

The following courses have been approved for the Complimentary Alternative Medicine Therapies Elective requirement (CAM Elective) for the Psychiatric Mental Health NP DNP program.

*** Please review the credit requirement at the bottom of the page.*

Center for Spirituality and Healing (CSpH)

Course Title	Course #
Art of Healing: Self as Healer	5102
Ways of Thinking about Health	5111
Cultural Knowledge, Health, and Contemporary Cultural Communities	5115
Forgiveness and Healing: A Journey Toward Wholeness	5215
Meditation: Integrating Body and Mind	5225
Advanced Meditation: Body, Brain, Mind, and Universe	5226
Introduction to Traditional Chinese Medicine	5311
Traditional Tibetan Medicine: Ethics, Spirituality, and Healing	5315
Yoga: Ethics, Spirituality, and Healing	5317
Tibetan Medicine, Ayurveda, and Yoga in India	5318
Foundations of Shamanism and Shamanic Healing	5331
People, Plants, and Drugs: Introduction to Ethnopharmacology	5401
Dietary Supplements: Regulatory, Scientific, and Cultural Perspectives	5411
Botanical Medicines in Complementary Healthcare	5421
Functional Nutrition: An Expanded View of Nutrition, Chronic Disease, and Optimal Health	5431
Clinical Aromatherapy: Therapeutic Use of Plant Essential Oils	5501
Aromatherapy Fundamentals	5503
Therapeutic Landscapes	5521
Therapeutic Horticulture	5522
Applications in Therapeutic Horticulture	5523
Introduction to Energy Healing	5533
Reiki Healing	5535
Advanced Reiki Healing: Level II	5536
Mind-Body Healing Therapies	5545
Introduction to Body and Movement-based Therapies	5555
Overview of the Creative Arts in Health and Healing	5561
Music, Health and Healing	5601
Healthy Humor	5611
Botanical Medicines in Complementary Healthcare	5621
Healing Imagery I	5631
Animals in Health Care: The Healing Dimensions of Human/Animal Relationships	5641
Optimal Healing Environments	5711

*** NOTE: The CAM Elective requirement for the program requires THREE (3) credits. If you select a course that is less than 3 credits, you must take an additional course(s) to meet the (3) credit requirement.*