

**University of Minnesota School of Nursing**  
**Doctor of Nursing Practice**  
**Integrative Health and Healing (IHH) Specialty: Four-Year Recommended Plan\***

Year 1	Fall	CR	Spring	CR	Summer	CR
	CSPH 5101 Intro to Integrative Healing Practices	3	Nurs 5115 Interprofessional Hlthcare Informatics	3	Inferential Statistics**	3
	Nurs 7000 DNP Proseminar	1	Nurs 6200 Science of Nursing Intervention	3	CSPH 5313 Acupressure	1
	Nurs 5222 Advanced Physiology+	3	Nurs 7202 Moral & Ethical Positions in Nursing	2.	CSPH 5535 Reiki Healing++	1
	CSPH 5102 Art of Healing: Self as Healer	1.			CSPH 5631 Healing Imagery	2
					CSPH 5423 Botanicals: Practical Apps***	1
	Total	8	Total	8	Total	8
Year 2	Fall	CR	Spring	CR	Summer	CR
	Nurs 7610 Health Innovation & Leadership	3	Nurs 6110 Epidemiology in Nursing	2	CSPH 5226 Advanced Meditation	1
	Nurs 5228 Pharmacology for APN+	2	CSPH 5536 Advanced Reiki Healing: Level II	1	CSPH Integrative therapies elective^	2
	CSPH 5711 Optimal Healing Environments	3.	Nurs 7400 Health Policy Leadership	3	Nurs 5200 Holistic Health Assessment & Therapeutics for APNs+	3
			CSPH 5431 Functional Nutrition	2	CSPH 5503 Aromatherapy Fundamentals	1
	Total	8	Total	8	Total	7
Year 3	Fall	CR	Spring	CR	Summer	CR
	Nurs 7209 Integrative Health and Healing I	1	Nurs 7100 DNP Seminar 1	2	Nurs7200 Economics of Health Care	3
	Nurs 7210 Integrative Health & Healing Practicum I++++	1	Nurs 7110 DNP Project Direction I: Planning	1	Nurs7101 DNP Seminar II	2
	CSPH 5701 Fundamentals of Health Coaching I	4	Nurs 7300 Program Evaluation+++	3	Nurs7111 DNP Proj Direction II: Implementation	1
			NURS 7600 Nursing Research and Evidence Based Practice	4		
	Total	6	Total	10	Total	6
Year 4	Fall	CR	Spring	CR	Total Summary	
	Nurs 7211 Integrative Health and Healing II	1	Nurs 7214 Integrative Hlth & Healing Practicum III	1	Total Credits: 81	
	Nurs 7212 Integrative Hlth Healing II Practicum	2	Nurs 7215 Integrative Hlth & Healing Practicum III	2	<u>Clinical Hours</u>	
	Nurs 7900 Teaching & Learning in Nursing	3			Nurs 7210 - 1 cr: 120 hrs      CSPH 5701: 132 hrs	
	Nurs 7102 DNP Seminar III	2			Nurs 7212 - 2 cr: 240 hrs      CSPH 5423: 16 hrs	
	Nurs 7112 DNP Project Direction III: Evaluation	1			Nurs 7215 - 2 cr: 240 hrs      CSPH 5621: 32 hrs	
	Total	9	Total	3	CSPH 5226: 16 hrs      CSPH 5102: 16 hrs	
					CSPH 5503: 16 hrs      CSPH 5431: 32 hrs	
					CSPH 5535: 16 hrs      CSPH 5711: 48 hrs	
					CSPH 5536: 16 hrs	
					CSPH 5313: 16 hours	
					CSPH Integrative Therapies Elective: 32 hrs	
					Total clinical hours: 988 + 160 hrs scholarly project	
<p>*Consult with your advisor every semester before registering for courses  **Recommended inferential stat crses: EPSY 5261, 5231, PUBH 6414, STAT 5101 &amp; 5102, &amp; STAT 5021 (prereq STAT 3011)  *** An alternative to Botanical Practical Apps is Indigenous Hawaiian Healing (CSPH 5341, 2 cr.) or Botanical Medicines in Integrative Healthcare (CSPH 5421, 3 cr.), although only 1 credit in botanicals in is required  +Required before registering for specialty/practicum courses  ++An alternative to Reiki I and II is the 2 credit course Introduction to Energy Healing (CSPH 5533)  +++Nurs 7300 is to be taken prior to or concurrent with Nurs 7100/N7110  ++++IHH skills based courses (CSPH 5535, 5313, 5631 and 5503) should be taken prior to Nurs 7209/N7210. CSPH 5701 and N7900 should be taken prior to Nurs 7212  ^ Examples of Elective Course options: CSPH 5341, CSPH 5511, CSPH 5601, CSPH 5605</p>						

Note: Selected CSPH courses may be offered during May term and January (Hawaii): CSPH 5535 Reiki Healing, CSPH 5536 Advanced Reiki Healing, CSPH 5503 Aromatherapy Fundamentals, CSPH 5631 Healing Imagery, CSPH 5431 Functional Nutrition, CSPH 5313 Acupressure, CSPH 5423 Botanicals: Practical Applications, CSPH 5341 Overview of Indigenous Hawaiian Healing