

2019



July 29th – July 31st
August 1st (graduate students only)
St. Paul, Minnesota

SPONSORS

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2019 Summer Institute in Adolescent Health

Marijuana, E-Cigarettes & Opioids among Adolescents: Navigating the Now

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Should I be concerned about the explosion of vaping among adolescents? Is marijuana really medicine? How has the recent opioid epidemic affected teens? Many caring adults have questions like these as they search for effective strategies to prevent and address substance use issues with young people.

Information about how e-cigarettes, marijuana, and opioids affect adolescent mental health, relationships, sexual health, brain development, and overall health and safety is vital to consider in our efforts to support healthy decisions among youth. Responses to the recent uptake of vaping among middle school and high school students across the U.S., shifting attitudes and policies about marijuana use, and national calls to greatly expand opioid prevention efforts all require a broad lens for addressing overall health in young people. Professionals, parents, and all who interact with youth must examine the implications of this information, their personal values about these topics, and how they inform and counsel young people about substance use.

During the 2019 Summer Institute, explore current research, legislation and prevention strategies regarding adolescents' use of e-cigarettes, marijuana, and opioids. Delve into the history of these substances and the disparate impacts on marginalized communities. Talk with health and social service providers, counselors and teachers who work daily to prepare young people to navigate the challenging and changing landscape of e-cigarettes, marijuana, and opioids. Explore strategies for building partnerships and prevention efforts that best serve adolescents.

Who Should Attend?

All who work with parents and young people – teachers, counselors, school nurses, social workers, mentors, coaches, public health nurses and nurse practitioners, health educators, psychologists, school district technology directors and instructional coaches, physicians, youth ministers, religious leaders, law enforcement, policy makers, and youth advocates.



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Day 1. Exploring the Now: Trends and Health Implications of Substance Use

- Understand current patterns and trends in youth substance use
- Explore vaping and marijuana industries
- Investigate facts, fictions, and controversies surrounding adolescents' use of marijuana, e-cigarettes, and opioids

Day 2. Exploring the Why: How Substance Use Affects Young People and Their Communities

- Delve into the legal history of marijuana in the U.S.
- Hear from communities that are disproportionately impacted
- Examine the link between adolescent mental health and substance use
- Explore evidence-based prevention strategies for clinical practice and community programs

Day 3. Exploring the How: Shifting the Conversation to Equip Parents and Professionals

- Hear youth perspectives on substance use
- Discover strategies and tools to encourage parent-teen communication about marijuana, e-cigarettes, and opioid use
- Share resources and approaches for prevention and treatment of problematic substance use among teens

Institute Schedule:

The Institute runs from 8:00 am - 4:30 pm each day.

Guest Faculty

Seth Ammerman, MD



Passionate about improving adolescent health, Dr. Seth Ammerman has spent his career working with homeless, underserved, and at-risk youth; exploring the use of mobile technology for improving youth health; and understanding tobacco and substance use among adolescents. Dr. Ammerman's research has focused on the age of onset of use and risk for addiction among youth and is poised to educate teens and parents about marijuana and tobacco use on the developing brain. Currently practicing as a physician at federally qualified health centers with Alliance Medical Center in Healdsburg, CA, and at Mission Neighborhood Health Center in San Francisco, CA, Dr. Ammerman often counsels young people about substance use and the cognitive and psychosocial affects it can have on their lives.

Serving as an attending physician and clinical professor in pediatrics and adolescent medicine at Stanford University from 1990-2019, Dr. Ammerman founded and was the medical director of the Teen Health Van, a mobile clinic program providing comprehensive primary health care services to homeless, uninsured, and underinsured youth. In October 2015, he became Board Certified in Addiction Medicine.

Dr. Ammerman is both a Fellow of the American Academy of Pediatrics (AAP) and the Society for Adolescent Health and Medicine (SAHM), chair of the northern California chapter of the AAP Substance Abuse Committee, and a former member of the national AAP Committee on Substance Use and Prevention. He is a member of the medical honors society Alpha Omega Alpha. In 2012, Dr. Ammerman received a Silicon Valley Business Journal Health Care Heroes award. He also received the national AAP Founders Award in 2012 for his work in community adolescent health. In 2014, Dr. Ammerman received a Bay Area Jefferson Award for Public Service, and in 2015 received a further honor of a Jefferson Award Silver Medal.

Core Faculty

Amber Cameron, MS, Associate Director for Public Engagement Initiatives, Office for Public Engagement, U of MN

Jill Farris, MPH, Director, Adolescent Sexual Health Training and Education, Healthy Youth Development • Prevention Research Center, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

Sara Hollie, MPH, Healthy Youth Development Coordinator, Division of Community and Family Health, Maternal and Child Health Section, Minnesota Dept. of Health

Gabriel McNeal, MA, Adolescent and Youth Development Specialist, Division of Community and Family Health, Maternal and Child Health Section, Minnesota Dept. of Health

Jenny Oliphant, EdD, MPH, Research Associate and Community Outreach Coordinator, Healthy Youth Development • Prevention Research Center, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

Renee Sieving, PhD, RN, FAAN, FSAHM, Professor; Director, Center for Adolescent Nursing, School of Nursing; Director, Healthy Youth Development • Prevention Research Center, Div. of General Pediatrics and Adolescent Health, Dept. of Pediatrics, Medical School, U of MN

Location and Parking

The Institute will be held at Midpoint Event Center, 415 Pascal St. N., St. Paul, MN 55104. For directions, please use a mapping service. Free parking is available in the lot adjacent to the building.

Accommodations

For registrants requiring hotel accommodations while attending the Institute, nearby hotels include:

- Days Inn by Wyndham St. Paul Midway 651-645-8681
- Holiday Inn St. Paul Downtown 651-225-1515
- Hyatt Place St. Paul/Downtown 651-647-5000

Continuing Education

This program provides up to 21 hours of professional continuing education (2.1 CEUs). It is designed to meet the Minnesota Board of Nursing continuing education requirements.

Registration and Fees

The early bird registration fee for the Institute is \$300. After July 1st the registration fee is \$350. Fees includes all program sessions, instructional materials, readings, and continuing education record, plus continental breakfast, lunch, and refreshment breaks each day.

Online registration can be found through the continuing education link at <http://z.umn.edu/ahsi> and payments can be made by credit card or check, payable to the University of Minnesota.

Registration fees are refunded only if written cancellation is received by July 17th, 2019. An administrative fee of \$50 is charged on all cancellations. A full refund of fees paid is made if the program is not held. The University of Minnesota reserves the right to cancel the program if necessary.

You are encouraged to register early, as enrollment is limited. The registration deadline is July 19th, 2019. To register after this date, please call 612-626-0606 for space availability.

Early Bird Registration:
\$300 *ON or BEFORE* July 1st
Regular Registration:
\$350 *AFTER* July 1st

Graduate Credit Options

The Institute may be taken for two graduate credits through the University of Minnesota or Hamline University.

Register for University of Minnesota Graduate Credit

Two semester graduate credits are available for the Institute, as course number Nurs 5604. Students admitted to a University of Minnesota degree program must follow University of Minnesota registration procedures and deadlines for Summer Session. Call 612-626-0606 for a permission number.

Students not admitted to a University of Minnesota degree program may also register for graduate credit. Contact the University of Minnesota's Onestop for help registering: onestop@umn.edu or 612-624-1111. Non-admitted students must make arrangements for University of Minnesota credit.

Graduate tuition for this course is approximately \$3,000 plus other University of Minnesota fees that may apply. The registration fee for individuals taking the institute for U of MN graduate credit is \$150 (materials and food service).

Register for Hamline University Graduate Credit

Two semester graduate credits are available through Hamline University. Tuition payment for Hamline credit is \$380 and will be accepted on the first day of the Institute. The registration fee for individuals taking the institute for Hamline graduate credit is \$300. Contact Jenna Baumgartner at baum0272@umn.edu after registering for the Institute to receive the Hamline graduate credit registration form.

Online registration or a printable pdf registration form can be found at <http://z.umn.edu/ahsi>. The registration form found on the bottom of this brochure can also be mailed in with the Institute fee.

Hamline tuition will be collected on the first day of the Institute. Tuition payments must be made by check.

Questions?

Contact Jenna Baumgartner, MS, Program Coordinator, at 612-626-0606 or e-mail at baum0272@umn.edu

Conference services provided by the Center for Adolescent Nursing and the School of Nursing, University of Minnesota.

The Summer Institute in Adolescent Health is supported in part by grants to the Schools of Nursing and Medicine, from the Maternal & Child Health Bureau (Health Resources and Services Administration [HRSA]) and the Centers for Disease Control and Prevention (CDC), DHHS.

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