A trip abroad opens a student’s eyes
Dear readers:

It’s embarrassing to admit what I didn’t know when I arrived at the SoN as the new director of communications. I didn’t know about nurse researchers or nurse PhDs. I didn’t understand the call, the core or the curriculum of nursing. I’d only seen what looked to me like nurses “following doctor’s orders.” True confessions.

But I wasn’t very different from most people in my ignorance, and in some ways it has been an advantage. I can better appreciate what it will take to make nursing more fully understood, respected, consulted, included and supported.

A year ago I witnessed my mother’s final decline in a jumbled system of clinics, hospitals, nursing home, home care and hospice. At that sad time I saw first-hand why nurses must assert their leadership: to restore the essential quality of caring through their many roles—as advocate, holistic care leader, team member and care giver, and in caring’s many dimensions—physical, technical, psychological, intellectual, social and even spiritual.

The goal of this magazine is to share with key audiences—alums and retirees, donors, policy-makers, our partners in health care, and our own faculty, staff and students—how the University of Minnesota School of Nursing creates knowledge that can improve lives and prepares nurse leadership for tomorrow.

You may have noticed the magazine has a new name: Minnesota Nursing. It reflects the school’s flagship status in Minnesota and expanding role in national and international nursing research and education. We’ve also made the alumni section more reflective of the voices of the alums themselves, and redesigned the magazine to make it more pleasurable to read.

You’ll read in this issue that long-time Dean Sandy Edwardson has stepped down to resume her research. We’ll miss her thoughtful, unflappable and generous leadership, and wish her well. I especially appreciate her support of communication efforts, including this magazine redesign. Meanwhile, we welcome Interim Dean Joanne Disch, whose dynamic leadership is appreciated nation-wide.

We hope you enjoy this first issue of Minnesota Nursing and welcome your comments and suggestions (612-624-0939; patto017@umn.edu).

Mary Pattock
Director of Communications
It has been an exhilarating 14 years

since I began serving as the School of Nursing’s dean. The prospect of building on the formidable legacy of the former directors and deans of the School was both daunting and stimulating. The women who preceded me were creative and bold in facing challenges both in the University and the community. Within the University, they used wisdom, political savvy and a little bit of guile to challenge those who thought nursing wasn’t yet ready for university status. In the community, they helped to introduce new nursing roles and patterns of practice, changes that were not always welcomed in the beginning.

I believe the talented and committed faculty and staff of the School have done much to carry on that legacy since 1990. Together we worked to push the boundaries of “the way we have always done things” to make substantial progress in increasing our contribution to nursing science and at the same time responding to the changing need for nurses. We have more than doubled our research funding and enrollments. We created centers of research excellence that have brought together faculty and students with like interests, supported colleagueship and enhanced the development of research programs.

We implemented numerous innovative programs and became known as campus leaders in distance education strategies. Responding to the changing need for nurses, we made significant revisions of the undergraduate and doctoral curricula and added programs in public health nursing, nurse practitioner specialties (FNP, GNP, PNP & WHCNP), subspecialty options in adolescence and children with special care needs and the post-baccalaureate certificate program. We are providing a pathway for American Indian students into doctoral studies through the Bridge program.

We tried to keep pace with the needs of Minnesota by establishing a satellite of the undergraduate program in Rochester and by offering time-limited programs to Greater Minnesota in public health nursing leadership and psychiatric/mental health nursing. In partnership with Minnesota State University-Moorhead, we sent graduate courses to northwestern Minnesota, allowing students from that area of the state to complete most of their coursework without the long commute to Minneapolis. We also led statewide, grant-supported collaborations with the other Minnesota graduate nursing programs for advanced practice nursing and a graduate interdisciplinary Academic Health Center service-learning project.

In addition to the work of faculty and staff, our School of Nursing Foundation and Alumni Society have given invaluable support. We surprised ourselves by raising $15.8 million in the recently concluded Minnesota Campaign, funds that will provide a measure of excellence well into the future.

Dean transitions can be difficult if we let them be. I want you to know that I will do whatever I can to help the recruitment process go smoothly and successfully. At this time Joanne Disch, PhD, RN, FAAN, director of the Katharine J. Densford International Center for Nursing Leadership, has been appointed interim dean while the search process runs its full course.

Personally, I will be taking a sabbatical leave next year to refresh my academic credentials through a senior scholar position at the Agency for Healthcare Research and Quality in Washington, D.C. Then I will return to my tenured faculty position in Fall 2005.

Thank you for your part in bringing us to where we are today. We have a great team, both academically and administratively. I believe the school will be an attractive opportunity for the next dean.

SANDRA EDWARDSON, PHD, RN, FAAN
DEAN, 1990–2004
“Storied” Research Produces Real-Life Solutions

Discovering cultural misunderstandings, biased care and access barriers.

“I’m interested in what helps caregiving families do well when they’re under stress,” says Ann Garwick, PhD, FAAN “particularly families from diverse cultural backgrounds.”

Garwick, Director of the Center for Child and Family Health Promotion Research, studies health issues and designs interventions that will work in real life in families, communities, various cultures and physical environments, urban and rural areas. In the process, she and her colleagues have forged strong ties to Minnesota’s African American, Latino and American Indian communities.

Teasing out culture is not as easy as one might think, she says, because it’s somewhat invisible. But the health care disparities revealed in her research are not. She’s found that cultural misunderstandings, biased care and access barriers are common problems.

Garwick addresses these inequities from a unique, relationship-based perspective. She sees up close and personal how culture and environment play a dramatic role in a person’s health and quality of life. “My role is listening to the stories people tell me, then finding out what the needs are in the community,” she says. “I’m an interpreter, translating high priority needs into action plans through community partnerships, publications and networking with policymakers.”

By reaching the right people and asking the right questions, Garwick reveals the stressors that plague minority families who care for children with special health needs. Then she crafts interdisciplinary, culturally sensitive programs to prevent problems and improve practices. She is one of few health researchers in the country engaged in this type of inquiry.

INDIAN FAMILIES STORIES PROJECT

Garwick’s work in the Minneapolis American Indian community is a good example of how the center conducts research with communities, inviting them into both inquiry and intervention. She began seven years ago in Minneapolis’s Phillips neighborhood, partnering with colleagues and community leaders.
Her first step was to interview 40 American Indian families to explore what they were encountering in caring for kids with serious health problems. She and her team honored families at a feast and shared findings with the community. “Stories are really gifts they shared with us, so they were the first ones to hear the findings and help plan next steps,” she says. She has continued to build on her original research through five related projects.

Asthma emerged as a critical but hidden problem. “There weren’t good prevalence data to show asthma as an emerging problem among urban Native youth,” she says. “Community stories clearly showed it was a serious problem. But because it hadn’t been identified, culturally relevant materials hadn’t been developed.”

To increase community awareness of asthma, Garwick conducted a six-week family-based asthma intervention project at Little Earth of United Tribes in Minneapolis. Next, teens with asthma eagerly got into the act, and with the help of a Native American film company, Garwick produced an instructional video on living with asthma. Videos have been distributed to nearly 500 sites around the U.S. to promote asthma education.

The initial study also revealed a need for more culturally appropriate and respectful care. “Several caregivers mentioned providers who ignored them or talked down to them,” says Garwick. Others were frustrated that providers did not understand and respect their cultural beliefs and practices.

These findings, which also emerged from stories told to her by Native families, led to her second undertaking: helping the health care community communicate more effectively with them. She produced a second video in which Native American clinicians—including Roxanne Struthers, PhD, RN, also of the School of Nursing—shared their wisdom in three areas: cultural communication patterns, traditional beliefs and practices, and how to build respect and trust. More than 450 videos have been distributed to health care providers throughout the country.

Garwick has made a new alliance with Head Start in the Ramsey Action Program aimed at helping preschoolers with asthma. It promises to be the start of another long research effort, which has begun with a grant from NINR. Appointment to the Leadership Team of the Controlling Asthma in American Cities Project will offer more opportunities.

Participating on advisory boards and task forces is a way to make community relationships that build trust, she says. “That way, I can voice families’ concerns and influence what happens.”
Tackling the Harry Potter Syndrome

Those afflicted often confine themselves to their homes, avoid social contact with others, and even starve themselves to avoid accidents.

To paraphrase Harry Potter, it’s the problem that dares not speak its name. Estimates are that it affects 60 million Americans of all ages, including 100,000 Minnesotans. Many post-partum women suffer from it. So do half of all nursing home residents, and 30 percent of the elderly who live at home.

Bowel incontinence ... the stress of living with the condition causes psychological problems among many sufferers. “Those afflicted often confine themselves to their homes, avoid social contact with others, and even starve themselves to avoid accidents,” says Donna Bliss, PhD, RN, FAAN, School of Nursing researcher and associate professor. “And although it’s always on their minds, they often keep it secret, even from their spouses or those closest to them.”

Bliss was recently awarded a $2 million grant from the National Institute of Nursing Research (NINR) to continue her study.

The problem goes largely untreated because it is so poorly understood, even among health providers, she says. Triggers are different with every person. Diabetes, multiple sclerosis, muscle nerve systemic diseases, trauma, and surgery may bring it on—but not necessarily. Post-partum women are at risk for the condition. “A lot of women think ‘It’s happening after my baby [is born] and it will go away,’” says Bliss. “And then it doesn’t.”

No definite set of indicators translates into there being no good therapies, no informed recommendations and no cure. In fact, bowel incontinence is rarely discussed—even among health professionals.

Bliss is one of a very few researchers working in this area. “Nurses have done wonders for urinary incontinence through research, but we’re still in the closet,” she said. “This seems to be one of the last frontiers.”

MANAGEMENT THROUGH DIET
Bliss’ early research identified a controlled-fiber dietary supplement as a promising therapy. NINR funding will help her determine necessary fiber quality and quantity.

Working with patients recruited from Health Partners Clinics and the Colon and Rectal Surgery Associates at the University of Minnesota, Bliss is trying to determine the optimal type of dietary fiber to best manage the problem.

Delivering the several fibers they wanted to test—in precise amounts and in a palatable form—was a major challenge, but necessary to generate scientific results. Bliss and co-investigator Hans Jung, PhD, a “fiber guru” from the Agricultural Research Service of the Food and Drug Administration stationed at the University as a research scientist, ultimately developed scones and juices that contain the fibers. These supplements are prepared in a restaurant-grade kitchen on the St. Paul campus, and delivered to participants’ doors.

Bliss hopes the study will provide clinical evidence to make fiber therapy a viable option, either on its own or in conjunction with other treatments. She says it also promises to advance the standards of care for the seven percent of nursing home and critical care patients who suffer from incontinence-related dermatitis, a result of skin contact with fecal material. “I don’t know that we’ll ever eliminate fecal incontinence altogether,” says Bliss. “But I think we probably could eliminate skin problems by preventing skin breakdown.”

Bliss and her colleagues may be the only researchers looking at the role of fiber in incontinence—nationally or internationally. “It’s not high tech, but it’s scientifically based,” she says. “And it’s very important to people’s lives.”
As a doctoral student focusing on coronary arterial research, Diane Treat-Jacobson noticed that an important aspect of cardiovascular health was being overlooked. “Blockage in the coronary artery causes heart attacks, and a clogged carotid artery causes stroke,” said Treat-Jacobson, PhD, RN, now an assistant professor at the School of Nursing. “When the same process clogs the leg arteries, it is called peripheral arterial disease (PAD). But most clinicians know very little about prevention and treatment of this disease.”

Ten to 12 million people in the United States have PAD, although two-thirds probably don’t know it and neither do their doctors. Failure to recognize it places them at significant risk. Up to 50 percent of PAD patients die within ten years, primarily from stroke or heart attack.

In addition, up to four million people with PAD also have claudication—leg pain that makes it difficult to walk. Once considered relatively benign, the crippling condition went undiagnosed until the last 10 or 15 years. Patients often believed it was a natural part of aging, and just put up with it. Thanks to researchers like Treat-Jacobson, it’s finally getting the focus it deserves. “It’s a disease that should be treated in the same way coronary disease is treated,” she said.

As a steering committee member of the national Partners Program (PAD Awareness Risk and Treatment, New Resource for Survival), Treat-Jacobson helped design and implement the first national study to teach primary care clinics how to recognize and test accurately for PAD.

JAMA Publishes Groundbreaking Study
Using a small Doppler ultrasound device, clinicians can now diagnose PAD with a simple 10-minute test that compares the blood pressure of the arm to the ankle. “You can’t hear the blood pressure in the ankles with a stethoscope, so you use the Doppler,” she said. “If it’s ten percent lower or more, that’s diagnostic of PAD.” Study results were published in the September 2001 issue of the Journal of the American Medical Association (JAMA).

The success of the groundbreaking national study led Treat-Jacobson to explore the social, emotional and mental problems associated with PAD claudication. Her qualitative study of PAD patients in Minnesota and Colorado revealed disturbing, although not surprising, information on what patients were facing.

“People understand heart disease, they pay attention to symptoms and are likely to seek care. But PAD patients are distressed because their disease is not recognized,” she said. “They feel abnormal and burdensome to their families. Their inability to keep up with their peers also heightens their isolation.”

Using the results from her study, Treat-Jacobson is now developing a PAD questionnaire to use in further clinical care and research. Once completed, the questionnaire can be used to screen new patients—including those facing surgery, augment physiological and exercise tests associated with PAD treatment, and gauge changes for better or worse.

She has now begun a four-year research initiative aimed at helping PAD patients participate in supervised exercise to manage pain and improve their quality of life. “Exercise is one of the best ways to treat claudication,” she said. “It doesn’t reverse the disease, but it can improve walking distance up to three-fold.”

The study, funded by the American Heart Association, will compare the benefits of upper arm cycling against treadmill training. “The quality of life and exercise pieces really dovetail, because one of the measures in my exercise study is to see how it changes quality of life.”

Mame Osteen is a Minneapolis freelance writer.
Post-Bacc Program Addresses Shortage, Enriches Profession

The school’s first class of post-baccalaureate students graduated in December from a course of study that compressed the contents of the full two-year nursing baccalaureate curriculum into just 16 months and included about a third of the courses required for the master’s degree. One reason the school introduced the degree was to help alleviate the nursing shortage by getting new nurses into the workforce more quickly. Typically, up to a third of the university’s BSN students already hold baccalaureate and sometimes master’s degrees in other fields, and have graduate study as their objective. They are academically experienced and up to the challenge of the more intensive post-baccalaureate program.

“After they obtain their post-baccalaureate certificate and pass the RN licensure exam, they can start work as an RN at least 6 months earlier than if they took the traditional BSN route,” says program coordinator Mary Rowan, PhD, CNM, RN. “Plus, they’re well positioned to apply to the master’s program, and if accepted will already have a good bit of the coursework completed.”

An equally important reason to start the program, Rowan says, was to attract more of those already-degreed applicants into nursing. Many have backgrounds in laboratory technology, psychology, biology, business administration and other relevant fields. Some inquiries have come from people with doctoral degrees.

“The backgrounds these people bring to nursing are wonderful, and when they get out there into hospitals, nursing homes, public health agencies, and clinics, they’re going to contribute perspectives and skills that will enrich the profession and enhance its holistic character. That will help improve patient care.”

The program is the first of its kind in Minnesota and the surrounding states. A full-time day program, it offers at least as many clinical hours as regular BSN students, a 5000-level course in physical assessment and 8000-level master’s core courses in nursing research, ethics, theory and health care leadership.

New residency program aims to help first-year nurses survive—and thrive

One reason for the nursing shortage is the difficult transition newly minted nurses encounter as they move from the classroom to the workplace.

Many national groups recommend strengthening support systems for first-year nurses to make them successful at the onset of their careers—and thus more likely to remain in the profession. Thanks to a grant awarded under the federal Nursing Reinvestment Act, new graduates going to work at five health care facilities in Minnesota can now serve in residencies that will provide the kind of support that has too often been missing in the past.

The program, dubbed N-Lighten, is funded by a three-year $625,000 grant from the Health Resources and Services Administration, Department of Health and Human Services. The grant was awarded to the University of Minnesota School of Nursing and its partners: Mercy Hospital, Moose Lake; Dakota County Public Health; Fairview University Medical Center, Minneapolis; Methodist Hospital, St. Louis Park; and North Memorial Hospital, Golden Valley.

N-Lighten aims to improve nurse retention by helping new nurses be successful in the first months of their professional lives. It will also help the five health care partners recruit diverse nurse applicants by offering a more attractive workplace.

The first group of 65 new graduates started nursing residencies at these facilities in October and November. Other groups will be added twice a year, with each organization recruiting its own participants.

Although the partner organizations vary widely in size and scope, the focus of the N-Lighten program will be consistent at each location.

ON-LINE CURRICULUM PLUS MENTORING

One important component of the project is a Web-based curriculum developed by the School of Nursing in collaboration with its partners for each partner to use with residents during their first year of practice.

Each module of the Web-based curriculum emphasizes developing professional effectiveness in new nurses through knowledge of self, knowledge of context, and knowledge of nursing. Included, for example, are tools that residents can use to assess their leadership skills, to record and reflect on their first year of practice, and to develop strategies for handling situations involving potentially different views on ethics, standards of care and the use of evidence.

Another important component of the effort to support new nurses is mentoring. Ask most nurses what single change would have made the start of their professional careers easier, and they will most likely say, “a mentor.” Through N-Lighten, senior nurses now individually mentor new nurses on matters ranging from their professional roles to providing care to culturally diverse patients.

“The leap from the classroom to the workplace is huge—a culture shock,” says Ann Jones, Director of Undergraduate Studies at the University of Minnesota School of Nursing and the project director. “This program will help nurses make that transition.”

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Rochester students join graduation ranks

Twelve of this year’s 102 graduating seniors were the first to have earned their degrees at the school’s satellite in Rochester. The program, established in 2001 to respond to the nursing shortage, will reach capacity next year, with a total of 90 students in its sophomore, junior and senior classes.

Students in the Rochester satellite come from southeastern Minnesota, the Twin Cities, and across the region. Their clinical experiences take place in a number of area facilities, including the hospitals of the Mayo Clinic.

Because of the increasing complexity of technology and patient conditions, the American Nurses Association has recommended raising the proportion of BSN-prepared nurses in the workforce. Each year, the University ranks either first or second in Minnesota in the number of BSN-prepared nurses it graduates.

Better for Everyone: A Project to Improve Health in Multicultural Communities

Could the size of a clinic examining room help a sick person heal?

Yes, if that patient happens to be Hmong and the room needs to accommodate several family members who will be involved in the patient’s health care and decision-making. But many health care providers aren’t aware of cultural differences like this one that can play a critical role in healing.

In October, the school’s Katharine J. Densford International Center for Nursing Leadership launched “Better for Everyone,” a project to improve health outcomes for local multicultural communities by changing health-care environments. Participants believe that if they can improve health care environments and delivery systems for some patients, they will effectively improve them for all.

The Center invited 19 Minnesota nursing leaders to the initial four-day workshop and to three follow-up sessions where they tracked progress and measured success. Results of the yearlong project will be made available to other Minnesota health-care organizations. (See sidebar for preliminary learnings.)

“There is a great disparity in the health status among residents of Minnesota,” said Joanne Disch, PhD, RN, FAAN, Executive Director of the Densford Center and Interim Dean. “The conference introduced local nursing leaders to specific cultural differences we have in our community, and provided an opportunity for them to work together to develop clinical and organizational strategies to bridge the differences.”

Nurses are uniquely positioned to make these changes because their role in health care is to address patients holistically, including the social systems and environment that can play a determining role in their health status.

The training portion of the project was supported by contributions from Edwards Memorial Trust, Anna Heilmaier Charitable Foundation and Children’s Hospitals and Clinics. Its unusual evaluation feature is supported by a generous contribution from the Blue Cross Blue Shield of Minnesota Foundation.

Participants were nursing leaders who have authority to implement changes in hospitals and ambulatory care centers. They represent five metro area health care organizations: North Memorial Hospital, Fairview, HealthEast, Hennepin County Medical Center, Children’s Hospitals and Clinics; and five rural health care organizations: Allina clinics in Owatonna, Buffalo and Wilmaw; Austin Medical Center and Rice Memorial Hospital.

KEY LEARNINGS

While complete results from last year’s “Better for Everyone” project are still being compiled for dissemination to health care organizations, Joanne Disch said the project’s key learnings include these:

- Every environment is multicultural if we consider diversity as encompassing all of the things that make us individuals, e.g., race, ethnicity, gender, religion, sexual orientation and physical ability.
- Passionate individuals can accomplish change at a local level. Their impact can be magnified exponentially if administration lends support and encouragement.
- More can be accomplished when individuals work in pairs or small groups.
- Start somewhere—post an article for someone to read, or post a few “Did you know?” questions.
GOING HOME:
REPORT FROM LIBERIA

BY MARY PATTOCK
PHOTOS BY NYEBA MANSTON-DUNBAR
“Conditions are worse than you can imagine,” says Nyeba Manston-Dunbar of her trip home to Liberia last summer. A master’s student in public health nursing and a staff nurse at Fairview-University Medical Center, Manston-Dunbar had fled Liberia and its civil war as a teen in 1990, escaping to neighboring Ivory Coast. She returned in 1992 during the interim government, only to flee to the U.S. later that year for fear of increased instability.

“Many schools and public buildings in Monrovia have turned into makeshift housing for the tens of thousands of displaced people. In the morning, the scene is chaos as these people get up and begin the daily search for food and work.”
Under the auspices of the American Refugee Committee (ARC), Manston-Dunbar returned to her native Liberia in late August to conduct a health assessment in this war-torn nation, part of a five-person team that visited seven refugee camps as part of an 18-day mission.

One camp she visited, in a Monrovia sports arena, was “home” to more than 60,000 people. Other camps, accommodating up to 12,000, were set up in schools and public buildings. Some 80,000 more refugees were still on the road. In the camps refugees slept on torn straw mats on cement floors, even in the rainy season when the floors are cold and damp.

Typically, she reported, the camps provide no health care, antibiotics or contraceptives and no medication for sexually transmitted disease. One interviewee told her that every woman in the group with which she traveled to the camp had been raped at least once, and many have been abandoned by their husbands, who view them as “dirty.” Many, if not most, of the women suffer from sexually transmitted disease, and none whom Manston-Dunbar interviewed had ever had a health examination.

Women scout daily for scarce food and wood for fuel, and share pots and coal burners. Malnutrition is rampant: About 30 percent of children in Monrovia suffer from acute malnutrition (low weight for height), and 90 percent from chronic malnutrition (low height for age). There is frequently no security, so even in the camps the refugees are in jeopardy.
One of Manston-Dunbar’s reports describes a camp with no toilet facilities, a single well doing triple duty for drinking, cooking and bathing, cases of malaria and cholera. Another camp had a health clinic, she wrote, but couldn’t handle emergencies and had to move patients to other clinics in borrowed wheelbarrows. She saw health workers in a makeshift clinic inserting raw needles into arms, and wearing stethoscopes without ear bulbs. She saw IV equipment hanging from curtain rods and “infection flowing all around.”

“I just shut up,” she said, “because these people are just trying to do something to save lives.”

She interviewed child soldiers—young people forced to participate in brutality and murder against their own people. Numbering in the thousands, they are ostracized in their homeland—their families don’t want them any more—and besieged in their minds by scenes they can never forget. “They need counseling, leadership, empowerment, vocational skills and tools like masonry and building tools to repair houses. So the same country they helped destroy they can help rebuild. It will be good for their psyche.”

“I didn’t see the effect of my work until I came back,” Manston-Dunbar says. “But based on our assessment, ARC is sponsoring a camp for displaced people, giving them food and blankets, and especially helping with the rape victims. ARC is also thinking about starting a micro-credit program that would help the rape victims start small businesses to support themselves.”

She appreciates the strong preparation she is receiving at the School of Nursing, especially in the classes of Cheryl Robertson, PhD, MPH, RN, in assessment and intervention, health in the developing world and solutions to global health issues. Robertson has special expertise on war-trauma survivors and regions affected by conflict, and has herself conducted health assessments in many war-torn areas, including Liberia, the Uganda-Sudan border, Vietnam, Cambodia and Bosnia. Robertson previously ran the international programs at the Center for Victims of Torture in Minneapolis, where Manston-Dunbar had her practicum experience.

“It makes a big difference if you have the educational tools to back you up,” Manston-Dunbar said. “For example, Cheryl Robertson showed us that sometimes you don’t need to bring Western equipment to help—to cure a child with diarrhea you can mix salt, sugar and water to replace electrolytes.”

Manston-Dunbar plans to return to Liberia after graduation as a public health nurse to work with child soldiers and women. She is grateful for support she has received as an international student. “When people support a student like me, their money is not just for one person. It benefits many people. That’s the reward donors get.”

“When will her country “ever get back on its feet?” she wonders. “To forget—you never forget—but learn to live, move on with life, forgive? At least you are living. Millions of people died. My trip brings awareness that I might spark, or touch them. I can do something. Give them a little piece to hold onto.”

Mary Pattock is editor of Minnesota Nursing and Director of Communications for SoN.
Marthaline, 14, refugee, widow and mother, volunteered to be interviewed by Nyeba Manston-Dunbar. Following are excerpts from the interview.

Why are you at this camp?
I am here because of the heavy fighting that occurred in my village and I had to run and I ended up at this camp.

How long have you been here?
I arrived here yesterday.

You look so young. Where are your parents?
I do not know where they are. We all had to run because of the fighting and got separated from one another and now I do not know where they are.

Why did you agree to talk to us?
I basically want to tell you about how I have suffered so much because of this war.

How have you suffered?
As I ran from my village with my husband, brother and young baby, we came across some armed soldiers.

What happened then?
The soldiers tied me up, threw my baby in a bed of ants and killed my husband and brother right in front of me. After that, they raped me repeatedly and left me for dead. I pretended like I was dead until they left. I managed to untie myself, grabbed my baby and ran off.

How did you make it here after what happened to you?
Before this happen, we had been walking for two weeks in the bush and the incident along with the walk made me very tired. I was lucky and saw an old man that walked along with me for a while until we branched off in different directions and I ended up here.

Did you go to a hospital?
No. There was no hospital in sight and I was worried about my safety. Also, I have no money.

Have you gotten treatment since you have arrived here?
I am told that I have to register first before I can get food or treatment. Right now, I have to wait to be registered. There are other people ahead of me and so I have to wait. [The wait would be about three days.]
How do you feel physically? How does your body feel?
I am still shaking because this just recently happened. My entire body hurts and my baby is sick from the ants’ bite.

Did your baby get treatment?
No. They only give him vaccination until we can get registration.

How old is your baby?
My baby is one year and five months old. [Baby appears to be malnourished and developmentally delayed. Baby needs support to stand up and walk.]

Has anyone ever taken your blood to look at it before?
No. Nobody has checked my blood before or after the war.

How are you feeling emotionally (besides your body, how did the bad thing make you feel)?
I feel shame and scared now. No man will want me again. I do not know how I will survive with my baby because my husband was “my everything.”

What do you mean by he was your “everything”?
I mean that he was our provider and now my baby and I are left all alone to care for ourselves. I have no money or no job. I have nothing!

Have you ever talked to anyone about how this rape incident made you feel?
I only talked to one oldmom [term of respect for elderly woman] when I arrived and she asked me if I wanted to talk to you and I said, “I want people to know how I suffered.”

Do you see any of the armed men that made you suffer here in this camp?
No. But I do not even think I remember them because they suffer me too bad and I could not think straight.

How do you feel about your life right now?
I have nothing and I want the fighting to stop so I can go look for my people. I do not even know if they are living. I have no money and I hope the people here give me food and something to sleep on. My baby does not even have diaper to wear. We were running and could not grab our belongings. You please help me! OH!

Marthaline, do you understand that this interview is just to let people know about your suffering and needs and this does not guarantee any assistance?
My sister, I am just suffering and anything I can get, I will be happy.

What can be done to help you at this time or improve your life?
Right now I want food for me and my baby. I want to go see a doctor for the water that is running from in me. I want a blanket and somewhere to sleep. I want this war to hurry up and end so I can go back home.

Manston-Dunbar’s work in Liberia makes it more likely that Marthaline and other refugees will start to receive the health care they desperately need. Many SoN students and graduates take on heroic, world-changing work. For information on how to help students through scholarship support, contact the SoN Foundation: (612) 624-2490.
As Florence Nightingale insisted, nursing is a holistic, integrated pursuit that transcends the purely physical. This fall, 270 students enrolled in the graduate program in complementary therapies and healing practices, the first of its kind in the country.
The School of Nursing recently enhanced its ability to meet the growing demand for holistic care. Last spring Mary Jo Kreitzer, PhD, RN, Director of the Center for Spirituality and Healing in the Academic Health Center, was brought into the School of Nursing as a newly tenured associate professor. Dr. Kreitzer has over 15 years of experience in the field of complementary therapies and healing practices.

Through education, research and patient care, the Center’s goal is to transform the current healthcare model to one that integrates the art of healing with technical skills. At the Center, side effects of chemotherapy and radiation are being treated with acupuncture and anti-nausea herbals. Deep massage is helping those with back problems. Healing touch is being used before and after surgeries.

“Renewed interest in holistic healing practices is profoundly affecting health sciences education and what is expected of nurses,” says Kreitzer. “Patients have discovered, and evidence-based research supports, that therapies that consider body, mind and spirit are key to optimal care. Increasingly, nurses skilled in holistic practices are being requested from both patients and healthcare employers.”

The Center offers a graduate minor in Complementary Therapies and Healing Practices with courses such as: Cultures, Faith Traditions, and Health Care; Spirituality and Resilience; The Art of Healing: Self as Healer. This fall, 270 students enrolled in the graduate program, the first of its kind in the country. The program’s popularity underscores the tremendous interest and need for such curricula.

“I enjoy tremendously having nursing students in my classes learn to critique and evaluate research,” says Kreitzer. “They are curious, have strong critical thinking skills and are very eager to discover ways to enhance and improve patient care.”

Courses at the Center are being taught by leading researchers. SoN and Center faculty member Linda Halcon, PhD, RN, recently became the first researcher to receive the FDA’s non-pharmaceutical Investigative New Drug status, as she investigates the efficacy of tea tree oil versus antibiotics in chronic wound infections. Other faculty members are exploring music therapy, mindfulness-based stress reduction in transplant patients, botanicals in cancer treatment and links between vitamin D deficiencies and chronic pain.

A NATIONAL LEADER
Under Kreitzer’s direction, the Center has become a national leader in integrative health care. In December, she was invited to Washington, D.C., to testify before the Institute of Medicine (IOM) on the demand for and need to incorporate complementary and alternative therapies into nursing curricula and practice. In her address, she echoed several recommendations from the White House Commission on Complementary and Alternative Medicine and the National Policy Dialogue: that patient care be based on healing relationships and customized to patients’ needs, preferences and values, that patients be given information to make informed choices and that care be evidence-based.

The IOM advises government policymakers and considers expert testimony when making guidelines. “These recommendations have the potential to transform future healthcare education and the healthcare system itself in the 21st century,” says Kreitzer.

Closer to home, leaders from the SoN and the Center are working to position nurses as leaders in the field of integrative health. A year ago, Kreitzer and Densford International Center for Nursing Leadership Center Director Joanne Disch, PhD, RN, FAAN, convened a group of national nurse leaders to explore emerging issues in the field.

The resulting summit generated recommendations for research, education, clinical care and policy formation. Participants committed to advancing their agenda and fostering action. Making good on this promise, the group developed a position paper on the role of nurses in complementary and alternative therapies and forwarded it to every state board of nursing. Kreitzer also provided input to the Minnesota Board of Nursing which recommended that “…nurses (who provide complementary and alternative care) be held to the same accountability for skill and safety as they are with conventional treatment modalities.”

GRADS IN HIGH DEMAND
As patients and healthcare professionals alike become increasingly interested in complementary practices, SoN students will benefit from their relationship with the Center. Skilled in complementary healing practices, they will enter the profession in high demand and be better prepared to provide the healing care Florence Nightingale knew to be optimal—and which modern research is now confirming.

Recent SoN graduate Mary Beshar, RN, agrees: “The graduate minor program profoundly altered my nursing practice. I now approach patients holistically. Before, I don’t know if I ever really saw my patients. I had excellent head-knowledge but no heart practice.”

John Halstrom is Communications Manager for the Center for Spirituality and Healing. To learn more, click on www.csh.umn.edu
CREATIVITY AWARDS AVAILABLE

Creativity Awards of up to $500 are available to nurses who work directly with patients and want to try something new to enhance their patients’ care. Ideas may include developing a new relaxation tape for patients in the ICU, or piloting a new way to give a change of shift report. Application forms are available from the Katharine J. Densford International Center for Nursing Leadership. Questions about the application process can be directed to Cory Franklin at (612) 625-1187 or frank070@umn.edu. The Creativity Awards were established through a generous gift by Marie Manthey, PhD, RN, FAAN, FRGN, former President and CEO of Creative Healthcare Management.

State Budget Cuts Hit School of Nursing

As a result of large State of Minnesota funding reductions to the University, the School of Nursing reluctantly suspended admission to school health and oncology, the two areas of study with the smallest demand in the master’s program. The school continued to offer classes to students already admitted to the oncology program through the current school year. Given the community need for school and oncology nursing, the school hopes to support these important areas of study if and when resources are again available.
University of Minnesota Designated National Center for Excellence in Women’s Health

The U.S. Department of Health and Human Services has designated the University of Minnesota as one of six new National Centers for Excellence in Women’s Health. Each center will receive $1 million from the HHS Office on Women’s Health; the project will be funded for four years. The School of Nursing is a participant in the new center.

Medical School faculty Anne Taylor, MD, and Nancy Raymond, MD, are directing the project. SoN faculty involved include Melissa Avery, CNM, PhD, FACNM, Outreach Director, Catherine Juve, PhD, MSPH, MN, and Roxanne Struthers, PhD, MS, Outreach Co-directors.

Each center will provide an integrated model for the delivery of clinical health-care services to women. The model emphasizes prevention and early detection of diseases and conditions along with a multi-disciplinary research agenda focused on women’s health issues and coordination between clinical services in academic centers and surrounding communities.

The centers will also provide educational programs and materials for the general public and health-care professionals. Topics include women’s health; the integration of women’s health into medical school curriculum; efforts to foster the recruitment, retention, and promotion of women in academic medical careers; networking within the community to form alliances with business groups, consumer groups, scientific organizations and public policy leaders; and an evaluation plan to assess project outcomes and effectiveness.

SoN Centers Get Two of Seven Prestigious National Grants

For the third time in a row, two School of Nursing centers have been chosen to receive funding from the Maternal and Child Health Bureau (MCHB) of the U.S. Department of Health and Human Services, Health Resources and Services Administration (HRSA). The Center for Adolescent Nursing and the Center for Children with Special Health Care Needs received two of only seven grants made nation-wide, demonstrating the school’s excellence, expertise and strength in maternal and child health.

Rwanda President Paul Kagame met with SoN faculty Laura Duckett, PhD, MPH (left), and Bonnie Bata-Jones, MS, RN (right), about SoN’s sophisticated Web-CT courses. The purpose of his visit was to learn how to use this technology for AIDS education and to improve nursing education in his country.
Changes

Joanne Disch, PhD, RN, FAAN, was named the school’s Interim Dean. She directs the Densford Center and holds the Katherine R. and C. Walton Lillehei Chair in Nursing Leadership. Disch is a Board member of the Allina Health System, AARP, and the American Academy of Nursing. She has published widely on issues related to critical care, nursing practice standards, managed care and leadership and is a frequent speaker.

Linda Chin is the new Student Services Operations Officer/Registrar. She has extensive experience in student services, with Upward Bound (a college prep program), as director of a program to bring “at-risk” students to graduation at St. Olaf College and most recently as coordinator/advisor in the U of M College of Continuing Education. She holds a BA from the University of Minnesota and has extensive management course work through the Hubert H. Humphrey Institute of Public Affairs.

Ken Hepburn, PhD, Associate Professor, was named Associate Dean for Research. Hepburn has been involved in geriatric and gerontological education and research for 20 years. Previously, he was Interim Director of Geriatric Research, U of M Medical School. His research interests include issues of family care-giving in dementia and the training of health-care professionals. Hepburn earned a PhD in Literature from the University of Washington and a BA in Literature from Fordham University.

Kathie Krichbaum, PhD, RN, Associate Professor, was named Division I Head. Krichbaum, who came to the School of Nursing in 1979, is a leader in gerontological nursing education. She has taught and mentored students as both faculty and program and research advisor. She is a consultant on technological innovations to support elders living at home. Division I includes studies related to adults, elders and psychology.

Ruth Lindquist, PhD, RN, FAAN, FAHA, Associate Professor, was named Senior Associate Dean for Academic Affairs. She received her PhD in 1983, MS in 1979 and BSN in 1976—all from the University of Minnesota. She was previously Division Head for adult health, gerontological nursing and mental health nursing; Director of Graduate Studies; and Clinical Nurse Specialist at Abbott Northwestern Hospital. She also teaches graduate level courses.

Marilee Miller, PhD, MS, BA, Associate Professor, retired from her position as Associate Dean and Associate Professor this winter. Miller also served as Department Chair and Professor at Gustavus Adolphus College, was a Bush Fellow, an adult nurse practitioner and staff nurse. She earned her PhD in educational administration at the University of Minnesota in 1981, an MS from Wayne State in Detroit in 1972 and a BA from the College of St. Catherine in St. Paul. She wrote numerous articles on topics ranging from cancer nursing to, most recently, the use of technology to expand access to nursing education.

Mary Pattock is the school’s first full-time Communications Director. She was previously communications director for MPR, the Minneapolis Public Schools and Minneapolis Mayor Sharon Sayles Belton, executive director of the Minnesota Chiropractic Association, and vice president of Pharmacy Gold (a subsidiary of Blue Cross Blue Shield of Minnesota) and served in several Minnesota state agencies. She graduated Phi Beta Kappa from the College of St. Catherine in St. Paul, in English and French.

Kim Zemke, MS ’90, RN, is the school’s first Director of Faculty Practice. She holds both a master’s degree in nursing (U of M) and in organizational management (Concordia). She has served in a number of executive positions in clinic and hospital administration.
SoN faculty and staff congratulate Dean Edwardson upon her induction as fellow of the American Academy of Nursing.

Faculty Awards:

Linda H. Bearinger, PhD, RN, FAAN, Professor, received the 2004 Wyeth-Ayerst Visiting Professor in Adolescent Medicine Award from the Society for Adolescent Medicine. She also was named to the Editorial Board of Research in Nursing and Health.

Mary Mescher Benbenek, MS, FNP, PNP, Teaching Specialist, received a Minnesota 3rd District Nurses Advanced Practice Award.

Donna Zimmarr Bliss, PhD, MSN, Associate Professor, received the Villanova University School of Nursing’s 50th Anniversary Distinguished Alumni Award in April 2003. Bliss also received the Editor’s Award from Images, the Journal of the American Radiology Nurses Association, for the manuscript, “Development of Evidenced-based Protocols for Evaluation and Management of Dysfunctional Vascular Access Devices in Interventional Radiology.”

Sandra R. Edwardson, PhD, RN, FAAN, Dean, was named a Fellow of the American Academy of Nursing.

Ann Garwick, PhD, FAAN, Associate Professor, was named a Fellow of the American Academy of Nursing.

Linda Gerdner, PhD, Assistant Professor, received the Mentored Research Scientist Development Award from the NIH for “Ethnogeriatric Cultural Competence: Chronic Confusion.”

Laila Guizar, PhD, MSN, MPH, Assistant Professor, received professional development faculty funds to present original research at the American Public Health Association meeting in San Francisco.

Linda Halcon, PhD, MPH, Assistant Professor, and Co-Investigator Cheryl Robertson, PhD, MPH, ADN, Assistant Professor, received a $127,649 grant from the NIH/NINR. The project, Innovative Stress Intervention for Refugees: Pilot Study, will pilot test an innovative stress intervention called Health Realization among Somali and Oromo women who are refugee war trauma survivors. Halcon also received FDA approval for an investigational new drug application for a study of the use of tea tree oil to treat staph-infected wounds.

Helen Hansen, PhD, Associate Professor, was re-elected president of the Council on Graduate Education for Administration in Nursing. She also was elected to the Ripon College Alumna Association Board of Directors.

Sue Henley, PhD, RN, Associate Professor, received a 2004 Sigma Theta Tau International Pinnacle Award for Research Dissemination in Nursing. A psychometrician, statistician, consultant, scientific reviewer and teacher, she has contributed in the areas of breastfeeding, infection control and nursing education.

Felicia Schanche Hodge, DrPH, MPH, Professor, received a two-year consulting contract from ADE and the CDC to develop and test a national tobacco cessation guide for American Indians and Alaska Natives. Hodge is a Substance Abuse and Mental Health Services Administration expert in tobacco, violence and co-occurring disorders.

Judith Johnson, PhD, RN, FAAN, Adjunct Associate Professor, received the 2004 Oncology Nursing Society Foundation Excellence in Cancer Nursing Mentorship Award.

Linda Olson Keller, MS, Adjunct Faculty, was honored by the Public Health Nursing Section of the American Public Health Association for a Public Health Nursing Interventions Model.

Kathleen Krichbaum, PhD, RN, Associate Professor, was elected 2004–2005 chair of the Academic Health Center Faculty Consultative Committee.

Barbara Leonard, PhD, FAAN, Professor, was elected to the American Academy of Nursing.

Marsha Lewis, PhD, RN, Associate Professor, was named as one of the University’s Best Directors of Graduate Studies. Lewis also was elected to the Commission on Collegiate Nursing Education Board.

Margaret Moss, DSN, RN, Assistant Professor, was named one of the University of Texas Health Science Center-Houston, School of Nursing’s 30 Distinguished Alumni.

Chris Mueller, PhD, RN, Associate Professor, was elected secretary of the Council on Graduate Education for Administration in Nursing.

Susan O’Conner-Von, DNSC, MS, Associate Professor, received the 2004 Excellence in Nursing Education Award.

Cynthia Peden-McAlpine, PhD, Associate Professor, was honored in 2004 for Outstanding Contributions to Post Baccalaureate Graduate and Professional Education.

Patsy Stinchfield, MSN, RN, CPNP, Adjunct Faculty, was appointed to the 15-member Advisory Committee on Immunization Practices by U.S. Health and Human Services Secretary Tommy Thompson.

Roxanne Struthers, PhD, Assistant Professor, received the 2004 President’s Award for Outstanding Service. In addition, Struthers was elected Secretary for the National Alaska Native American Indian Nurses Association. She also was elected to the National Advisory Council on Nurse Education and Practice and the NANAINA Advisory Board.

Diane Treat-Jacobson, PhD, Assistant Professor, was named to the 2004–2005 Fresler-Lampert Chair in Ageing Studies.

Gretchen Zunkel, PhD, RN, Assistant Professor, received the A. Marilyn Sime Faculty Research Fellowship in the Center for Spirituality and Healing.
Student Awards:

Corjena Cheung received the 2004–2005 Minnesota Gerontological Society’s Gerald Bloedow Scholarship.

Carolyn Garcia, MPH, MS, BSN, was named 2003 Women’s Expo Volunteer of the Year and received the 2003 Student Leadership Award from the Council of Graduate Students.

Nasra Giama received the Page Education Foundation Grant.

Zohra Gulzar presented “Barriers for Breast Cancer Screening in Somali Women” at Impress the President: A Student Exposition.

Niloufar Hadidi received the Jolene and Shelly Chou Award for Excellence in Neuroscience Nursing.

Carmen Hall received the 2003-2004 Doctoral Dissertation Fellowship.

Gentry Halloway was named Outstanding Undergraduate Nursing Student.

Margo Halm received a 2004 Geriatric Nursing Dissertation Award from the John A. Hartford Foundation through the Center for Gerontological Nursing.

Diane E. Holland received a 2004 Geriatric Nursing Dissertation Award from the John A. Hartford Foundation through the Center for Gerontological Nursing.

Casey Hooke received the Oncology Nursing Society Foundation Doctoral Scholarship.

Michele Huggins received the Barbara Volk Tebbitt Award for Undergraduate Nursing Leadership and was elected President of the Nursing College Board.

Laura Kirk was named 2004–2006 John A. Hartford Foundation Building Academic Geriatric Nursing Capacity Scholar.

Robin Lally received the Sarah Harrison Knight Nurse of Excellence Award.

Sandy Lynch, RN, BSN, received the Excellence in Caring Practice Award from the American Association of Critical Care Nurses and a $500 Block Grant Merit Award from the Graduate School for student achievement.

Lara Magee received the 2003 Walter H. Judd International Graduate and Professional Fellowship.

Julie Novotny was named the 2004–2005 Densford Undergraduate Scholar.

Christine Platt received the Barbara Volk Tebbitt Award for Undergraduate Nursing Leadership.

Diane Rose received the Student/New Professional Award from the Family Health Section of the National Council on Family Relations for her paper, “Urban American Indian Family Caregivers’ Perceptions of Barriers to Managing Childhood Asthma.”

Sue Wehmhoff was named the 2003–2004 Densford Undergraduate Scholar.

Susan Weinberger was named Outstanding Graduate Nursing Student.

Alumni Awards:

Sarah Gutknecht, MS ’99, BSN ’94, received the Pediatric Nurse Practitioner of the Year Award from the Minnesota Chapter of the National Association of Pediatric Nurse Practitioners.

Kimi Hara, MA Nursing Education ’60, BSN ’56, received the 2003 Mondale Award for Japan-Minnesota Partnership.

Rozina Karmaliani, PhD ’00, MSN ’97, MPH ’94, received the U of M’s 2003 Distinguished Leadership Award for Internationals.

Margaret O’Brien, MSN, BSN ’69, was the first recipient of the John A. Hartford University of Minnesota School of Nursing Award for Excellence in Geriatric Nursing.

Hyeoun-Ae Park, PhD ’87, MS ’86, MSN ’83, received the U of M’s 2004 Distinguished Leadership Award for Internationals.

Maureen Quick, BSN ’83, RN, OCN, received the Oncology Nursing Society Foundation Master’s Scholarship and the Oncology Nursing Society Fatigue Initiative Through Research and Education Excellence Award.

Sue Strohschein, MS class ’68, BS, was honored by Public Health Nursing Section of the American Public Health Association for a Public Health Nursing Interventions Model.

Maureen Quick, BSN ’83, RN, OCN, received the Oncology Nursing Society Foundation Master’s Scholarship and the Oncology Nursing Society Fatigue Initiative Through Research and Education Excellence Award.

Sue Strohschein, MS class ’68, BS, was honored by Public Health Nursing Section of the American Public Health Association for a Public Health Nursing Interventions Model.

Gail Waagen, MS ’02, RN, C, received the Editor’s Award from Images, the Journal of the American Radiology Nurses Association, for the manuscript, “Development of Evidenced-Based Protocols for Evaluation and Management of Dysfunctional Vascular Access Devices in Interventional Radiology.”

Louise Waagen, BS ’33, RN, was elected to the Henning High School Wall of Fame.
Florence Mary Brennan, MS ’37, BSN ’37, February 22, 2003. Until her retirement in 1973, Brennan was a Associate Professor at the School of Nursing.

Arthur Colberg, May 31, 2004, in a tragic canoe accident. The son of staff member Monica Colberg and her husband Bruce, Arthur was 20 years old and had just finished his third year at St. Cloud State University. Donations can be sent to the Arthur Colberg Memorial Scholarship Fund at the radio station KBEM Jazz 88 (612-668-1735), where he was a part-time radio announcer.

Joan Schroeder Gluck, daughter of SoN alumna Carolyn Schroeder and Clint Schroeder, February 19, of ALS (Lou Gehrig’s disease). She is also survived by her husband, Steven, and children Jaxon and Rochelle. Memorial donations may be made to Christ Lutheran Church in Lake Jackson, Texas, or The Saint John’s Bible project, Saint John’s University, Collegeville, Minnesota.

Margaret Brown Dumphy, MS ’69, October 28, 2003.

Delphie Julia Fredlund, MPH ’59, BS ’53, July 7, 2003. She joined the faculty at the School of Public Health in 1959 and helped develop a nurse practitioner program.

Pauline Henderson, BSN ’53, May 5, 2003, of cancer. Henderson already had a degree in history from the University of Minnesota when she entered the School of Nursing and was one of the first black women to earn a bachelor’s degree in nursing from the university. She worked at Twin Cities hospitals until 1960, when she became the first black woman hired as a public-health school nurse in a Minneapolis school.

Lois Jones, BS ’47, who earned degrees in Nursing and Educational Psychology, December 4, 2002, of complications of diabetes and heart damage. Jones was a registered nurse, an assistant professor at the School of Nursing and a community clinic nurse volunteer. As chair of the Health Care Action Committee, she led legislative action on prescription drug bills. In the 1990s, as part of the Health Care Coalition of Minnesota, she guided development and introduction of the first Minnesota Universal Health Care bill. She initiated a citizen’s lobby for the Minnesota Senior Federation that enabled seniors to contact individual legislators at crucial times during sessions.

Mildred Montag, BS ’33, January 21, 2004. Montag was a professor of education, a researcher in diverse areas of nursing education, a creative leader developing effective nursing curricula, an author of valuable manuals on nursing care and education and a recipient of commendation for outstanding achievement by the Regents of the University of Minnesota.

Carol “Tuppy” Pederson, BS ’61, MS ’78, PhD Education Psychology ’90, February 12, 2003, of pancreatic cancer. She earned her BS degree at the College of St. Catherine and her master’s and PhD from the University of Minnesota, where she spent the majority of her career as a professor. She was much loved and respected by her students.

Elaine Saline, MPH ’87, January 10, 2004. She joined the University of Minnesota School of Nursing as an associate education specialist in 1991. She was a founder of the West Side Health Center, which runs La Clinica, and was named West Sider of the Year. WCCO-TV gave her a Good Neighbor Award, and she was made an Honorary Board Member of Neighborhood House in St. Paul, an organization she served for nine years as a board member, including serving as Chair of the Board. Saline made an instructional video for the University of Minnesota about her experience with ovarian cancer.

Olive Swenson, BA ’27, January 2, 2003, in Willmar, Minn.

Betty Thomlinson, PhD ’00, March 31, 2004, in Calgary. She was the author of many book chapters and articles on nursing issues.

Dorothy Elizabeth Titt, BS ’46, November 3, 2002. She was a long-time School of Nursing teacher and Director of Practical Nursing and the Baccalaureate Program. Memorials can be made to the U of M’s Nursing Alumni Scholarship Fund.

Sophie Van Fleet, BSN ’34, July 4, 2004, in Somerville, N.J.

Amy Wenger, MS ’04, August 2, struck by lightning as she delivered medication to campers at Badger Camp for disabled children, near Prairie du Chien, Wisconsin. The school and Amy’s family have established the Amy Wenger Fellowship in Pediatric Nursing in her honor. Call 612-624-2490 for information.

As we go to press we learn that Ellen Fahy, EdD, RN, Dean of the School of Nursing from 1980 to 1990, died Sunday, October 31. Dr. Fahy was born in Massachusetts, attended Peter Bent Brigham Hospital and Columbia University. She was a Fulbright Scholar and a World Health organization Traveling Fellow. As Dean, she launched the PhD program in 1983, created the School’s first endowed chair (the Cora Meidl Siehl chair in Nursing Research) and led the School in its move from Powell Hall to Weaver-Densford Hall. In announcing her death, Interim Dean Joanne Disch called her “a delightful, very authentic and creative nursing leader, widely known and highly respected, who will be sincerely missed.”
The Alumni Annual Reunion and Spring Celebration was once again a successful, enjoyable experience of connectivity among the alumni. We had over 100 attendees, and the memories brought reflection and laughter. The silent auction has proven to be a wonderful addition to our celebration and a neat way to raise scholarship funds for our nursing students. This year we raised over $1,500 for scholarships!

Our speaker was Dean Sandy Edwardson, who is stepping down as the Dean of the School of Nursing. She delivered an informative, interesting and inspiring talk on the contributions made under the leadership of all the previous deans of the School of Nursing. In addition, she provided everyone with a small booklet summarizing her presentation, and it is a wonderful keepsake of history.

At our first Nursing Alumni Board meeting of 2003, we reaffirmed our basic goals of:
- providing connectivity between alumni and the School,
- increasing the visibility of nursing within the community and
- honoring and strengthening the heritage of the School of Nursing.

Several standing committees are in place to accomplish these goals, as well as to conduct other functions of the Nursing Alumni Society. There are plenty of opportunities for volunteering—both on the board and on a committee. Please contact the School if you are interested.

The Nursing Alumni Society and faculty of the School of Nursing cooperated in planning and provided a new rite of passage, the “Lighting the Lamp Ceremony.” The ceremony marked nursing students’ entry into the clinical phase of their nursing education, and the commentary reflected on the privilege nursing affords its members to be able to care for the sick and help others maintain good health. Each sophomore nursing student received a pin indicating the year he or she will graduate. The ceremony was held in February at the McNamara Alumni Center and was attended by many students, their parents, faculty and alumni. Due to its success this will become an annual ceremony.

Preliminary discussions have been underway with members of the public health nursing community to explore the development of a public health nursing component of the Nursing Alumni Society. By connecting the two groups the Society provides a home for the public health nursing community and strengthens the Society with diversity and expanded enrollment. During these preliminary discussions we are operating with the understanding that all stakeholders’ interest and needs will be met.

I am ending my final year as your President of the Nursing Alumni Society. It has been a wonderful experience, and I am so grateful I had this opportunity to serve not one, but two terms. I especially want to thank the Board members for their contributions. Roger Haenke, class of 1999, is the in-coming President and has already stepped into some leadership activities. I am confident that he will do an outstanding job!

Nursing Alumni Society News

A letter from Marie Manthey, MNA, FAAN, President, Alumni Society

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BSN CLASS NEWS

Class of 1944

Betty Donahue Blomquist: Since my husband died in August 2000, I have lived in Lexington, Ky., near my son, Glenn, and daughter-in-law, Kathy. Before I retired, my nursing experiences included working in a newborn nursery in California and doing staff development and serving as director of nursing at a rural Indiana hospital. My main claim to fame is being mother of three, grandmother of nine, and great-grandmother of one.

Class of 1949

Charlotte Haller Lindstrom: I enjoyed my career in school nursing, and during summers and vacations when our four daughters were in college, I worked at a local hospital on the orthopedic unit. I was quite well up to two years ago when my walking became unsteady. I am sorry I could not see you April 24 but was thinking of you all.

Class of 1954

Astrid Ravenholt: I spent 26 years in the Foreign Service in 10 countries, most of them in the developing world. Late in life I married Dr. Charles M. Grace (Nel) with whom I had worked in Saigon.

Joann (Jody) LeVahn: I retired from 40 years in the Congo as a nurse anesthetist-midwife in 1997 when I had my 40th evacuation. I have been living at Covenant Village since then, working with refugees and trying to keep African students in school—seminary, medical, etc.

Juliana Lindell Shultz: After working for 25 years in Madagascar Lutheran Mission and at a church in Sacramento, my husband, Art, and I are now retired and living in the Sacramento area (in Rancho Cordova).

Caryl Tamte Nelson: My nursing experience has included serving as Office Nurse—ENT, Head Nurse—Medical Surgery, and a School Nurse in Chicago. I also worked as a Public Health Nurse in Virginia, Minn. I married Jim Tamte, a psychologist, and we have two children—Sheri and Perry.

Lee Hargreaves Ehlers: What did you do with all your old blue student uniforms? My mother took mine and tore them into strips for rag rugs. For a long time I had two beautiful rag rugs that were finished off by our dachshund. My husband and I volunteer in the “Wellness Clinic” at the Jackland AFB Hospital, San Antonio, Texas. We are retired.

Hazel J. Schweiger Knutson: I worked in various areas of nursing for 40 years—in
hospitals, nursing homes, public health and home care. I retired in 1993 and took care of my elderly mother for five years in my home. Now I volunteer at a health center and serve as vice president for the ladies auxiliary.

Class of 1978

Jolene Abramson Baker: From 1988 through 2002 my husband and I and family lived in Ethiopia as part of an international mission organization. I spent eight years as the Ethiopia Program Coordinator for HIV/AIDS work. I also did clinical nursing in Addis Ababa, the capitol of Ethiopia. Now that we have returned to the U.S., I am working as a Home Care nurse at Jones Harrison Residence Assisted Living in Minneapolis.

Class of 1982

Sarah Book: I had a baby boy, Matthew Christopher, on Feb. 3, 2003. I am continuing my work two days a week as a family therapist, specializing in loss and grief. For leisure I write poetry.

Class of 1998

Linda Norlander: I was selected as a Robert Wood Johnson Foundation Executive Nurse Fellow and have published two books: “Choices at the End of Life: Finding Out What Your Parents Want Before It’s Too Late” co-written with Kerstin McSteen (Fairview Press, 2001) and “To Comfort Always: A Nurse’s Guide to End of Life Care” (American Nurse Publishing, 2001.)

Class of 2002

Bryan K. Austin: I have been enrolled full-time at the University of Pennsylvania and plan to begin practicing as an acute care nurse practitioner after graduating with an MSN (anticipated in August 2004).

Wendy Moon: I work full-time as a PNP in the Division of Pediatric Orthopedics at Mayo Clinic. My clinical duties are split between inpatient, “cast room,” and providing care in the outpatient clinic. I am also a board member of the Association of Southeast Minnesota N.P.s. Our kids, Jenna (15) and Jordan (12) keep us on our toes with soccer year-round. I am running the Twin Cities Marathon for the first time this year—with an N.P. colleague at Mayo. Keys to success as an APRN are the four “P’s:” passion, persistence, perseverance and patience!

MS CLASS NEWS

Class of 1954

Dorothy Bruhl Anderson: I work two days a week as a family therapist, specializing in loss and grief. For leisure I write poetry.

Class of 1998

Linda Norlander: I was selected as a Robert Wood Johnson Foundation Executive Nurse Fellow and have published two books: “Choices at the End of Life: Finding Out What Your Parents Want Before It’s Too Late” co-written with Kerstin McSteen (Fairview Press, 2001) and “To Comfort Always: A Nurse’s Guide to End of Life Care” (American Nurse Publishing, 2001.)

Lisa A.P. Brockett: Following the completion of my master’s degree, I returned to my home state of California, where I took a position as nurse manager of a medical clinic, then was promoted to director of nursing. The clinic serves a multi-racial population of uninsured women who are pregnant and would not otherwise receive prenatal care. This summer my husband and I semi-retired to our home in Lake Tahoe, Nev., to start our own business—Tahoe Woodworks. You can find us at www.tahoe-woodworks.com.

Barbara Lomback: I am the director of Student Health Service and Wellness Education at North Dakota State University and live in Fargo with my husband, Clint. My son Alex (a graduate of the U of M—Duluth) lives and works in New York City; my son Nick is a senior at the University of Colorado at Boulder.

Stephanie Genz: In Fall 2003, I was appointed Assistant Dean of the School of Nursing, Viterbo University, LaCrosse, Wis. I also teach public health nursing in the undergraduate program and the RN to BSN program.

Margaret Szondy: I recently moved to Woodbury, Minn., with my husband, Jason, and children, Victoria (5) and twins Zachary and Nathan (2). I would love to hear from anyone!

For more information contact: Barbara Creswell, (612) 624-6696, cresw001@umn.edu

MARK YOUR CALENDARS:

Join us for the School of Nursing Alumni Reunion and Spring Celebration!

Highlights include a silent auction, keynote speaker and recognition of the classes of ’45, ’50, ’55, ’60, ’65, ’80, ’95 and ’00.

Saturday, April 23, 2005 9 a.m.—1 p.m. McNamara Alumni Center

For more information contact: Barbara Creswell, (612) 624-6696, cresw001@umn.edu
Katharine J. Densford International Center for Nursing Leadership

Center promotes leadership through courses and awards
The Densford Center has established several initiatives to promote and recognize leadership in undergraduate nursing students at the U of M. These initiatives include:

1. **A senior leadership course.** Each spring, the senior nursing students take the Leadership/Management for Shaping Professional Nursing Practice course, taught by Center Director Joanne Disch. This year, more than 100 students are taking the course, some via interactive TV hookup.

2. **The Densford Undergraduate Scholar Program.** Established three years ago and believed to be unique in the country, this program selects one or two undergraduate nursing students each year to assume responsibility for a project important to the Center, receive a stipend and have an office in the Center. This year’s scholar is Sue Wehmhoff; our 2005 scholar, recently selected, is Julie Novotny.

3. **The Barbara Volk Tebbitt Undergraduate Nursing Leadership Award.** Established last year and named after a well-known Minnesota nursing leader, this award recognizes one student each year who has demonstrated significant leadership while in the undergraduate nursing program and shows promise for being a nursing leader throughout his/her career. Last year’s recipient was Kelsey Rushmeyer; this year’s will be announced at Nursing Grand Rounds, May 10.

Center celebrates 10th anniversary
The Center for Adolescent Nursing celebrated its 10th anniversary with the good news that it would receive five more years of support from the federal Maternal and Child Health Bureau (MCHB), the Health Resources and Services Administration, Department of Health and Human Services. Support from MCHB launched the Center for Adolescent Nursing 10 years ago, and it remains the only MCHB-supported center in the U.S. and worldwide for nurses who specialize in adolescent health.

In 10 years we have increased from one to six the number of doctorally prepared Center faculty. Each of us is invested in a host of adolescent-related research projects, nearly all funded by grants from the National Institutes of Health and the Centers for Disease Control and Prevention. We are pursuing a range of research questions from exploring the ways teenagers use alternative and complementary therapies to testing the impact of service learning and peer education on teen pregnancy prevention. Our newest faculty, Martha Kubik, PhD, FNP, made headlines around the U.S. with published research about the adverse outcomes for middle-school youth when exposed to unhealthy school food environments.
America’s health status tied to that of American Indians
Healthy People 2010 documents how the greatest opportunity for improvements in the health status of America and the greatest threats to the future health status of America reside in population groups that have historically been disadvantaged economically, educationally and politically. One disadvantaged population group is American Indian and Alaska Natives. The statistics detailing the health status of these populations are familiar. American Indians are burdened with epidemic rates of diabetes and obesity, the highest cigarette smoking rates in the nation and rising cancer rates. Health care and health education are greatly needed to combat high-risk behaviors and soaring chronic conditions among American Indians and other disadvantaged groups.

Scholarships of up to $20,000 available to eligible students seeking MS degrees
Enter the Indian Health Service, which has provided $1.2 million over eight years for the Center to develop and implement a program aimed at improving the recruitment and retention of American Indian and Alaska Native nurses. The program identifies Indians who are RNs and have a bachelor’s degree and are interested in obtaining a master’s degree in nursing. These students are recruited into the program and offered a scholarship of up to $20,000 per year. The scholarship award consists of tuition, fees and books, plus monthly stipends for room and board and other expenses. It also includes a commitment to help students find employment at graduation. Since its inception in Fall 2003, 180 Indian nurses have inquired about the program, and 12 have submitted their applications.

Progress continues on nationwide tobacco cessation program
Felicia Hodge is designing and testing a CDC-sponsored nationwide tobacco cessation program for American Indians and Alaska Natives. An extensive literature review has been conducted, and concept mapping is underway. Targeted/key interviews and focus-group testing of the materials and approaches to “cues to action” is planned.

Dr. Hodge also received a small grant to investigate the employment barriers to Indian cancer survivors at the Fond Du Lac reservation in northern Minnesota. This year-long project from the University of Arizona Cancer Center will result in the development of a larger R01 proposal.

Dr. Hodge formally presented findings from her recent Diabetes Wellness grant from the National Institute of Nursing Research at the Centers for Disease Control. Of particular interest were the findings that:
- The Talking Circle program produced a statistically significant reduction in fatalistic attitudes and beliefs among the 324 Sioux and Winnebago reservation participants.
- Smoking rates among participants, particularly among the younger cohort, were disturbingly high (the rate among 14- to 18-year-olds was 72 percent).

Summer Institute attracts diverse group to Twin Cities
Our annual intensive learning Adolescent Nursing Summer Institute took place in August. As in our eight previous institutes, this summer’s focus on youth development, as linked to health and school, drew a diverse national and international group of clinicians, educators, teachers and youth workers to the Twin Cities.

Subscribe to our newsletter
Want to keep up on the work and successes of our students, graduates and faculty? Subscribe to our Adolescent Nursing newsletter. Just call (612) 624-3938 and ask to be added to our mailing list.

For more information:
Linda H. Bearinger, PhD, RN, FAAN
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E-mail: beari001@tc.umn.edu
Web site: www.nursing.umn.edu/CANL/index.html
Center for Gerontological Nursing

New name, new projects
In addition to changing our name from the Center for Nursing Research on Elders to the Center for Gerontological Nursing, we have been busy implementing several projects funded by The John A. Hartford Foundation (JAHF) this past year.

The Geriatric Clinical Scholars Partnership Program supports two teams per year (faculty, advanced practice nurse, doctoral and undergraduate student) to address a clinical gerontological nursing related issue through a research project. The second round of clinical scholars teams supported by JAHF and the Densford Center for Nursing Leadership have begun their work.

• Associate Professor Donna Bliss and Clinical Nurse Specialist Kristine Peterson will address skin health and care in hospitalized patients at risk for perineal dermatitis at Methodist Hospital (St. Louis Park), assisted by students Susan Larson and Jenny Kramer.

• Assistant Professor Diane Treat-Jacobson and Adult Nurse Practitioner Carolyn Robinson will study upper extremity aerobic training for critical limb ischemia at the Minneapolis VA Medical Center, helped by student Angelica Fleischer. Treat-Jacobson also was awarded an interdisciplinary faculty research development grant for $242,000 to support this project.

The JAHF-funded invitational Nursing Research Summit, “Shaping Future Directions on Incontinence Research,” held October 16–18, 2003, in St. Paul brought together nurse scholars, clinicians, graduate students, and federal project officers from five countries and across the U.S. to identify new approaches for conducting urinary and fecal incontinence research. The innovative summit model has already been copied. A summary and eight topic papers have been published as a supplement in the Nov./Dec. 2004 issue of Nursing Research.

Other new projects funded this past year include:
• Impact of Fiber Fermentation on Fecal Incontinence; National Institutes of Health-R01; $2,500,000; Assistant Professor Donna Bliss, PI, and Statistician Kay Savik
• Impact of Mind–Body Interventions Post Transplant; National Institutes of Health-R01; $2,000,000; Professor Cynthia Gross, PI, and Associate Professor Mary Jo Kreitzer
• Ethnographic Cultural Competence: Chronic Confusion; National Institutes of Health-K01; $300,000; Assistant Professor Linda Gerdner
• Predictors of a Successful Response to Exercise Training for Patients with Peripheral Artery Disease; American Heart Association; $275,000; Assistant Professor Diane Treat-Jacobson, PI
• Pre-doctoral Fellowship Award; The John A. Hartford Foundation; $82,000; Laura Kirk, Graduate Student; Professor Ken Hepburn and Associate Professor Marsha Lewis, Advisors.

Students, faculty win awards
Patricia Finch-Guthrie, PhD, APRN, BC, was awarded the CGN/JAHF 2004 Award for Excellence in Geriatric Nursing at the School’s Research Day in April. Finch-Guthrie is the Director of Clinical Practice, Innovation and Research at North Memorial Medical Center (NMMC) in Robbinsdale, Minn., and an adjunct faculty member at the U of M. The 2003 award winner was Margaret O’Brien, Director of Gerontological Nurse Practitioner Services and a practicing clinician with the Fairview Clinics. O’Brien also serves as a Co-Director of Fairview Partners, a capitated health care plan for nursing home patients that she helped to design.

Chris Mueller, SoN’s first Coordinator of Gerontological Education
Associate Professor Chris Mueller became the first Coordinator of Gerontological Education in the School of Nursing. Funded by the John A. Hartford Foundation’s Geriatric Nursing Investment Program and the School of Nursing, this new position will strengthen education in gerontology for all students in the school, ensuring the integration of gerontological content and experiences across curricula. Mueller will plan, develop and coordinate systems to improve efforts in gerontological education and consult with faculty teaching courses and facilitating clinical and practicum experiences in the undergraduate, masters and doctoral programs. Mueller was appointed Associate Professor in 1999 and has been a key figure in the Center for Gerontological Nursing.

MISSION:
To improve the health, quality of life and delivery of quality nursing care to aging adults of diverse cultures.

CENTER DIRECTOR:
Jean Wyman, PhD, RN, FAAN

FOR MORE INFORMATION (or to join the Minnesota gero nursing listserv):
Jan Marie Lundgren, Administrator
Phone: (612) 626-0926
E-mail: geronursing@umn.edu
Web site: www.nursing.umn.edu/CGN
Center for Child and Family Health Promotion Research

Faculty research awards exceed $8 million
Over the past five years, faculty members have been awarded more than $8 million for health promotion-related research and educational projects. Currently, 23 faculty and 13 doctoral student Center members are working together to enhance health among vulnerable populations. Major research areas are:

- public health,
- childbearing and child-rearing families,
- adolescent health,
- children with special health care needs and
- family health.

Doctoral students receive prestigious dissertation grants
Doctoral students Carmen Hall and Carolyn Garcia received two of the seven prestigious dissertation grants awarded by the Maternal and Child Health Bureau in 2003 to support dissertation research for new investigators in maternal child health. Hall's dissertation focuses on Medicaid Insured Children: Use of Well Child Care and Garcia's on Immigrant Latina/o Adolescent Health and Access to Care.

Center awards first Theresa V. James Fellowship
Through funds raised from Center faculty and the James family, the Theresa V. James Fellowship in Child and Family Health can now be awarded annually to a doctoral student member of the Center. Marcia Byrd, whose research focuses on interracial family health, is the first recipient of this award.

Center shares research findings on Web
Visit our Web site to learn more about other research conducted by Center members. For example, you can download the Competencies for Public Health Nursing Practice Instrument (Version E, © 2003) developed by Center members Sharon Cross, MSPH, RN; Derryl Block, PhD, RN; and LaVohn Josten, PhD, RN, FAAN. This instrument describes and measures public health nursing competencies that are essential for improving population health. It can be used for education, practice and research. Public health nursing faculty at the University of Minnesota and University of Minnesota and Wisconsin-Green Bay developed this instrument in collaboration with staff at the Center for Public Health Nursing, Office of Public Health Practice, Minnesota Department of Health.

MISSION:
To improve the health of infants, children, adolescents, parents and families in the context of their communities.

CENTER DIRECTOR:
Ann Garwick, PhD, RN, FAAN

FOR MORE INFORMATION:
Jan Marie Lundgren, Administrator
Phone: (612) 626-0926
E-mail: lundg026@umn.edu
Web site: www.nursing.umn.edu/CCFHP/index.htm

Center for Children with Special Health Care Needs

Doctoral students nearing dissertation phase
Now in our 11th year, we have 68 master's graduates, many of whom created innovative roles in patient care for CSHCN. While we continue to educate master's students and provide continuing education for maternal and child health nurses in the upper Midwest, we are also focusing on the important new goal of preparing nursing leaders at the doctoral level. Eight doctoral students are currently enrolled, and several are nearing the dissertation phase.

MCHB provides funding through 2008
The Center received funding for five years (2003–2008) from the Maternal and Child Health Bureau (MCHB) in July 2003. It is one of two MCHB-funded nursing special projects of regional and national significance at the University of Minnesota School of Nursing and one of seven in the United States.

Two new nurses add to Center's research strength
The Center is fortunate to have added two doctorally prepared nurses to its faculty: Dr. Wendy Looman, whose research focuses on families with CSHCN developing "social capital," and Dr. Susan O’Conner-Von, whose research addresses issues of children's pain and palliative care.

Meanwhile, Dr. Linda Lindeke continues to focus on the effects of premature birth on development and barriers to nurse practitioner practice. Dr. Barbara Leonard's work continues with adolescents with Type 1 diabetes and metabolic outcomes. Dr. Ann Garwick has a new funded research initiative with preschool children from widely diverse backgrounds participating in Head Start.

MISSION:
To prepare advanced practice nurses to fulfill leadership roles in interdisciplinary clinical primary and specialty care, in the organization and delivery of nursing services, in policy and research arenas, and in educational and advocacy settings, in response to the growing population of children with chronic illness and disability.

CENTER DIRECTOR:
Barbara Leonard, PhD, RN, FAAN

FOR MORE INFORMATION:
Andrea Christy
Phone: (612) 626-7085
E-mail: chri1446@umn.edu
Web site: www.nursing.umn.edu/CCSCH/index.html

fall 2004/winter 2005 27


<table>
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<tr>
<th>Name</th>
<th>Project Description</th>
<th>Funding Details</th>
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<tr>
<td>Avery, Melissa</td>
<td>Health Education Priorities: Perspectives from Women’s Voices, University of Minnesota Council on Public Engagement</td>
<td>$7,000</td>
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<td>Bearinger, Linda</td>
<td>Center for Adolescent Nursing, U.S. Department of Health &amp; Human Services</td>
<td>$960,000</td>
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<td>Bliss, Donna</td>
<td>Economic Evaluation of Skin Damage Prevention Regimens, 3M, 3/21/03–5/23/04, $63,000</td>
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<td>Bliss, Donna</td>
<td>3M Research Grant in Aid, 3M, 5/10/03–4/30/04, $5,000</td>
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<td>Disch, Joanne</td>
<td>National Nursing Faculty Survey, National League for Nursing, 3/1/03–11/1/03, $19,000</td>
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<td>Disch, Joanne</td>
<td>Improving Health Care Environments for Multicultural Communities, Blue Cross Blue Shield of Minnesota Foundation, 9/5/03–6/30/04, $97,000</td>
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<td>Duckett, Laura</td>
<td>Mother’s Milk Feeding for Diverse Populations, Radke Family Foundation, Service League of Hennepin County Medical Center, 9/1/03–2/29/04, $10,000</td>
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<td>Edwardson, Sandra</td>
<td>Nurse Anesthetist Traineeship Program, U.S. Department of Health &amp; Human Services</td>
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<td>Edwardson, Sandra</td>
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<td>Edwardson, Sandra</td>
<td>New Independent States (NIS) Multi-Country Partnerships Program for Nursing Education and Leadership Development, American International Health Alliance/U.S. Agency for International Development, 3/1/04–9/30/06, $800,000</td>
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<td>Gerdner, Linda</td>
<td>Ethnogeriatric Cultural Competence: Chronic Confusion, National Institutes of Health, 9/30/03–8/31/06, $93,000</td>
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<td>Gross, Cynthia</td>
<td>Impact of Mind-Body Interventions Post Organ Transplant, National Institutes of Health, 8/1/03–4/30/08, $2,108,000</td>
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<td>Guzlar, Laila</td>
<td>Perceived Experience of Health Care Access by Culturally Diverse Immigrant Muslim Women, University of Minnesota President’s Faculty Multicultural Research Award, 1/1/04–12/31/04, $8,000.</td>
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<td>Halcon, Linda</td>
<td>Women’s International Science Collaborative Travel Grant, National Science Foundation, 5/1/03–4/30/04, $5,000.</td>
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<td>Henly, Susan</td>
<td>NRP and Neonatal Outcomes in Rural Hospitals, American Academy of Pediatrics, 8/25/03–8/27/04, $25,000.</td>
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<td>Hepburn, Kenneth</td>
<td>Developing and Testing a Hispanic Caregiver Training Program, Alzheimer’s Association, 10/1/02–9/30/05, $240,000.</td>
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<td>Hodge, Felicia</td>
<td>Native Nursing Careers Opportunity Program, U.S. Public Health Service, 8/1/03–7/31/08, $210,000.</td>
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<td>Jones, Ann</td>
<td>Nursing Residency: Ensuring Minnesota’s Future Workforce, U.S. Department of Health &amp; Human Services, 9/1/03–6/30/06, $226,000.</td>
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<td>Juve, Catherine</td>
<td>The Menopausal Experience of American Indians, Minnesota Nurses Association Foundation, 3/1/03–2/28/05, $5,000.</td>
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<td>Kerr, Madeleine</td>
<td>Latino-based Multimedia to Prevent Noise-Induced Hearing Loss, National Institute of Health, 4/1/04–3/31/07, $549,000.</td>
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<td>Kubik, Marti</td>
<td>Physical Activity in Low-Income Female Youth Attending a Community-Based Health Clinic, University of Minnesota Graduate School, 1/1/04–6/30/05, $26,000.</td>
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<td>Leonard, Barbara</td>
<td>Center for Children with Special Health Care Needs, U.S. Department of Health &amp; Human Services, 7/1/03–6/30/08, $981,000.</td>
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<td>Liaschenko, Joan</td>
<td>Nurses: Research Integrity in Clinical Trials, National Institutes of Health, 8/1/02–7/31/04, $274,000.</td>
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<td>Lindeke, Linda</td>
<td>Barriers to Practice of Rural Nurse Practitioners: Phase III, Minnesota Rural Nurse Practitioner Project Nursing Research Fund, 9/1/03–12/31/03, $15,000.</td>
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<td>Looman, Wendy</td>
<td>Validation of the Social Capital Scale for Families of Children with Chronic Conditions, University of Minnesota Graduate School, 1/1/04–6/30/05, $14,000.</td>
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<td>Mueller, Christine</td>
<td>Geriatric Nursing Education Project, John A. Hartford Foundation, 7/1/02–6/30/05, $71,000.</td>
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<td>Mueller, Christine</td>
<td>Nursing Practice Models in Long-Term Care Facilities, Agency for Healthcare Research and Quality, 5/1/03–10/31/04, $100,000.</td>
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<td>O’Boyle, Carol</td>
<td>Variables That Influence the Response of Nurses During a Bioterrorism Event, University of Minnesota Graduate School, 7/1/03–1/15/05, $20,000.</td>
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<td>Robertson, Cheryl</td>
<td>West Bank Mother-to-Mother Intervention: Parenting Support for Somali and Oromo Mothers, University of Minnesota President’s Faculty Multicultural Research Award, 1/1/04–12/31/05, $14,000.</td>
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<td>Saewyc, Elizabeth</td>
<td>Enacted Stigma, Gender &amp; Risk Behaviors of School Youth, National Institutes of Health, 9/28/03–6/30/08, $628,000.</td>
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<td>Struthers, Roxanne</td>
<td>The Lived Experience of Ojibwe and Cree Indigenous Men Healers, University of Minnesota President’s Faculty Multicultural Research Award, 1/1/04–12/31/05, $14,000.</td>
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<td>Struthers, Roxanne</td>
<td>Cigarette Smoking and Harm Reduction Among the Ojibwe, Sigma Theta Tau International Zeta Chapter, 5/10/03–5/15/05, $2,000.</td>
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<td>Struthers, Roxanne</td>
<td>Adolescent and Adult American Indian Perspectives Related to Type 2 Diabetes, American Diabetes Association, 7/1/03–6/30/06, $216,000.</td>
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<td>Treat-Jacobson, Diane</td>
<td>Predictors of a Successful Response to Exercise Training, American Heart Association, 7/1/02–6/30/06, $274,000.</td>
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<td>Zunkel, Gretchen</td>
<td>Tool Development to Measure Dyadic Coping Processes Following Breast Cancer Diagnosis, University of Minnesota Graduate School, 7/1/03–1/15/05, $11,000.</td>
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U of M School of Nursing Foundation
Annual Report for 2004

Thanks to you—our generous alumni and friends—momentous things are happening at the School of Nursing. Your gifts continue to shape nursing education and the delivery of health care in Minnesota, from expanding our teaching program to advancing research. We are honored to thank the 1,600 donors who contributed $1,001,616 between July 1, 2003 and June 30, 2004.

AS A RESULT OF YOUR SUPPORT:

• One hundred seventy-five major donors are now recognized as members of the University’s Presidents Club in the School’s expanded Wall of Honor located on the fifth floor of Weaver-Densford Hall.

• Nursing Foundation trustees hosted the first scholarship recognition reception in October to honor recipients, donors and faculty.

• Seven new graduate fellowships created during Campaign Minnesota were awarded to advance nursing practice and research.

• Thirty-two scholarships are now endowed to support undergraduate and graduate nursing students. A total of $224,642 was awarded to support students during 2004.

• Ten May Gatherings, including an afternoon tea at Eastcliff co-hosted by Susan Hagstrum and Kaye Lillehei, were held to celebrate accomplishments in nursing practice and showcase faculty research.


• Dr. Jeffrey Kahn, director of the Center for Bioethics, presented the Wald Lecture, “Caring at the End of Life: The Case of Proxy Consent for Organ Donations” in May.

• The Densford Center’s “Summit of Sages,” an historic event for nurse leaders, took place October 10–12, 2004.

• Two benefit jewelry sales raised $8,600 to provide funding for two Jewelry Scholarships and to advance the work of the Nursing Foundation.

• Sandra Edwardson was honored at the “Stepping Down” reception held in May to celebrate her 14 years of leadership as dean of the School. The Sandra R. Edwardson Legacy Fund was created to provide strategic funding for future deans of the School of Nursing. More than $5,700 has been raised, bringing the fund’s total to $56,166.

• In support of the Nursing Foundation’s mission, grants were distributed to fund Research Day, the Freshman Honors program and three awards recognizing Public Service, an Outstanding Undergraduate Preceptor/Mentor, and an Outstanding Graduate Preceptor/Mentor.

STRATEGIC FUNDING PRIORITIES:
There is a nation-wide shortage of well-prepared nurses and nursing faculty. The creation of new scholarships will help boost recruitment and provide support for deserving undergraduate students. Graduate fellowships will provide key financial assistance for students who are preparing for advanced practice, teaching and research responsibilities. Endowing faculty positions (such as a Chair in Women’s Health) will provide a strong foundation for recruiting top-notch professors and creating exceptional centers of expertise.

Whether you have contributed a little or a lot, we are grateful for your generous support. Donations provide the strategic resources that are necessary to pursue true quality. Your gifts are deeply appreciated. A special thanks also to Arnie Bigbee, who is assuming 2005 chair responsibilities for the School of Nursing Foundation and to the Foundation trustees whose dedication, service, inspiration and support promotes nursing education. Together, we can create the best future possible for our nursing graduates and for the ultimate benefit of patient care.

Sincerely,
Barbara Caspers, Chair, 2003, 2004
Laurel Mallon, President
“U” Launches Most Ambitious Scholarship Drive to Date

Strives to double support for nursing students.
The University of Minnesota opens the door to opportunity for thousands of young people from all walks of life. Today’s students are the promise of tomorrow, and they deserve the opportunity to succeed. To help, the University has announced the largest effort in its history to raise scholarship support. Your gift for scholarships can be designated to support students enrolled in the School of Nursing.

Will help twice as many students.
Approximately 70 of the 250 undergraduate nursing students are now helped with scholarships created through gifts to the U of M. The goal is to increase this number by 50 percent—to 105 students. This can be accomplished by raising $1.75 million in new scholarship gifts.

Gives you a way to make twice the difference.
Endowed scholarships provide support to students year after year. To encourage new gifts, the University has created the President’s Scholarship Match, which will double the impact of gifts for new endowed scholarships.

The President’s Scholarship Match

Because scholarships are such an important part of providing the opportunity to succeed, the U is offering a rare chance to double the impact of your gift.

HERE’S HOW IT WORKS

- Gifts of $25,000 or more that meet qualifications are eligible.
- The gifts are then used to create an endowment fund at the University of Minnesota Foundation.
- About 5 percent of the fund’s market value is paid out each year to fund the scholarship. Each year, the University matches this payout to double the impact of the gift.

PAYOUT & MATCH FROM A $25,000 GIFT

$1,250 Annual payout from a $25,000 endowment fund

$1,250 President’s Scholarship Match

$2,500 Available every year for nursing students

Other examples:
A $100,000 gift = $10,000 for nursing students
A $1,000,000 gift = $100,000 for nursing students

REMEMBER

- Employer’s matching gifts may be used to meet the minimum.
- Gifts may be paid over five years.
- Several individuals may work together to make a gift of $25,000 and be eligible for the match.
- Scholarships that can be renewed are the most helpful in recruiting students and provide an ongoing incentive for them to do well.

RECOGNITION

- The scholarship may be named for you or someone you’d like to honor.
- Gifts of $25,000 or more qualify donors for the Presidents Club, which recognizes the University’s most generous benefactors.

For more information about creating scholarships that will benefit nursing students, please contact Laurel Mallon, President, School of Nursing Foundation, at (612) 624-2490 or at mallo001@umn.edu.
Campaign Minnesota Raises $15.8 Million for Nursing

- $5 million raised to support student scholarships
- Nine new graduate fellowships created
- Providing for research and strategic initiatives
- $7 million raised for Densford Center for Nursing Leadership

School of Nursing Foundation For more information or to make a gift, please contact Laurel Mallon at (612) 624-2490.

Featured Fellowships

More than 60 different scholarships, fellowships and awards are available to School of Nursing students. Many of these funds have been established by alumni and friends of the School of Nursing. Amounts are presented on an annual basis and range from $500 to the full cost of tuition. The average award is $2,000. Eligibility requirements for these awards often are based on academic performance and need. Occasionally, there are particular stipulations such as a student's hometown or area of study.

During Campaign Minnesota, nine new fellowships were created to provide support for graduate nursing students. Endowed fellowships qualify for matching funds through the University's 21st Century Fellowship program, making the establishment of new fellowships especially appealing. In just one year these seven graduate students benefited:

MARCIA BYRD
Theresa V. James Fellowship in Child and Family Health
Named in memory of Theresa V. James (BSN '33), this fellowship supports graduate students conducting research focused on promoting the health of childbearing and childrearing families, improving the quality of life for children with special health care needs and their families, promoting health with vulnerable adolescents, improving the access and quality of care for children and families from diverse cultural backgrounds and designing and evaluating community-based, population-focused interventions related to topics such as child passenger safety, home visitation programs, prevention of hearing loss, tobacco cessation and violence prevention. Byrd is a final-year PhD student. Her dissertation research is on interracial family health and cultural competence.

CORJENA CHEUNG
M and M Fellowship in Gerontological Nursing
Created as a tribute to retired professors Muriel Ryden (BSN '53, PhD '82) and Mariah Snyder (PhD '78), the M and M Fellowship provides outstanding graduate students with support to pursue nursing research in the area of gerontology. Cheung is a final-year PhD student and is active in the Center for Gerontological Nursing. Her area of dissertation research is alternative and complementary therapies in older adults.

SUSAN FORNERIS
Rahr Fellowship in Nursing Research
Established by the Rahr Foundation, this fellowship is intended to provide an outstanding student with support to pursue graduate studies in nursing research for the purpose of enhancing health care delivery. Forneris is a third-year PhD student. Her area of dissertation research is nursing education and enhanced critical thinking—both in nursing students and in novice nurses in transition from college to professional practice.

CAROLYN GARCIA
Violet A. Shea Nursing Scholarship/Fellowship
The late Violet A. Shea created this scholarship through her estate to enhance the recruitment of high-ability graduate nursing students with a preference for supporting doctoral students. Garcia is a final-year PhD student who has won numerous awards and fellowships including Volunteer of the Year after serving at the Pentagon for the American Red Cross immediately following September 11, 2001. Her area of dissertation research is health care in the Latino adolescent population as a result of rising immigration to the U.S.

NILEOUFAR HADIDI
Dora Stohl Fellowship in Nursing Leadership
The late Dora Stohl (BSN '41, MS '56) established this fellowship through her estate to provide support for outstanding students pursuing a nursing degree at the master's or PhD level. Priority is given to graduate students who demonstrate skill and interest in nursing leadership and who are engaged in the Katharine J. Densford International Center for Nursing Leadership. Hadidi is a second-year PhD student. Her area of dissertation study is depression in stroke patients.

LISA MARTIN-CRAWFORD
Dora Stohl Fellowship in Nursing Leadership
Crawford is a second-year PhD student who has practiced as a public health nurse for 20 years. Her research area is the cause and prevention of Type 2 diabetes in Native American adolescents. She is working to develop culturally appropriate models of health care that emphasize self-determination in adolescents and their families.

KAREN MONSEN
Lois and George Warp Fellowship in Nursing Research
George Warp and his late wife Lois (BSN '38) created this fellowship to advance nursing research for the ultimate benefit of patient care. Priority is given to graduate students pursuing nursing degrees at the PhD level as a means of enhancing their ability to conduct nursing research for the improvement of health and health care delivery. Monsen is a new PhD student.
AMY WENGER FELLOWSHIP IN PEDIATRIC NURSING Jan and Mary Wenger have established an endowed fellowship in loving memory of their daughter Amy.

Amy worked as a nurse in pediatric oncology on Unit 5B of the Children’s Center at Fairview University Medical Center for five years. During this time she attended graduate school at the University of Minnesota and was awarded a master’s degree in Pediatric Nursing—Children with Special Health Care Needs in May, 2004. She was certified as a Pediatric Nurse Practitioner in July. Amy had received her BS in Nursing from Luther College, Decorah, Iowa.

Amy died on August 2, 2004, while volunteering at the Wisconsin Badger Camp for developmentally disabled children and adults. She was 28 years old. She was devoted to serving children with special health care needs and was known for her professionalism, incredible optimism, energy and willingness to always have time for her young patients and their families. Inspired by Amy’s devotion, the Wenger Fellowship will support outstanding graduate students preparing to work with children with special health care needs.

MARILEE A. MILLER FELLOWSHIP IN EDUCATIONAL LEADERSHIP Marilee A. Miller served as Associate Dean from 1989–2004. Upon her retirement, Dr. Miller was honored by family and friends who created this named fellowship. The Marilee A. Miller Fellowship will support outstanding nursing students pursuing graduate studies at the master’s or doctoral level. The primary focus will be students preparing for a role in education as a faculty member or a clinical educator. It is Dr. Miller’s hope that the fellowship will ensure the continued preparation of students for educational leadership roles in nursing.

HELEN AND EDITH GUYOR SCHOLARSHIP Plans for the Helen and Edith Guyor Scholarship began 27 years ago. Helen, a 1924 graduate of the School of Nursing, made modest contributions to a pooled income fund that provided Helen and later her younger sister Edith with annual distributions. When Edith passed away this year at the age of 102, the new scholarship was created to benefit undergraduate nursing students for years to come.

VERNIECE BUAN SCHOLARSHIP Following the unexpected passing of Verniece Buan (BSN ’61), her family and friends decided to do something special to commemorate her life. Verniece was grateful for the scholarship that she once received from the School’s director, Katharine Densford. The Buan Scholarship will support students who are new to the School of Nursing. Thanks to the President’s Scholarship program, distributions from the Buan Scholarship will be matched.

SANDRA R. EDWARDSON LEGACY FUND When Sandra Edwardson decided to step down from the School’s deanship, friends and colleagues wanted to recognize her 14 years of leadership. Through their generosity, this new fund has been established to provide strategic support for the deans who will follow. What a wonderful legacy, indeed.

FREIA AND ELMER KETTUNEN SCHOLARSHIP Freia and Elmer Kettunen attended the University of Minnesota in the early 1920’s, met and fell in love. Following Freia’s graduation from the School of Nursing, the Kettunens went on to celebrate 64 years of married life. Grateful for the impact the university had on their lives, the Kettunens included the School of Nursing in their estate plans. Both lived well into their nineties, and recent distributions from their trust created the Freia and Elmer Kettunen Scholarship for undergraduate nursing students.

The possibilities for endowing a named scholarship or supporting nursing research are many. Bequests. Life insurance. Trusts and real estate. Gifts of personal property. All are ways to include the School of Nursing in your estate plans. If you have already made plans to create a nursing legacy or would like to discuss the possibilities, please contact Laurel Mallon, School of Nursing Foundation President, at 612-624-2490 or mallo001@umn.edu. to discuss the possibilities. We will be honored to enroll you in the University’s Heritage Society in recognition of your future support.
“My parents’ friends asked me why I didn’t become a doctor if I was in the five-year nursing program. I told them, ‘Because I don’t want to be a doctor. I want to be a nurse!’”

— Charlotte G. Romain ’48

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“...if I was in the five-year nursing program. I told them, ‘Because I don’t want to be a doctor. I want to be a nurse!’”

— Charlotte G. Romain ’48
“Welcome to a group you’ll never regret belonging to—a U of M Nursing graduate!”
— Yvonne Hargens ’57

“Work hard to bring our profession to a new level. You have a great educational base!”
— Mel Thorson ’98

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“Nursing has been very good for me. I now have a daughter who is an RN and a granddaughter studying to be a nurse.”
— Carley Engwall ’49
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We are proud to acknowledge the exceptional alumni, faculty, friends and corporate partners whose generosity keeps the School of Nursing in the forefront of nursing education and research worldwide. Your annual support, special gifts to the Densford Center, Buck-A-Year contributions and Legacy commitments are all profoundly appreciated. We are honored to recognize the donors who made gifts to the School of Nursing between July 1, 2003, and June 30, 2004.

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A photo finish for our dean: thanking Sandy Edwardson for 14 years of leadership

(See story on page 16.)
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