Welcome to the second in our 2015/2016 series of helpful resources for caregivers and professionals working with children with specific chronic conditions. Our Center's graduates who are pediatric nurse practitioners (PNPs) and pediatric clinical nurse specialists (PCNS) identified key online resources to share with you. Feel free to forward these resources to others.

Ann Garwick, Center Director

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Cerebral Palsy Resources
Compiled by Emily Proehl, DNP, RN

Suggested Web-based Resources for Youth/Families:

National Institute of Neurological Disorders and Stroke:

- This site provides an overview of CP and briefly explains treatment and
prognosis. It also briefly discusses the research that is currently being done and provides links to NIH Cerebral Palsy Clinical Trials. A list of organizations related to CP is provided at the bottom of the page, along with each organization's contact information and website.

**My Child: The Ultimate Resource for Everything Cerebral Palsy:**
http://cerebralpalsy.org

- This website strives to provide families with a “one-stop” comprehensive resource for information and support related to CP. Along with information related to management of CP it offers encouragement and inspiration. The website serves as a resource for families to ask questions through the call assistance line or online inquiry chat. There is an additional link that provides access to governmental, non-governmental, financial, and community resources.

**United Cerebral Palsy:** http://ucp.org

- This is a website that focuses on advocacy and support services for individuals with a spectrum of disabilities. It provides links for people to donate and get involved in advocacy for CP. There is a link for resources and a specific link related to family support and caregiving. It connects families to other families and provides links to Internet communities for families of children with disabilities.

**The Sibling Support Project:** http://www.siblingsupport.org

- This site provides resources for siblings of children with special health care
needs and information on available sibling support workshops for parents, providers and siblings. They also have workshops for fathers and grandparents of children with special health care needs.

Your Child Development & Behavior Resources:
http://www.med.umich.edu/yourchild/topics/specneed.htm

- This website is designed for parents of children with special health care needs and focuses on the needs of siblings. It gives general information related to sibling issues and offers parenting tips and resources.

Family Voices: http://www.familyvoices.org

- This organization matches experienced parents of children with special health care needs with families who have a newly diagnosed child with a special health care needs. The families serve as a resource for each other and they can ask questions and share experiences.

For Health Care Professionals:

International Cerebral Palsy Society: http://cpirf.org

- This website offers access to numerous fact sheets, web casts of scientific workshops, research projects and discussion forums regarding the management of CP. This is a great website for health professionals caring for children with CP because it provides up to date information on current and past research and links to CP related news stories.
This website provides practice parameters for diagnostic evaluation of a child with CP. The parameters were developed based on an analysis of evidence on the assessment of a child suspected of having cerebral palsy.