SCHOOL OF NURSING

Founded in 1909 and recognized as the first nursing program established within a university, the University of Minnesota School of Nursing continues to lead the profession into the future.

With a mission to generate knowledge and prepare nurse leaders who create, lead and participate in holistic efforts to improve the health of all people, the school and its research are addressing health issues across the life span with a focus on health promotion among vulnerable populations, prevention and management of chronic health conditions, symptom management, and health/nursing informatics and systems innovation.

The school is ranked among the top programs in nursing informatics and is internationally renowned for its efforts to improve health and health care through the use of big data.

The school has a combined undergraduate and graduate enrollment of approximately 1,184 students. Discover more at www.nursing.umn.edu.

EARL E. BAKKEN CENTER FOR SPIRITUALITY & HEALING

Founded in 1995, the University of Minnesota’s Earl E. Bakken Center for Spirituality & Healing enriches health and wellbeing by providing exemplary interprofessional education, conducting rigorous research, delivering engaging community programs and advancing innovative models of care. It is our vision to advance the health and wellbeing of individuals, organizations and communities through integrative health and healing.

Our faculty are leaders from diverse academic backgrounds and are passionate experts in their fields. Nearly 2,000 students take our courses each academic year, and thousands participate annually in center community workshops.

VIRTUAL CEREMONY

<table>
<thead>
<tr>
<th>Event</th>
<th>Speaker/Role</th>
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<tbody>
<tr>
<td>Pomp and Circumstance</td>
<td>Minnesota Orchestra</td>
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<tr>
<td>Welcome</td>
<td>Connie White Delaney, PhD, RN, FAAN, FACMI, FNAP</td>
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<td></td>
<td>Professor and Dean, School of Nursing</td>
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<td></td>
<td>Mary Jo Kreitzer, PhD, RN, FAAN</td>
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<td></td>
<td>Director, Bakken Center for Spirituality &amp; Healing</td>
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<tr>
<td></td>
<td>Professor, School of Nursing</td>
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<tr>
<td>Commencement Address</td>
<td>Joanne Disch, PhD, RN, FAAN</td>
</tr>
<tr>
<td></td>
<td>Professor ad Honorem, School of Nursing</td>
</tr>
<tr>
<td>Welcome and Presentation of the School of</td>
<td>Jean Carraher, DNP, RN</td>
</tr>
<tr>
<td>Nursing Pin</td>
<td>President, School of Nursing Alumni Society Board</td>
</tr>
<tr>
<td>Conferral of Degrees</td>
<td>The Honorable Kendall J. Powell</td>
</tr>
<tr>
<td></td>
<td>University of Minnesota Board of Regents, Chair</td>
</tr>
<tr>
<td>Presentation of Graduates &amp; Student</td>
<td>All graduates of the School of Nursing and Earl</td>
</tr>
<tr>
<td>Reflections</td>
<td>E. Bakken Center for Spirituality &amp; Healing</td>
</tr>
<tr>
<td>Acknowledgements and Congratulations</td>
<td>Dean Connie White Delaney</td>
</tr>
<tr>
<td>Hail Minnesota!</td>
<td>University of Minnesota Marching Band</td>
</tr>
</tbody>
</table>

Bakken Center for Spirituality & Healing
COMMENCEMENT SPEAKER

Joanne Disch, PhD, RN, FAAN, is professor ad honorem at the University of Minnesota School of Nursing. Starting her career as a staff nurse in cardiovascular intensive care, Disch has held senior leadership roles in almost every type of national organization, e.g., as chief nurse executive at two major medical centers, interim dean at the University of Minnesota School of Nursing, president of the American Association of Critical-Care Nurses and the American Academy of Nursing, board member for the National Center for Healthcare Leadership and board member and chair of the national board of AARP. She also served as chair of the board for Aurora Health Care and inaugural chair of Advocate Aurora Health after the two organizations merged. She continues as a member of that board and is also chair of the Board of Trustees of Chamberlain University.

Her research has centered on nurse/physician relationships and fair and just cultures within schools of nursing. She was an original leader of the QSEN (Quality and Safety Education for Nursing) initiative, a 10-year project funded by the Robert Wood Johnson Foundation to improve the ability of nursing faculty to teach contemporary quality and safety principles and practices. She has received a number of awards for her work, including recognition as a Living Legend from the American Academy of Nursing, nursing’s highest honor; distinguished alumna awards from each of the three schools she attended (the University of Wisconsin, the University of Alabama at Birmingham, and the University of Michigan); and the Distinguished Alumna Award from the University of Wisconsin.

FALL GRADUATES

SCHOOL OF NURSING

Master of Nursing

Shamis Adam
Cottage Grove, MN
BA, Biology, Neuroscience

Lucas A. Anderson
Delano, MN
BS, Cell and Molecular Biology

Autumn M. Anderson
Winona, MN
BS, Biology

Maxwell Anderson
Plymouth, MN
BS, Biochemistry

Christopher Andrew Babich
Saint Paul, MN
BBA, Finance

Melanie DeAnne Bailey
Inver Grove Heights, MN
BS, Genetics, Cell Biology and Development

Kennedy Boadi
Eagan, MN
MBA, Customized Track

Staci Charelle Conocchioli
Eagan, MN
BS, Environmental Sciences

Twyla Jane Cooper
Wahpeton, ND
BS, Family Social Science

Hillary L. Cunningham Shankopee, MN
BA, Human Resources Management

Courtney Daigle Pengilly, MN
BA, Psychology

Bryce Davidson
Gurnee, IL
BS, Sociology

Katelyn Anne Day
Seattle, WA
BA, Mathematics & Chemistry

Caitlin Messerly Duffy
Minneapolis, MN
BS, Neuroscience

Medora Dungan
Mankato, MN
BA, Biology

LaVonne M. Dyer
Saint Michael, MN
BA, Social Work
STTI Honor Society

Reid Ellingson
Duluth, MN
BS, Finance

Monika Isabel Elzey
Menasha, WI
BA, Exercise Science

Christina Parratt Engstrom
Reno, NV
MBA, Business

Sarah Evans
Kansas City, KS
BA, Chemistry

Courtney Verona Farland Johnson
Forest City, IA
MS, Clinical Exercise Physiology
STTI Honor Society

Katie Gjertson
International Falls, MN
BA, Geography

Jack Price Goblirsch
Plymouth, MN
MA, Religious Studies
<table>
<thead>
<tr>
<th>Name</th>
<th>Degree(s)</th>
<th>Major(s)</th>
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</thead>
<tbody>
<tr>
<td>Alyssa Hall</td>
<td>BS, Exercise Science</td>
<td>Exercise Science</td>
</tr>
<tr>
<td>Ella V. Halverson Fackel</td>
<td>BS, Biology</td>
<td>Biology</td>
</tr>
<tr>
<td>Rachel E. Hanauer</td>
<td>PhD, Evolution, Ecology &amp; Behavior</td>
<td>Evolution, Ecology</td>
</tr>
<tr>
<td>Dain Howes</td>
<td>BA, Psychology</td>
<td>Psychology</td>
</tr>
<tr>
<td>Michelle Eileen Huggett</td>
<td>BS, Biology</td>
<td>Biology</td>
</tr>
<tr>
<td>Shacni Abdiweli Hussin</td>
<td>BA, Biology, Society and Environment</td>
<td>Biology, Society and Environment</td>
</tr>
<tr>
<td>Sophia M. Ionescu</td>
<td>BA, Biology &amp; Asian Studies</td>
<td>Biology &amp; Asian Studies</td>
</tr>
<tr>
<td>Erin E. Kelly</td>
<td>BA, Mathematics &amp; Economics</td>
<td>Mathematics &amp; Economics</td>
</tr>
<tr>
<td>Laura Janelle</td>
<td>McDermott</td>
<td>Marriage and Family Therapy</td>
</tr>
<tr>
<td>Sydney Kuller</td>
<td>BS, Neuroscience</td>
<td>Neuroscience</td>
</tr>
<tr>
<td>Sandy Kwok</td>
<td>BS, Pharmacology &amp; Toxicology</td>
<td>Pharmacology &amp; Toxicology</td>
</tr>
<tr>
<td>Kelly Landsman</td>
<td>BS, Biomedical Engineering</td>
<td>Biomedical Engineering</td>
</tr>
<tr>
<td>Harry Leeds</td>
<td>MFA, Creative Writing</td>
<td>Creative Writing</td>
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<tr>
<td>Lynna Long</td>
<td>BA, Biology &amp; Asian Studies</td>
<td>Biology &amp; Asian Studies</td>
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<tr>
<td>Kendra Noble</td>
<td>BS, Biology</td>
<td>Biology</td>
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<tr>
<td>William Lloyd Olson</td>
<td>BA, English</td>
<td>English</td>
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<tr>
<td>Kelly Podetz-Pedersen</td>
<td>BS, Gene Therapy</td>
<td>Gene Therapy</td>
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<tr>
<td>Laura Elizabeth Thomas</td>
<td>BS, Developmental Psychology</td>
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<tr>
<td>Angela R. Tipp</td>
<td>BS, Biology</td>
<td>Biology</td>
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<tr>
<td>Madelaine Margaret Weissend</td>
<td>BS, Biochemistry</td>
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<tr>
<td>Kayla Jane Wimmer</td>
<td>BS, Community and Environmental Sociology</td>
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<tr>
<td>Mackenzie K. Woodward</td>
<td>BS, Community and Environmental Sociology</td>
<td>Community and Environmental Sociology</td>
</tr>
<tr>
<td>David J. Woolsey</td>
<td>BA, Japanese and East Asian Studies</td>
<td>Japanese and East Asian Studies</td>
</tr>
<tr>
<td>Emma Meredith</td>
<td>BS, Biology</td>
<td>Biology</td>
</tr>
<tr>
<td>Laura Elizabeth Thomas</td>
<td>BS, Human Physiology</td>
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(*) indicates graduate has provided service to the military
<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Project Title</th>
<th>Adviser(s)</th>
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<tbody>
<tr>
<td>Eric Anthony Aguirre</td>
<td>Las Cruces, NM</td>
<td>Implementation and Effectiveness of a Structured COPD Self-Management Education Program</td>
<td>Mary Fran Tracy</td>
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<tr>
<td>Lucky Eromosele Amedu</td>
<td>Uromi, Edo, Nigeria</td>
<td>Implementation of a Pre-Sepsis Protocol for Older Adults on a Transitional Care Unit</td>
<td>Dereck Salisbury</td>
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<td>Emily Jean Carroll</td>
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<td>Improving Admission Workflow to Reduce the Number of Patients Not Admitted to the Electronic Health Record</td>
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<td>Developing a Dedicated Education Unit Orientation Module: A Quality Improvement Project</td>
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<td>Phylicia Binotto</td>
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<tr>
<td>Kathleen M. Grangaard</td>
<td>Bloomington, MN</td>
<td>Chest Pain Triage Protocol in the Urgent Care: A Quality Improvement Pilot</td>
<td>Mary Fran Tracy</td>
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FALL GRADUATES

EARL E. BAKKEN CENTER FOR SPIRITUALITY & HEALING

Master of Arts in Integrative Health and Wellbeing Coaching

Madison Marie Berns
Minneapolis, MN
Faculty Adviser: Karen Lawson
Capstone: Group Health Coaching in Times Of Crisis: A Case Study

Megan Hadley
Minneapolis, MN
Faculty Adviser: Karen Lawson
Capstone: Group Health Coaching as Community Building: A Case Report

Jamie Hazelton
Bemidji, MN
Faculty Adviser: Theresa Nutt

Kael Jensen
Saint Paul, MN
Faculty Adviser: Karen Lawson
Capstone: Personalization of Integrative Health and Wellness Coaching through Guided Groundings: A Case Report

Melissa Lavoie
Minneapolis, MN
Faculty Adviser: Theresa Nutt
Capstone: Group Health Coaching for Increased Holistic Awareness of Stress and Stress Coping Abilities

Amber Marmol
New Ulm, MN
Faculty Adviser: Theresa Nutt
Capstone: The Value of Shared Experience in Facilitating Group Support

Blakely Petersen
Golden Valley, MN
Faculty Adviser: Theresa Nutt
Capstone: The Power of the “Pause”: How Integrative Health Coaching offers a ‘pause’ to clients to explore intentional and authentic living regarding their whole health

Betsy Ranum
Minneapolis, MN
Faculty Adviser: Karen Lawson
Capstone: Being and Doing Social Change: Integrative Health Coaching and Collective Liberation

Cynthia Kim-Eumie Shockley
Chaska, MN
Faculty Advisor: Karen Lawson

Kristina Tauer
Savage, MN
Faculty Adviser: Karen Lawson
Capstone: Group Coaching: The Importance of Community in Stress Management - A Case Study

Kelsey Ann Tibodeau
Duluth, MN
Faculty Adviser: Theresa Nutt
Capstone: Coaching in a Global Crisis by Doing Less and Being More

Caitlin Waterstraat
Northfield, MN
Faculty Adviser: Theresa Nutt
Capstone: The Integration of Mindfulness and Health Coaching: A Case Series

Kael Jensen
Saint Paul, MN
Faculty Adviser: Karen Lawson
Capstone: The Power of the “Pause”: How Integrative Health Coaching offers a ‘pause’ to clients to explore intentional and authentic living regarding their whole health

Betsy Ranum
Minneapolis, MN
Faculty Adviser: Karen Lawson
Capstone: Being and Doing Social Change: Integrative Health Coaching and Collective Liberation

Cynthia Kim-Eumie Shockley
Chaska, MN
Faculty Advisor: Karen Lawson

Kelsey Ann Tibodeau
Duluth, MN
Faculty Adviser: Theresa Nutt
Capstone: Coaching in a Global Crisis by Doing Less and Being More

Caitlin Waterstraat
Northfield, MN
Faculty Adviser: Theresa Nutt
Capstone: The Integration of Mindfulness and Health Coaching: A Case Series

Post-Baccalaureate Certificate

Integrative Therapies and Healing Practices

Megan Biggs
Austin, TX

Zack Gill
Columbia Heights, MN

Kailey Meyer
Andover, MN

Jenzi C. Silverman
Saint Louis Park, MN
SCHOOL OF NURSING FACULTY

Jane Anderson, DNP, APRN, ANP-BC, FNP-BC
Eunice Areba, PhD, RN, PHN
Robin Austin, PhD, DNP, DC, RN-BC, FAMIA
Melissa Avery, PhD, APRN, CNM, FACNM, FAAN
Barbara Beacham, PhD, RN
Mary Benbenek, PhD, APRN, FNP-BC, CPNP-PC, FAAN
Linnea Benike, DNP, RN, PCCN
Rozina Bhimani, PhD, DNP, APRN, CNM, FACNM, FAAN
Donna Bliss, PhD, RN, FAAN, FGSA
Cynthia Bradley, PhD, RN, CNE, CHSE
Sarah Brumberg, DNP, APRN, CNP
Mary Chesney, PhD, APRN, CPNP-PC, FAAN, FAAN
Chih-Lin Chi, PhD, MBA
Connie White Delaney, PhD, RN, FAAN, FACMI, FNAP
Stephanie Delkoski, DNP, APRN, WHNP-BC
Joanne Donnelly, DNP, APRN, CRNA
Diana Drake, DNP, APRN, WHNP-BC, FAAN
Carol Flaten, DNP, RN, PHN
Dawn Fredrich, DNP, APRN, CNS
Cheri Friederich, DNP, APRN, CPNP-PC
Jayne Fullkerson, PhD
Elena Geiger-Simpson, DNP, APRN, PMHCNS-BC, LCPC
Karin Alaniz, PhD, RN
Linda Bearinger, PhD, RN, FAAN, FSAHM
Monica Bossenmaier, MA, RN
Thomas Clancy, PhD, MBA, RN, FAAN
Sheila Corcoran-Perry, PhD, FAAN
Patricia Crisham, PhD, MD
Jessie Daniels, MA, RN
Patrick Dean, EdD, RN, MStJ
Mary Dierich, PhD, APRN, GNP-BC, MSHP
Joanne Disch, PhD, RN, FAAN
Laura Duckett, PhD, MPH, RN
Karen Dunlap, MS, RN, NE-BC
Sandra Edwards, PhD, RN, FAAN
Kathleen Fagerlund, PhD, RN, CRNA
Bernadine Feldman, PhD, FRSH
Mary Findorff, PhD, MPH, RN
Andra Fjone, DrPH, APRN, CPNP-PC
Ann Garwick, PhD, RN, LMFT, LP, FAAN
Cynthia Gross, PhD
Blossom Gulickson, RN
Marilyne Gustafson, PhD, RN
Linda Halcon, MPH, RN
Helen Hansen, PhD, RN
Susan Henly, PhD, RN, FAAN
LaVohn Josten, PhD, RN
Catherine Juve, PhD, RN
Madeleine Kerr, PhD, RN
Floris King, PhD, RN
Karina Larson, MS, RN, CNM
Barbara Leonard, PhD, RN, FAAN
Betty Lia-Hoagberg, PhD, RN
Joan Liaschenko, PhD, RN, HCEC-C, FAAN
Linda Lindeke, PhD, APRN, CPNP, FAAN
Ruth Lindquist, PhD, RN, FAHA, FAAN
Marilee Miller, PhD, RN
Georgia Nygaard, DNP, RN, CNP
Carol O’Boyle, PhD, RN
Jeanne Pfeiffer, DNP, MPH, RN, CIC, FAAN
Christine Poe, DNP, RN, PNP
Mary Rowan, PhD, APRN, CNM
Muriel Ryden, PhD, RN
Mariah Snyder, PhD, RN
Eugenia Taylor, MA, RN
Patricia Tomlinson, PhD, RN
Bonnie Westra, PhD, RN, FAAN, FACMI
Dianne Willer-Sly, DNP, APRN, CNP, FAAN
Mary Zaccagnini, DNP, RN, ACNS-BC, AOCN

(*) indicates faculty has provided service to the military
ACADEMIC DRESS
The academic regalia worn today originated in the Middle Ages, when gowns and hoods kept scholars and clerics warm. The distinctive gown served to set the student apart from fellow citizens, giving birth to the expression, “town and gown.”

Baccalaureate degree gowns are made of worsted material with pointed sleeves, master’s gowns of silk with long, closed sleeves, and doctoral gowns of silk with longer sleeves, faced with black velvet from hem to neck and back. The doctoral gowns also have three velvet bands around each sleeve above the elbow.

Hoods are made of the same materials as the gowns, the length varying with the degree. The colors of the hood’s lining identify the university where the degree was earned; the border indicates the academic discipline.

ACADEMIC EXCELLENCE AND LEADERSHIP
Sigma Theta Tau International is the honor society for professional nurses. Criteria for membership include having a cumulative grade point average of 3.0 as well as personal attributes such as creativity, demonstrated leadership potential and potential for contributing to the profession of nursing. Student members of STTI must have the recommendation of at least two nursing faculty members. Graduates are distinguished with a lavender and white cord.

SYMBOLS ON THE SCHOOL OF NURSING PIN
The University of Minnesota School of Nursing pin has been in use since September 1913. The antique lamp represents the metaphysical sciences; the telescope, the physical sciences; the plow, the industrial arts, and the artist’s palette represents the fine arts. These are the four dimensions of a baccalaureate education. Above and below is the cross of St. George, which for centuries has stood for unselfish service. Each MN graduate will receive a School of Nursing pin displaying the symbols of this proud heritage. Sincere appreciation is extended to the School of Nursing Alumni Society and the generous donors who contributed to the Nursing Legacy Fund that provided the School of Nursing pins given to the MN graduates and the University of Minnesota business card holders given to the DNP graduates. Thank you for furthering this proud nursing tradition.

ACADEMIC DRESS
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The University of Minnesota shall provide equal access to and opportunity in its programs, facilities, and employment without regard to race, color, creed, religion, national origin, gender, age, marital status, disability, public assistance status, veteran status, sexual orientation, gender identity, or gender expression.

The University’s mission, carried out on multiple campuses and throughout the state, is threefold: research and discovery, teaching and learning, and outreach and public service.

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