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ON THE COVER: An image from a photovoice exhibit displaying the effects of deportation on families. Read more on page 13 about how School of Nursing Assistant Professor Carolyn Garcia and colleagues are working to improve connections between Latino youth and their families.
Engagement.

Welcome to this issue of Minnesota Nursing magazine. As you read this testament to our school’s collective engagement, I invite you to get engaged yourself. That is Involvement, Interaction, Influence, and Intimacy with the people, programs, and initiatives of the School of Nursing at the University of Minnesota. Our engagement extends beyond the Twin Cities’ campus to the Rochester community, the state of Minnesota, across the United States, and throughout the world as we expand our partnerships to grow both our programs and expertise.

We invite you to join us in welcoming the 16th President of the University of Minnesota, Eric Kaler. Get involved in our partnership with President Kaler to deliver on the fundamental themes of his administration:

- **Excellence** from teaching to research to community engagement to operations;
- **Access** to all qualified Minnesota students, regardless of family income;
- **Diversity** of our student body and faculty;
- **Research** to support health, advance technology, and seek solutions to the most daunting problems facing our communities and that empower Minnesota’s innovation economy;
- **Pace** (speed) and efficiency in all that we do;
- **Engagement** with partners in businesses, nonprofits, urban, and rural communities, and even the K-12 education system to leverage our unique resources and expertise; and
- **Philanthropy**, which will be vital to build on public investment and transform the U of M from very good to truly great.

We want your participation and trust to know that the concerns of the public are paramount to those of us in health related education, research, and practice as we look to reform health care. Our commitment to ensuring accessible, quality, and value-driven care is dependent upon this trust and upon our ability to foster synergy across our missions – of science/research/scholarship, educating the next generation of nursing leaders, and evidence-based clinical care of individuals, families, communities, and populations. This engagement must ensure team and interprofessional interactions of all health related disciplines and expertise. Such engagement relies on our knowledge, support, and use of all the expertise noted in the Institute of Medicine’s *The Future of Nursing: Leading Change, Advancing Health* 2010 report.

Nursing science brings a unique contribution to health care as noted in “IOM and the Future of Minnesota Nursing,” and “Minnesota Joins 15 states to become IOM Action Coalition” (page 6).

Engagement requires attention to transitions, from across the lifespan of health, illness, or chronic care, throughout the continuum of care settings that include home, clinics, hospitals, or long term care as described in the premiere *Nursing Research* supplement authored by several of our scientists (pages 28-29.) Central stories such as “Exercise Matters” conducted by Dr. Fang Yu (page 16), and “Strengthening the Bond,” Dr. Carolyn Garcia’s work with Latino adolescents and their families (page 13) further underscore our engagement.

Celebrate with us the lectureships of Drs. Kathleen Buckwalter and Susan Reinhard (page 30), our new American Academy of Nursing (AAN) fellows and Joanne Disch being named the organization’s new president (pages 7-8). Read about the engagement of Emily Carol Hennings Anderson in “Learning is Forever,” (page 45) which highlights the creation of an endowment to support nursing students’ education.

We invite your continued (or new) engagement through Involvement, Interaction, Influence, and Intimacy. Stay in touch with us on our vibrant web site and join us in our new partnership with nurseslounge.com.

Thank you for the opportunity to be engaged as your 10th Dean.

Connie White Delaney, PhD, RN, FAAN, FACMI Professor and Dean

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Wondering how you can become engaged with your School of Nursing? For more information, contact Gigi Fourné Schumacher or Laurel Mallon at nursedev@umn.edu.
President Kaler Joins Nursing Students in Delivering Care

University of Minnesota President Eric Kaler and his wife Karen Kaler visited the Academic Health Center (AHC) as part of a campus crawl during Inauguration Week. During the September 19, 2011 tour, President Kaler visited the AHC IERC and Simulation Center where he participated as a member of an interprofessional team with Master of Nursing students Margaret Dimon and Casey Wangen to deliver care to a simulated patient. The team was led by Dr. Jane Miller, director of the AHC IERC and Simulation Center and included students from the College of Pharmacy and the Medical School.

“The simulation lab is a great beginning to practice in an interprofessional setting with other schools the AHC. From the first day of class we are taught to be not just nurses, but nursing leaders, and it’s extremely important to learn how to fulfill this role while working in a team - as we will once we begin practicing, says Margaret Dimon. “With our different specialties it is absolutely imperative that we work together to best care for our patients both in the acute setting as well as in the community. If we don’t utilize our colleagues’ expertise and collaborate, we will shortchange ourselves, our patients, and the future of healthcare.”

The University of Minnesota Board of Regents named alumnus Eric Kaler, PhD, as the University’s 16th president; he assumed his new role on July 1, 2011. Learn more about President Kaler and his goals for the U, view photographs, watch videos, and sign his guest book at www.umn.edu/president.

1) Dean Connie Delaney (right) greets President Eric Kaler and his wife Karen Kaler.
2) Margaret Dimon and Casey Wangen in the AHC IERC and Simulation Center.
3) Dean Connie Delaney (center) chats with Eric and Karen Kaler in the AHC simulation Center.
4) President Kaler prepares with the health professional team to deliver care to the SimMan®
5) Dean Connie Delaney (center) with MN students Casey Wangen and Margaret Dimon.

PHOTOS: MARK ENGBRETSON, ANEISHA TUCKER
Earlier this year, the University of Minnesota was awarded a $51 million Clinical and Translational Science Award (CTSA) by the National Institutes of Health (NIH). The award, the largest single-institution NIH award ever received by the University, will support a broad scope of U of M researchers in both new and existing programs to push treatments, therapies, and clinical trial outcomes to patients and communities faster, while offering more immediate benefits from research discoveries.

This enormous University triumph concluded a five-year effort that saw the U of M skyrocket from a mid-level contender to one of the top CTSA award winners. Overall in 2011, five institutions received $200 million for their Academic Health Centers to accelerate laboratory discoveries into patient treatments. Joining the University of Minnesota in 2011 are Pennsylvania State University, Milton S. Hershey Medical Center; University of California, Los Angeles; University of Kansas Medical Center, Kansas City; and the University of Kentucky, Lexington. With the most recent awards, the NIH is now funding 60 CTSA institutions nationwide, creating a consortium of institutions working towards joint research efforts between universities and the community and increasing the efficiency at which the discoveries and results of clinical trials translate into new treatments, cures, and improved health outcomes.

CTSA sites, like the University of Minnesota, will also train a new generation of researchers to engage early in collaborative, interprofessional efforts surrounding clinical research, and to focus on the training needs of faculty and staff as well as for community leaders. The CTSA award will support the infrastructure for the Clinical and Translational Science Institute (CTSI) at the University.

Making it happen

“The CTSA is a transformative initiative whose ultimate value is changing the health of the people - changing it in an expeditied way through collaboration and partnership with health professionals, patients, and communities,” says School of Nursing dean Connie Delaney, PhD, RN, FAAN, FACMI. Last year, Delaney was asked to support the University’s efforts to achieve this award as the CTSI associate director-BMI (Biomedical Informatics).

Delaney proved a key strategic partner in advancing the University’s infrastructure. Her informatics expertise, commitment to teamwork, and leadership roles as CTSA program co-lead, director of the AHC Biomedical Health Informatics (BMHI), as well as being the acting director of the Institute for Health Informatics (IHI), had a significant impact in the improved CTSA score and final awarding of the grant. Associate Professor Jayne Fulkerson, PhD, served as co-director of the Evaluation and Monitoring for the CTSI, and many other School of Nursing faculty contributed to the CTSA grant application and award.

A promising future

For the U of M, the award confirms both the success and future promise of the Clinical and Translational Science Institute (CTSI). For the last five years, the U of M’s Office of Research – and the Academic Health Center, in particular – have invested substantial resources in the CTSI to actively engage University faculty and staff with community partners in the clinical trials and research process.

“Our CTSI provides the underpinning support necessary to exponentially expand our infrastructure and training capacity and push new discoveries forward faster,” says Bruce Blazar, MD, CTSI director and leader of the CTSA program at the U of M. “Ultimately,
this award is about capitalizing on the most promising research and putting findings into practice to improve the health of our patients and communities."

The full scope of the U of M’s CTSI includes five areas of research and expertise: Clinical Translational Research Services; Biomedical Informatics; Education, Training and Research Career Development; Populations; and the Office of Discovery and Translation.

BUILDING ON THE UNIVERSITY’S STRENGTHS

"With this distinguished grant award, the NIH recognizes the strength of our University’s clinical research enterprise and our extraordinary capacity to translate scientific breakthroughs into improved health and well-being," says Aaron Friedman, MD, Vice President for Health Sciences and dean of the Medical School. "The CTSA provides a catalytic opportunity to build on the fine foundation already in place at UMN and across the state of Minnesota."

The CTSA will tie together research taking place across focus areas known as the University’s Corridors of Discovery: cancer, cardiology, diabetes, infectious diseases and brain sciences. It will also leverage work happening in other University programs, with our community partners, as well as with CTSA partners across the region and nation, maximizing the potential impact.

Learn more about the CTSA at www.ctsaweb.org/docs/CTSA_FactSheet.pdf

In 2011, the School of Nursing ranked in the top 5 percent among public and private nursing schools in the nation (U.S. News & World Report). The school also ranked in the top 10 in midwifery and clinical nurse specialist/public health nursing programs! For more information about our programs, go to nursing.umn.edu/education.

Stay connected to your School of Nursing!

Now it’s easier than ever to stay close to School of Nursing news and opportunities through a new partnership with the Nurses Lounge. The Nurses Lounge is a free professional network for nursing professionals that provides:

• Relevant content and information. Subscribe to Lounges created by nursing schools, nurse associations, employers, specialties, and more. Receive email updates of relevant news, events and other information.

• Professional networking. A secure place to connect with colleagues and network on a professional level.

• A platform for all communication technologies including images, video, RSS feeds, blogs, discussion boards, job postings, etc.

• Next generation “list serve” with ability to attach documents, PDFs, share links, web pages

Our school has created this strategic partnership to keep you better informed of timely news and opportunities. While the Nurses Lounge is free, you do need to sign up by creating your (free) account. Please join us in using this new professional network so that we can streamline our communication to you.

Visit www.nurseslounge.com today!
IOM and the Future of Minnesota Nursing Conference

On May 12, 2011 nursing educators, health professionals, students, and the public attended the "IOM and the Future of Minnesota Nursing: A Call to Meet Expanding Public Need" conference to hear key insight and advice from Michael R. Bleich, PhD, RN, FAAN, Dean and Carol A. Lindeman Distinguished Professor from Oregon Health & Science University.

The conference consisted of three working sessions with a core focus to transform health and health care delivery to the people and communities in Minnesota. The sessions focused on: creating a competent workforce; how nursing addresses the diverse communities of Minnesota, as well as the diversity of student and faculty body; and nursing leadership in Minnesota.

These discussions will generate next steps for nursing and non-nursing partnership in Minnesota to move forward in implementing the objectives of the Institute of Medicine report, The Future of Nursing: Leading Change, Advancing Health. The report explores how nurses’ roles, responsibilities, and education should change significantly to meet the increased demand for care and to advance improvements in America’s increasingly complex health system.

Throughout the day, Dr. Bleich shared key ideas that stimulated discussion in the writing of the groundbreaking IOM report. Bleich, a 1987 alumni of the U of M School of Nursing, was a member of the IOM commission that produced the Future of Nursing report. The event concluded with his public lecture entitled “Nursing and the IOM: Can We, Will We Lead Change to Advance Health in Minnesota... in America?” where he charged those in attendance to use their voice to help move this critical agenda ahead.

This conference was sponsored by the Minnesota Association of Colleges of Nursing (MACN) and cosponsored by the AD/PN Directors Association, Center for Nursing, HealthForce Minnesota, Minnesota Board of Nursing, and the Minnesota Hospital Association.

Watch video of the sessions at nursing.umn.edu/IOMConference

Minnesota Joins 15 states to become an IOM Action Coalition

Minnesota has been awarded national recognition by the Robert Wood Johnson Foundation and AARP Foundation to join 15 states in becoming an Action Coalition. “This is a clear sign that Minnesota’s nurses are working together and working in collaboration with non-nursing partners in teams that work and make strategic sense,” says Dean Connie Delaney, PhD, RN, FAAN, FACMI. Dean Delaney and Clinical Professor Joanne Disch, PhD, RN, FAAN, are members of the steering committee formed to support the Minnesota Action Coalition. Other key stakeholders include Minnesota Center for Nursing, HealthForce Minnesota, Minnesota Board of Nursing, Minnesota Association of College of Nursing (MACN) and the Minnesota Hospital Association.

Action Coalitions are being launched throughout the U.S. to continue the conversations with nursing and non-nursing leaders about the opportunities to transform health care through nursing as brought forth in the IOM report Future of Nursing: Leading Change, Advancing Health. These coalitions are the driving force of the Future of Nursing: Campaign for Action and will effect long-term sustainable change at the local, state, and regional levels.

The statewide goals of the Minnesota’ Action Coalition include:
• Improving leadership capacity and the influence of nursing.
• Creating and delivering clear messages on the IOM recommendations.
• Expanding the ability of nurses to come together and create needed change by creating a sustainable fiscal model with new stakeholders.
• Collaborating with diverse constituencies for the purpose of identifying innovative health optimizing initiatives.
Leadership has always been a core value of the University of Minnesota School of Nursing; our faculty exemplifies the Academy’s vision of leaders in the profession and influencers of the future of health care. We are proud to congratulate our faculty on their induction as Fellows into the American Academy of Nursing:

Thomas Clancy, PhD, MBA, RN
Merrie Kaas, DNSc, RN, CNS-BC
Karen Monsen, PhD, RN

We also congratulate Distinguished Alumna Hyeoun-Ae Park, PhD, MS, on her induction as an International Fellow.

And we celebrate Joanne Disch, PhD, RN, FAAN, on her presidency of the American Academy of Nursing.

They now join our Faculty and Emeritus Faculty Fellows including Dean Connie Delaney, Melissa Avery, Linda Bearinger, Donna Bliss, Sheila Corcoron-Perry, Joanne Disch, Sandra Edwardson, Ann Garwick, Mary Jo Kreitzer, Barbara Leonard, Joan Liaschenko, Linda Lindeke, Ruth Lindquist, Elaine Mansfield, Marie Manthey, Christine Mueller, Margaret Newman, Carol O’Byrne, Linda Olson Keller, Cheryl Robertson, Mary Fran Tracy, Mariah Snyder, Diane Treat-Jacobson, Bonnie Westra, Jean Wyman.

Honors & Awards

FACULTY
American Academy of Nursing inducts four faculty, Joanne Disch assumes presidency

On October 15, 2011, at the Academy of Nursing’s 38th annual meeting and conference, four School of Nursing faculty were inducted as fellows and Clinical Professor Joanne Disch was inducted as President of the organization’s Board of Directors. Fellowship in the Academy represents the nation’s top nurse researchers, policymakers, scholars, executives, educators, and practitioners.

Thomas Clancy, PhD, MBA, RN, was selected by the Academy for transforming theories of complex adaptive systems into tools to support nursing practice. Clancy developed computer simulation models (CSM) that are used to aid decision making when implementing information technology, faculty redesign, or practice change. This development has enabled commercial businesses and health care systems to successfully implement electronic medical records or new equipment; and has been used as an innovative tool by academic institutions to educate students and test theories.

Merrie J. Kaas, DNSc, RN, PMHCNS-BC, was selected by the Academy for her contributions in effecting change in the health care of one of the country’s most underserved and underrepresented populations - older adults with emotional disorders. As a nationally recognized educator in psychiatric/mental health nursing and a geropsychiatric nurse clinician, Kaas has improved access and treatment for older adults with emotional disorders by working with colleagues to develop innovative models of care such as an in-home volunteer professional counseling program for home-bound elders, a model for geriatric depression screening and management used in rural primary care clinics, and a statewide interprofessional public awareness campaign about geriatric depression.

Karen Monsen, PhD, RN, was selected for her national and international leadership in improving the quality of nursing practice and related population health outcomes through nursing informatics. She has developed new metrics, methods, and models that use and analyze standardized nursing data. Monsen is the founder of an international nurse-led organization that enables the advancement of data-and practice-quality innovations, including Omaha System Users Groups and the University of Minnesota School of Nursing Center for Nursing Informatics Research based Omaha System Partnership for Knowledge Discovery and Health Care Quality.

Hyeoun Ae Park, PhD, MS, School of Nursing Distinguished Alumna, was inducted as an International Fellow for the advancement of nursing science in the area of nursing informatics. Her expertise in informatics has revolutionized nursing education in Korea. She introduced the first statistical consulting lab and computer lab in a Korean nursing school and established the first nursing informatics major in graduate studies in Korea. Park also developed an electronic nursing records system that improved sharing and exchanging accurate delivery of information between health care facilities in Korea. This work led to the development and publication of a national standardized nursing terminology.

Joanne Disch, PhD, RN, FAAN, was inducted as President after two years as President-elect and board member of the American Academy of Nursing. “The Academy is well positioned to advance nursing’s voice to positively enhance health outcomes,” says Disch. “I look forward to ensuring the Academy is at the forefront of these conversations.” Disch has extensive experience as an educator, chief nurse executive, leader, researcher, policy-maker, and spokesperson. She served as board member and Chairman of the National Board of AARP; as President of the American Association of Critical-Care Nurses (AACN), and President of the AACN Certification Board. Disch is also a contributing editor for the American Journal of Nursing.

Five School of Nursing Faculty Receive the DAISY Award

School of Nursing faculty Karin Alaniz, PhD, RN, Linda Chlan, PhD, RN, Ruth Lindquist, PhD, RN, ACNS-BC, FAHA, FAAN, Diane Treat-Jacobson, PhD, RN, FAAN, and Fang Yu, PhD, GNP-BC, RN, were presented with the DAISY award for their commitment to the nursing profession and inspirational influence on their students. Given in collaboration with the American Association of Colleges of Nursing (AACN), the award recognizes school of nursing faculty who have a profound impact on the future practice patterns of their students. The DAISY (Diseases Attacking the Immune System) Foundation was formed in 2000, by the family of J. Patrick Barnes who died at age 33 of complications of Idiopathic Thrombocytopenic Purpura (ITP) in honor of the excellent and compassionate care he received from nurses.
New Appointments

Melissa Avery, PhD, RN, CNM, FACNM, FAAN, received the 2011 Graduate Professional Teaching Award for outstanding contributions to post-baccalaureate, graduate and professional education. This is the University of Minnesota’s most prestigious award for excellence in teaching. Avery was also promoted to full professor by the University’s Board of Regents.

Connie Delaney, PhD, RN, FAAN, FACMI, was named one of 25 Women Industry Leaders in the Twin Cities by the Minneapolis/St. Paul Business Journal.

Melissa Frisvold, PhD, RN, CNM, RN, was elected to the Accreditation Commission for Midwifery Education Board of Review.

Ann Garwick, PhD, RN, LMFT, LP, FAAN, was elected to the Board of Directors for Minnesota Visiting Nurses Agency (MVNA).

Susan Henly, PhD, RN, was appointed as a Reynolds Distinguished Visiting Professor in Aging at the University of Oklahoma College of Nursing (OUCN).

Bonnie Westra, PhD, RN, FAAN, was promoted to Associate Professor with tenure by the University of Minnesota Board of Regents. She was also inducted as a Fellow in the American College of Medical Informatics (ACMI), an honorary society of elected fellows from the United States and abroad who have made significant and sustained contributions to the field of medical informatics.

Kathryn White, DNP, RN, CRNA, was elected to the Board of Directors for the Minnesota Association of Nurse Anesthetists. Her two year term will begin October 7, 2011.

Ulf Bronas, PhD, ATC, ATR, Assistant Professor and Director of the School of Nursing Laboratory of Clinical Physiology, received his PhD in exercise/applied physiology from the University of Minnesota. His research focuses on the efficacy of exercise therapy in the primary and secondary prevention of cardiovascular disease in patients with chronic disease. Watch a video of Dr. Bronas discussing his research at www.nursing.umn.edu/FacultyStaffandPreceptors/BronasUlf/home.html

Alison Frank-Quick joined the school’s Office of Student Career and Advancement Services as the Admissions and Enrollment Coordinator for the BSN and PhD programs. She also serves at the Assistant to the Director of Graduate Studies, Dr. Linda Lindeke. Frank-Quick has worked at the University of Minnesota since 2003, previously with the Office of Student Finance, One Stop Student Services, and the School of Social Work. She completed her B.A. in Art History at the University of Minnesota.

Kari Moeller joined the School of Nursing as the development administrator; she will be working with members from both the school’s Development and Alumni Offices. Moeller has a full and varied background including work as a development officer in the San Francisco Bay area, experience as an executive administrator and campaign manager in the Washington D.C. area, and as the manager of leadership and education with the St. Paul Area Chamber of Commerce.

Teddy Potter, PhD, RN, Clinical Associate Professor, received her master of science with a concentration in nursing higher education from the University of Minnesota and her PhD from the California Institute of Integral Studies. Her dissertation, Reconstructing a New Story of Nursing: Critical Analysis of Nursing Textbooks Using Riane Eisler’s Partnership Paradigm, challenges the current story which minimizes the contributions of nursing care and limits the full potential of nurses. Potter has been a practicing nurse for more than 30 years specializing in home care, AIDS care, and infusion therapy. Her clinical expertise also includes rehabilitation and transitional care.

Claudia Schmidt joined the School of Nursing as the administrative assistant for the Dean’s Office. Schmidt enjoyed working many years for the University of Minnesota Mankato in Financial Aid, Alumni Affairs and The Computer Science Department.
Heart to Heart

BY EUNICE AREBA

For Dawn Witt, earning a PhD in nursing at the University of Minnesota School of Nursing offered her an opportunity to combine her love for research with the practice of community and public health—especially as it relates to women’s health. Currently in her second year of the PhD program, Witt, MPH, is helping women cope with heart disease under the guidance of her academic advisor Ruth Lindquist, PhD, RN, ACNS-BC, FAHA, FAAN. Witt co-facilitates the Women’s Only Cardiac Support Group at the Minneapolis Heart Institute Foundation and Minneapolis Heart Institute at Abbott Northwestern Hospital and the Women’s Health Program. She leads discussions with members of the support group on featured topics and hosts guest speakers who are health experts in the cardiovascular field. She is also implementing “Embrace,” an amenity program which informs female cardiac patients at Abbott Northwestern Hospital about the Women’s Program and how to find educational and social support after they are discharged from the hospital. Witt was recently interviewed by fellow graduate student Eunice Areba about her research interest and what led her to the School of Nursing’s PhD program.
Eunice Areba: What motivated you to embark on a doctoral degree with a concentration on heart disease among women?

Dawn Witt: I have always had an interest in issues that affect women; I have a BA in Global Studies, with a minor in Women’s Studies. I completed my MPH in Community Health Education at the U of M, and my Plan B advisor was Cheryl Robertson, PhD, MPH, RN, FAAN. I realized that I wanted to explore the aspect of women’s health more through research and with her encouragement, and the encouragement of Dr. Lindquist, I applied for the PhD program in nursing. I am not a nurse, but the School of Nursing PhD program matched my goals to develop my research career.

E. A.: How are you using your previous graduate work in public health to further your current studies?
D. W.: I’ve been able to use my experience and expertise in community health education to connect with a group of women in the cardiac support group who share concerns and fears about their heart disease, and who seek health education for self care to improve their emotional and physical health. The experience thus far has been very stimulating, and my previous background very beneficial.

E. A.: Tell me more about your interest in heart disease among women.
D. W.: In the general population, there is a lack of awareness that still exists about the prevalence of heart disease and its risk factors among women —especially among populations of disadvantaged women. The needs in this area have drawn me to focus my dissertation to reduce cardiovascular disease risk factors within this population of women. In my dissertational research, I will be analyzing data from the Minnesota Women’s Healthy Heart Program of the Women’s Center of Excellence.

E. A.: Are you involved in other research activities or projects?
D. W.: I am a graduate research assistant for Diane Treat-Jacobson, PhD, RN, FAAN, on her NIH funded grant, EXERT: Exercise Training to Reduce Claudication (www.nursing.umn.edu/EXERT). This experience has given me an opportunity to develop my research and publication skills. I have also been involved in the evaluation of the cardiac support group at Abbott Northwestern Hospital.

E. A.: How has the PhD program prepared you for a possible career in research or academia?
D. W.: To date, the quality of the program has exceeded my expectations. The program has prepared me to further my research career, to develop my skills as an independent researcher and to contribute to the body of knowledge of cardiovascular disease prevention among underserved populations of women.

Learn more about the School of Nursing’s PhD program, at www.nursing.umn.edu/PhD.
Continuing Professional Development at the University of Minnesota School of Nursing is an ANCC-accredited provider of lifelong learning that meets the educational needs of its customers and reflects the excellence of the School’s research and mission. This is accomplished through online course development, web-based modules, and partnership in educational onsite seminars and events.

More than a dozen onsite presentations are planned for fall 2011, including co-providing with Minnesota Organization for Leaders in Nursing (MOLN) on their fall conference (School of Nursing faculty Drs. Joanne Disch and Mary Chesney were featured speakers); the American Society for Bioethics and Humanities annual conference which is part of the University of Minnesota Academic Health Center interprofessional initiative; and a new in-house project—Visibility and Voice in Public Health Nursing, the second annual international public health nursing conference (October 9-11, 2011).

**Online course leaders for the fall include:**

**American Medical Informatics Association (AMIA 10x10)**
The 13-module course examines the implications of informatics for practice in nursing and health care, including electronic health records, safe exchange of patient data, and ethical and global issues and challenges. The course launched this fall with fully updated content, a new course interactive feature that connects students online with expert faculty, and an onsite workshop in the fall at the AMIA annual meeting.

**Telehealth Nurse Presenter**
This course teaches essential knowledge about the role of the telehealth nurse presenter. It includes information about telehealth practice, equipment, visits, and continuity of care, as well as future directions. It is co-provided with the support of the Great Plains Telehealth Resource and Assistance Center (TRAC).

**Children with Special Health Care Needs**
These modules are produced through grant funding from the Maternal and Child Health Bureau, Dept. of Health and Human Services, and provide self-paced, accredited learning about maternal and child health at no cost. Two new topics are posted this fall.

While Professional Education continues to focus on key conferences and online courses and seminars, the Office of Practice, Partnership, and Professional Development has added additional opportunity. For example, a partnership with VitalSims and local hospital groups will use serious gaming technology (See “Playing to Learn” in the spring/summer issue of Minnesota Nursing) as a way to deliver essential training to the health care industry in a way that is cost-effective and learner-friendly. Partnership grants are also a future prospect for content and course development.

Discover more at www.nursing.umn.edu/ContinuingEd.
Strengthening THE BOND

Arts-based program helps improve communication between Latino adolescents and their families

BY DARLENE GORRILL
Every Saturday for eight weeks, 12-year-old Kaily Ceballos and her mother Norma Gaona, along with four other parent-adolescent pairs, gathered at the El Colegio Charter School in south Minneapolis where they reviewed and discussed their assignments to document, through photos, the impact of immigration on their lives.

Increasingly, their brother and son Jonathan Ceballos, who works at El Colegio, began to notice changes in the mother-daughter relationship. “They both put aside time for this,” he says. “It was a good opportunity for them to work together, and I could see my sister and mother getting closer.”

Strengthening the bonds between Latina mothers and daughters is the kind of outcome that helps demonstrate the benefits of Project Wings programs, currently involving communities in Minnesota and Mexico. Carolyn Garcia, PhD, MPH, RN, assistant professor, at the University of Minnesota School of Nursing, and Rosa Maria Aguilera, researcher from the National Institute of Psychiatry in Mexico serve as co-principal investigators for the bi-national project.

**THE POWER OF VOICE**

Through Project Wings, Garcia and Aguilera are applying an arts-based program to address some age-old dilemmas—improving the connections among adolescents and family members and offering community members who may lack other such channels a new way to voice their concerns.

For several years, Garcia had looked to develop a project with photovoice, a process where a group uses photography in a structured way to express their voice on an issue of concern and in some cases influence policy. In 2009, after building a relationship with El Colegio, she launched a pilot photovoice project at the school with the goal of promoting healthier relationships between Latina mothers and daughters. Those stronger bonds, in turn, help enhance the overall health of Latina girls, a population disproportionately at risk for serious mental health issues, including depression and suicide.

“Photovoice offers an opportunity not only to focus on relationships with families, but also with other people in the community,” says Garcia. “You can see changes at the individual level and changes between family members. At another level, it can inform policy.”

Blanca Raniolo-Olivares, director of community outreach and parent engagement at El Colegio, helped recruit families for the pilot and for Project Wings. An enthusiastic supporter of photovoice, she was co-facilitator for the Project Wings sessions and saw firsthand the powerful discussions that took place.

“When one of the parents described emotional memories, it was sad and happy at the same time,” she says. “Everyone was learning from each other.”

**EXPRESSION IN MINNESOTA & MEXICO**

In the fall 2010 Project Wings group, the five adolescent-parent pairs shared their experiences as Latino immigrants through the photos that they took. Their photos revealed several themes. The importance of family values and education were emphasized. Families also shared a desire to keep their traditions, culture, beliefs, and customs alive. The group presented their photos during a public exhibition at the school that attracted more than 50 families, community members, and the Spanish-speaking media.

Photovoice participants in Mexico documented the struggles of families with members who emigrate to the U.S., including the “feelings of loneliness, nostalgia, and the fear of family disintegration,” says Aguilera. “The project both helps define the main problems of the community, including generational conflicts.
Carolyn Garcia, PhD, MPH, RN
garcia@umn.edu
- Latino adolescent health trajectories, mental well-being, family and school connectedness
- Access to quality health care, health care reform implications
- Asset-based health promotion interventions grounded in a socio-ecological framework
- Mixed methods, photovoice, community-based participatory methods

and lack of government support," she says, “while at the same time identifying some of its strengths, such as festivals and traditions. Emigration can place a strain on the family relationships. “Family disintegration caused by emigration to the U.S. produces homes where grandmothers are left with the responsibility of raising grandchildren,” she says. “The relationship between grandparents and grandchildren is often complicated because the generational perspectives are not mediated by the parents, who are now in the U.S.”

Photovoice helped the participants express their feelings. “The project allowed them to share their experiences related to emigration of family members within their community and also helped increase interest in activities that encourage youth participation,” Aguilera says.

NEXT STEPS: CONNECTING FATHERS & SONS
Project Wings will continue this fall with an additional group in both countries. In Minnesota, the project team heard from Latino fathers, who saw the positive impacts from the first group of mothers and daughters and wanted also to participate. As a result, the next Minnesota group will involve Latino fathers and their teens. In addition, Garcia recently submitted a proposal to fund a larger photovoice program for Minnesota high school Latina girls. For participants, the benefits of photovoice projects continue. “The whole family learned more about their history, their traditions, and culture through the story that they and their photos told,” says Jonathan Ceballos. His mother and sister are still taking photos. “Not only is there the opportunity to grow as a family, there is the opportunity to grow as themselves,” he says.

Jonathan Ceballos will be a co-facilitator with Raniolo-Olivares for the father-and-son photovoice group in the fall. “It’s really hard for dads to communicate with boys in the family,” says Ceballos. “Just seeing the way my mother and sister came together is an example I can share with this new group.”

Read more about Dr. Garcia’s research and see additional photos from the photovoice exhibits in the U.S. and Mexico at www.nursing.umn.edu/magazine.
EXERCISE MATTERS

As a young nurse in her native China, Fang Yu, PhD, GNP-BC, RN, noticed that care for patients with dementia was often ineffective. “People didn’t know what to do with them,” she says. “Once they were in the hospital, they went downhill fast.”

Yu wanted to learn how to care for these patients, and that desire led her to the United States, and eventually to the University of Minnesota, where she is currently an assistant professor in the School of Nursing.

Since 2005, she has been testing the hypothesis that aerobic exercise can improve function in older adults with Alzheimer’s disease (AD). “We know from studies of patients without dementia that aerobic exercise improves cognition and executive function, so it’s logical to think that it could work the same way for patients with dementia,” Yu says.
TESTING FEASIBILITY
Because people with AD have difficulty with communication as well as cognition, Yu first worked with two individuals to see whether they could follow an exercise program using recumbent exercise bikes. As a second step, she did a small study with four participants to test the feasibility of using objective measures of intensity, frequency, and duration.

When the baseline data from that study proved unreliable, she switched to subjective measures in the third phase of her feasibility research, which she conducted at Lyngblomsten, a continuing care community in St. Paul. The eight participants, who included both elders from the community and residents of Lyngblomsten’s Heritage apartments, were asked to rate their effort from easy to hard on a 1-to-5 scale.

During the six-month study, the elders exercised three times a week, gradually working up to 45 minutes at moderate intensity. Sessions also included a short warm-up and cool-down.

“After six months, participants had greater stamina and were in better physical shape,” Yu says. “We also saw a trend toward cognitive improvement and better executive function, but because the sample was so small, we couldn’t draw definitive conclusions.”

A DEFINITE DIFFERENCE
Jennifer Veitenheimer, housing manager for the Heritage, says she noticed a definite difference in residents who participated in the study: “They were more energetic, more social, and more alert and happier.”

They looked forward to exercise sessions. “It was a social event for my mother,” says Rick Kringle, son of a Heritage resident. “She always mentioned it when I came to visit.” And Mary Kay Schneider, daughter of another resident, says her dad liked to brag about his progress.

As a result of the study at the Heritage, Lyngblomsten has added an exercise class. “Our goal is to have a dedicated fitness room,” Veitenheimer says.

A FASCINATING STUDY
Yu is now conducting the fourth phase of feasibility testing at Lyngblomsten and the Southdale YMCA in Edina. This time she is using objective measurements except when conditions like heart arrhythmia or medications like beta-blockers make this method unreliable. “For these participants, we use subjective measurements, and for some people, we use both,” she says.

Dr. Yu monitors the progress of a study participant during an exercise session at Lyngblomsten Care facility.

This study includes three groups of about 10 participants each. Assisting Yu in this phase is Christine Peterson, OTR/L, CES, an occupational therapist with 20 years experience in cardiac rehabilitation. “I have firsthand experience with the benefits of exercise,” she says. “But this is my first research study, and I find it fascinating.”

LOOKING AHEAD
Yu will conclude the last phase of her feasibility studies in January 2012. After that, she plans to apply for funding for a larger, more definitive study. The results could have a big impact. That’s because anything that improves quality of life and delays cognitive decline in people with AD could postpone nursing home admissions. Since the annual cost of nursing home care averages $75,000 per person, any delay means real savings to families, government programs, and businesses.

Yu’s research is also benefitting nursing students. “The students who have worked on these studies have learned how to talk with people who have dementia, how to assess them, how to advocate for them,” she says. “This is a real opportunity to educate the next generation of nurses.”


Read more about this publication at nursing.umn.edu/GauglerBMCMedicine


Read more about this publication at nursing.umn.edu/WymanNR.
Adwan, Jehad
Pediatric Nurses’ Grief Experience Over the Death of Their Patients: Its Relationship with Burnout and Job Satisfaction
Sigma Theta Tau International—Zeta Chapter

Avery, Melissa
Exercise for American Indian Women with Gestational Diabetes (P20)
Center for Health Trajectory Research; National Institute of Nursing Research/National Institutes of Health

Avery, Melissa (Co-PI)
Prevention of Gestational Diabetes in American Indian Women
Centers for Disease Control and Prevention/U.S. Department of Health and Human Services

Bearinger, Linda
Adolescent Health Protection Research Training Program (T32)
Centers for Disease Control and Prevention/U.S. Department of Health and Human Services

Bearinger, Linda
Center for Adolescent Nursing (T80)
Maternal and Child Health Bureau/Health Resources and Services Administration/U.S. Department of Health and Human Services

Bliss, Donna
Disparities in Incontinence and Perineal Skin Damage in Nursing Home Elders (R03)
National Institute of Nursing Research/National Institutes of Health

Bliss, Donna
Raising Literacy and Capacity for Incontinence and Skin Care in Dementia (R03)
National Institute of Nursing Research/National Institutes of Health

Bliss, Donna
Self-Healing Therapy Ostomy Pouch (STOP) System (SBIR)
Eden Medical; National Center for Research Resources/National Institutes of Health (Prime)

Bronas, Ulf
Claudication: Exercise Versus Endoluminal Revascularization
Rhode Island Hospital; National Heart, Lung, and Blood Institute/National Institutes of Health (Prime)

Bronas, Ulf
Diabetic Kidney Disease: Influence of Exercise on Physical and Vascular Function (K23)
National Institute of Diabetes and Digestive and Kidney Diseases/National Institutes of Health

Chesney, Mary
Advanced Education Nursing Traineeship (AENT)
Health Resources and Services Administration/U.S. Department of Health and Human Services

Chlan, Linda
Anxiety Self-Management for Patients Receiving Mechanical Ventilatory Support (R01)
National Institute of Nursing Research/National Institutes of Health

Chlan, Linda
Bioelectric Impedance as a Measure of Muscle Mass in Mechanically Ventilated ICU Patients
Center for Excellence in Critical Care/UMN Academic Health Center

Delaney, Connie
Advancing the Nursing PhD in Oklahoma
University of Oklahoma; Health Resources and Services Administration/U.S. Department of Health and Human Services (Prime)

Delaney, Connie
Institutional Clinical and Translational Science Award (U54)
National Center for Research Resources/National Institutes of Health

Disch, Joanne
Quality Safety Education in Nursing (QSEN): Phase 3
American Association of Colleges of Nursing/Robert Wood Johnson Foundation (Prime)

Disch, Joanne
Transforming Organizational Culture and Performance by Improving Senior Leadership Team Effectiveness
National Center for Healthcare Leadership and Robert Wood Johnson Foundation

Edwardson, Sandra
Addressing Health Disparities Through DNP Preparation
Health Resources and Services Administration/U.S. Department of Health and Human Services

Edwardson, Sandra
Nurse Faculty Loan Program
Health Resources and Services Administration/U.S. Department of Health and Human Services

Edwardson, Sandra
Scholarships for Minnesota and Advanced Practice American Indian Students
Minnesota Department of Health; Office of Minority Health/U.S. Department of Health and Human Services (Prime)

Fulkerson, Jayne
Healthy Home Offerings Via the Mealtime Environment (HOME) (R01)
National Institute of Diabetes and Digestive and Kidney Diseases/National Institutes of Health

Fulkerson, Jayne
Observational Ratings of Child Feeding Practices Among Preschoolers
UMN Obesity Prevention Center

Garcia, Carolyn
Building Interdisciplinary Research Careers in Women’s Health (BIRCWH) Program Scholar (K12)
UMN Deborah E. Powell Center for Women’s Health; National Institute of Child Health and Human Development/National Institutes of Health (Prime)

Garcia, Carolyn
Dissemination of Photovoice Study via Community Forums
School of Nursing Foundation
Garcia, Carolyn
Engaging Latino Adolescents Boys and Their Parents in a Photovoice Project: A Pilot Project
Sigma Theta Tau International—Zeta Chapter

Garcia, Carolyn
Linking Latino Families to Mental Health Services Using a Community Health Worker Based Multi-Agency Collaborative Model: A Development and Feasibility Study
Medica Foundation

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Pilot of a Latina Mother—Daughter Photovoice Intervention to Promote Connectedness
Sigma Theta Tau International—Zeta Chapter

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Project Wings: Exploring Migration Effects on Mexican Adolescent—Parent Communication and Connectedness Using Photovoice
University of California; Health Initiative of the Americas

Garwick, Ann
Center for Children with Special Health Care Needs (T80)
Maternal and Child Health Bureau/Health Resources and Services Administration/U.S. Department of Health and Human Services

Gaugler, Joseph
Adult Day Service Utilization and Outcomes: A Mixed Methods Approach (K02)
National Institute on Aging/National Institutes of Health

Gaugler, Joseph
Caregiver Outcomes Post Nursing Home Placement of a Family Member (R21)
National Institute on Aging/National Institutes of Health

Gaugler, Joseph
Comprehensive Support for Alzheimer’s Disease Caregivers (R01)
National Institute on Aging/National Institutes of Health

Gaugler, Joseph
Minnesota Community Living Program
Minnesota Board on Aging/State of Minnesota

Gaugler, Joseph
Project ROSE
Minnesota River Area Agency on Aging; Minnesota Board on Aging/State of Minnesota (Prime)

Gross, Cynthia
Mindfulness for Symptom Reduction: A Transplant Candidate Study (R01)
National Institute of Diabetes and Digestive and Kidney Diseases/National Institutes of Health

Hadidi, Niloufar
A Feasibility Study of Problem Solving Therapy for Treatment of Poststroke Depressive Symptoms and Enhancement of Quality of Life Outcomes
UMN Graduate School

Hadidi, Niloufar
Establishing Types of Depression in Stroke Patients
Midwest Nursing Research Society

Herrick, Linda
Educational Needs Survey of Ostomates with Shortened Lengths of Stay
Sigma Theta Tau International—Zeta Chapter

Kaas, Merrie
Training to Improve Late-Stage Dementia (SBIR): Phase 2
HealthCare Interactive; National Institute on Aging/National Institutes of Health

Kreitzer, Mary Jo
CAM Research Education Partnership Project (R25)
National Institutes of Health (Prime)

Kreitzer, Mary Jo
Impact of Meditative Movement on Health Outcomes of Older Adults in Long-Term Care Facilities
Clinical and Translational Science Institute

Kreitzer, Mary Jo
Stress Reduction for Caregivers: A Randomized Controlled Pilot Study (R21)
HealthPartners Research Foundation; National Institutes of Health (Prime)

Kreitzer, Mary Jo
Whole Systems Healing Curriculum Development Grant
Life Science Foundation

Krichbaum, Kathleen
Cultural Immersion Service Learning in Public Health Nursing
Fund for the Improvement of Postsecondary Education/U.S. Department of Education

Kubik, Martha
Development and Pilot Testing of a Youth-Focused Community Assessment Tool for Use in Rural Honduras
UMN Academic Health Center Seed Grant

Lindquist, Ruth
Lite-HEARTEN
Minneapolis Heart Institute Foundation

Lindquist, Ruth
Systems Change: Integrating Positive Lifestyle Behaviors Into Daily Life
Center for Spirituality and Healing/UMN Academic Health Center

McMorris, Barbara
Evaluation of a Restorative Justice Program for Youth
Legal Rights Center; Minnesota Department of Public Safety (Prime)

Mueller, Christine
Building Faculty Capacity in Geriatric Nursing for Central Minnesota
West Central Initiative; Robert Wood Johnson Foundation (Prime)

Mueller, Christine
Developing Comprehensive Dementia-Specific Nursing Home Quality Indicators
Indiana University; Alzheimer’s Association (Prime)

Mueller, Christine
Developing Exemplary Clinical Education Partnerships and Learning in Nursing Homes
Health Resources and Services Administration/U.S. Department of Health and Human Services

Mueller, Christine
Evaluation of Minnesota Consortium Projects
Minnesota Department of Human Services
Mueller, Christine
Evaluation of a State-Level Model for Promoting Nursing Home Quality
Agency for Healthcare Research and Quality; Indiana University (Prime)

Mueller, Christine
Nursing Home Incentive Payment Program for the Texas Department of Aging and Disability Services
Myers and Stauffer; Texas Department of Aging and Disability Services

Mueller, Christine
Regulating Licensed Nursing Practice in Nursing Homes: RN Delegation, the Role of the LPN, and Outcomes of Nursing Care
Duke University Medical Center; National Council of State Boards of Nursing (Prime)

Olson Keller, Linda
A Culture of Excellence: Evidence-Based Public Health Nursing Practice
Health Resources and Services Administration/U.S. Department of Health and Human Services

Olson Keller, Linda
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School of Nursing Foundation

Painter, Patricia
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UMN Graduate School

Peden-McAlpine, Cynthia
The Experience of Community-Living Men with Fecal Incontinence
Association of Rehabilitation Nurses

Robertson, Cheryl
Community Coping Intervention for Somali Refugee Women (R21)
National Institute of Nursing Research/National Institutes of Health

Robertson, Cheryl
Understanding Somali Refugees’ Perceptions of Mental Health Care: A Focused Ethnography
Program in Health Disparities Research/UMN Academic Health Center (AHC)

Savik, Kay
Improving Dementia Care at Home and Reducing Burden for Family Caregivers (SBIR)
HealthCare Interactive; National Institutes of Health

Sieving, Renee
Encuentro! Community Partnerships for Healthy Youth Development
UMN Prevention Research Center; Centers for Disease Control and Prevention/U.S. Department of Health and Human Services

Sieving, Renee
Lead Peace Collaborative Middle Grades Service Learning Program
UMN Prevention Research Center; Best Buy Children's Foundation

Sieving, Renee
Prime Time: Health Promotion for Multiple Risk Behaviors (R01)
National Institute of Nursing Research/National Institutes of Health

Talley, Kristine
The Effect of Restorative Care Nursing on Patterns of Disability in Long-Stay Nursing Home Residents
The John A. Hartford Foundation Claire M. Fagin Fellowship Award/American Academy of Nursing

Talley, Kristine
Preventing Disability in Frail Older Women
Building Interdisciplinary Research Careers in Women's Health (BIRCWH) Grant/Office of Research on Women’s Health/National Institutes of Health

Treat-Jacobson, Diane
Claudication: Exercise Versus Endoluminal Revascularization
Rhode Island Hospital; National Heart, Lung, and Blood Institute/National Institutes of Health (Prime)

Treat-Jacobson, Diane
Exercise Training to Reduce Claudication: Arm Ergometry Versus Treadmill Walking (R01)
National Heart, Lung, and Blood Institute/National Institutes of Health

Westra, Bonnie
Development of a Consumer Research Network for Studying Obesity (Trg)
Institute of Nursing Research/National Institutes of Health

Westra, Bonnie
The Impact of a Certified Wound, Ostomy, Continence Nurse on Wounds and Incontinence Outcomes for Home Health Care Patients
Wound, Ostomy and Continence Nurses Society

Westra, Bonnie (Co-PI)
University Partnership for Health Informatics
Office of the National Coordinator for Health Information Technology/U.S. Department of Health and Human Services

White, Kathryn
Nurse Anesthesia Traineeship Program
Health Resources and Services Administration/U.S. Department of Human Services

Wyman, Jean
Center for Health Trajectories Research (P20)
National Institute of Nursing Research/National Institutes of Health

Wyman, Jean
Center of Geriatric Nursing Excellence
The John A. Hartford Foundation

Wyman, Jean
Developing a Model of Excellence for Community-Based Teaching and Research to Improve the Care of Vulnerable Older Adults
UMN Engaged Department Grant Program

Wyman, Jean
MAGEC Mentorship/FLAG Expansion
Health Resources and Services Administration/U.S. Department of Health and Human Services

Yu, Fang
Feasibility and Impact of Aerobic Exercise in Alzheimer’s Disease
Pfizer

Yu, Fang
Validating Clinical Measures of Executive Function in U.S. Veterans with Dementia
Faculty Seed Grant Program/UMN Academic Health Center
$71.3 Million in Federal Funding to Expand Nursing Education

The latest round of funding comes from the U.S. Department of Health and Human Services through the federal health care law, aimed to strengthen nursing education and practice.

Programs benefitting range from baccalaureate nursing education to support for advanced-practice nurses. The money also goes to help registered nurses complete their graduate education to become nurse faculty, and increases nursing education opportunities for people from disadvantaged backgrounds.

Advanced Education Nursing Traineeship:
University of Minnesota, Minneapolis: $90,688; College of St. Scholastica, Duluth: $41,679; Winona State University, Winona: $33,279; Metropolitan State University, St. Paul: $32,337; Minnesota State University, Mankato: $26,956; Augsburg College, Minneapolis: $22,891; Minnesota State University, Moorhead: $16,658; St. Mary's University of Minnesota, Winona: $11,924.

Advanced Nursing Education:
University of Minnesota, Minneapolis: $280,853.

Nurse Anesthetist Training:
Minneapolis School of Anesthesia, Minneapolis: $10,231; University of Minnesota, Minneapolis: $2,154; St. Mary's University of Minnesota, Winona: $6,463.

Nurse Faculty Loan Program:
University of Minnesota, Minneapolis: $250,000.
Nursing Research is the official journal of the Eastern Nursing Research Society and the Western Institute of Nursing. The mission of Nursing Research is to report empirical findings from the highest quality basic and clinical research focused on understanding health and illness experiences, and to estimate the impact of therapeutic actions and nursing systems. Learn more at www.nursingresearchonline.com
A Call for New Strategies to Develop Person-Centered Science

To provide a new vision for nursing science, investigators from the Minnesota Center for Health Trajectory Research recently published a collection of articles in a special issue of *Nursing Research* published in May/June 2011. Articles in this supplement, *Health Trajectory Research: Advancing Person-centered Nursing Science*, present the nursing science perspective on health trajectory research and important theoretical considerations in studying health and illness over time (trajectory)—including advances in statistical modeling that support this area of research. Studying the pattern of health of individuals can lead to the development of strategies aimed at influencing health over time rather than at a single point in time.

The supplement includes exemplar papers from original studies applying the trajectory perspective in different conditions, settings, and populations, and time scales ranging from seconds to years.

Topics include:

- Changes in anxiety related to mechanical ventilation in critically ill patients (Dr. Linda Chlan and Kay Savik)
- Changes in patterns of pain (claudication) during treadmill testing in patients with peripheral artery disease (Drs. Diane Treat-Jacobson, Susan Henly, Ulf Bronas, Arthur Leon, and George Henly)
- Changes in gastrointestinal symptoms in incontinent patients being treated with fiber supplements (Dr. Donna Bliss, Kay Savik, Drs. Hans-Joachim Jung, Robin Whitebird, and Ann Lowry)
- Changes in burden and depression in caregivers of spouses with dementia as they transition to long-term care (Drs. Joseph Gaugler, David Roth, William Haley, and Mary Mittelman)
- Changes in functioning of the parasympathetic nervous system related to feeding in newborns after surgery for major congenital heart abnormalities (Dr. Tondi Harrison)
- Changes in patterns of condom use by sexually active teens participating in a pregnancy prevention program (Drs. Linda Bearinger, Renee Sieving, Naomi Duke, Barbara McMorris, Sarah Stoddard, and Sandra Pettingell)

The supplement concludes with a research agenda that lists priorities for health trajectory research in nursing science, including preparation of nurse scientists. According to the guest editors, Drs. Susan Henly, Professor and Methods Director of the center and Jean Wyman, Professor and Cora Meidl Siehl Chair of Nursing Research and center director, the goal for this special issue was to provide nurse researchers with ideas on how to incorporate a health trajectory perspective into nursing intervention studies in order to determine how interventions affect the course of health for individuals. Knowledge generated from this type of person-centered science can lead to interventions tailored to the individual, improved clinical care, and optimal patient outcomes.
MINNESOTA HARTFORD CENTER OF GERIATRIC NURSING EXCELLENCE

Center Hosts Two National Nurse Leaders

On April 13-15, 2011, the Minnesota Hartford Center of Geriatric Nursing Excellence hosted Kathleen Buckwalter, PhD, RN, FAAN, as the Pfizer Visiting Professor in Alzheimer’s Disease. Dr. Buckwalter is Professor Emeriti at the University of Iowa, Professor of Research and Distinguished Nurse Scientist in Aging at Oklahoma University College of Nursing and the Reynolds Center of Geriatric Nursing Excellence.

During her visit, Buckwalter offered her expertise to faculty, students, and clinicians and the opportunity to discuss mutual research interests in behavioral management strategies for patients with Alzheimer’s disease and related dementia. She presented two lectures, “Beyond Bingo: Training Interdisciplinary Staff to Enhance Activities for Nursing Home Residents with Dementia,” and “Progressive Lowered Stress Threshold Model for Care of Alzheimer’s Patients: Research into Practice” which coincided with National Careers in Aging week.

Susan Reinhard, PhD, RN, FAAN, Senior Vice President for the AARP’s Public Policy Institute and Chief Strategist for the Center to Champion Nursing was the featured speaker for the 4th Annual Upper Midwest Geriatric Nursing Education Alliance meeting. Held June 8-9, 2011, the theme for the Alliance meeting and Reinhard’s presentations were based on the landmark report published by the Institute of Medicine last fall on the Future of Nursing. On June 8th, Reinhard gave a special address to the public entitled “The Future of Nursing: Leading Change, Advancing Health” where she discussed the breakthrough report and the national campaign, Campaign for Action, underway to ensure the report recommendations are implemented. The following morning, she expanded on her public presentation to address Alliance members where she shared ways for members to analyze the report and find solutions to incorporate or apply the suggestions in the report to their educational institution’s curriculum. The event was co-sponsored by the Minnesota Hospital Association and the U of M School of Nursing.

The Upper Midwest Geriatric Nursing Education Alliance is one of four main initiatives of the MnHCGNE, and was established to promote excellence in geriatric nursing education in associate and higher degree programs in Minnesota, North Dakota, South Dakota, Wisconsin, including all Tribal Colleges.
Accountable Care Organizations and Health Care Homes:

Can Minnesota Make These Work?

Accountable care organizations are groups of health care providers joining together to agree to be accountable for the quality, cost and overall care of a population of patients across settings, e.g., community, hospital, rehab. Health care homes, often called medical homes in other states, are models of primary care that link a patient to a provider or practice, and are also accountable for providing high quality, cost-effective and personalized care to that individual. These care innovations share many similarities. Both are highly touted as solutions for the health care crisis, and Minnesota has been on the leading edge nationally in adopting these forms of care delivery.

Yet there are many issues with both ACOs and HCHs, not the least of which is the role of nurses in either of these models. On November 9, 2011 the Densford Center hosted a Community Policy Forum where a panel of experts reflected on care innovations and comment on:

• What are the pros and the cons of the ACO and HCH?
• What role should nurses play?
• Can Minnesota make these work?

As with other Community Policy Forums, the provocative group of speakers shared their thoughts, followed by audience discussion. Forum speakers included Dave Moen, MD, President of Fairview Physician Associates, Lawrence Massa, MSBAS, President and CEO of the Minnesota Hospital Association, and Mary Jo Kreitzer, PhD, RN, FAAN, Professor and Director of the Center for Spirituality & Healing.

As many thought leaders have noted over the years, change will only come if each one of us, individually and collectively, works to make not only change—but the right changes happen.

Speakers from the April 2011 Community Forum on the Future of Nursing report and related initiatives nationally and in Minnesota. Pictured from left to right are: Ellen Benavides, assistant commissioner, Minnesota Department of Health; Erin Murphy, Representative, Minnesota House of Representatives; Linda Lindeke, associate professor, University of Minnesota School of Nursing; and Marla Weston, Executive Director of the American Nurses Association.
Crossing Boundaries: Global Learning at Home and Abroad

Like others focused on the health of young people, the Center for Adolescent Nursing recognizes that distance isn’t as important as it once was.

During a post-doctoral fellowship in the Center, Molly Secor-Turner, PhD, RN, worked in several refugee and immigrant communities of the Twin Cities—Latino/a, African American, Somali, Hmong, and Liberian. Now an assistant professor at North Dakota State University, Dr. Secor-Turner reflects, “During my post-doc work, I came to realize that health issues of refugees and immigrants from various corners of the globe could be the same or wildly different from those of young people raised in the Midwest.”

Secor-Turner is one of a number of students, fellows, and faculty in the Center taking advantage of opportunities to gain a global perspective on health—even while working in communities surrounding the University campus.

Minnesota and Morelos: Mexican Families in Two Places

Like Secor-Turner, Carolyn Garcia, PhD, MPH, RN, assistant professor in the Center, has gained a global perspective through her work with adolescent immigrants. Focused primarily on Latina adolescents, she has found their issues mirror those of other immigrants. “Health needs are exacerbated by language barriers and the difficulties of negotiating two cultures,” she says. “The resulting stress can increase risky behaviors such as smoking, drug use, and unprotected sex, and could trigger underlying physical or mental health problems such as diabetes or depression.”

Recently Garcia collaborated with a colleague at the National Institute of Psychiatry in Mexico City. Their “photo-voice” study gives expression to the attitudes, values, and challenges of migrant families on both sides of the US–Mexican border. Two groups of families participated—Mexican immigrants and their children now living in Minnesota and Mexican families considered “left behind” in Morelos, a small city about 40 miles northwest of Mexico City. Interestingly, a high proportion of Morelos citizens immigrate to Minnesota.

For two months, researchers gave digital cameras to families in Morelos and Minnesota with instructions to photograph what’s important to them and “tells their story.” Together parents and children captioned their photographs. “Their photos painted a picture of their life today,” says Garcia. “For immigrants in the US, it was a story of leaving behind a family and trying to honor their culture. For those in Mexico, it was a story of longing for those who left.”

“We designed this purposefully to include parents and teens together—using this intervention to promote family connectedness—a key protective factor for all adolescents,” says Garcia. “Though sometimes reluctant to enter counseling to address family health, they relished the chance to be together, discussing their lives through their photos.”

Global Trends, Local Impact

“Whether abroad or at home, we can’t escape global health trends,” Secor-Turner says. The Midwest is experiencing an influx of people from around the globe, each with their own health needs and perhaps struggling with the challenge of straddling two cultures. “To be attuned to the needs of adolescents in the US, we must pay attention to global patterns. It has direct and indirect influences on health and well-being of young people everywhere,” says Secor-Turner.
Research with a community-engaged focus is one of the prominent hallmarks of the Center for Child and Family Health Promotion Research. Center faculty regularly engages with domestic, national, and international health care communities in their research.

Melissa Avery, PhD, RN, CNM, FACNM, FAAN, Professor and chair of the School of Nursing Child and Family Health Cooperative, is engaged with several American Indian communities in relation to her research regarding gestational diabetes. Avery recently concluded a project to develop and test the feasibility of promoting exercise for American Indian women with gestational diabetes. Funded by the School of Nursing’s Center for Health Trajectory Research, the study included focus groups, key informant interviews, and a pilot randomized controlled trial with American Indian women in urban communities and on reservations. She successfully collaborated with community clinics such as the Native American Community Clinic, Community University Health Care Center, Indian Health Board Clinic, American Indian Family Center and Hennepin County Medical Center in program planning and recruitment. Currently, she is collaborating with Dr. Jamie Stang from the U of M School of Public Health to examine the feasibility of a 24-week intensive lifestyle intervention focusing on enhancements in diet and exercise for the prevention of gestational diabetes among American Indian Women. This project is funded by the Centers for Disease Control and Prevention/U.S. Department of Health and Human Services; DHHS.

Mary Benbenek, PhD, RN, FNP, PNP, clinical associate professor, helps promote the health of East African mothers with small children, pre-teen and teenage girls, and elder women as an Advisory Council member for the East African Women’s Center. Dr. Benbenek’s research is also focused on health promotion of women and girls from East Africa. Her dissertation addressed sunlight exposure, dietary, and dress habits of Somali girls to promote adolescent bone health. Most recently, Benbenek and her colleague, Doroth Mayer from the East African Women’s Center, received funding to conduct a project entitled “Developing a culturally appropriate community-based pre and post natal education program for East African Women.” Grant funding was awarded by the Office of Community Engagement for Health within the University of Minnesota’s Clinical and Translational Science Institute which funds pilot grants designed to foster research, build collaboration, and strengthen existing research relationships between the University and the community.

Karen Johnson awarded a Theresa V. James Fellowship
Doctoral candidate Karen Johnson, BSN, BA, RN, received the 2011 Theresa V. James Fellowship to support her dissertation research. This annual award is made possible by funds that were generously contributed by center faculty members and the James family to acknowledge an outstanding doctoral student who is conducting research related to the center’s mission. Johnson’s research focuses on adolescent sports team participation and health risk behaviors such as sexual risk taking, violence involvement, substance use, depressive symptoms, among alternative and traditional high school students. Linda Bearinger, PhD, RN, FAAN, FSAHM is her advisor.
Leadership through Community Engagement

Center faculty and students are committed to enhancing the quality of care for children and youth with special health care needs (CYSCHN) through advocacy, education, evidence-based practice, research and health care reform. Collaborations with key stakeholders and partnerships at the local, state, and national level are key to preparing future pediatric nursing leaders and achieving quality outcomes for CYSCHN.

Engagement through Community-based Research Partnerships

Jehad Adwan, PhD, RN is a Clinical Assistant Professor in the School of Nursing whose dissertation focused on Pediatric Nurses’ Grief Experience: Its Relationship with Burnout and Job Satisfaction. Jehad is able to integrate his research findings into his clinical practice and teaching roles and plans to develop interventions for nurses experiencing the loss of pediatric patients in hospital settings.

Mary Mescher Benbenek, PhD, RN, FNP, PNP is a Clinical Assistant Professor and the new coordinator of the Family Nurse Practitioner specialty in the School of Nursing. Her dissertation focused on Enablers and Barriers to Factors Contributing to Bone Health Among Early Adolescent Somali Girls. Mary continues her community-based connections to improve the health of Somali girls and their families through her clinical practice and community-based research.

Community Engagement: Head Start Partnership

Center faculty Cheri L. Friedrich, DNP, RN, CNP serves on the Ramsey County Community Action Partnership-Head Start/Early Head Start Health Services Advisory Committee in St. Paul, MN. This partnership provides an opportunity to share health information with Head Start, opens doors for research and has the potential to provide learning venues for our students. This community-based partnership has also resulted in the development of web based asthma education and resources through the Get a Head Start on Asthma Project (Ann Garwick, PI). http://www.nursing.umn.edu/GetaHeadStartonAsthma/

Community Outreach through Continuing Education

Be the Change: A parent’s perspective on family-centered care by Theresa Zimanske

Theresa Zimanske, founder of Be the Change, LLC, shares the patient and family perspective in health care and her family’s real life experiences to strengthen relationships and create partnerships with health care providers. She eloquently shares her story of a family’s journey with a son who died from a complicated rare disease. The Be the Change module will be available online fall 2011.

Eight self-paced CSHCN continuing education modules with Minnesota Board of Nursing or ANCC contact hours available at no cost on our center’s Continuing Education page at www.nursing.umn.edu/CCSHCN.
Center Faculty Receive Research Awards

Hadidi Receives GAPNA Excellence in Research Award
Depression affects almost 20 percent of stroke survivors in acute rehabilitation settings leading to greater disability, impaired quality of life, and worse health outcomes. Niloufar Hadidi, PhD, CNS, APRN, BC, assistant professor and Claire M. Fagin Scholar, has been studying the effect of problem-solving therapy to reduce depression in older stroke survivors. According to Hadidi, this innovative therapy shows much promise to improve health outcomes of older stroke patients. Since the start of her study, supported with funds from the University of Minnesota’s Grant-In-Aid Program and the John A. Hartford Foundation, she has received positive reports from patients and clinicians about how helpful the therapy has been in improving patients’ depressive symptoms. Based on her pioneering work and commitment to nursing research that benefits older adults, Hadidi was awarded the Gerontological Advanced Practice Nursing Association’s (GAPNA) Excellence in Research Award on September 16, 2011 during their annual meeting held in Washington D.C.

Talley Named 2011 BIRCWH Scholar
The University of Minnesota’s Deborah E. Powell Center for Women’s Health named Kristine Talley, PhD, GNP-BC, assistant professor, a 2011 Building Interdisciplinary Research Career in Women’s Health (BIRCWH) Scholar. Funded by the Eunice Kennedy Shriver National Institute of Child Health and Human Development and Office of Research on Women’s Health, this faculty-mentored development program supports Talley’s research focused on preventing and delaying disability in older women. According to Dr. Talley, “Many people do not realize that disability is a costly health concern for older women, as they account for the majority of people living with disabilities and for the majority of Medicaid costs when their disability triggers nursing home placement.”

One of the greatest risk factors for nursing home placement is the inability to self-manage toileting. Toileting disabilities result when difficulties with walking, transferring, and dressing occur with urinary incontinence. Talley is working with multidisciplinary gerontological experts to design a program that combines physical activity, non-pharmacological continence strategies, and environmental modification to prevent or delay toileting disabilities in frail older women living in assisted living facilities. The ultimate goal is to prevent or delay nursing home placements and allow older women to live as independently as possible. She recently received a highly competitive Academic Health Science Center Seed Grant to support the development of her intervention. Talley is mentored by School of Nursing Professor Jean Wyman, PhD, RN, FAAN and James Neaton, PhD, from the U of M Biostatistics, School of Public Health.
A Letter from the President

Dear Alumni and Friends of the School of Nursing,

As I assume the presidency of the Nursing Alumni Society Board for the 2011-12 academic year, our number one goal is to increase participation of alumni old and new in our Society. I am not referring to age when I think of “old and new,” but to those who have and will continue to participate in alumni activities, and those who haven’t yet taken the opportunity to do so. Since my election to the Board approximately three years ago, I have worked with a talented and very dedicated group of alumni who strive to create a program of activities rich in content, but we have still not hit our stride. This year will be focused on the engagement of alumni who have graduated from all of our programs—bachelor’s through doctoral, including those holding certificates, and from those across the U.S. and throughout the world. We want to hear from you, your ideas about what we, as a Society, can do to make your alumni experience a more involved and rewarding with the School of Nursing and the University of Minnesota.

Tell me what we’re doing well, and where we need to do better. Tell me how you want to be connected to the growth of the School—and I promise to listen and to represent your views to our Board, which includes the Dean. Let’s make this new academic year one of engagement and renewed commitment to celebrating the diversity and strength of our alumni. You may reach me at graha052@umn.edu. If you’d like to have a virtual or real cup of coffee and talk, I’m always available.

Yours in service,
Michael Graham, PhD, RN, PHN, (MN ‘08)
President, Nursing Alumni Society Board

Upcoming Alumni Events

2011
December 7-8  Scholarship Jewelry Sale
December 16  Fall Commencement Ceremony

2012
January 14  Minne-College (Surprise, Arizona)
January 21  Minne-College (Naples, Florida)
February 25  Dean’s Alumni Gathering (Albuquerque, New Mexico)
April 27  Nursing Research Day: Community Engaged Research & Practice
          “Salute to Seniors” Luncheon
May 11  Spring Commencement Ceremony

Learn more about these and other School of Nursing Alumni events at www.nursing.umn.edu
Nursing Alumni Spring Celebration and Reunion 2011

Alumni, faculty, and students gathered for a lively reunion at McNamara Alumni Center on April 30, 2011. Minnesota Senator Kathy Sheran gave the keynote address, “Quality Health Care for All: A Call to Social Action, alumni awards were presented, and reunion classes honored.

**Excellence in Nursing Education Award**

*Georgia Nygaard DNP, RN, CNP, BSN ’85.* Conscientious instructor and influential role model, whose creative teaching methods and passion for patient care inspire students to navigate the arena of advanced practice nursing with pride and purpose.

**Excellence in Nursing Education Award**

*Linda Herrick, PhD ’98, MSN ’91, RN.* Admired advisor, mentor, and educator, whose sincere interest in students and passion for health care education and research provide meaningful learning opportunities for students, nurturing their journey into the professional world of nursing.

**Rising Star Award**

*Janet Dutcher, DNP ’09, RN, NNP.* Exemplary graduate of the School of Nursing and health care advocate, whose devoted service and professional accomplishments as a neonatal nurse practitioner include facilitation of an innovative neonatal advance care plan to meet the needs of infants.

(Read more about Dr. Dutcher on page 40.)

**Outstanding Graduate Student Award**

*Dawn Petroskas, RN, PhD(c).* Recognized for committed service to underrepresented and underserved populations, contributions to the profession of nursing through research, and tireless local and national advocacy for responding to the health concerns of persons experiencing homelessness.

**Outstanding Undergraduate Nursing Student Award**

*Michaella Murphy, BSN ’11, RN.* Recognized for energetic leadership on the Nursing College Board, compassionate commitment to service and demonstrated competence in the delivery of nursing care.

**Distinguished Alumni Humanitarian Award**

*Michael Bleich, PhD, MPH ’87, RN, FAAN.* Honored at the school’s May commencement ceremony for courageous leadership, compassionate commitment to service, and dynamic contributions to shaping the future of the nursing profession and nursing education for the ultimate benefit of health care.

1) Minnesota State Senator Kathy Sheran discusses with guests the successes and challenges in providing health care for underserved populations. 2) Dean Connie Delaney (center) pictured with award winners (left to right) Linda Herrick, Michaella Murphy, Dawn Petroskas, and Georgia Nygaard. 3) Class of 1971 pictured from left to right are Peck Salmen Tierney, Jeanine Emmons, Marth Perry Bolton, and Jane Howe Tripple. 4) Georgia Nygaard pictured with NP students. 5) 2011 School of Nursing Alumni Society President Cheryl Lanigan presents Dr. Michael Bleich with the Distinguished Alumni Humanitarian Award at the School of Nursing’s commencement ceremony on May 13, 2011.
Janet Dutcher

School of Nursing’s DNP program helps alumna to transform ideas into innovative programs

BY DARLENE GORRILL

Janet Dutcher, DNP ’09, RN, NNP-BC, has spent much of her nursing career working with the tiniest and most vulnerable of patients – babies who are born too early. She entered the Doctor of Nursing Practice (DNP) program at the University’s School of Nursing with a commitment to improve care for neonates and their families.

She more than made good on that commitment. She succeeded in turning her DNP project into a new program for her organization, the Avera Health Center in Sioux Falls, South Dakota. As a result, when family members initially learn the devastating news that their baby may die or face life-limiting conditions, they receive the support of an interdisciplinary team who helps guide them through the challenging days ahead.

In recognition of her work, Dutcher received the inaugural Rising Star Award from the School of Nursing Alumni Society in April 2011. She also has coauthored an article for the Journal of Perinatal and Neonatal Nursing on the development of palliative care program, known as Embrace.

Her DNP experience not only helped turn her idea into an innovative program to bring care to families, it prepared her for promotion to nurse manager of the health center’s Neonatal Intensive Care Unit (NICU).

“IT really gave me the tools and confidence just to take my thinking to a whole new level,” says Dutcher. “The program offers a wide variety of courses that are not found in general nursing. It gave me the skills to be able to move forward with the project.”

Dutcher knew that developing a standard program to bring palliative care required hospital-wide change. As one of her first steps, she met and joined forces with the physician in charge of adult palliative care. They also involved representatives from other disciplines to support families. “My University courses helped me think through program development and the value of involving key stakeholders early,” she says.

The hospital launched a pilot in 2009, a precursor of its current program that now provides both adult and children’s palliative care. The core palliative care team, which includes a nurse practitioner, physician, chaplain, geneticist, and social worker, works with family to develop a birth plan and stays with the family before and after birth. Other hospitals in the Avera system have indicated an interest in using the program as a model for their own efforts.

For Dutcher, satisfaction comes from knowing the important impact of these efforts on families during a painful and stressful time in their lives. “You share the most sacred time in their lives,” she says. “You are enriched so deeply by the time you spend with them.”

Dutcher also enhances the larger nursing community through her volunteer efforts. She helping the University of South Dakota develop an online program in palliative care and serving on the Governor’s Task Force on Infant Mortality.

Bolstered by her DNP education, she looks forward to making greater contributions. “The DNP helps you to learn how to take evidence-based practice and nursing excellence to the bedside.”

Learn more about the School of Nursing Doctor of Nursing Practice (DNP) program at www.nursing.umn.edu/DNP.
Hyeoun Ae Park

Alumna’s innovations in informatics revolutionizes nursing education and health care in Korea

BY ANEISHA TUCKER

Hyeoun Ae Park, PhD, MS, has devoted much of her career to advancing nursing science, especially in the area of nursing informatics. Her legacy includes achievements such as establishing the first nursing informatics major in graduate studies and introducing the first statistics consulting lab and computer lab in a Korean nursing school.

Park, a Professor in the College of Nursing at Seoul National University (SNU), Seoul, Republic of Korea, is a Distinguished Alumna of the University of Minnesota School of Nursing and the School of Public Health, where she earned a master’s degree in nursing in 1983, a master’s in Biometry and Health Information Systems in 1986, followed by her PhD in 1987.

When Park returned to Korea in 1987 she was one of very few nursing educators with a PhD. She used her doctorate experience and expertise in informatics to revolutionize nursing education by integrating nursing informatics and creating health informatics courses for SNU’s undergraduate curriculum and developing a graduate program for nursing informatics. “Leading the Korean nursing community in the advancement of nursing science is an area of my work I am most proud,” says Dr. Park. “It has grown from a conceptual level to a systematic structural level – that has been exciting to witness.” Park also assisted her fellow SNU colleagues in pursing higher education by offering her skills in research methodology, statistical analysis, and information technology and later developed courses in writing research proposals, data analysis and the use of computer and IT.

Her expertise in informatics has been a great benefit not only to the Seoul National University, but has impacted the entire Korean and international nursing community. Park was asked to work with the Korean Institute of Health and Social Affairs to further research national healthcare systems where she developed the first standardized terminology-based electronic nursing record system. The system directly affected the daily practices of health care providers in Korea including the entire nursing population. This system improved the sharing and exchange of information between health care facilities and led to the development and publication of national standardized nursing terminology which ultimately resulted in the adoption of national guidelines. It has been made available to all hospitals in Korea to standardize their information systems.

Park feels her University doctoral experience taught her the importance of a successful professional career: leadership, communicative abilities, collaboration, and networking. Since returning from the states after earning her PhD, assuming leadership roles in nursing and health informatics was natural. Park has authored numerous books, written in both Korean and English, focusing on nursing informatics, biostatistics, and research methodology, as well as hundreds of articles with a focus of nursing informatics. She has also received national and international honors and awards from the nursing and informatics communities including the Korean Society of Medical Informatics Award, Award for the Best Article in Science and Technology from the Korean Federation of Science and Technology Societies, and the University of Minnesota Distinguished Leadership Award for Internationals. Park has served on various committees and boards (International Medical Informatics Association, Korean Society of Medical Informatics) and organized national and international conferences (9th International Congress on Nursing Informatics); these activities demonstrate that her leadership is not just confined to her home country but includes the global scientific community.

“I was able to promote nursing to the outside world and bring in other types of knowledge to improve nursing science. This was only possible through the abilities I gained during my time at the University of Minnesota.”

In recognition of her transformative work, Park was inducted as an International Fellow in the American Academy of Nursing, the highest honor in the nursing profession.
Gayle Hallin Receives Alumni Service Award

Gayle Hallin (MPH ’77, BSN ’70) received the prestigious 2011 Alumni Service Award from the University of Minnesota for her long-time service, advocacy, and support of the School of Nursing. For more than 30 years, Hallin has served as a powerful advocate for the School of Nursing and a leader in public health. During her time as an undergraduate student in the nursing program, she played an influential role in the redesign of the school’s programs and classes. That leadership, influence, and connection continued in her many years of service as the Alumni Society Board as president (2006), Secretary/Treasurer (2011), representative to the University of Minnesota Alumni Association National Board, and as the chair of the Densford Board of Advisors. During her time of service with the Nursing Alumni Board, the society was named Outstanding Alumni Society in 2006 and 2010 and received the Program Extraordinaire Award in 2009 for its Speed Mentoring Program.

In 2009, Hallin was nominated by her fellow alumni and named one of the School of Nursing’s 100 Distinguished Alumni. She was recognized for her contributions to improve access and quality of healthcare for communities and the people of Minnesota.

Hallin’s impressive career combines nursing, health care administration, and public health. She’s held positions with the Bloomington Health Department as director of public health; Minnesota Department of Health as the Assistant Commissioner of Health; and United Health. Her advocacy has changed the way community leaders view problems and how they approach problem-solving. She is described by colleagues as a public health ambassador who is always available to offer a good voice on critical issues; connecting the School of Nursing (and the University) to state leaders and the broader community for the advancement of the health of our state. “Gayle has always been a creative problem-solver,” says Commissioner Edward P. Ehlinger of the Minnesota Department of Health. “She has had major impact on the University, its schools of Nursing and Public Health, the Alumni Association, and the community... She has also been a great ambassador for the University of Minnesota.”

Hallin received the Alumni Service Award at a celebration hosted by the University of Minnesota Alumni Association on October 20, 2011. The ceremony, part of Homecoming 2011, was held at the University’s McNamara Alumni Center.

1970s

Mary A. Rossi (BSN ’70, MSN ’75, CNM) was awarded the 2011 Public Policy Award from the American College of Nurse Midwives. This award recognizes legislative, regulatory, and health policy efforts that furthered the profession of midwifery or that had a significant impact on the practice of midwifery nationally or internationally.

1980s

Margo Karsten (PhD, MS, BSN ’84), was named Chief Executive Officer of Creative Health Care Management (CHCM), an international health care consultation, education and products company. In her new role as CEO, Karsten will represent CHCM to the world of health care executives, researchers, educators, physicians, clinical professionals and service support leaders.

1990s

Robin Lally (PhD ’06; MS ’99; BSN ’91), received funding from the American Cancer Society which will provide more than $700,000 over the next five years to fund her research and training pertaining to the psychological adjustment of women to breast cancer. Lally is an Assistant Professor at the State University of New York at Buffalo School of Nursing and an Adjunct Assistant Professor at Roswell Park Cancer Institute in Buffalo, New York.

2000s

Judy Pechacek (DNP ’09; RN) was named 2011 Outstanding Alumni of Inver Hills Community College. Pechacek is vice president of patient care services and chief nursing officer at Fairview Southdale.
In Memory

1943
Mercedes D. Smith (certificate, public health nursing) of Columbia, Missouri died on June 16, 2011 at the age of 98. Smith had a long career in public health nursing working in both Indiana and Kansas City. She was also an instructor of public health nursing at the University of Missouri Sinclair School of Nursing from 1952 to 1960 until she retired.

1945
Eileen F. Dzubay (BSN) of Golden Valley, Minnesota passed away May 2011. She worked in several area hospitals for more than 20 years. In 1968 she transitioned from nursing to teaching licensed practical nursing at Hennepin County Vocational Center. In 1987 she retired from teaching but continued working part-time at Dayton’s department store well into her 70’s. She was active in several community organizations including the Golden Valley Historical Society and Friends of the Golden Valley Library.

Marguerite Florence Wagenbach (BSN) of Barron, Wisconsin passed away at her home on August 11, 2011. Her nursing career spanning more than 40 year included working as an RN at Miller Hospital (St. Paul, Minnesota), St. Joseph’s Hospital, and Rydell Clinic, which later became part of Indianhead Clinic (both located Rice Lake, Wisconsin.) She was respected for her skill, dedication and caring manner and worked countless hours at the Barron Thrift Store and Food Pantry, Gifts from the Heart, and with Meals on Wheels.

1946
Lucy DeReid Enos (BSN; MA ’54) of Oakmont, California passed away on January 26, 2011 from lung cancer. She was a Professor Emeritus of nursing at San Francisco State University.

1947
Patricia M. Reedy (BSN) of LaJolla, California passed away on July 2, 2010 after a long and courageous struggle with complications from Parkinson’s disease.

1948
Phyllis Elaine (Lillegren) Johnson (BSN) of Maple Grove, Minnesota died on May 18, 2011. During her nursing career, she held positions at Miller Hospital, Golden Valley Lutheran College and in several long term care facilities as an infection control nurse. She was also an accomplished pianist and served as a Sunday School and Midweek School teacher at her church.

Zorada Hoge: A Pioneer in School Nursing

The School of Nursing community mourns the loss of Zorada Esther Hoge (BS, public health nursing ’62), a pioneer for her contributions to school nursing. Hoge died on March 28, 2011 at the age of 95.

She graduated in 1937 from the Kahler School of Nursing associated with the Mayo Clinic in Rochester, Minnesota. The Mayo brothers – Will and Charlie – were still practicing when she was a student. In 1962 she earned a BS degree in public health nursing from the School of Public Health at the University of Minnesota. A major part of Hoge’s nursing career was spent as a school nurse for the city of Saint Paul where she built a reputation as a compassionate leader. She developed the Department of School Nurses in the early 1970’s, and was part of a group of professionals selected to create the first official standards for school nurses in the U.S. Hoge organized the School Nurse Organization of Minnesota and in 2003 was granted Honorary Life- Time membership. She also established the student health records and the Kindergarten Round Up program that led to the creation of the national Head Start program. It was for these contributions that she was named one of the school’s 100 Distinguished Alumni in 2009.

Hoge’s inadvertent exposure to formaldehyde and subsequent development of multiple chemical sensitivities (MCS) disorder led her to establish the Zorada Hoge Research Fund in Multiple Chemical Sensitivity at the U of M School of Nursing. The purpose of the fund is to engage graduate nursing students and faculty in research to raise awareness about MCS. Later, her experiences in senior living environments inspired her to create the Zorada Hoge Gerontology Nursing Fund at the School of Nursing. With the goal of improving the environment and care of patients in nursing home facilities, she founded this fund to provide program support for faculty, students, and staff who are studying or teaching geriatric nursing.

Hoge’s philanthropic interests also extended to the End-of-the-Line Park and Museum in her home town of Currie, Minnesota, which built a replica of the mill owned and operated by her late father and grandfather. The park also reclaimed the first general store which her grandfather had also purchased. To complete the family legacy, Hoge sponsored the Currie Presbyterian Church (founded in 1871) move to the park in 2005.
1948 (continued)

Barbara Frances (Beatty) McKie (Graduate in Nursing, BS public health) of Hibbing, Minnesota, died on June 17, 2011 at the age of 85. She joined the Cadet Nurses Corp and graduated with honors from the School of Public Health with a degree in nursing. In the mid 60’s McKie worked as a public health nurse assisting with tuberculin testing and working as the Head Start nurse when the program was just being introduced nationwide. Kristy Louise (Olsen) Juergens (BS, nursing) of Rochester, Minnesota, passed away on June 12, 2011. She was known for her caring, insightful heart, and her steadfast spirit. As a busy and beloved wife and mother of four daughters, she still found time to serve on the Civic League Board from 1958 to 1966, including becoming its president. In 1966 Juergens began teaching at the newly organized school of nursing at Rochester Community College, where she taught for 13 years.

1950

Katherine “Katy” Ness (BSN; MS ’58) of Canton, South Dakota, passed away on July 19, 2011 after a lengthy battle with Alzheimer’s. She was 92 years old. She graduated from Augustana Academy in 1938 and earned a diploma in surgical and obstetrical nursing from St. Barnabas Hospital School of Nursing in Minneapolis. In 1950 she received a BSN with distinction from the University of Minnesota School of Nursing. Moorhous worked as a public health nursing for many years and retired as the Administrative Supervisor for the Minnesota Department of Health, Section of Public Health Nursing.

1956

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1956

Loretta Birdelle Roberts (MPH) of Duluth, Minnesota, died on May 16, 2011 at the age of 97. A career nurse and civic leader, she earned nursing degrees from Piedmont Hospital, Vanderbilt University, and the University of Minnesota School of Public Health. She served as a 2nd lieutenant in the U.S. Army Nurse Corps during World War II, worked for the American Red Cross on disaster teams, taught at the School of Nursing at University of Texas and Emory University, and was the executive director of the Visiting Nurse Association’s Atlanta chapter for 10 years before she retired in 1979. In 1981 she became the first woman elected to the Suwanee City Council and played a role in starting the Suwanee Day festival.

1958

Jean Anita Gangloff Huff Gala (BS, public health) of Lincoln, Illinois passed away on July 22, 2011. She met and married her husband of more than 30 years while she was stationed in Ethiopia with the World Health Organization. Gala graduated from St. John’s School of Nursing as a registered nurse; received her BSN from University of Minnesota; a MSN from the Catholic University of America in Washington, D.C.; and a PhD in education from Illinois State University. She was an instructor of Public Health Nursing at University of Illinois College of Medicine in Peoria, Illinois until 1992, and taught at Illinois Wesleyan University in Bloomington, Illinois.

1966

Ruth Profit Dannehl (MA, nursing education) of Saint Paul, Minnesota died on September 21, 2010 at age 92. She was a Professor Emeritus at Gustavus Adolphus School of Nursing, spending most of her life caring for and nurturing others. She served as medical missionary in Hong Kong, and volunteered for local organizations and university boards.

1974

Donna K. Franck (BSN) of Faribault, Minnesota, died on March 22, 2011 at the age of 66. She and her husband William raised their four children in Prior Lake, Minnesota. She worked as a full time nurse for more than 40 years and held positions at the University of Minnesota Hospital, Minnesota Children’s Hospital, and most recently at District One Hospital in Faribault, where she passed away after spending a short time under home hospice care. Franck enjoyed golfing, the outdoors, and was an avid camper and Master Gardener.

1978

MaryAnn Miller (BSN; MS, public health), former University of Minnesota School of Nursing adjunct faculty member from 1993-1997, died peacefully surrounded by family on May 12, 2011 in Sun City, Arizona. Miller had a rewarding nursing career that spanned 43 years. She graduated from St. Mary’s School of Nursing in Rochester, Minnesota in 1962, and continued her nursing education at the University of Minnesota School of Public Health.
Florence Kahn
Of Incredible Strength & Courage

The school mourns the loss of Florence Anna Stroebel Kahn (BSN ’63) who passed away at the age of 72 on May 2, 2011 in Minneapolis, Minnesota. Stroebel Kahn received a bachelor’s degree in Biology Education from St. Olaf College, and went on to earn a Bachelor of Science degree from the University of Minnesota School of Nursing. She worked in intensive care at the University, then as a public health nurse in Madison, Wisconsin. After one year in graduate school in pediatrics, she worked as a pediatric clinician at the U of M Hospital. She was nursing educator at St. Olaf and Bethel colleges, College of St. Catherine, and the University of Minnesota. She also gave talks on attitude and awareness at schools in the Minneapolis/St. Paul area.

She married Alan Kahn in 1970 and in 1973 her life changed dramatically at age 35 when she was involved in a care accident leaving her paralyzed as a quadriplegic. The catastrophe not only cost her mobility; she lost her three day old daughter, a successful singing career, and later her husband through divorce. With the help of her family friends, she emerged from her grief with an illuminated spirit and stronger faith.

Laurie Kuehn was her caregiver, confidant, and surrogate daughter for the last 32 years. Stroebel Kahn lived in Plymouth, Minnesota for 18 years, where she worked as a frequent volunteer at Courage Center and the Sister Kenny Institute. In 2009 the U of M School of Nursing recognized Stroebel Kahn as one of its 100 Distinguished Alumni for sharing personal insights on spinal cord injury through teaching and speaking in the health care community and her extensive volunteer work with the Courage Center and Sister Kenny Institute which has helped women struggling with disabilities adjust to life.

1992
Candy J. Nistler (MS) of Paynesville, Minnesota passed away on May 22, 2011. In 1980 she enlisted in the United States Air Force and served her country in operation Desert Storm and Desert Shield, earning seven commendations. In 1996 she was honorably discharged from the Air Force at the rank of Major. Nistler worked as a nurse for the Good Samaritan Home from 1996-2004, then went to work for Koronis Manor where she worked until her death. She was a role model in the nursing profession; she loved her patients and was a constant advocate.

2010
Benjamin Gidmark (BSN), of Minneapolis, Minnesota, passed away on August 5, 2011 peacefully in his home of heart-related causes. He was a remarkably talented poet and musician, and was a profoundly embraced friend and counselor to countless people. He worked as a registered nurse in the field of adolescent psychiatry, in which he rose quickly to the level of charge nurse, in evident respect for his truly unique and beautiful talent in relating to very troubled kids.

We also remember...
Hazel Clarice (Carvelli) Gray of Spokane, Washington passed away May 2011. She was 73.

Irene E. (Bjerknes) Heisey of Millersville, Pennsylvania passed away on August 26, 2011 surrounded by family; she was 91. Upon completing her nursing degree, Heisey joined the United States Army. As a registered nurse and 1st lieutenant in the U.S. Army, she helped to establish a psychiatric hospital near Herefordshire, England. When she returned to the U.S. in 1945, she worked as a stewardess for Northwest Airlines. After raising five children, Heisey returned to nursing, serving as a college nurse at Millersville University.

Isabelle (Mason) Walker (BS, nursing education) of Carlsbad, California passed away on May 12, 2011. A pioneer among Army nurses, she joined in 1940 with a steady rise in rank and assignments including Germany and Iran. She retired as a lieutenant colonel, one of the few Army nurses to reach that rank in her day. After retirement she became a legend as a volunteer in San Diego County and was named state Volunteer of the Year by the California Federation of Women’s Clubs in 1988.
A MESSAGE FROM THE DIRECTOR OF DEVELOPMENT

Engaging Alumni and Friends

Many of us have heard the African proverb “It takes a village to raise a child”. While childrearing is chiefly a parental or primary caregiver responsibility, many community members assist in the creative and challenging process of raising children. Family members, teachers, neighbors, and others play an important role in shaping children’s lives. The wonderful result of this focused dedication is a new generation of happy and productive members of society.

Similarly, it takes a village to create success at the School of Nursing. Daily, the school’s outstanding faculty and staff work together to create extraordinary opportunities for our students. Our partners in research are discovering significant ways to improve health and well being. While those leading innovative ventures create new partnerships that promise to improve lives in our local, national, and global communities. Without the engagement and commitment of alumni and friends of the School of Nursing these landmark achievements would not be possible. The generous support of our benefactors is core to the school realizing its mission and vision. Each relationship shaped and sustained the first 100 years and helped position us for a remarkable second century of learning and discovery.

As you consider where and how you might invest a portion of your time, expertise, and money please know we are honored and grateful when you select the School of Nursing. Dedicated volunteers enable us to host events and strengthen important relationships. Our volunteer’s introductions to new prospective partners - whose priorities align closely with the School of Nursing - are making a vital difference. It has always taken a village to realize the dreams of the school and I thank each member of our broader community for their unique and important contribution.

As you reflect upon the method of engagement that’s right for you this year, please consider being a member of the Dean’s Circle. If you’re looking for a good investment in these turbulent economic times, your gift of $1,000 or more will automatically enroll you to the Dean’s Circle and yield invaluable dividends. What’s the dividend, you may ask? It is the knowledge and satisfaction of knowing your gift will change and improve lives. Dean’s Circle members will receive periodic updates and be invited to an annual reception recognizing our benefactors. We hope you can join us.

Gratefully,
Gigi Fourre Schumacher
Director of Development
Learning is Forever

Emily Carol Hennings Anderson establishes endowed scholarship for undergraduate nursing students

BY ANEISHA TUCKER

Emily Carol Hennings Anderson didn’t graduate from the University of Minnesota School of Nursing, nor did she make millions in the stock market, but through thoughtful financial planning and a final nudge from a television commercial, Emily’s generous financial support will have a lasting impact on future nursing students.

“For many years I had been thinking about creating a scholarship but thought I would have to do this in my will and not necessarily during my lifetime” says Emily. “Ironically it was while watching television I saw a Johnson & Johnson commercial about recruiting nurse educators, and I became inspired me to do something now.”

Her gift established the Emily Carol Hennings Anderson Endowed Scholarship which will fund scholarships for students pursuing a baccalaureate degree in nursing.

Emily, who received a scholarship to attend Methodist-Kahler School of Nursing located in Rochester, Minnesota until closing in 1970, earned her RN degree there and, particularly wanted to help students from the five-state area fulfill their dream of becoming a nurse. She wanted to support students who needed financial assistance, as she had, and may not have had the opportunity to become a nurse without assistance. She envisioned that this scholarship would also provide students a solid foundation to give back in to their communities in one way or another when the time was right.

It was after leaving a Learning is Forever class, an enrichment course for people 50 and over, held in a U of M Rochester campus classroom that Emily walked in the office at the School of Nursing and shared that she wanted to start a nursing scholarship. “I was surprised and of course delighted when I received the call about Emily’s interest in making a contribution,” said Gigi Fourré Schumacher, development director of the School of Nursing. “It was a welcomed opportunity to assist Emily in realizing her dream...”

The two met over lunch to discuss the details and Emily realized what she really wanted was to create a named endowed fund. “I’m going to do it! This is something I’ve really, really wanted to do for a long time.” After the initial meeting, things moved forward fairly quickly. Emily had made up her mind, received whole hearted support from her spouse, made arrangements with her financial advisor to fund the scholarship and also adjusted her will in order to provide future support through estate. Emily signed the appropriate paperwork and the endowed fund was established.

“I’m not a millionaire. I was just an ordinary working nurse,” said Emily. “I’ve donated too many worthwhile organizations over the years and I’ve always had a good sense of my budget. It’s structured to allow me to save for retirement, give to charity, meet my expenses, and still have a little fun travelling which is a great passion of mine.” She has set and nearly met her personal challenge for giving in 2012 and admits it’s been fun meeting her goals for next year.

Even though the endowment will not be distributed until next fall Emily is excited to share her story and looks forward to meeting the deserving students - knowing who they are and where they came from. “I have really experienced great joy in doing this now and not waiting until I passed away, said Emily.”It’s been a good feeling. I’m meeting a lifetime goal on something I’ve been planning but doing it in an earlier cycle of my life.

For more information about making a contribution or establishing a new scholarship that will benefit nursing students, please contact the Director of Development, Gigi Fourré Schumacher at 612-625-1365 or gschumac@umn.edu.
Planned Giving Matters

School of Nursing alumna Susan Forstrom helps shape the future of health care

By Aneisha Tucker

For Susan Forstrom, BSN ’65, MS ’79, the call to philanthropy came later in life. The “call” was an invitation from Christine Sietz and Carol Kelsey to take the lead in fundraising efforts to establish a professorship in nursing innovation and entrepreneurship. “My initial thought was asking a person for money is not something I would enjoy,” says Forstrom “But then, I thought about how the education I received from the School of Nursing really prepared me for my nursing career and this would be a way for me to give back.” Forstrom accepted the invitation and her initial reluctance ultimately led to her creating a planned gift to support a priority initiative for the School of Nursing.

Forstrom, who received her BSN in 1965 and her MS in 1979 from the School of Nursing, fondly remembers her time on campus as an undergraduate student living in Powell Hall and several years later while earning her master’s in psych-mental health nursing. Since then she’s experienced a varied and successful nursing career spanning more than 30 years, beginning as a U.S. Army nurse stationed in Germany, to a nurse consultant with Creative Health Care Management (CHCM) where she formerly retired in 2001 and periodically returns to do consulting work.

Health care in the U.S. is experiencing unprecedented systemic and technological changes that have expanded the role for the nursing profession. Forstrom recognizes the need for students to be prepared to meet the demands of the evolving health care environment and is impressed by the quality of students she’s met while serving on the School of Nursing Foundation Board and the Board of Sigma Theta Tau International, Zeta Chapter. “These are really bright nurses and I’m encouraged for the field of nursing and health care,” she says. “I’ve been quite amazed at the diversity of the research and interests and what’s been accomplished. The research is directly benefiting the students and the public through the education they are receiving. It’s been wonderful to see how we [School of Nursing] are preparing today’s nurses.” Forstrom is also pleased to know her gift and fundraising efforts will help support scholarships and fellowships to supplement the cost of students’ education.

Although retired, the planned giving opportunity enabled Forstrom to make a significant provision to support a professorship in nursing innovation and entrepreneurship, which she feels is knowledge strongly needed for nursing and health care profession today. And, in a time where state support will continue to diminish, she knows the importance for a school to be able to recruit and retain the top faculty and researchers. “How we do this is by raising private funds to support initiatives like student scholarships, professorships, and chairs,” she says. “I hope the Marie Manthey Professorship in Innovation will enable future nurses and faculty to strike out against old trends and be innovative, take risks, and feel the safety in doing so.” The experience she gained while interacting with potential donors, uncovered something unexpected, “I found that I didn’t mind doing the asking,” says Forstrom. “Had I not been asked, I never would have thought to be involved in fundraising. I would definitely do this again.” She also learned that finding a topic that someone is passionate about and linking that connection to the school made the ‘ask’ much easier.

“The efforts of Susan Forstrom, like many alumni and friends of the school, make a significant impact on the ability of the School of Nursing to stay on the forefront of innovation,” says Gigi Fourné Schumacher, development director of the School of Nursing. “Her commitment makes a significant difference in moving the school forward to meet the demands of our changing health care climate.”

For more information about making a contribution or establishing a new scholarship that will benefit nursing students, please contact the Director of Development, Gigi Fourné Schumacher at 612-625-1365 or gschumac@umn.edu.
AN INVITATION TO
Join the Dean’s Circle

Launched in 2011, the Dean’s Circle recognizes generous donors to the School of Nursing who make an annual gift of $1,000 or more. I am pleased to share that 58 people have already joined me by becoming members of the Dean’s Council. Please consider joining us.

As a donor, you may designate your gift for a specific purpose or choose to make an unrestricted contribution to support the areas of greatest priority. These pivotal resources will provide student scholarships, foster evidence-based research, and prepare graduates for the full scope of nursing practice.

Dean’s Circle members will be invited to an annual appreciation event and receive periodic updates on the important work at the school. Members will also be recognized in Minnesota Nursing magazine, the school’s donor wall, and in the Dean’s Circle honor roll online.

You may join the Dean’s Council with a gift or pledge of $1,000 or more. Simply enclose your gift in the enclosed response envelope or visit www.nursing.umn.edu to make a qualifying contribution. Thank you for your consideration.

Sincerely,
John Reiling
Chair, School of Nursing Foundation

Shareholders Report

We gratefully acknowledge the generous benefactors who stepped forward to support nursing education, research and practice from July 2010 through June 2011. These pivotal gifts support emerging needs at the School of Nursing and respond to the rapid growth and changes within the nursing profession. Thank you for helping to change the lives of our nursing students, faculty members, alumni, and the patients for whom our nursing community cares.

Some of this year’s giving highlights include: Emily Carol Hennings Anderson and Sheila and David Lein established named endowed scholarships. The newly launched Dean’s Circle welcomed 64 founding members. Barbara ’61 and Bruce Hiller made a generous estate provision to provide scholarship support for future students. Harry Lefto joined the Heritage Society with an estate provision that will strengthen the Tanya V. Ash Memorial Scholarship and future initiatives. Distributions received from the estate of David C. McFarland, husband of deceased alumna Dorothy ’45, will support the renovation of the school’s simulation innovation center. Professor Donna Bliss, PhD, RN, FAAN, was named the inaugural recipient of the newly established School of Nursing Foundation Research Professorship funded through philanthropic support.

To learn more about how you can make a gift to advance nursing education, please contact Gigi Fourré Schumacher at 612-625-1365 or visit www.nursing.umn.edu.
Thank you for your generous award from the Rohr Fellowship in Nursing Research. Your support has been essential to realizing my goal of graduating from the Doctorate of Nursing Program (DNP) in May 2015 after earning a PhD in Nursing.

-Marjorie G. Webb, RN (DNP program)
“Thank you for the generous scholarship from the Nottage Fund for Graduate Nursing Education. It will help me complete my goal of obtaining a post-master’s certificate as an adult nurse practitioner.”

-Mandy Rae Blume, RN (Post-Master’s Certificate Adult Nurse Practitioner program, 2012)

“Thank you for your generous award from the Katherine Densford Dreves Scholarship Program. Your Scholarship has allowed me extra time for my studies and to volunteer my time at a local hospital all the while reducing the burden of student loans.”

-Megan Donnelly (MN program)
“My family fled Cambodia 20 years ago to seek refuge in America. Neither of my parents spoke English nor had a formal education; yet, they managed to raise their children with the hope that they could construct a better life for themselves. I feel that it is my duty to fulfill the wish of my family and graduate with a degree in nursing. I cannot emphasize enough what awarded from the Danielson Scholarship Fund means to me and how much it helps. I hope to one day make such a significant contribution to others.”

-Monica Luu (BSN, 2012)

“Thank you very much for awarding me the Class of 1961 Scholarship. For the past year I have worked as a research assistant for Dr. Joseph Gaugler here at the University in his research with cancer and Alzheimer’s caregivers. The scholarship you have awarded, allows me to continue and seek these experiences, while continuing to focus on my academic studies.”

-Katie Wocken (BSN, 2013)
“It is a privilege and an honor to receive an award from the Grace B. Dayton Scholarship Fund. I will be completing my final clinical immersion this fall semester in the cardiac unit at Abbott Northwestern Hospital and I can’t wait to apply everything that I’ve learned.”

-Rachel Buchberger (MN program, 2011)

“Thank you for your generous support from the Mary K. Field & Cyrus A. Field Scholarship program. Due to your gracious support, I feel I will be able to positively impact the profession and I hope to one day help others, as you have helped me when I needed your financial support.”

-Tanya Burks, RN (DNP program)
Turn your jewelry into scholarships

The School of Nursing Foundation wants your costume, estate, and collectible jewelry to support the School of Nursing Scholarship Program. Your jewelry will be recycled and sold at the annual sale, which has raised more than $145,000 (including $8,500 raised in 2010) since 1992.

Our next sale will be held December 7-8, 2011 from 7:30 a.m.-4:00 p.m. on the second floor of Phillips-Wangensteen in the Academic Health Center on the Twin Cities campus. Please stop by.

All donations are acknowledged for tax deduction purposes. For more information contact Laurel Mallon at the School of Nursing, 612-624-2490.
2011

December 16

School of Nursing

Fall Commencement Ceremony
2 p.m., Ted Mann Concert Hall, 2128-4th St. S. Minneapolis
We invite you to join us in celebrating our fall 2011 MS, MN, PhD, and DNP graduates. Commencement speaker: Alumnus Craig Luzinski, MSN, RN ’85, NEA-BC, FACHE, FAAN, Director of the American Nurses Credentialing Center’s Magnet Recognition Program.

2012

April 26

School of Nursing

Alumni Spring Celebration
The Power of Nursing
Plan now to attend our annual get together of nursing alumni and students. Enjoy networking and reconnecting. Focusing on how nurses are changing health care.

Town and Country Club
300 Mississippi Blvd., St. Paul, MN

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<td>5:00 p.m.</td>
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<td>6:00 p.m.</td>
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For more information or assistance with class reunion planning, please contact Laurel Mallon, Director of Alumni and Donor Relations, at 612-624-2490 or MALLO001@umn.edu.

April 27, 2012

School of Nursing

Research Day
Transforming Health through Community Engaged Research and Practice
School of Nursing faculty, students, and our community partners will showcase research studies and evidence-based clinical innovations for ways to improve health outcomes and foster systems change. Poster displays including student posters, throughout the day

Keynote speaker: Antonia M. Villarruel, PhD, RN, FAAN, Associate Dean for Research and Global Affairs, University of Michigan School of Nursing.

8:00 a.m. - 4:00 p.m.
McNamara Alumni Center
200 Oak St. SE, Minneapolis, MN

For more information about these and other School of Nursing event, go to www.nursing.umn.edu or connect with us on Facebook, Twitter, Flickr, and the Nurses Lounge!
Poor diets and too much TV time are feeding America's obesity epidemic. Not coincidentally, healthy home-cooked meals are less of a fiber in our cultural fabric. School of Nursing researcher Jayne Fulkerson’s “HOME Plus” program teaches families how to create nutritious meals and snacks... together. And there’s no place like home for learning healthy new habits.

Because home is where the health is.
Because giving makes greatness possible. You can ensure that the University of Minnesota School of Nursing remains strong for generations to come. Use this envelope to make a gift, or visit www.giving.umn.edu, where online giving is now easier than ever.

Marilee Miller pictured with Eunice Areba, PhD ’12, recipient of the Marilee Miller Fellowship in Educational Leadership.
Thank you for supporting nursing research and education. Make your gift through the University of Minnesota Foundation, which will acknowledge your gift and direct it either to the School of Nursing Foundation or to the School of Nursing program you designate. To learn more about ways to give, please check the box below or call 612-624-2490.

☐ I am interested in learning more about the different options for making a current or future gift to the School of Nursing. My phone number is __________________________

☐ I have included the School of Nursing in my estate plan.

Please check with your employer for matching gift opportunities.

GIFT DESIGNATION

☐ I/We designate this gift for the following nursing program or purpose: __________________________

☐ Direct this gift to where the need is greatest in nursing education, service, and research.

GIVING METHOD

☐ BY CHECK (make payable to the University of Minnesota Foundation). Enclosed is my (our) check for $ __________.

☐ BY CREDIT CARD

Please charge my (our) gift of $ __________ to:

☐ Visa ☐ MasterCard ☐ DISCOVER ☐ AmEx

Account# Exp. Date (MM/YY)

☐ BY PLEDGE

I/We pledge $ __________.

I/We will make _______ payments in the amount of $ _______ over ______ years, beginning _______ (month) of _______ (year).

☐ Enclosed is my first pledge payment of $ _______.

☐ Send annual reminders in _______ (month).

☐ Do not send annual reminders.

Signature