

**University of Minnesota School of Nursing
 Doctor of Nursing Practice
 Integrative Health and Healing (IHH) Specialty: Three-Year Recommended Plan***

Prematriculation				Summer				
Note: Selected CSPH courses may be offered during May term and January (Hawaii): CSPH 5535 Reiki Healing, CSPH 5536 Advanced Reiki Healing, CSPH 5503 Aromatherapy Fundamentals, CSPH 5631 Healing Imagery, CSPH 5431 Functional Nutrition, CSPH 5313 Acupressure, CSPH 5423 Botanicals: Practical Applications, CSPH 5341 Overview of Indigenous Hawaiian Healing				CSPH 5101 Intro to Integrative Healing Practices		3		
				CSPH 5535 Reiki Healing++		1		
				Inferential Statistics**		3		
				Total	7			
Year 1	Fall	CR	Spring	CR	Summer	CR		
Nurs 7202	Moral and Ethical Positions and Actions in Nursing	2	Nurs 6200	Science of Nursing Interventions	3	Nurs 5200	Holistic Health Assessment & Therapeutics for APNs+	3
Nurs 5228	Pharmacology for APN+	2	CSPH 5631	Healing Imagery	2	CSPH 5503	Aromatherapy Fundamentals	1
Nurs 7000	DNP Proseminar	1	Nurs 5115	Interprofessional Hlthcare Informatics	3	CSPH 5423	Botanicals: Practical Apps***	1
Nurs 5222	Advanced Physiology +	3	Nurs 6110	Epidemiology in Nursing	2	CSPH 5536	Advanced Reiki Healing: Level II	1
CSPH 5102	Art of Healing: Self as Healer	1	CSPH 5226	Advanced Meditation	1	CSPH 5313	Acupressure	1
Total		9	Total		11	Total		7
Year 2	Fall	CR	Spring	CR	Summer	CR		
CSPH 5701	Fundamentals of Health Coaching I	4	Nurs 7100	DNP Seminar I	2	Nurs 7400	Health Policy Leadership	3
Nurs 7209	Integrative Health and Healing+++	1	Nurs 7110	DNP Project Direction I: Planning	1	Nurs 7101	DNP Seminar II	2
Nurs 7210	Integrative Health & Healing Practicum I++++	1	Nurs 7900	Scholarly Teaching & Learning in Nursing	3	Nurs 7111	DNP Project Direction II: Implementation	1
Nurs 7300	Program Evaluation	3	NURS 7600	Nursing Research and Evidence Based Practic	4	Nurs 7200	Economics of Health Care	3
Total		9	Total		12	Total		9
Year 3	Fall	CR	Spring	CR	Total Summary			
Nurs 7102	DNP Seminar III	2	Nurs 7214	Integrative Health and Healing III	1	Total Credits: 81		
Nurs 7112	DNP Project Direction III: Evaluation	1	Nurs 7215	Integrative Hlth & Healing Practicum III	2	<u>Clinical Hours</u> Nurs 7210 - 1 cr: 120 hrs CSPH 5701: 132 hrs Nurs 7212 - 2 cr: 240 hrs CSPH 5423: 16 hrs Nurs 7215 - 2 cr: 240 hrs CSPH 5621: 32 hrs CSPH 5226: 16 hrs CSPH 5102: 16 hrs CSPH 5503: 16 hrs CSPH 5431: 32 hrs CSPH 5535: 16 hrs CSPH 5711: 48 hrs CSPH 5536: 16 hrs CSPH 5313: 16 hrs CSPH Integrative Therapies Elective: 32 hrs Total clinical hours: 988 + 160 hrs scholarly project		
Nurs 7610	Health Innovations and Leadership	3	Integrative therapies elective^	2				
Nurs 7211	Integrative Health & Healing II	1						
Nurs 7212	Integrative Health & Healing Practicum II	2						
CSPH 5711	Optimal Healing Environments	3						
Total		12	Total		5			
*Consult with your advisor every semester before registering for courses **Recommended inferential stat crses: EPSY 5261, 5231, PUBH 6414, STAT 5101 & 5102, & STAT 5021 (prereq STAT 3011) *** An alternative to Botanical Practical Apps is Indigenous Hawaiian Healing (CSPH 5341, 2 cr.) or Botanical Medicines in Integrative Healthcare (CSPH 5421, 3 cr.), although only 1 credit in botanicals in is required +Required before registering for specialty/practicum courses ++An alternative to Reiki I and II is the 2 credit course Introduction to Energy Healing (CSPH 5533) +++Nurs 7300 is to be taken prior to or concurrent with Nurs 7100/N7110 ++++IHH skills based courses (CSPH 5535, 5313, 5631 and 5503) should be taken prior to Nurs 7209/N7210. CSPH 5701 and N7900 should be taken prior to Nurs 7212 ^ Examples of Elective Course options: CSPH 5341, CSPH 5511, CSPH 5601, CSPH 5605								