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2015 Summer Institute in Adolescent Health

Beyond Bullying: Respecting, Protecting & Connecting All Youth

July 27th - July 29th
 July 30th (graduate students only)

St. Paul, Minnesota

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2015



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 St. Paul, Minnesota

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2015 Summer Institute in Adolescent Health

Beyond Bullying: Respecting, Protecting & Connecting All Youth

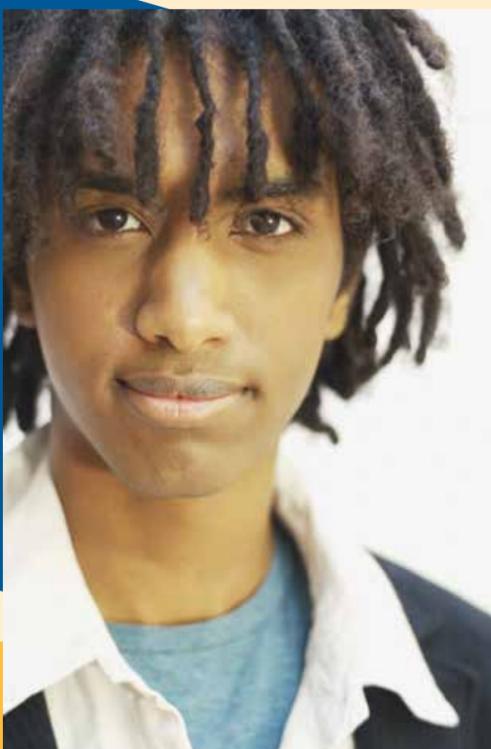
Imagine places where young people grow up and feel no fear, no hatred, no disdain. And, they feel safe, respected, confident, and cared for by all those around them. These are places where no one bullies and no one is bullied. Unless we, the adults in their midst, act to protect young people and connect them to caring family members and friends, they won't have this imagined world – one that we know every young person deserves.

During the 2015 Summer Institute, consider personal, interpersonal, school, community, and cultural factors that underlie bullying. Explore the negative effects of relational, physical, and cyberbullying on adolescents' healthy social and emotional development. Recognize markers of bullying and learn when and how to respond, pursuing a path toward resolution and reconciliation. Talk with health and social service providers, counselors, and teachers who work daily to connect and protect young people from the sometimes-devastating outcomes of bullying.

See how youth leaders are taking a stand against the injustices of bullying, leading peers in meaningful bullying prevention efforts. Hear how educators, practitioners, and policy makers in classrooms, clinics, and communities are changing school culture and social environments, promoting prevention and response. Gain strategies for moving toward respect, resolution, and reconciliation. Learn ways to inspire young people to reflect on the impact of their behaviors on others and grow in their capacity for developing caring and healthy relationships.

Who Should Attend?

All who work with young people – teachers, counselors, school nurses, social workers, mentors, coaches – public health nurses and nurse practitioners, psychologists, physicians, nutritionists – youth-workers, religious leaders, law enforcement, policy makers, and youth advocates.



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Day 1: Adolescent Bullying & Bullying Prevention: Lenses for Understanding

- Describe patterns and trends in relational, physical, and cyberbullying, particularly among vulnerable groups of youth.
- Examine health and social consequences of involvement in bullying.
- Use social-ecological and developmental lenses to understand youth bullying.

Day 2: Bullying Prevention: Effective Strategies

- See how young people are taking a stand against bullying with efforts ranging from programs to policy.
- Hear experts describe effective strategies for breaking the cycle of bullying among youth.
- Recognize markers of bullying, learn when and how to respond.

Day 3: Respecting, Protecting & Connecting All Youth: Real-World Approaches

- Learn how educators, practitioners, and policy makers are changing school, clinic, and community climates in ways that promote prevention and foster healthy development.
- Gain strategies for nurturing young people's skills and capacities for empathy, non-violent conflict resolution, and healthy relationships.

Institute Schedule:

The Institute runs from 8:00 am - 4:30 pm each day.

Guest Faculty - Barbara Coloroso



"Breaking the cycle of violence in our homes, schools, and communities involves more than merely identifying and stopping the bully."

Barbara Coloroso is a bestselling author, internationally recognized speaker, and consultant on youth bullying and bullying prevention. With a background in sociology, special education, and philosophy, Coloroso brings more than 40 years of experience on topics such as parenting, teaching, school discipline, positive school climate, bullying, nonviolent conflict resolution, and restorative justice. Her effective strategies were honed through years of training and field experience as a classroom teacher, laboratory instructor, university instructor, volunteer in Rwanda, and mother of three grown children.

Advocating for the supports needed to break the cycle of violence in our homes, schools, and communities, she has appeared on Oprah, CBS, NBC, ABC, CNN, NPR, CBC, and BBC and has been featured in the New York Times, Time, U.S. News & World Report, and other national and international publications. Coloroso is the author of four international bestsellers, including *The Bully*, *the Bullied*, and *the Bystander: Breaking the Cycle of Violence*. In this book, she notes "It is easy to point fingers; place blame; fortress our schools; push zero-tolerance plans; mandate a bully awareness week; stiffen penalties for bullying; or simply ignore the problem and hope it will go away. It is more difficult - *and necessary* - that we as individuals, families, and entire communities create safe harbor for all of our young people."

Core Faculty

Linda H. Bearinger, PhD, RN, FAAN, FSAHM, Professor and Director, Center for Adolescent Nursing, School of Nursing, University of Minnesota

Amy Brugh, MPH, Consultant

Amber Cameron, MS, Associate Director for Public Engagement Initiatives, Office for Public Engagement, University of Minnesota

Heather Hirsch, School Safety Technical Assistance Center, Minnesota Department of Education

David Kurtzon, MPH, Program Manager, Teenwise Minnesota

Gabriel McNeal, MA, Adolescent and Youth Development Specialist, Division of Community and Family Health, Maternal and Child Health Section, Minnesota Department of Health

Jenny Oliphant, EdD, MPH, Research Associate and Community Outreach Coordinator, Healthy Youth Development • Prevention Research Center, Division of General Pediatrics and Adolescent Health, Department of Pediatrics, Medical School, University of Minnesota

Michael Resnick, PhD, FSAHM, Professor and Gisela and E. Paul Konopka Chair in Adolescent Health and Development; Director, Healthy Youth Development • Prevention Research Center, Division of General Pediatrics and Adolescent Health, Department of Pediatrics, Medical School, University of Minnesota

Renee Sieving, PhD, RN, FAAN, FSAHM, Associate Professor, Center for Adolescent Nursing, School of Nursing; Deputy Director, Healthy Youth Development • Prevention Research Center, Division of General Pediatrics and Adolescent Health, Department of Pediatrics, Medical School, University of Minnesota

Location and Parking

The Institute will be held at the TIES Event Center, 1644 Larpenteur Ave. West, Falcon Heights, MN 55113. For directions, please use a mapping service. Free parking is available in the lot adjacent to the building.

Accommodations

For registrants requiring hotel accommodations while attending the Institute, nearby hotels include:

- Radisson Hotel Roseville
651-636-4567
- Best Western Bandana Square
651-647-1637

Continuing Education

This program provides up to 21 hours of professional continuing education (2.1 CEUs). It is designed to meet the Minnesota Board of Nursing continuing education requirements.

Registration and Fees

The early bird registration fee for the Institute is \$250. After the July 1st deadline the fee is \$300. Fees includes all program sessions, instructional materials, readings, and continuing education record, plus continental breakfast, lunch, and refreshment breaks each day.

Online registration can be found through the continuing education link at www.nursing.umn.edu/CAN and payments can be made by credit card or check, payable to the University of Minnesota.

Registration fees are refunded only if written cancellation is received by July 21st, 2015. An administrative fee of \$50 is charged on all cancellations. A full refund of fees paid is made if the program is not held. The University of Minnesota reserves the right to cancel the program if necessary.

You are encouraged to register early, as enrollment is limited. The registration deadline is July 21st, 2015. To register after this date, please call 612-626-0606 for space availability.

Early Bird Registration:
\$250 ON or BEFORE July 1st
Regular Registration:
\$300 AFTER July 1st

Conference services provided by the Center for Adolescent Nursing and the School of Nursing, University of Minnesota.

The Summer Institute in Adolescent Health is supported in part by grants to the Schools of Nursing and Medicine, from the Maternal & Child Health Bureau (Health Resources and Services Administration [HRSA]) and the Centers for Disease Control and Prevention (CDC), DHHS.

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Graduate Credit Options

The Institute may be taken for two graduate credits through the University of Minnesota or Hamline University.

Register for University of Minnesota Graduate Credit

Two semester graduate credits are available for the Institute, as course number Nurs 5604. Students admitted to a University of Minnesota degree program must follow University of Minnesota registration procedures and deadlines for Summer Session. Call 612-626-0606 for a permission number.

Students not admitted to a University of Minnesota degree program may also register for graduate credit. Contact the University of Minnesota's Onestop for help registering: onestop@umn.edu or 612-624-1111. Non-admitted students must make arrangements for University of Minnesota credit by July 15.

Graduate tuition for this course is approximately \$2,500 plus other University of Minnesota fees that may apply. The registration fee for individuals taking the institute for U of MN graduate credit is \$150 (materials and food service).

Register for Hamline University Graduate Credit

Two semester graduate credits are available through Hamline University. Tuition payment for Hamline credit is \$330 and will be accepted on the first day of the Institute. The registration fee for individuals taking the institute for Hamline graduate credit is \$250. Contact Jenna Baumgartner at baum0272@umn.edu after registering for the Institute to receive the Hamline graduate credit registration form.

Online registration or a printable pdf registration form can be found at www.nursing.umn.edu/CAN. Click on the continuing education link in the left column. The registration form found on the bottom of this brochure can also be mailed in with the Institute fee.

Hamline tuition will be collected on the first day of the Institute. Tuition payments must be made by check.

Questions?

Contact Jenna Baumgartner, MS, Program Coordinator, at 612-626-0606 or e-mail at baum0272@umn.edu

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First Name _____ Last Name _____

Position/Title _____

Employer _____

Street Address _____

City _____ State _____ Postal Code _____

Daytime Telephone _____ Fax _____

E-mail Address _____

Disability or Dietary Accommodations _____

detach here

Early Bird Registration Deadline: ON or BEFORE July 1st

Regular Registration: AFTER July 1st

Registration Fees

- \$250 Early Bird Institute fee (Hamline credit and CE registrants)
- \$300 Regular Institute fee (Hamline credit and CE registrants)
- \$150 U of MN Graduate Credit Institute fee (U of MN credit registrants only. See section on graduate credit option.)

Register online or by mail

Online:

Go to www.nursing.umn.edu/CAN, click on the continuing education link in the left column and then select the online registration link. Payment options: credit card or by mailing in a check with the registration form.

Mail:

Mail this form with your check to:
Jenna Baumgartner
School of Nursing, U of MN
5-140 Weaver-Densford Hall
308 Harvard St. SE
Minneapolis, MN 55455

Make checks payable to: University of Minnesota

Questions:

Call Jenna Baumgartner at 612-626-0606 or e-mail at baum0272@umn.edu