



## BATHING RESIDENTS WITH DEMENTIA

### Learning Objectives:

Using knowledge behavioral symptoms associated with dementia, students will be able to:

1. Identify evidence-based interventions to make bathing a more pleasant and tolerable experience for nursing home residents, especially those with cognitive impairment.

### Student Preparation:

1. Become familiar with symptoms and behaviors associated with dementia.
  - a. Read chapter(s) in course textbook related to dementia and the care of the nursing home resident with cognitive impairment.
2. Become familiar with evidence-based interventions to utilize when bathing a resident with dementia.
  - b. Read the following article and view the accompanying webcast at:  
<http://www.nursingcenter.com/library/static.asp?pageid=527873>  
Rader, J., Barrick, A. Hoeffler, B., Sloane, P. et al. (2006). The Bathing of Older Adults with Dementia. *American Journal of Nursing*, 106(4), 40-49.

### Student Activities:

1. Observe how the nursing staff interacts with those residents who have dementia.
2. Observe or assist a nursing assistant bathe a resident with dementia.
3. Talk with a nursing assistant and discuss strategies he/she uses to bathe a resident who has behavioral symptoms associated with dementia.
4. After the bathing experience, review the nursing care plan of the resident. Determine if bathing strategies are addressed appropriately and adequately in the care plan. Refer to the article that you read. If not, recommend additional practices to be added to the care plan.



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For additional *Quick and Easy* tips, visit:

<http://www.nursing.umn.edu/Hartford/ClinicalTeachinginNursingHomes/ClinicalTeachingResources/index.htm>