findings at the Midwest Nursing Research Conference.

Rosenthal’s mentor, Associate Professor Christine Mueller, PhD, RN, BC, CNAA, FAAN, says an interest in nurse-led research is common among students who have the opportunity to do research. “Participation in a study often ignites their desire to consider a career as a nurse researcher,” Mueller says.

Hooke Finds Faculty Support Extraordinary

During her 25-year career as a pediatric oncology nurse, Casey Hooke, PhD, RN, CPON, has seen fatigue interfere with her patients’ play, schooling, and friendships, and she dreamed of finding ways to help them beat fatigue.

Hooke enrolled in the school’s doctoral program, which she completed last December. There she found extraordinary support from the faculty, especially her advisor, Professor Ann Garwick, PhD, RN, LMFT, FAAN. “Ann has given direction and helpful feedback on my research, supported me when I applied for an American Cancer Society scholarship, and connected me with experts at the University,” Hooke says.

Hooke’s dissertation examined the relationship between physical performance and fatigue during the first three months of chemotherapy. She will report the “surprising outcomes” at this year’s Oncology Nursing Society’s research conference.

Friedrich Applies DNP Knowledge to Lead Change

National guidelines for asthma care currently include a survey of patient symptoms, a breathing test, and other procedures that are done before the provider sees the patient. Cheri Friedrich, DNP, RN, CNP, School of Nursing clinical assistant professor and pediatric nurse practitioner in the HealthEast Care System, recognized that the guidelines were not consistently followed at her clinic.

As part of her doctor of nursing practice program, Friedrich led a three-month systems improvement project to implement the guidelines. “This project showed that we can improve the utility of these tools,” she says. As a result of her work, the Healtheast Clinical Practice Committee is evaluating how to deliver consistent asthma care practices across all system clinics.

New Grant Provides Scholarships for Master of Nursing Students

Thanks to a grant from the Robert Wood Johnson Foundation, the School of Nursing has awarded $10,000 scholarships to 13 students pursuing a master in nursing degree.

The grant from the foundation’s New Careers in Nursing Scholarship Program targets students enrolled in fast-track nursing degree programs. It aims to help alleviate the nation’s shortage of nurses and nursing faculty by dramatically expanding opportunities for students from groups that are underrepresented in nursing.

The School of Nursing’s 16-month master in nursing program, launched in 2006, is designed for students who hold a bachelor’s (or higher) degree in a non-nursing field.

Recipients of the 2008–2009 scholarships are:
Robert Anderson
Sasha Aramalay
Kristen Bradley
Jade Chase
Karli Gasteazoro
Scott Kerwin
James McMurray
Adam Meier
Valerie Moehlenbrock
Todd Molenaar
Adam Sakhitab
Anne Schulein-Fournier
Tamino Tsutsui
New Faculty

**Ulf Bronas, PhD, ATC, ATR**, clinical assistant professor, received his PhD in exercise/applied physiology from the University of Minnesota. His research focuses on the efficacy of exercise therapy in the primary and secondary prevention of cardiovascular disease in patients with chronic disease. Bronas is a co-investigator and serves as the project director for Dr. Diane Treat-Jacobson’s newly funded grant from the National Institutes of Health. He is also a co-investigator on Dr. Ruth Lindquist’s newest grant.

**Mary Chesney, PhD, RN, CNP**, clinical assistant professor, received her PhD from the University of Minnesota School of Nursing. Chesney is an experienced pediatric nurse practitioner with expertise in health and adjustment issues of internationally adopted children and care coordination for children with special health care needs. She is also an active advocate for advanced practice registered nurses (APRNs) and health care reform policy. Chesney currently serves as the Minnesota Nurses Association’s appointed APRN representative on the Minnesota Health Care Reform Review Council, a state advisory group reviewing the progress of health care reform legislative initiatives in Minnesota.

**Lisa Martin, MS, RN, PHN**, clinical instructor, is a doctoral candidate in the University of Minnesota School of Nursing. She recently completed fellowships with the Association of Schools of Public Health / Center for Disease Control’s Minority Health fellowship program; the U of M’s Healthy Youth Development Prevention Research Center, Department of Pediatrics; and the Medical School. A public health nurse, she has served low-income families for many years and is an experienced public health program manager and administrator. Martin is a member of the Lac Du Flambeau Band of Chippewa Indians in Northern Wisconsin. Her dissertation research focuses on Type 2 diabetes in urban American Indian adolescents.

**Niloufar Hadidi, PhD, RN**, assistant professor, received her PhD from the University of Minnesota School of Nursing. She specializes in neuroscience nursing and is developing additional knowledge and skills in geriatric nursing. Since 2001, Hadidi has been a clinical nurse specialist at University of Minnesota Medical Center, Fairview. Her research program focuses on psychosocial interventions for treatment of post-stroke depression.

**Tondi Harrison, PhD**, assistant professor, holds a PhD from the University of Wisconsin-Madison School of Nursing, a master’s degree from Case Western Reserve University, and a bachelor’s degree from the University of Michigan. Harrison’s research examines the effects of maternal caregiving on early neurobiological development in infants hospitalized shortly after birth with life-threatening, chronic health conditions. She is a pediatric nurse practitioner with excellent experience providing primary health care to children and families. She will continue her study of neurobiological regulation of infants in partnership with University of Minnesota Institute of Child Development.
Patricia Painter, PhD, associate professor, obtained her doctorate from University of Wisconsin-Madison in exercise physiology and completed a post-doctoral fellowship in cardiopulmonary research at University of Texas-SW Medical Center in Dallas. She served as director of transplant rehabilitation at the University of California, San Francisco, Medical Center, where she worked closely with nurse researchers. Her research focuses on physical functioning in patients with end-stage renal disease who are being treated with dialysis and transplantation. She comes to the School of Nursing from the U of M School of Medicine where she has been conducting funded research for the past two years.

Kristine M.C. Talley, PhD, GNP-BC, RN, clinical assistant professor, received her doctorate from the University of Minnesota School of Nursing. Her research focuses on avoiding disability in older adults through fall prevention, reducing fear of falling, and restorative care nursing. She will spend the next two years as a post-doctoral fellow with the John A. Hartford Foundation Building Academic Geriatric Nursing Capacity program while continuing to practice as a geriatric nurse practitioner at Walker Methodist Health Care Center.

New Appointments

Joanne Disch, PhD, RN, FAAN, was named chair of the Leadership, Systems, Informatics, and Policy Cooperative. Disch is a clinical professor and director of the Katharine J. Densford International Center for Nursing Leadership. She holds the Katherine R. and C. Walton Lillehei chair in Nursing Leadership and has extensive experience as an educator, chief nurse executive, researcher, and policymaker. She is widely recognized for her expertise in the field of nursing and her leadership on aging issues. Disch recently completed two years as the national board chair of AARP. She currently serves on the boards of the Allina Health System and the National Center for Healthcare Leadership.

Ann Garwick, PhD, RN, LP, LMFT, FAAN, was named associate dean for research. Garwick is a professor and director of the Center for Children with Special Health Care Needs, one of seven national Nursing Leadership in Nursing Education grants awarded by the Maternal Child Health Bureau. Garwick's research focuses on promoting the health of children and families from diverse cultural backgrounds, particularly those who are living with chronic conditions and anticipating developmental transitions.

Kathie Krichbaum, PhD, RN, ANEF, was named associate dean for academic programs. Dr. Krichbaum earned a MS in nursing and a PhD in education from the University of Minnesota. Her research focuses on quality care for elders based on nursing interventions, the nursing work environment, and quality evaluation of nursing education. Her research has been funded by the National Institute for Nursing Research, and she has served as principal and co-investigator for projects testing a model of care using a gerontological advanced practice nurse to coordinate care of older patients. She is a fellow of the National League of Nursing Academy of Nursing Education and the Gerontological Society of America.

Peggy Malikowski, MS, RN, joined the school as the director of advancement and external relations. A registered nurse with a masters degree in business, Malikowski spent the past 17 years in the medical device industry, most recently as senior marketing director at St. Jude Medical. She is responsible for supporting the growth of the school by generating awareness, visibility, and public positioning for academic programs, nursing-led research, and their impact on health care.
For the first time in the school’s history, four faculty were inducted as fellows into the American Academy of Nursing. SoN associate professors Melissa Avery, PhD, RN, CNM, FACNM, FAAN; Margaret Moss, PhD, JD, RN, FAAN; Carol O’Boyle, PhD, RN, FAAN; and Cheryl Robertson, PhD, MPH, RN, FAAN, were inducted at the Academy’s 35th annual conference November 8, 2008. The AAN selects fellows for their significant contributions to nursing and health care at a national or international level and their potential for continued contributions in the future.

Melissa Avery was elected president of the American College of Nurse Midwives.

Linda H. Bearinger, PhD, RN, FAAN, professor and director of the Center for Adolescent Nursing, participated on the National Research Council and the Institute of Medicine’s committee on Adolescent Health Care Services and Models of Care for Treatment, Prevention, and Healthy Development. The committee developed several adolescent health services recommendations in their report "Adolescent Health Services: Missing Opportunities," for which Bearinger and SoN assistant professor, Carolyn Garcia, PhD, MPH, RN, wrote a chapter on the educational needs of adolescent health care providers.

Nancy Dillon, EdD, RN, adjunct faculty, received the Psychiatric Nursing Nurse Leader of the Year award from the American Psychiatric Nurses Association at the Association’s annual meeting October 14, 2008.

Joseph Gaugler, PhD, associate professor was named a McKnight Presidential Fellow.

Mary Jo Kreitzer, PhD, RN, FAAN, professor and director of the Center for Spirituality & Healing, testified on February 23, 2009, at the U. S. Senate Health subcommittee hearing on how integrative health should be addressed within health care reform.

Kathleen E. Krichbaum, PhD, RN, ANEF, associate professor and associate dean for academic programs, was inducted as a fellow in the Academy of Nursing Education by the National League of Nursing.

Suzanne Lee, RN, MS, teaching specialist, received the Best Poster Award for Psychiatric Nursing Education from the American Psychiatric Nurses Association at the Association’s annual meeting October 14, 2008.

Joan Liaschenko, PhD, RN, FAAN, professor, contributed a chapter to Nursing and Health Care Ethics: A Legacy and A Vision, which received a 2008 Publications Award of Excellence from the Washington, DC, Chapter of the Society for Technical Communication.

Linda L. Lindeke, PhD, RN, CNP, associate professor and director of Graduate Studies received the 2008 Nurse Educator Award from the Minnesota Nurses Association.

Karen Monsen, PhD, MS, RN, assistant professor, and her colleagues in the Minnesota Omaha System User Group were awarded the prestigious 2008 Creative Achievement Award from the Public Health Nursing Section of the American Public Health Association.

Christine Mueller, PhD, RN, FAAN, associate professor, was appointed to the board of directors of Long-Term Care Nurse Net. Mueller also received the 2008 Nurse Researcher Award from the Minnesota Nurses Association.

Margaret Newman, PhD, RN, FAAN, professor emeritus, was honored by the American Academy of Nursing as a 2008 Living Legend to the profession of nursing.

Linda Olson-Keller, DNP, MS, APRN, BC, FAAN, clinical associate professor, is the chair-elect of the Public Health Nursing Section of the American Public Health Association. She was also elected as treasurer for the Robert Wood Johnson Executive Nurse Fellows Alumni Association Board of Directors.
Diane Treat-Jacobson, PhD, RN, assistant professor, was elected to fellowship in the American Heart Association and the Council on Cardiovascular Nursing.

Bonnie Westra, PhD, RN, assistant professor, was appointed co-chair of the Alliance in Nursing Informatics.

**STUDENTS**

Judith Chan received the University of Minnesota 2008 Scholarly Excellence in Equity and Diversity (SEED) Award. The undergraduate SEED Awards program is designed to honor diverse undergraduate students who are doing outstanding work at the University, both in and out of the classroom.

Naomi Duke, MD, MPH, received the 2008–2009 Viking Grant-in-aid award, provided by the Viking Children’s Fund. This funding will allow Duke to start conducting research on her proposal “Constructing Culture: Defining the Self-System of Impoverished African American Youth.” Duke is a post-doctoral fellow in the School of Nursing Center for Adolescent Nursing.

Karen Gutierrez, RN, MS, received the 2008 Sigma Theta Tau International/Midwest Nursing Research Society Research Grant funding for her project, “Communication of Prognostic Information in Intensive Care: Practices Among and Between Nurses, Physicians, and Family Members.”

Christine Rangen’s abstract, “Latino Adolescents’ Perceptions of Mental Health Resources: Uncovering Actual and Potential Barriers and Facilitators to Care,” was selected for a workshop at the Office of Minority Health’s Third National Leadership Summit on Eliminating Racial and Ethnic Disparities in Health 2009. Rangen’s faculty advisor is Dr. Carolyn Garcia.

Michael Ring, received the “Beat Goes On” award from the Hennepin County Medical Center. Ring was part of a response team honored for saving the life of a man who collapsed while attending a comedy show at the University of Minnesota.

Julie Zerwas, was appointed to serve as the student representative on the FY2009 American Association of Nurse Anesthetists Public Relations Committee.

School of Nursing students received Minnesota Nurses Association Foundation scholarships. These students were acknowledged at the annual awards banquet at the MNA Convention: Meghan Bernard, Dawn Dee, Melissa Fritz, Amanda Huber, Yukiko Nakajima, Janice Osborne, Kathryn Svendsen, Greg Veenendaal, and Kathryn Westman.

**School of Nursing Dean’s Board of Visitors**

The Board of Visitors is an advisory group representing alumni, consumers, the health industry, and the business community. This Board provides guidance on long-range planning, cultivates strategic partnerships, and serves as public advocates for nursing. The 2009 Board is listed below:

- David Aanonson, MDiv., MBA
  Senior Pastor, Christ the King Lutheran Church

- Clara Adams-Enders, PhD(hon.), MMAS, MS’69, RN, FAAN
  President and CEO, Caring About People with Enthusiasm (CAPE) Associates, Inc.; Brigadier general, retired, United States Army

- Myrtle Kitchell Aydelotte, PhD, RN, FAAN
  Dean and Professor Emerita, University of Iowa

- Kathleen (Kitty) Buckwalter, PhD, RN, FAAN
  Professor, University of Iowa College of Nursing; Director, John A. Hartford Center of Geriatric Nursing Excellence; Associate Director, Gerontological Nursing Interventions Research Center; Co-Director, University of Iowa Center on Aging

- David Durenberger
  United States Senator retired; Senior Health Policy Fellow, University of St. Thomas; chair, National Institute of Health Policy; founder (Governor Pawlenty appointee), Minnesota Citizens Forum on Health Care Costs

- Mary Edwards, BSN, MPHN, RN
  Vice President of Public Policy, Fairview Health Services

- Donald Gerhardt
  President and CEO, LifeScience Alley

- Bill Hall, BA, MD
  Professor, University of Rochester School of Medicine and Dentistry, Department of Medicine, Division of Geriatrics & Aging; Director, The Center for Healthy Aging, Highland Hospital; AARP Board of Directors

- Mary McDonald Hand, MSPH, RN
  Health Science Administrator, Agency for Healthcare Research and Quality (AHRQ)

- Jan Malcolm, BA
  CEO, Courage Center

- Erin Murphy, BS, MA, RN
  Minnesota State Representative

- Richard Norling, MHA
  President and CEO, Premier, Inc.

- Michael Rohovsky, DVM, PhD
  Associate, Corporate Office of Science & Technology, Johnson & Johnson

- Jeannine Rivet, MPH, RN
  Executive Vice President, United Health Group

- Roy Simpson, RN, C, CCMA, FNAP, FAAN
  Vice President of Nursing Informatics, Cerner Corporation

- Timothy Tracy, PhD
  Professor and Head, Department of Experimental and Clinical Pharmacology, University of Minnesota College of Pharmacy
It’s a vicious cycle for many with chronic illness: When they feel bad, they don’t exercise. But lack of exercise further erodes their physical and psychosocial well-being. They become more deconditioned, lose muscle strength—including heart muscle function—and become weaker and more disabled. Soon even the thought of exercise becomes daunting, and the cycle continues.

**BREAKING THE CYCLE**
Associate Professor Patricia Painter, PhD, wants to break this cycle. An exercise physiologist, Painter has spent the past two decades exploring the role exercise plays in improving health in patients with end-stage renal disease and other chronic illnesses. Her goal is to develop strategies that these individuals can use to incorporate exercise into their lives to improve overall activity levels, physical functioning, and quality of life.

Engaging in regular physical activity, Painter says, is one of the most important things people with kidney disease can do to feel better. Says a 16-year dialysis veteran: “The more I exercise, the better I sleep. The better I sleep, the better I feel. The better I feel, the happier I am.”
NEEDED: MORE ENCOURAGEMENT
Yet rarely do patients receive encouragement to pursue a fitness program. “Patients on dialysis resemble those with congestive heart failure,” Painter says. “Both have limited capacity for exercise. But in both cases, exercise improves function. There’s just no focus put on it.”

Painter’s research shows that patients who exercise after receiving a kidney transplant can improve their overall function and exercise capacity. She has also found that patients who exercise during hemodialysis are healthier, but that dialysis providers need to be educated about the benefits of exercise so they can encourage patients to get moving.

DAILY DIALYSIS AND EXERCISE CAPACITY
Painter is leading a five-year interprofessional, NIH-funded study that will evaluate exercise capacity in patients with end-stage kidney disease. Participating patients currently receive conventional hemodialysis three times a week. Over the course of the study, some will receive a kidney transplant from a living donor. Transplantation is considered the “gold standard” because it restores kidney function and improves the functioning of most body systems. As a result, exercise capacity increases.

Other study participants will begin receiving daily dialysis. Little is known about daily dialysis, but patients report feeling better. This makes intuitive sense since more frequent dialysis should reduce the buildup of toxins and improve functioning. But this has not been scientifically proven, and until the data on daily dialysis are available, it will not be routinely recommended.

Not every patient has the option of a transplant. So researchers are studying the physiological benefit of more frequent dialysis.

“Not every patient has the option of a transplant. So we’re trying to document the physiological benefit of more frequent dialysis,” Painter explains. “We hope that daily dialysis will allow patients to reach a level of physical function and exercise capacity similar to that achieved by those who undergo a transplant.”

The research team includes colleagues in the Medical School (where Painter is an adjunct professor) and the School of Kinesiology in the College of Education and Human Development. Patients are screened by nephrologist Connie Manske, MD, who determines their level of renal function. Exercise physiologist Donald Dengel, PhD, will interpret vascular testing, and Emil Missov, MD, PhD, will interpret cardiac function.

RELATED PROJECTS
Painter is also studying the impact of exercise on wound healing—a common concern of many patients with end-stage kidney disease who also have diabetes and related problems with circulation.

In addition, Painter is collaborating with School of Nursing colleagues, Ulf Bronas, PhD, and Diane Treat-Jacobson, PhD, on two other projects. She and Bronas are developing a training grant that focuses on exercise and vascular function in people with chronic kidney disease and diabetes. Painter and Treat-Jacobson are exploring whether arm exercises will improve quality of life for people with peripheral arterial disease.

NURSES ARE KEY
Painter believes that nurses can help chronically ill patients make exercise a priority. Along with family members, nurses are usually the first to hear complaints of fatigue and weakness. They are well-positioned to provide the education, encouragement, and reinforcement that patients need to break the no-exercise cycle.

“People with chronic disease need specific, science-based guidelines for how to get started,” she says. “Nurses are the front line in making that happen.”
It’s a grim statistic: more than one in three U.S. adolescents are overweight or obese.

With excess weight in youth linked to increased risk of diabetes, high blood pressure, and high cholesterol even during adolescence, the need for intervention in the lifestyles of America’s youth is clear. And with studies showing that an obese adolescent has an 80 percent risk of being an obese adult, time is of the essence. Helping individuals adopt healthier behaviors while they are still young is critical.

But what interventions are feasible—and effective? How can young people be encouraged to choose fresh fruit instead of French fries or forego video games for a walk with friends?

That was the question that associate professor Martha (Marti) Kubik, PhD, RN, set out to answer through the Team COOL (Controlling Overweight and Obesity for Life) pilot study, funded by the National Institutes of Health.

**HEALTH PROMOTION AND ADOLESCENT HEALTH**

“As a nurse and a researcher, my practice setting is the community. My work integrates my interest in health promotion and adolescent health. An added bonus, for me, is the opportunity to introduce nursing students and students in other health fields to the rewards and challenges of community-based research that is nurse-led and interprofessional,” says Kubik, who is a nurse practitioner.

For Team COOL, Kubik focused on perhaps the toughest of youth communities—high school students under the twin spells of fast food and peer pressure. Kubik and her team designed a school-based program, then implemented it in six Twin Cities alternative high schools—schools that serve students at risk for dropping out. Of the more than one-half million students attending U.S. alternative schools, a disproportionate number are from low-income and minority families—and a disproportionate number are at risk for overweight and obesity.
ENGAGING STUDENTS

In designing Team COOL, a major consideration was feasibility. Would the program be accepted by school staff and engage students? In order to evaluate success, three schools were randomly selected to participate in the Team COOL program for six months. The other three served as comparison schools.

Kubik and her team designed a three-pronged approach:

- A health and physical education curriculum that addressed behavior and self-confidence, and encouraged friends and school staff to support healthy eating and activity. For example, in health class, students prepared healthy snacks, such as veggie wraps and to-go salads. In physical education class, community instructors taught students dance and boxing.

- Youth advisory councils that promoted youth-adult and youth-peer relationships to support healthy eating and physical activity. With help from teachers, the youth councils awarded ACTivity grants to student-teacher teams that funded sports equipment and extracurricular activities, like rock climbing, provided guidance about healthier food choices at school, and helped coordinate school-wide events, such as a Holiday Fruit Tasting, Fruit Smoothie Day, and an Activity Challenge Event.

- Changes in the school food environment that increased the availability and accessibility of healthy food and beverages during the school day. Sweetened drinks, chips and other salty snacks, candy, and baked goods were common fare in school stores and vending machines. After completion of the program, Kubik and her team found the schools had increased the level of healthier foods and beverages offered in school stores and vending machines. Students had also decreased their regular soda intake. Similar changes were not seen in comparison schools.

A MEANINGFUL IMPACT

“At twelve months, schools that implemented the program had increased healthier offerings even more and had decreased soda consumption even further,” says Kubik. “It was exciting to see that, once a shift was made, staff and students maintained it. Impacting behavior in a meaningful way is challenging, especially over a long period of time. We were very encouraged by these results.”

Kubik credits the success of the Team COOL pilot study to student involvement and how they responded to more healthy eating choices and activity opportunities, as well as to support from school staff. “School staff saw health and well-being as part of the broad base of support their students need to succeed and get a high school diploma,” she says.

For Kubik, the next step is to obtain funding for a larger study. “We showed that the Team COOL intervention was feasible and acceptable to students and staff. With a larger study, we hope to demonstrate its effectiveness in lowering the prevalence of overweight and obesity,” she says.
Fecal incontinence affects about 11 percent of people in the general population. It is especially common among the elderly and postpartum women with childbirth-related injuries. It is an embarrassing condition that leads to a host of problems in everyday life. The condition is emotionally and psychologically debilitating, and it is a leading cause of nursing home placement.

Fecal incontinence is a chronic condition, but there are a variety of strategies for symptom management. These include the use of dietary fiber to firm the stool. Clinicians have long prescribed dietary fiber, but there has been little evidence from controlled studies on the relationship between the type and dosage of fiber on bowel control.

School of Nursing professor Donna Bliss, PhD, RN, FAAN, FGSA, has spent much of her 17 years in nursing-led research. Her work has focused on the management of patients with chronic conditions, specifically fecal incontinence. Most recently, she has taken a closer look at the function of fiber in symptom management.

THE FIBER CONNECTION
Bliss hypothesized that the extent to which soluble fiber is broken down in the colon is related to its ability to reduce fecal incontinence. She developed a protocol that compared the effects of three different fibers and a placebo. She also compared taste of the supplements and how well patients tolerated them.

Patients were randomly assigned to one of three groups that took a dietary fiber supplement or to the one that took a placebo. To make the daily 16-gram fiber dose more palatable, it was mixed into muffins and juice. Each patient ate two muffins and drank two glasses of the juice mixture.

Several times during the 52-day study, participants were asked to complete a stool diary and to collect stool samples, which were analyzed for consistency and fiber break-down. This “real-time” collection and analysis are what distinguished this study from previous ones. According to Bliss, it was the first time that this kind of analysis was done during the actual course of the study.

DATA-DRIVEN PATIENT RECRUITMENT
Since fecal incontinence is a sensitive subject, Bliss anticipated that it would be hard to recruit study participants. But the reluctance of patients and clinicians to talk about the condition was just the first difficulty. An even greater stumbling block for participants was the rigorous study design, which required patients to keep a detailed food diary and collect stool samples.

To find willing participants, Bliss collaborated with the two community partners, Colon & Rectal Surgery Associates, the largest colorectal specialty group in Minnesota, and HealthPartners Research Foundation, the research arm of a large managed-care organization, to develop a multi-pronged plan for recruitment.

In addition to circulating brochures, flyers, and newsletters in doctor’s offices, staff members at the partner organizations searched databases to identify patients who had fecal incontinence or who had been tested for it. The HealthPartners Research Foundation also used an innovative method for automatically reviewing physician notes in the electronic medical records using a set of key words. All told, it took three years to recruit the 200 participants and a total of five years to complete the study.

STUDY FINDINGS
Preliminary analysis of the data shows that psyllium, a specific type of fiber, was significantly more effective in reducing fecal incontinence than either of the other fibers tested or the placebo. The preliminary laboratory findings suggest formation of a gel of remaining fiber in stool water is a key factor in improving fecal incontinence.
Donna Bliss

- Fecal incontinence: epidemiology and symptom management, dietary fiber management
- Prevention and management of incontinence associated with perineal dermatitis
- Nutrition support: tube feeding and diarrhea, dietary fiber
Fecal incontinence is a leading cause of nursing home placement.

Multi-Faceted Collaboration Essential to Study

Many studies conducted by School of Nursing researchers involve collaboration with partners both inside and outside of the University. For example, co-investigators of the study led by Dr. Bliss were Ann Lowry, MD, a partner at Colon and Rectal Surgery Associates and an adjunct professor in the Medical School’s Department of Surgery and Robin Whitebird, PhD, a researcher and social worker at HealthPartners Research Foundation. Kay Savik, MS, School of Nursing statistician, assisted with statistical analyses. Lab analyses were done both in Bliss’ lab and in the lab of Hans-Joachim Jung, PhD, an expert on the digestibility of fiber. Jung is a U.S. Department of Agriculture scientist and serves as adjunct professor of agronomy/plant genetics at the University.

Bliss and her team also partnered with Kimberly-Clark, Inc., a maker of incontinence pads. During the study, participants completed a survey on their use of absorbent pads. The company may use the survey results to modify its urinary incontinence pads to better meet the needs of people with fecal incontinence.

The study also gave undergraduate nursing students an opportunity to participate in research at an early stage in their education. Specially trained students assisted with data collection. Students also entered data, helped in the laboratory, and performed quality audit functions.

Undergraduates Join Effort to Find More Answers

Seven undergraduate nursing students, Emily Croswell, Katherine Fisher, Amanda Manthey, Elizabeth Martin, Kristina Patel, Leah Schafers, and Kimberly Wardell are currently mining data from Dr. Bliss’s study. Master’s students Jaclyn Lewis and Jennie Doebler also assist with the study.

Undergraduate students’ research topics include:

- Changes in Diet Pattern for Managing Fecal Incontinence
- Comparison of Recall and Prospective Self-Report of Fecal Incontinence Severity
- Determining Goals for Fecal Incontinence Management
- Determining Subject Satisfaction and Preferences of Taking a Fiber Supplement
- Diet Modifications Used by Community Adults with Fecal Incontinence
- Individualized Strategies Used to Increase Retention in the Fiber Study
- Terms and Descriptions of Fecal Incontinence Used by Community-Living People Who Have Fecal Incontinence

1 BSN student Kim Wardell assists with the fiber assay.
2 Masters student Jaclyn Lewis and BSN student Amanda Manthey discuss data entry with Dr. Bliss.


Liaschenko, J. (2008). To take one’s place and the right to have one’s part matter. In W. Pinch, A. Haddad (Eds.), *Nursing ethics: legacy and vision*. Washington, DC: ANA Press.


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## Faculty Grant Awards

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**January 1, 2008–December 31, 2008**

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**Treat-Jacobson, Diane**
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**Treat-Jacobson, Diane**
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Promoting, conducting, and implementing research is a strategic priority for the Densford Center. This includes research on topics related to interprofessional practice and education, as well as the research conducted by an interprofessional team. This kind of research moves beyond nursing-focused projects and addresses the effective functioning and collaboration of all members of the health care team.
KATHARINE J. DENSFORD INTERNATIONAL CENTER FOR NURSING LEADERSHIP

Three studies conducted by the Densford Center from an interprofessional and systems-change perspective:

Studying multidisciplinary organization and outcomes for chronic heart failure patients in the Veterans Administration (VA)

Joanne Disch, PhD, RN, FAAN, clinical professor and Densford Center director, and Doug Wholey, PhD, professor in the Division of Health Policy and Management at the University of Minnesota School of Public Health, are examining the impact of collaborative leadership in a team caring for patients with congestive heart failure within the VA health system. Disch and Wholey are focusing on the performance of team members in the context of the leadership structure. This research is supported by a $300,000 grant from the Robert Wood Johnson Foundation (RWJF).

The project is part of the RWJF Interdisciplinary Nursing Quality Research Initiative, a $19 million program that supports research about the impact of nursing on the delivery of high quality, safer care. Nurses account for more than half of all health care providers in the United States, but little research exists about the effect of nursing interventions on patient care and safety. This study will generate a better understanding of the roles of team members and their working relationships, as well as the factors that affect the ability of team members to work together effectively and coordinate the care of veterans.

The study includes individuals from the University’s Schools of Nursing and Public Health, the VA’s Chronic Heart Failure Quality Enhancement Research Initiative, and the VA Medical Centers in Minneapolis and Palo Alto, California.

The Incidence of Pain and Other Physical Symptoms in Pediatric Patients with Cystic Fibrosis: Impact on Quality of Life and Body Image

Assistant Professor Susan O’Conner-Von, PhD, RN, and her community partner Liz Leighton, MPH, RN, of Children’s Hospitals and Clinics of Minnesota are current Densford Clinical Scholars. This program pairs a faculty member with an advanced practice nurse from the community to conduct clinical projects that will improve patient care. They are studying the impact of pain and other symptoms on quality of life and body image of children with cystic fibrosis.

Approximately 100,000 children die each year in the United States, and 7 million children worldwide live with a life-limiting condition. Yet all too frequently, their symptoms are inadequately assessed or managed. Working closely with an interdisciplinary team of specialists, O’Conner-Von and Leighton are finding new and creative ways to meet the needs of this patient population.

Crew Resource Management (CRM) Team Training Curriculum for Pediatric Emergencies

Another team of Densford Clinical Scholars, associate professor Helen Hansen, PhD, RN, and her partner Karen Mathias, RN, MSN, APRN, BC, of Children’s Hospitals and Clinics of Minnesota, are examining communication breakdowns in the emergency department during resuscitation. They are proposing a new simulation training approach that will balance clinical and technical with teamwork and communication skills. Results of their study will strengthen emergency team performance.
Hartford scholars are chosen for their excellence and commitment to teaching and academic leadership in geriatric nursing. In addition to receiving tuition support, an educational stipend, and conference travel monies, they attend career development seminars, a journal club, the center’s regional summer faculty development program, and the Gerontological Society of America’s annual scientific meeting. The 2008–09 scholars are:

Mary Gatzke, MS, GNP, BC, is a nurse at NorthReach Healthcare Services in Marinette, Wisconsin, where she also serves on the board of directors and executive practice committee. Her doctoral project focuses on an innovative new primary care model for community-dwelling frail, older adults.

Sara McCumber, MS, RN, CNP, CNS, practices at SMDC Eldercare in Duluth, Minnesota. As an adjunct faculty member at the College of St. Scholastica, she works with both RN-to-BA and graduate nursing students. Her doctoral project focuses on increasing the participation of elderly clients in the management of their chronic health conditions.

Jack Rydell, MS, RN, is assistant professor of nursing at Concordia College in Moorhead, Minnesota. He was previously director of patient care services at a community-based hospice organization. Rydell’s doctoral project addresses the barriers to receiving hospice services in long-term care facilities.

Karin Schurrer-Erickson, MA, RN, CNP, is best known as co-founder of the Interprofessional Geriatric Care Team, an innovative model used at Walker Methodist’s Transitional Care Unit in Minneapolis. Her doctoral project focuses on reducing the fracture risk of elderly patients at Walker by improving bone health through appropriate assessment, teaching, prescribing, and follow-up.

Second year Hartford Scholar Audrey Weymiller, MN, PhD(c), CNP, is working at the Mayo Clinic while completing her doctoral dissertation. Her research focuses on exercise as part of diabetes management for optimal functioning of older adults. Weymiller has also been involved in curriculum development at area hospitals and colleges.

Currently too few geriatric specialists and generalists have the training and experience to properly treat older patients. In response to a recent Institute of Medicine report, the School of Nursing, in partnership with the John A. Hartford Foundation’s Building Academic Geriatric Nursing Capacity program, is addressing this growing crisis. A new initiative, “Faculty Learning About Geriatrics (FLAG),” raises the level of geriatric nursing expertise in colleges and universities across the Upper Midwest. To read about the inaugural session held in August of 2008 or to apply for the 2009 FLAG program, to be held August 3–7, 2009, visit www.Nursing.umn.edu/HartfordCenter/flag.html.
MINNESOTA CENTER FOR HEALTH TRAJECTORY RESEARCH

The Minnesota Center for Health Trajectory Research was established in 2005 with a $1.5 million grant from the National Institute of Nursing Research. The center is developing and testing innovative interventions that will help individuals and families create optimal pathways to health. Center researchers are exploring the interrelationships among the many biological, behavioral, psychosocial, and environmental factors responsible for health or illness and how to manage them over time.

Visiting scholar

On October 8, 2008, the center hosted Elizabeth Tornquist, MA, FAAN, professor emerita from the University of North Carolina, Chapel Hill. Tornquist spoke with faculty and students about writing grant proposals, focusing on how to make a compelling argument and create a timeline for efficient proposal completion.

Learn more

Check out our Web site at www.nursing.umn.edu/CHTR for links to seminars and presentations conducted by the center. Seminars for 2008–09 are ongoing. Contact hours (1.0) are available for those who attend the seminars in person or who view the Breeze presentation online and complete an evaluation form.

Center faculty present CANS symposium

In October 2008, Drs. Susan Henly, Joseph Gaugler, Diane Treat-Jacobson, and Jean Wyman hosted a symposium at the biennial research conference of the Council for the Advancement of Nursing Science in Washington, D.C. The symposium, “Modeling Health Trajectories: Launching Person-Centered Research for Nursing Science,” presented a new research model focusing on an individual’s health over the life course. The model is consistent with the idea that health status is unique and varies within individuals over time.

The symposium described the core features of health trajectory research:
- Longitudinal research designs with a minimum of three or more observations over time
- Selection of instruments sensitive to individual change in health status
- Contemporary statistical models to explain change

Presenters from the center discussed novel aspects of methods used in research that involved modeling transitions with dementia caregiving, patterns of pain response following exercise training for claudication, and the mechanism of response in a fall prevention trial involving exercise.
Kudos to our 2008 PhDs

**Mary Chesney, PhD, RN, CNP**
Advisor: Linda Lindeke, PhD, RN, CNP

Dr. Chesney’s dissertation research focused on a new tool to measure gaps between pre-adoption expectations and post-adoption experiences for parents who have adopted children from international institutional care. Chesney conducted a preliminary study with parents who had adopted children from Chinese or Eastern European orphanages. She used her findings to develop the Adoptive Parent Expectations-Experience Scale (APEES), which she field-tested and found to be a valid and reliable tool to guide consulting on international adoptions and parental intervention programs. Chesney is a clinical assistant professor in the School of Nursing.

**Diana Neal, PhD, RN**
Advisor: Linda Lindeke, PhD, RN, CNP

Dr. Neal’s dissertation, “Music as a Health Patterning Modality For Preterm Infants in the NICU” addressed the use and safety of music as a nursing intervention with preterm infants. Findings from this study demonstrated that preterm infants in the neonatal intensive care unit did not have adverse reactions to a carefully designed music intervention. This study establishes a foundation for further research on non-invasive music therapy interventions to promote infant and family well-being in intensive care settings. Neal is an assistant professor at St. Olaf College.

**Mary Catherine (Casey) Hooke, PhD, RN, CPON**
Advisor: Ann Garwick, PhD, RN, FAAN

Dr. Hooke’s dissertation examined the relationship between fatigue, physical performance, and carnitine (a nutrient that converts fat into energy) in children and adolescents receiving chemotherapy. The outcomes of this study support the relationship between improvement in physical performance and a decrease in fatigue levels. These findings provide a foundation for developing exercise interventions for children and adolescents undergoing cancer treatment. Hooke is a clinical nurse specialist in hematology/oncology at Children’s Hospitals and Clinics of Minnesota.

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**Center welcomes post-doc fellow**

**Lori Anderson, PhD, RN, CPNP**, is a visiting post-doctoral fellow in the Center for Children with Special Health Care Needs and assistant scientist at the University of Wisconsin-Madison School of Nursing. Her research focuses on the care of children with special healthcare needs as they transition between health care, home, and school settings. Anderson is developing a Web-based educational program, SMOOTHs (Smooth Medical Care On Transitioning from Home to School), that will provide support for school nurses and prepare them to coordinate and deliver complex care to children with special healthcare needs. She is also working with Dr. Ann Garwick and Dr. Wendy Looman on the International School Nurse Asthma Project (I-SNAP) that focuses on the role of school nurses in coordinating asthma care for youth ages 10–18 with asthma in St. Paul, Minnesota, and Reykjavik, Iceland.
Center members are committed to innovative research and scholarship that focus on improving the health of populations through public health nursing practice, partnerships, and public health policy.

Public policy’s impact on smoking among young adults

Epidemiologist Debra Bernat, PhD, combines her interest in adolescent health and the prevention and reduction of alcohol and tobacco to influence public health policy. As principal investigator of a ClearWay Minnesota grant, she is studying the effect of Minnesota’s Statewide Clean Indoor Air law on young-adult smoking behavior. Bernat’s work on tobacco use among adolescents and young adults is critical to the development and implementation of public policies that aim to reduce risk factors for cancer and cardiovascular disease.

Informatics in public health nursing practice and policy

Karen Monsen, PhD, RN, is currently the principal investigator of a research grant that focuses on using advanced data mining technology to discover new and effective models for home visiting practice. Monsen is also a nationally recognized founder and leader of the Minnesota Omaha System User Group that addresses practice and data quality improvement. Through her research and practice, Monsen is leading public health nursing into the informatics age by demonstrating the benefits of computerized documentation to promote excellence in practice, research, and public policy.

Redefining public health nursing practice

Linda Olson Keller, DNP, RN, FAAN, is the project director for the grant, “A Culture of Excellence: Evidence-based Public Health Nursing Practice.” In addition, she recently completed a national study on “Enhancing the Capacity of Public Health Nursing Through Partnerships.” The titles of these grants reflect Olson Keller’s commitment to developing an evidence base for public health nursing practice. Through these projects, she is bringing together leaders in public health nursing who are working collaboratively to shape future practice and policy directions to improve population health.

Preparing for public health and bioterrorism emergencies

Carol O’Boyle, PhD, RN, FAAN, focuses her research on infection prevention and control and emergency preparedness. O’Boyle is currently the principal investigator of Minnesota Readiness Education and Training (MERET). This federally funded grant is designed to help communities prepare for public health and bio-terrorism emergencies. The MERET project has developed state-of-the-art educational programs in a variety of media. Visit www.nursing.umn.edu/MERET for modules on infection control, pediatric preparedness, and emergency preparedness for pregnant/birthing women and newborns. Through her interdisciplinary research and scholarship, O’Boyle is preparing health care professionals and communities to address public health emergencies through education, evidence-based practice, and policy initiatives.
Teens as Teachers

Teenagers from the community help train graduate nursing students, medical students, residents, and continuing education participants.

Teenagers. Can we learn about them by learning from them? We think so. At the University of Minnesota, a cadre of teens teach year-round.

**SIMULATED PATIENTS**

Launched in 1995 by our center, the Adolescent Actors Teaching Program (AATP) enlists young people with acting ability to serve as simulated patients, teaching health providers how to effectively interview and assess members of this age group.

Adolescents, recruited particularly for improvisational skills, teach weekly in our adolescent health on-campus training program. “We employ and train adolescents in clinical scenarios for teaching nurse practitioner and medical students and pediatric residents. The program develops skills for working one-on-one with teens,” says Mae Sylvester, AATP coordinator.

When Gaojoua Thao, a high school senior, heard about the adolescent actors program, she thought it sounded like a unique opportunity. “Not knowing if they had any Hmong actors, I thought it would be a great way for health providers to learn to communicate with someone from my culture,” she explains.

As a simulated patient, Thao plays one of two characters: a teenager named Mai, who is losing weight and showing signs of depression, or, Avery, a high school soccer player who, while at the clinic for a sports physical, discovers she’s pregnant. Both scenarios require clinicians to have an array of skills for effective assessment and intervention.

**INSTITUTE TEACHERS**

The center also hires adolescents who serve as Young Adult Table Teachers (YATTs) for its annual summer institute.

Eleven YATTs participated in our 2008 institute, “Sexual Health for All Youth: Are We There Yet?” With their health professional teaching partner, the YATTs co-led table discussions and activities, providing authentic youthful insights into adolescent lives and perspectives. With emphasis on understanding youth culture, their involvement was invaluable.

“We answered participants’ questions truthfully,” says YATT Frederick Huballa, also a high school senior. “I think they appreciated that we were able to be mature about a subject like sexual health.”

Says center faculty member and institute leader Renee Sieving, PhD, RN, “Involving teens as teachers gives perspectives on youth issues that are rare at professional meetings, even adolescent health meetings.”

The young people are from diverse backgrounds—socioeconomic, geographic (inner city, suburban, rural), racial/ethnic (African American, American Indian, Hmong, Latinos, Somali). Over the years, they have been involved in training more than 500 residents, fellows, graduate students, and continuing education participants.

The 2009 Summer Institute in Adolescent Health, to be held July 27–29, 2009, will focus on social and emotional health of young people.
Gerontological Journal Club

The Gerontological Journal Club kicked off its second year in October 2008. The club’s goals are to help participants become more critical reviewers of research, stay informed about contemporary issues in gerontology, and apply new information to clinical practice. Participants include nurses from various areas of practice, as well as students, Hartford Scholars, FLAG members, the Upper Midwest Geriatric Nursing Alliance members, School of Nursing faculty, and community partners from the Mayo Clinic’s Research Department. The rich, lively discussion of cutting-edge journal articles is also attracting PhD and DNP students to gerontology.

Meetings are held the last Tuesday of the month. They are facilitated by Diane Treat-Jacobson, PhD, RN, associate professor, and Kristine Talley, PhD, RN, clinical assistant professor and John A. Hartford Foundation Claire M Fagin Fellow. Participants can attend in person or via conference call. For more information, contact Shelli Quackenboss at 612-626-8872 or quack003@umn.edu.

Kudos

Jean Wyman, PhD, RN, FAAN, FGSA, was inducted into the University of Minnesota Academic Health Center’s Academy of Excellence in Health Research on September 24, 2008. The Academy was established in 2003 and is the highest recognition of excellence in AHC faculty research. Wyman was chosen for her tireless advancement of geriatric nursing, as well as for her innovative leadership of the Minnesota Hartford Center of Geriatric Nursing Excellence. She was also honored for her NIH-funded research on behavioral, pharmacological, and surgical interventions for urinary incontinence, which have transformed care and improved the quality of life for aging adults. Wyman is the first School of Nursing faculty member inducted into the Academy.
Life as a Student Nurse: 1917–1919

Virginia Beatty Clifford ’54 shares memories of her mother:

“My mother, Martha Bowser Beatty ’19, tells of arriving in Minneapolis in 1917, walking around the U of M campus and being overwhelmed by its size. Mother spoke of the Great Flu Epidemic of 1918 and the vital role that nurses played in caring for patients. Many patients died within 24 hours of being admitted to Elliott Memorial Hospital with high fevers and delirium. Very little could be offered them other than good nursing care to relieve their suffering. She was a wonderful bedside nurse and the skills she learned as a student were helpful her entire life.”

Save the Date

2009 ANNUAL CELEBRATION BEETHOVEN’S NINTH SYMPHONY

FRIDAY, MAY 1

5:30 p.m. Reception/Dinner
University Recreation Center

8:00 p.m. Beethoven’s Ninth Symphony Presented by the School of Music, Northrop Auditorium and the U of M Alumni Association

For more information, visit www.alumni.umn.edu
reconnecting...

Alumni on Cape Cod

Alumni from the class of March 1959 met at the Commodore Inn in West Harwich, Massachusetts, on Cape Cod. Marianne Magnuson Baez and Ruth Nelson Knollmueller orchestrated the event, which included nine classmates and spouses from Minnesota, Connecticut, Virginia, and Maryland.

Stories and memories bring history to life.

To celebrate the School of Nursing Centennial in 2009, we are asking nursing students, alumni, and friends to submit favorite memories, stories, and photos. Submissions will be posted on our Nursing Memories Web site at www.nursing.umn.edu/memories for everyone to enjoy.

Send stories and photos to:
School of Nursing
Attn: Laurel Mallon
5-140 WDH, 308 Harvard St. SE
Minneapolis, MN 55455
mallo001@umn.edu

We cannot return your photos.
Please send copies only.

Nurse Anesthesia Reunion

Graduates from the U of M School of Nursing Nurse Anesthesia program and the Minneapolis Veterans Affairs Medical Center School of Nurse Anesthesia program held its first class reunion August 10, 2008 at the annual meeting of the American Association of Nurse Anesthetists. This is the first time the alumni have gathered since the program began in 1971, at the Minneapolis VA. More than 30 graduates along with 20 current students gathered to reminisce with old classmates and make new connections.


L–R: Amy Widell, MS ’05; Beth Shodeen, MS ’05; Garrett Peterson, MS ’03, DNP ’07; Kathy Waud White, SoN faculty member.
CLASS NOTES

Share your recent achievements, new employment, and family news by going to www.nursing.umn.edu/AlumniSociety/ClassNoteForm.

Michael Bleich, MPH ’87, was named dean of the Oregon Health & Science University School of Nursing.

Mary Dierich, BSN ’80, MS ’93, was selected as a 2008–10 academic geriatric nursing scholar by the John A. Hartford Foundation.

Marilyne Gustafson, BSN ’57, PhD, was featured in the August 2008 issue of Sigma Theta Tau’s Always a Nurse newsletter. The article, “Member Profiles: Thinking Outside the Box in Retirement,” featured Marilyne’s clowning work in healthcare settings and her development of creative teaching strategies for use in third-world countries.

Patsy Harman, MS, ’84, published A Blue Cotton Gown: A Midwife’s Memoir (Beacon Press, Boston). The book is a celebration of the courage of an ordinary woman and a tribute to all midwives.

Dianna Lipp Rivers, MPH ’81, associate professor of nursing, was named the 2008 Distinguished Faculty Lecturer by Lamar University, Beaumont, Texas. Rivers has been a Lamar faculty member since 1996 and has also had a 25-year career as a nurse and nursing administrator.

Sarah Stoddard, MSN ’99 and nursing PhD student, was one of 12 North American PhD students selected this spring to participate in the Society for Research on Adolescence (SRA) and the European Association of Research on Adolescence (EARA) Summer School program in Torino, Italy. Summer School is an opportunity to interact with 10 senior North American and European faculty researchers with expertise in adolescence and adolescent development.

Kristine Talley, BSN ’99, MS ’05, PhD ’08, received the John A. Hartford Foundation’s Claire M. Fagin postdoctoral fellow award. The awards were given by the Building Academic Geriatric Nursing Capacity program as part of an initiative to increase the number of experts in geriatric nursing. The program aims to ease the projected shortage of health professionals needed to care for aging baby-boomers.

2009 Seniors Kick-Off Senior Class Gift Project

The members of the 2009 BSN Senior class launched a Senior Class Gift project to celebrate their status as the school’s Centennial graduating class. A kick-off taco party attended by nearly 40 seniors was held in September at Sally’s Eatery. Dean Connie Delaney, faculty, and Carol Kelsey, School of Nursing Foundation Board chair, joined the students to share their enthusiasm for the Senior Class Gift project. Students have set a fundraising goal of $2009, and the School of Nursing Foundation has generously pledged to match that amount dollar-for-dollar. The student-driven Senior Class Gift is an opportunity for the members of the class of 2009 to create a lasting legacy and give back to their school. To contribute to the Centennial Senior Class Gift project or learn more about it, visit www.nursing.umn.edu/seniorclassgift.
IN MEMORY

Ella Blomberg, BSN ’37, Edina, Minnesota, on November 28, 2008.
Margaret “Peggy” Gilbertson, BSN ’73, Plymouth, Minnesota, on January 26, 2009.
Ruth Ann Johnson Foster, BSN ’38, Peoria, Arizona, on December 8, 2008, at the age of 92. She established the Ruth Ann Johnson Nursing Scholarship for undergraduate nursing students.
Sandra Rodgers Markel, BSN ’58, Sunnyvale, North Dakota, on October 5, 2008.
Bertha McCarthy, BSN ’44, Holland, Michigan, on October 14, 2008.
Beatrice (Johnson) Mooney, BSN ’39, Buffalo, Minnesota, on September 23, 2008. Mooney was a social activist who ran for various public offices over the years. She was also a member of Sigma Theta Tau.
Pauline (Ferrel) Peters, BSN ’47, on April 21, 2008.
Margaret “Peg” Proeschel, BSN ’31, Willmar, Minnesota, on September 22, 2008, at the age of 99.
Virginia Purdy, BSN ’45, Golden Valley, Minnesota, on September 1, 2008.
Dorothy A. Root, MS ’63, Mounds View, Minnesota, on December 12, 2008.
Evelyn Schiele, St. Paul, Minnesota on December 15, 2008, at the age of 97. Schiele was chair of the School of Nursing Foundation Board of Trustees from 1970 to 1974 and the former leader of the University of Minnesota Faculty Women’s Club.
Ruth P. Taylor, BS ’51, Bel Air, Maryland on December 3, 2008.

School Mourns Bonnie Bata-Jones

School of Nursing faculty member Bonnie Bata-Jones, RN, FNP, passed away peacefully on July 24, 2008, at the age of 61 following a courageous battle with cancer. Bata-Jones had been an assistant clinical professor at the University of Minnesota, School of Nursing in the Family Nurse Practitioner program since 1993. She also served in the U.S. Army Reserve. She retired with the rank of Lt. Colonel in 2007 after 24 years of service.

Bata-Jones was a passionate teacher, who brought her first-hand experience as a family nurse practitioner into the classroom. She delighted in guiding students along their educational path into their new careers. She was also a tireless volunteer who cared for children of migrant workers and for youthful patients at a local teen clinic.

An avid traveler, Bata-Jones enjoyed meeting people and learning about all aspect of their lives. In 2007, she led nursing students on a trip to Cambodia, where they provided health care screening.

Throughout her life as a teacher, mentor, and Army nurse, Bata-Jones was committed to delivering care with compassion, integrity, and honor.

In honor of her giving spirit as a nurse, teacher, mentor, and humanitarian, the University of Minnesota School of Nursing Foundation has created the Bonnie Bata-Jones Scholarship. The scholarship will support nursing students working on advanced degrees leading to careers as nurse practitioners. We will let her family know about your kind remembrance.

Contributions can be sent to:
University of Minnesota School of Nursing
Laurel Mallon, Senior Director of Development and Alumni Relations
5-140 Weaver Densford Hall
308 Harvard Street SE
Minneapolis, MN 55455
A new endowed professorship—the School of Nursing Foundation Research Professorship—has been established through a gift of $1 million from the foundation, which marked its 50th year of support for the school in 2008.

Dean Connie Delaney announced the gift during the January 27 celebration launching the school's centennial year. The first recipient of the new professorship has not yet been named.

“This endowed professorship builds upon the tradition of leadership that has defined the School of Nursing for its first 100 years,” Delaney said. “The 21st century will present unprecedented opportunities and challenges, including a thirst for state-of-the-science, knowledge-driven practice; a shortage of nurses; and a shortage of faculty needed to prepare future nurses. Endowed faculty positions are critical in helping us recruit, develop, and retain outstanding researchers and educators.”

Laurel Mallon, senior director of development and alumni relations, thanked the foundation’s current and past trustees, along with the many alumni, partners, and community members whose support made this gift possible. “It is truly an honor, in celebration of the Nursing Foundation’s golden anniversary and the school’s centennial, to present this gift in support of a pivotal faculty position dedicated to advancing nursing research,” she said.

Carol Kelsey, chair of the foundation’s board of trustees, noted that the new endowed professorship further enhances the school’s research capacity and will increase its stature and visibility on the state and national levels. “Creating this endowed professorship is a great culmination to a year of strategic planning that boldly embraces the fundraising focus of the School of Nursing Foundation Board,” she said.

Endowed professorships may be established with gifts of $1 million or more and endowed chairs require $2 million or more. The school currently has two occupied chairs:

- The Cora Meidl Siehl Chair in Nursing Research, currently held by Jean Wyman, PhD, RN, FAAN, FGSA. Wyman directs the Minnesota Hartford Center of Geriatric Nursing Excellence, the Center for Gerontological Nursing, and the Center for Health Trajectory Research.

- The Katherine R. and C. Walton Lillehei Chair in Nursing Leadership, currently held by Joanne Disch, PhD, RN, FAAN. Disch, a clinical professor of nursing, directs the Katharine J. Densford International Center for Nursing Leadership.
A Dream Fulfilled
Scholarship aids students who share donor’s passion for nursing

BY DIXIE BERG

As her grandpa lay in a hospital battling a serious illness, Sonia Pond found herself touched by the nurses who attended him and the care they provided her family.

“Remembering those nurses and their presence during our family’s most vulnerable state is truly inspirational,” recalls Pond. So inspirational, in fact, that she started thinking about a career in nursing.

Now a sophomore at the University and a first-year student in the School of Nursing, Pond is one of the first recipients of the Walter E. Olson and Adela J. Olson Scholarship, established to support students with a passion for nursing. Adela Olson, who made the bequest, always wanted to become a nurse but never had the opportunity.

Olson, who died in May 2006 at age 92, and her husband, Walter, worked hard and lived modestly, according to William R. Miller, personal representative for the estate. “Adela took great pride in her efforts to put her son Dick through medical school at the University of Minnesota,” Miller says. “She was also forever grateful for the care and treatment she received at the University Hospital for a brain aneurysm, at a time when surgery for such conditions was in a pioneering stage.”

The financial support provided by the Olson Scholarship has allowed Pond to make the most of her University experience. She has had time to volunteer with several groups and work as a research assistant. “These experiences have made an enormous impact on my interests,” she says.

Like Olson, Pond also has dreams: Perhaps the Peace Corps, then work in an emergency department or intensive care unit. She may also return to school to earn a doctor of nursing practice degree, with a focus on geriatric, adult, or family practice. And because the Olson scholarship is helping Pond build a solid foundation for her nursing career, it’s likely that she’ll see her dreams come true. 

Sonia Pond (l) and family with SoN Foundation Board of Trustee Patricia Kane at the annual Nursing Scholarship and Fellowship reception.
American Hospice Pioneer Florence Schorske Wald Dies

Florence Schorske Wald, founder of the first hospice in the United States, died at her home in Branford, Connecticut, on November 8, 2008. She was 91. Wald, who served as dean of the Yale School of Nursing from 1959 to 1966, was influenced by the work of English physician Cicely Saunders. After leaving her position as dean, Wald advocated for hospice and palliative care, which offered a humanistic alternative to the all-too-common experience of dying alone or in pain.

To honor her contributions to nursing, Derry Ann Moritz and Charles Shepard established the School of Nursing’s annual Florence Schorske Wald Lectureship in Palliative and Hospice Care in 1997. In 2003, the school had the privilege of hosting Wald when she attended the lecture.

Carol Kelsey, RN, Chair
North Memorial Medical Center, Retired

Sandra Anderson, BA, Chair-elect
Wells Fargo Elder Services, Retired

Mary Drache, MBA, RN, Secretary
St. Joseph’s Hospital, HealthEast

Marilee Miller, PhD, RN, Treasurer
Associate Dean, School of Nursing, Retired

Patricia Kane, MS, RN, Delegate-At-Large
Nurse, Retired

Christine Seitz, MSN, MBA, RN, Past-chair
Allina Hospitals & Clinics, Retired

Dawn Bazarko, MPH, RN
Senior Vice President, Center for Nursing Advancement, United Health Group

John Borg, MPH, MS
President, War Memorial Hospital; Senior Vice President, Valley Health

Mary Broderick, PhD
Catholic Elder Care, Retired

Cindy Bultena, MSN
Chief Nursing Officer, Woodwinds Health Campus

Mary Chesney, PhD, RN, CNP
Clinical Assistant Professor, School of Nursing

Connie Delaney, PhD, RN, FAAN, FACMI
Professor and Dean, School of Nursing

Susan Forneris, MS, RN
Associate Professor, Nursing, College of St. Catherine

Susan Forstrom, MSN
Consultant, Creative Health Care Management

Ann Garwick, PhD, RN, LP, LMFT, FAAN
Professor and Associate Dean for Research, School of Nursing

Judith Gerhardt
Community Fundraiser

Brenda Hoffman
CEO, Rum River Health Services

Harry C. Lefto, BA
Harry Lefto Software

Laurel Mallon
Senior Director of Development and Alumni Relations, School of Nursing

William R. Miller, JD
P.A., Law Firm

Joyce Overman Dube, MS
Nurse Administrator, Mayo Clinic, Surgical Nursing Division

Rosemarie Reger-Rumsey
Executive Director, Listening House

John Reiling
President and CEO, Safe by Design

Jeffrey Sliper
RN Student, Nurse Anesthesia Program, School of Nursing

EX-OFFICIO MEMBER
Caroline Rosdahl, BSN, MA, President
Nursing Alumni Society

TRUSTEE EMERITAE
Mary Lou Christensen, RN
Patricia Kane, RN
Katherine Lillehei, RN
Florence Ruhland, RN
Carolyn I. Schroeder, RN
David Printy Delivers Memorial Lecture

The Andrea Printy Memorial Lecture, which honors the late Andrea Printy, a registered nurse and former president of the School of Nursing Foundation, is always a special occasion. The 17th annual lecture held in November 2008 was particularly memorable because it featured David Printy, Andrea’s husband.

Since 2006, Printy has been president and CEO of Oasis Hospital, Al Ain, in the Emirate of Abu Dhabi. There he has promoted nursing, nursing education, and quality health care.

“Nursing education is new in the Middle East,” Printy said. “In fact, nursing has only recently been promoted as respected work. Educating nurses in a variety of cultural settings is key to improved population health.”

Citing a World Health Organization report, Printy noted that as the number of educated health care workers increases, maternal and child health also improve.

Printy urged SoN students to consider visiting and practicing in the United Arab Emirates, where university-prepared nurses are needed.

President’s Scholarship Match Doubles Gift Impact

Gifts of $25,000 or more that meet the qualifications are eligible for the President’s Scholarship Match. Such a gift is used to create an endowment fund. About 5 percent of the fund’s market value is paid out annually to fund the scholarship. Each year, the University matches this payout to double the impact of the gift.

For more information, call Laurel Mallon, SoN senior director of Development and Alumni Relations, at 612-624-2490.

Typical Gift Amounts for Endowed Funds*

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<th>Endowment Type</th>
<th>Amount</th>
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<tr>
<td>Faculty Chair</td>
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<tr>
<td>Faculty Professorship</td>
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<tr>
<td>Faculty Fellowship</td>
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<tr>
<td>Named Research Fund</td>
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<tr>
<td>Named Lecture Series</td>
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<tr>
<td>Named Fellowship</td>
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<td>Named Scholarship</td>
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* Endowments also may be established for other purposes.

How to Include the School of Nursing in Your Will

When you include the School of Nursing and the Nursing Foundation in your will, you and your attorney should direct your gift through the larger University of Minnesota Foundation, a 503(c)(3) tax-exempt organization that is specifically set up to ensure that all gifts to the University are used exactly as the donor requests. Please be sure to use the legal name and address of the Foundation:

University of Minnesota Foundation
200 Oak Street Southeast, Suite 500
Minneapolis, Minnesota 55455-2010

To ensure that your wishes are fulfilled, your will should clearly state your intentions.

Standard wording that might be useful to you or your attorney is: “I give, devise, and bequeath to the University of Minnesota Foundation, Minneapolis, Minnesota, [the sum, percentage, or description of your gift], which is further designated to benefit the School of Nursing.”
On January 27, the School of Nursing launched a yearlong celebration to honor its past contributions to nursing and its current role in shaping the future of the profession. Governor Tim Pawlenty proclaimed January 27, 2009, “University of Minnesota School of Nursing Day,” for the school’s dedication to nursing research and advancement, as well as its standing as one of the top schools in the country.

In his opening address, U of M president Robert Bruininks cited the school’s significant contributions to health care in Minnesota and around the country. Patricia Simmons, chair of the Board of Regents, and Frank Cerra, senior vice president of Health Sciences, also participated in the event. In their remarks, both emphasized the importance of nursing leadership in the 21st century.

During the program, SoN dean Connie Delaney presented Cerra with the inaugural Richard Olding Beard Award in recognition of his advocacy for nursing-led and interprofessional research. The School of Nursing Foundation also presented Delaney with a check for $1 million, which will be used to create an endowed professorship.

PHOTOS BY TIM RUMMELHOFF

1 Clara Adams-Ender,* CAPE, with SoN associate professor Melissa Avery
2 Frank Cerra with Donald Gerhardt,* LifeScience Alley, and Judith Gerhardt, SoN Foundation Board
3 Robert Bruininks, U of M president; Frank Cerra, senior vice president of Health Sciences; Patricia Simmons, chair of the Board of Regents
4 Michael Rohovsky,* Johnson & Johnson, and Jeannine Rivet,* United Health Group
5 L–R: Jean Thomson, Evelyn Thomson, Frank Cerra, Dean Thomson, Martha Mason, and Marie Manthey, SoN Heritage Committee. Mason and the Thomsons are descendents of Richard Olding Beard.
6 Carolyn Schroeder, SoN Foundation Board (c), with Sean and Debra Spillane
7 L–R: SoN Foundation Board members Patricia Robertson, ’68; Susan Forstrom, ’65, ’79, chair for the Marie Manthey Professorship in Innovative Practice campaign; Susan Lampe, ’77.
8 Dean Thomson, Patricia Archbold, American Academy of Nursing, and Barbara Stewart, the granddaughter of Katharine J. Densford
9 Frank Cerra receives the Richard Olding Beard Award from Dean Delaney and Professor Sandra Edwardson.
10 Carol Kelsey, Chair, SoN Foundation, presents Dean Delaney with $1 million check.

* School of Nursing Dean’s Board of Visitors
# 2009 Calendar of Events

For more information about these School of Nursing events, go to www.nursing.umn.edu.

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<thead>
<tr>
<th>March 27–30</th>
<th>September 24–27</th>
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<tr>
<td>Midwest Nursing Research Society Conference</td>
<td>American Association for the History of Nursing Conference</td>
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<tr>
<th>April 24</th>
<th>October 12</th>
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<tr>
<td>Nursing Research Day</td>
<td>School of Nursing Foundation Scholarship Reception</td>
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<th>May</th>
<th>November 3</th>
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<tr>
<td>May Gatherings (held throughout the month)</td>
<td>Barbara O’Grady Lecture</td>
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<th>May 7</th>
<th>November 4–6</th>
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<td>Nursing Grand Rounds</td>
<td>Summit of Sages</td>
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<table>
<thead>
<tr>
<th>May 15</th>
<th>November 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSN Commencement Ceremony</td>
<td>Centennial Gala</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>November 5</th>
<th>November 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Distinguished Alumni Recognition</td>
<td>Andrea Printy Memorial Lecture</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>November 6</th>
<th>November 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alumni Back-to-campus Luncheon</td>
<td>Tailgate party (in the new TCF Stadium)</td>
</tr>
</tbody>
</table>