

University of Minnesota, School of Nursing, Doctor of Nursing Practice
Integrative Health and Healing (IHH) Specialty: Four-Year Recommended Plan*
 Recommended plan for students admitted fall semester 2015 or later

Pre-matriculation						
Note: Selected CSpH courses may be offered during May term and January (Hawaii): CSpH 5535 Reiki Healing, CSpH 5536 Advanced Reiki Healing, CSpH 5503 Aromatherapy Fundamentals, CSpH 5431 Functional Nutrition, CSpH 5313 Acupressure, CSpH 5423 Botanicals: Practical Applications, CSpH 5341 Overview of Indigenous Hawaiian Healing. Consult the IHH Guide to Progression.						
Year 1	Fall	CR	Spring	CR	Summer	CR
	CSpH 5101 Intro to Integrative Healing Practices	3	Nurs 5115 Interprofessional Healthcare Informatics	3	Statistics**	3
	Nurs 7000 DNP Proseminar	1	Nurs 6200 Science of Nursing Interventions	3	CSpH 5313 Acupressure	1
	Nurs 5222 Advanced Human Physiology+	2	Nurs 5226 Advanced Human Pathophysiology+	2	CSpH 5535 Reiki Healing	1
	CSpH 5102 Art of Healing: Self as Healer OR CSpH 5806 Wellbeing & Resiliency for Health Professionals	1			CSpH 5631 Healing Imagery	2
					CSpH 5423 Botanicals: Practical Applications	1
	Total	7	Total	8	Total	8
Year 2	Fall	CR	Spring	CR	Summer	CR
	Nurs 5228 Pharmacology for Advanced Practice Nursing+	2	Nurs 7202 Moral and Ethical Positions and Actions in Nursing	2	Nurs 5200 Holistic Health Assessment & Therapeutics for Advanced Practice Nurses+	3
	CSpH 5711 Optimal Healing Environments	3	Nurs 6110 Epidemiology in Nursing	2	CSpH 5503 Aromatherapy Fundamentals	1
	CSpH 5536 Advanced Reiki Healing: Level II	1	Nurs 7400 Health Policy Leadership	3	CSpH 5226 Advanced Meditation	1
			CSpH 5431 Functional Nutrition	2	Integrative therapies elective	2
	Total	6	Total	9	Total	7
Year 3	Fall	CR	Spring	CR	Summer	CR
	CSpH 5701 Fundamentals of Health Coaching I	4	Nurs 7100 DNP Seminar I	2	Nurs 7200 Economics of Health Care	3
	Nurs 7209 Integrative Health and Healing	1	Nurs 7110 DNP Project Direction I: Planning	1	Nurs 7101 DNP Seminar II	3
	Nurs 7210 Integrative Health & Healing Practicum I	1	Nurs 7600 Nursing Research and Evidence Based Practice	4	Nurs 7111 DNP Project Direction II: Implementation	1
	Nurs 7610 System Leadership and Innovation	3	Nurs 7300 Program Evaluation	3		
	Total	9	Total	10	Total	7
Year 4	Fall	CR	Spring	CR	Total Summary	
	Nurs 7211 Integrative Health and Healing II	1	Nurs 7214 Integrative Health and Healing III	1	Total Credits: 83	
	Nurs 7212 Integrative Health and Healing Practicum II	2	Nurs 7215 Integrative Health and Healing Practicum III	2	<u>Clinical Hours</u>	
	Nurs 7102 DNP Seminar III	2			Nurs 7210 - 1 cr: 120 hrs	CSpH 5431: 32 hrs
	Nurs 7112 DNP Project Direction III: Evaluation	1			Nurs 7212 - 2 cr: 240 hrs	CSpH 5503: 16 hrs
	Nurs 7900 Scholarly Teaching & Learning in Nursing	3			Nurs 7215 - 2 cr: 240 hrs	CSpH 5535: 16 hrs
	Total	9	Total	3	CSpH 5226: 16 hrs	CSpH 5536: 16 hrs
					CSpH 5313: 16 hrs	CSpH 5621: 32 hrs
					CSpH 5423: 16 hrs	CSpH 5701: 132 hrs
					CSpH 5711: 48 hrs	CSpH 5102 OR CSpH 5608: 16 hrs
					CSpH Integrative Therapies Elective: 32 hrs	
					Total clinical hours: 988 + 160 hrs scholarly project	

*Consult with your advisor every semester before registering for courses.

**Recommended inferential statistics courses: EPsy 5261, PubH 6414. Other options include: EPsy 5231, Stat 5101 & 5102, and Stat 5021 (prereq Stat 3011).

+Required before registering for specialty/practicum courses.

