6th Annual Integrative Approach to Psychiatric Mental Health Care

Friday, Nov. 3, 2017
Crowne Plaza Minneapolis West
3131 Campus Drive
Plymouth, MN 55441
www.CPplymouth.com

Optional
Saturday, Nov. 4, 2017
Post Conference Workshop
Sustainable Compassion Program
Brooke D. Lavelle, PhD
Allina Commons

This conference is designed to acquaint health care professionals who provide mental health care with integrative therapies to incorporate into their clinical practice and mental health care settings.

All health care professionals interested in integrative approaches to mental health are invited to attend.

Featured speaker
Brooke D. Lavelle is cofounder and president of the Courage of Care Coalition, a nonprofit organization dedicated to providing Sustainable Compassion Training programs and support to individuals and communities in education, health care, and other areas of social service. Sustainable Compassion Training (SCT) is a proven approach that helps us find a sense of inner safety and deep replenishment from which to be more sustainably and compassionately present for ourselves and for others.

Brooke was the Senior Education Consultant to Mind & Life's Ethics, Education, and Human Development Initiative and a co-developer of the Call to Care program for teachers and students. She is also trained in Cognitively-Based Compassion Training (CBCT), Compassionate Mind Training (CMT), and Mindfulness-Based Stress Reduction (MBSR). Brooke is a consultant to the Greater Good Science Center (GGSC) at UC Berkeley.

Register at 2017integrativementalhealth.eventbrite.com
CME, ANCC Contact Hours and Additional credit types are pending