Resources: Inflammatory Bowel Disease (IBD)

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Below you will find resources for supporting youth and families with Inflammatory Bowel Syndrome that were compiled by Natalie Reker, RN who is a 3rd year DNP student in the PNP program.

Feel free to forward this newsletter to others.

Ann Garwick and Wendy Looman, Center Co-Directors

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Inflammatory Bowel Disease (IBD) Resources

Resources for Youth & Families:

**GI Kids:** [http://www.gikids.org](http://www.gikids.org)

- GI kids provides easy to understand information about the treatment and management of IBD for children and parents.

"Just Like Me IBD": [http://www.justlikemeibd.org/z-testing/cddev/2017-just-like-me/](http://www.justlikemeibd.org/z-testing/cddev/2017-just-like-me/)

- For teens with IBD, created by the Crohn’s and Colitis Foundation. Provides information about life with Crohn’s and Ulcerative Colitis, treatments and research, as well as ways to connect with other teens with IBD, including forums and support groups.

**Your Child with Inflammatory Bowel Disease:** [https://www.amazon.com/Your-Child-Inflammatory-Bowel-Disease/dp/0801895561](https://www.amazon.com/Your-Child-Inflammatory-Bowel-Disease/dp/0801895561)

- The book explains the symptoms, diagnoses, and treatments associated with IBD and provides parents with practical advice on how to tell their children about IBD. It also discusses the challenges children may face at school and in their social lives, especially as they grow older.
Resources for Health Care Providers:

American Gastroenterological Association: http://www.gastro.org

- Includes more than 16,000 members from around the globe who are involved in all aspects of the science, practice, and advancement of gastroenterology.

Crohn's and Colitis Foundation: http://www.crohnscolitisfoundation.org/

- Non-profit, volunteer-driven organization dedicated to finding the cures for Crohn's and Ulcerative Colitis and to improving the quality of life of children affected by these diseases. Beyond research, the foundation is collaborating with healthcare providers to improve quality of care, as well as educating, supporting, and empowering patients and their caregivers through patient centered education and advocacy programs.

North American Society of Pediatric Gastroenterology, Hepatology and Nutrition: https://www.naspghan.org/

- Striving to improve the care of infants, children, and adolescents with digestive disorders by promoting advances in clinical care, research, and education.