Welcome to the Spring/Summer issue of Network, the University of Minnesota School of Nursing magazine for alumni, faculty, students, staff, and friends. We acknowledge your commitment, compassion, and integrity especially during National Nurses Week May 6–12. The nursing shortage has been a hot topic in the media and no doubt also in your conversations these past few months. As a member of the University’s Grassroots Committee, I have been actively communicating the need for investing in the future of the University and the School of Nursing as well as the need to strengthen our foundation. If you haven’t contacted your legislators, time is running out. See the Dean’s Column on Page 23. Please let us know what you want to read about in Network. This is your magazine. Thank you for informing us of your change of address as soon as possible. It helps us save money and insures that you receive your latest copy of Network on time.
Kristin Berlin personifies passion. She’s passionate about nursing, passionate about politics, passionate about leadership. Her fast-talking, east-coast clip and intense demeanor has earned her the nickname “CT,” for Connecticut, her home state. It suits her: short, to the point. But watch out. There is something special about this fiery easterner and it doesn’t take long in her presence to find out she is one powerful advocate for nurses.

In 1999, the 33-year-old former staff nurse came to Minnesota and met with Ruth Lindquist, Ph.D, Division Director of the School of Nursing, to discuss the possibilities of graduate school. That conversation started Kristin down the road toward a Master’s degree in nursing with a focus in health-care policy, leadership/management at the University of Minnesota School of Nursing. She will complete the program in May 2001.

Kristin’s clinical finds her, not in a hospital, nor in a clinic, but driving on I-94 between the University and the Minnesota State Capitol. Kristin’s nursing and political journey brought her to the Capitol in January where she is an intern to Rep. Karen Clark, an 11-term representative, herself a 13-year veteran nurse. Sitting in a crowded office filled with papers, drafts of legislation, and resource materials piled on every available surface, Kristin discusses upcoming legislation with Clark. Her work with Clark is clearly providing opportunities to take new avenues on her educational journey. “I’ve got my hands in a gazillion different pots at the legislature,” Kristin explained later on a rare break in the basement cafeteria of the State Office Building. Among the bills they are working on is “a nickel-a-drink tax.” Kristin explained, “This bill will help fund aftercare service for individuals who have completed a chemical dependency treatment program. It is also important because we are looking at ways to increase

By Barbara La Valleur
funding for sober high schools in the state. Our youth are at such risk.”

In a special meeting with about 20 high school students as well as several others who had come to the Capitol in support of GLBT (Gay, Lesbian, Bisexual, Transgender) lobby day, Kristin listened intently as Clark addressed the concerns of gay and lesbian students. Clark was introduced as the longest serving, openly lesbian state representative in the country.

“Having Kristin Berlin work with me as an intern has been a pure joy!” Clark said, adding “Kristin is a very bright, energetic, and compassionate person who came to me unsolicited as a result of having heard me speak to a group of nurses that I urged to get politically active at the state legislature. I was delighted to have a young person with her considerable personal skills and professional nursing background interested in learning the legislative process with an eye to becoming part of it in the future.”

“Kristin brings both enthusiasm and intellectual integrity to her internship with me. She has taken on several tough bills; done thorough research, well beyond what was expected; faithfully engaged the community stakeholders I’ve asked her to bring into the process; and always seems refreshingly eager to learn. Kristin also contributes first-hand knowledge of health-care issues from a nursing perspective at every opportunity. I found that brings valuable credibility and informed insight I need,” Clark added. It is clear that Clark enjoys working with Kristin. She also predicts another path that Kristin could possibly take. “I hope I can count her as a colleague here at the legislature someday soon. She would make an exceptional candidate for public office and I know she has the determination and commitment it takes to win.”

Kristin’s supervisor, Carol O’Boyle, Ph.D., R.N., Epidemiology Supervisor in Infection Control at the Minnesota Department of Health (MDH), explained another aspect of Kristin’s educational process. “Kristin is working at the Minnesota Department of Health on a study to identify the staffing requirements for infection control nurses in U.S. health-care facilities. Her interest in staffing issues for nurses in the clinical setting influenced her willingness to participate in this study to describe the time-task relationships for a specific nursing specialty. Kristin is passionate about the nursing profession and committed to identifying methods to improve the working conditions of nurses. I believe she will continue in both her education and in her career to be an advocate for nursing,” said O’Boyle.

Kristin believes strongly that mentoring and leadership play an important part in the education and socialization process of nursing and the learning journey. She acknowledged one of her mentors along that journey. “The person who got me hooked into politics is Sally Cohen, Ph.D. at Yale University School of Nursing. I would not be here today if she had not mentored and believed in me.”

As an intern, Kristin says her biggest challenge is time. “Most of the bills I have been working on have been health-care related. I don’t have the time to accomplish what I want to accomplish. I have to leave things and pick them up the next week.” That’s frustrating, she admits. Yet she will be the first to say, “it’s been a learning experience, especially learning about state government. The politics of politics is powerful. Nurses have the power to be able to access that power and facilitate the power they have,” Kristin believes. “Yesterday was a great day.”

The previous day, Nurses Day at the Capitol, Kristin attended a legislative briefing and committee hearing on a senate bill that relates to mandatory overtime for nurses. “It was empowering to see the power and passion they have,” she added. “Nurses were standing up for their profession and as human beings.” The nurses, for the most part, were representatives of the Minnesota Nursing Association (MNA). “The big issue was we (as nurses) can’t make the decisions about when we leave after a scheduled shift, and yet we have people’s lives in our hands all the time. Senator Anderson and the others who testified clearly got their point across!”

“Nurses have to become more politically savvy,” Kristin said. “There are approximately 55,000 nurses in Minnesota. This is not just about MNA. This is about nurses who are not represented. Every nurse should have business cards. It is important for our society to realize that nurses function in many different capacities and settings.”

We have to invest in health care, especially the Academic Health Center in the nursing profession. Education plays a large role in economic development and workforce issues in this state. We have to find ways that we can work together, as hospitals, nurses, unions, and health-care institutions. The health-care industry needs to take a larger responsibility in figuring out how to staff as well; this is a systems issue. They need to think outside the box. And, it’s not just the health-care institutions. It’s everyone’s issue,” Kristin stressed.

Kristin is a member of the School of Nursing grassroots committee that is actively vocal about the impact of the University’s Biennial Budget (see the Dean’s Column on page 23). She has spoken to faculty, students, staff, and anyone who will listen about the nursing issue in relationship to the budget. Where will the next road take this passionate, politically motivated nurse? Will there be signs directing her: doctorate in nursing?

“Absolutely,” comes the immediate answer. “I’d like to stay in Minnesota. I’m going to stay on at the legislature in the off-season as a volunteer. I would like to gain some real world experience in policy, leadership, management, and advocacy, and bring that knowledge back to the doctorate program at the U of M.”

Once again, Kristin Berlin, (soon to be) M.S.N., B.S.N. personifies passion: Passion about nursing, passion about politics, passion about leadership.
The Outreach Program Calendar for Summer 2001  by Sharon Vegoe

May 5  Annual School of Nursing Spring Celebration and Reunion “Voices of Caring”
Radisson Hotel Metrodome, Minneapolis
9:00 a.m., 12:30 p.m. (includes brunch)
Alumni members: $25, non-members: $35
Faculty/Preceptor: $25

May 6–7  Traditional Tibetan Medicine
(Co-Sponsored with the Center for Spirituality and Healing)
Revealing the Art of the Medicine Buddha
Holiday Inn Metrodome, Minneapolis
May 6, 5:30 p.m. to 9:00 p.m.; May 7, 8 a.m. to 4:15 p.m.
Registration fee: $110 (10 contact hours)

May 10  “Anatomy of the Spirit and Why People Don’t Heal and How They Can”
Caroline Myss, Ph.D.
(Co-Sponsored with the Center for Spirituality and Healing)
Temple Israel, 2324 Clinton Avenue South, Minneapolis
7:30 to 9:00 p.m.
Registration fee: $25

May 14–18  Summer Institute on International Infection Control
Moos Tower, University of Minnesota, Minneapolis Campus
Registration fee: $600 (30 contact hours)
Graduate credit: 2 credits
$886.50 + $150 (materials and amenities)

May 21–22  Resource Development through Grant Writing
Radisson Hotel Metrodome, Minneapolis
Registration fee: $225 (14 contact hours)
Graduate credit: 1 credit
$443.25 + $95 (materials and amenities)

June 18–20  Summer Institute on Adolescent Health
Youth Development: Are We There Yet?
McNamara Alumni Center and Weaver-Densford Hall
Registration fee: $350
additional registration from single organization: $250
(20 contact hours)
Graduate credit: 2 credits, $886.50 + $125 (materials and amenities)

June 22–23  Summer Institute for Psychopharmacotherapeutics in Advanced Practice Nursing
Saint Paul Hotel, St. Paul
Registration fee: $275 entire conference (14 contact hours),
$150 single day
Faculty/preceptor: $200

June 27–July 1  Second Annual Conference on Pediatric Integrative Medicine
Hosted by the Center for Spirituality and Healing
Co-Sponsored by University of Arizona and Harvard University
River Centre Convention Center, St. Paul
Registration fee: $625 entire conference (30 contact hours)
$225 full-time students, $150 single day

July 23–27  Theoretical Foundations and Experiential Learning in Complementary and Alternative Therapies
Earle Brown Center, University of Minnesota St. Paul Campus
Registration fee: $450 (35 contact hours), $110 single day;
Preceptor/faculty: $350; $70 single-day
Graduate credit: 2 credits, $886.50 + $150 (materials and amenities)

For brochures and registration materials:
School of Nursing Outreach Office, Linda Vegell: 612.626.4772, E-mail: carls020@umn.edu

Complementary and Alternative Therapies Conference
Two participants attending the 2000 Theoretical Foundations and Experiential Learning in Complementary and Alternative Therapies conference, Noriko Hira, left, and Ritsuko Yamada, go over notes from the conference. Along with their nursing educational opportunities, they spent several days in rural Minnesota where they were impressed by “all the lakes, rabbits, squirrels, birds, loons, fireflies, and kind people.” Both Yamada and Hira are assistant professors at the School of Nursing in Hokkaido, Japan. The Complementary and Alternative Therapies conference is sponsored by the School of Nursing, the Center for Spirituality and Healing, and the Academic Health Center. The dates of the 2001 conference are July 23–27.
Scientific journals as well as the national popular press are reporting the findings of Janis Gerkensmeyer, Ph.D., M.S.N., R.N., Associate Professor at the School of Nursing. Gerkensmeyer’s research is on the effects of music on newborns (neonates) undergoing painful procedures, such as circumcision and needle sticks.

Gerkensmeyer is looking forward to the research findings being published this year in the prestigious *Journal of Pediatric Nursing*. Articles have already appeared in *Good Housekeeping* (Oct. 2000); *Baby Talk & Parenting*, (Oct. 2000); and *Fit Pregnancy*, (Dec./Jan. 2001), as well as the *Indianapolis Spotlight* Newspaper (May 17, 2000); Sigma Theta Tau’s “Excellence in Practice,” and *Inside IUPUI*, a newsletter for Indiana University, Purdue University, Indianapolis, (Sept. 21, 2000).

The study, a three-year process, was conducted while Gerkensmeyer was a clinical nurse specialist at a pediatric hospital in Indiana and a faculty member of Indiana University School of Nursing, Indianapolis. Principal investigator of the study was Betsy A. Joyce, Ed.D., M.S.N., C.P.N.P., associate professor, along with Juanita Fogel Keck, D.N.S., R.N., now retired as associate professor at Indiana.

Results of the findings, according to the abstract, suggest that “music may be an effective intervention to aid with pain relief for neonates undergoing circumcision. Analyses suggest that identifiable patterns would emerge with a larger sample, and support the need to further investigate the effects of music.”

Gerkensmeyer hopes a similar study with a larger sample size will be conducted. Only 40 babies were used in the initial study.

Gerkensmeyer expressed surprise at the findings. “We found significance in terms of even music alone decreased the heart rate as well as the oxygen level of newborns,” Gerkensmeyer said, adding, “these interventions are useful in decreasing the pain experience by newborns. This is a common experience in which parents can relate.”

Although the study was done with two groups—neonates experiencing circumcision and needle stick—“the most remarkable findings seemed to be with the circumcision group and the effects of music,” Gerkensmeyer said.

It’s not just any kind of soothing music that was used. Specifically, one tape and one CD were utilized in the study. The tape, “Heartbeat Musical Therapy 1, Stops Crying GUARANTEED!” and the CD, “Sleep Like a Baby, Heartbeat Music Therapy,” were produced by Terry Woodford, Colorado Springs, CO, a leading authority on pre-recorded music therapy for children.

Tunes including familiar children’s lullabies, such as “London Bridge,” “Are You Sleeping,” “Lullaby and Good Night,” and “Hush Little Baby,” are set to the rhythm of a heartbeat which has a soothing effect on the listener.

According to Betsy A. Joyce, quoted in the Sigma Theta Tau “Excellence in Practice” article, “there are many advantages to using music as therapy, including the cost effectiveness. Nurses don’t need a physician’s order for this therapy and parents can continue to use music at home. This study supports the tremendous potential for music to contribute to pain relief in other medical procedures.”

Editor’s Note: For more information on the tape and CD, visit www.babygotosleep.com. There is also a Sleep Like a Baby CD for Adults.
By Marguerite Rheinberger

Linda Chlan, Ph.D., R.N., Assistant Professor in the School of Nursing, believes that most people can associate something pleasant with music. Linda will combine her love of music with research of the therapeutic benefits of music as the first recipient of the A. Marilyn Sime Faculty Research Fellowship.

This past Fall, Linda received the two-year fellowship, which has a 50 percent appointment in the Center for Spirituality and Healing, sponsor of the fellowship. It provides faculty with protected research time to develop a research area specific to complementary therapies. Linda will use the time to research the therapeutic effects of music on patients on ventilators.

As a former critical care staff nurse, Linda cared for numerous ventilated patients. The traditional method of managing anxiety in these patients is by administering a variety of intravenous sedation medications. These medications had many side effects and Linda found that sometimes the patients became more anxious and agitated. She wondered what else could be done.

Her answer came while she was pursing her Master’s degree in nursing during the early 1990s. She found research that showed that listening to music is effective in reducing anxiety and promoting relaxation in patients in coronary care units. “I wondered if it could have the same benefit for patients receiving mechanical ventilation,” said Linda. And thus began her research interest. “Research into the efficacy and effectiveness of complementary therapies is the key to their wider acceptance by healthcare providers, patients, and health plans,” says Linda.

Linda defines “relaxing music” as music with 60–80 beats per minute, slow flowing rhythms and restrained dynamics, no words, simple composition, and few instruments. “We always first assess a patient’s personal music preference to avoid playing music that could conjure up bad memories,” she says.

While the Sime fellowship provides Linda the necessary time to focus on research, additional funding was necessary to support her research endeavors. Thanks to the financial support of the University of Minnesota’s Graduate School and the Center for Excellence in Critical Care, Linda is currently developing an instrument that will more accurately measure anxiety in ventilated patients than those that currently exist.

Last Fall, Linda and her colleagues from the Schools of Medicine and Pharmacy submitted a grant to the National Institutes of Health (NIH), National Center for Complementary and Alternative Medicine. They hope to test the effects of relaxing music on ventilated patients by measuring the amount of resulting sedation, anxiety ratings, length of time on ventilators, and length of time in the Intensive Care Unit (ICU). They are awaiting the funding decision.

Linda will be submitting another grant continued at bottom of page 6

Dr. Linda Chlan
Sime Fellowship Recipient Explores Therapeutic Benefits of Music

Dr. Linda Chlan gives credit to Dr. Mariah Snyder, an early leader in complementary therapies.

Dr. Linda Chlan gives credit to Dr. Mariah Snyder, an early leader in complementary therapies.
Bliss & Leonard

Named to Long Term Care Professorships

Donna Zimmaro Bliss, Ph.D., R.N., and Barbara Leonard, Ph.D., R.N., were appointed professorships by Dean Sandra Edwardson during fall semester 2000. Dr. Bliss was named to the Professorship in Long Term Care of Elders, while Dr. Leonard was named to the Professorship in Long Term Care of Children and Youth.

Dr. Bliss

Dr. Bliss, Associate Professor, joined the School of Nursing faculty in 1993 after completing postdoctoral studies at the University of Minnesota as a National Institute for Nursing Research award recipient and a MAGEC fellow. She is the only nurse to date who has been awarded a highly competitive research grant from the American Federation for Aging Research. Her research program focuses on long term care problems common to elders, progressing from observational studies of the causes and prevalence of diarrhea and fecal incontinence to the efficacy of several interventions including dietary fiber. Most recently, she has been exploring skin problems associated with incontinence in nursing home residents. Dr. Bliss currently serves as an Associate Editor of Nursing Research, is a member of the National Advisory Board of the Center for Clinical Investigation of the Wound Ostomy and Continence Nurses, and a member of the Executive Council of the Center for Nursing Research of Elders at the SoN.

Dr. Leonard

Dr. Leonard, Associate Professor, has been with the School of Nursing since 1991. She transferred from the School of Public Health where she had been a faculty member since 1965. She is a Division Head at the SoN, and also directs the Center for Children with Special Health Care Needs at the SoN, one of only six Maternal and Child Health Bureau awards that support nursing nationwide. Dr. Leonard has pursued a focused research program into the long term care of children with special needs and has carefully integrated this work in meeting all three missions of research, education, and service. Dr. Leonard's research is focused on developmental and behavioral outcomes of children with diabetes. She regularly consults and grateful for her early support of the Center for Spirituality and Healing and for her support of my Sime Faculty Fellowship,” says Linda.

When Linda returns to her home at the end of the day, she finds support there as well. Her husband, James Grindle, and her cats, Spike and Mertz, share her love of music and are very supportive of her ambitions, she says. In her limited free time, Linda enjoys running and watching wildlife with her husband on their property in Lakeville.

For Linda, music has always been an integral part of her life outside of work. Thanks to the Sime Faculty Research Fellowship, it is now an integral part of her work life as well.

Marguerite Rheinberger, J.D., M.Pk., M.A. is a freelance writer specializing in health and wellness articles.

Editor's Note: Chlan has just received word that she was selected as the 2001 recipient of the Society of Gastroenterology Nurses and Associates, Inc. (S.G.N.A.) Outstanding Research Article award for “Effects of a Single Music Therapy Intervention on Anxiety, Discomfort, Satisfaction, and Compliance With Screening Guidelines in Outpatients Undergoing Flexible Sigmoidoscopy.” Chlan will receive the award May 20th, 2001, at the 28th Annual Course in Tampa, Florida.
provides educational programs to service delivery organizations and practicing nurses on issues related to the long term care of children.

The Long Term Care Professorship fund was established in 1989 through the efforts of the School of Nursing Foundation during the University’s last capital campaign. Led by an estate gift from Freda K. Parks, a 1932 nursing graduate, the professorship was created by SoN alumni, friends, faculty, and organizations. Contributions of $250,000 were matched by the University’s Permanent University Fund. The account has now grown to over one million dollars. Growth of the fund makes it possible for the SoN to honor two faculty members with professorships. Tenured faculty members were nominated by their peers and appointed on the basis of the recommendation of a special nomination screening task force.

**Nurse Practitioners: Expanding the Reach of Health Care**

*By Kevin Smith, R.N., C.N.P.*

Announcing the world premiere of the video, *Nurse Practitioners: Expanding the Reach of Health Care*, starring real nurse practitioners, physicians, and others in the front lines of health care. No, it will not be showing in a theater near you, but this informative video is available to anyone who would like to learn about nurse practitioners.

The main purpose of this video is to answer some basic questions about the role of the nurse practitioner (N.P.). Ideal audiences include high-school students, nursing students, clinic administrators, physicians, and the general public. Graduate nursing students have also found that this video helps to stimulate discussion regarding the role of the N.P.

The first version of this video, released in 1996, was developed by representatives from all of the N.P. programs in Minnesota. Although the video was well received, it was felt that we needed to update some of the information and should show a broader representation of the N.P. role. The group re-convened to plot out the new, updated release.

Some topics covered in the video include history of the N.P., educational background, scope of practice, rural health, independent N.P. practice, rewards and challenges of N.P. practice, meeting health care needs, and more.

Rural N.P. project coordinators from each of the Minnesota schools will soon have copies of the video to make available to students and faculty. There are also plans to have the video on public access cable television. Please contact the project office if you would like to use a copy of the video. We also welcome suggestions you may have for other audiences who may like to learn about the role of the N.P.

Persons interested in a copy of the video may contact the Collaborative Rural Nurse Practitioner Program office by calling Todd Sexton at 612.626.4826 or 1.800.597.8636.

*Editor’s note: Reprinted by permission of the CRNPP newsletter, October 2000.*
It began as an ordinary day. Checking voice mail, then answering messages. But one call changed the course of her day. A private, behind-the-scenes activity was about to go public.

“I went for a long walk.” That’s what Jean Kintgen Andrews did after learning she was a winner of a Virginia McKnight Binger Award in Human Service.

“Beth wanted to celebrate immediately… but I was torn. I felt I should do this quietly,” says Andrews, a soft-spoken woman whose gentle smile hints at a self-effacing humility.

Andrews, a retired University of Minnesota professor in nursing, was officially recognized November 16, 2000 for 10 years of volunteer service at the Center for Victims of Torture in Minneapolis. Beth Wickum, the center’s director of volunteer services, was the catalyst for Andrews’ award from Minnesota’s largest foundation. “Her compassion, devotion and love for human beings make Jean an outstanding advocate for people who have suffered some of the worst cruelty…” Wickum explains. It is no surprise, then, that Andrews’ efforts have been channeled towards “restoring the dignity of the human spirit,” the organization’s credo.

The Center for Victims of Torture (CVT) is a private, non-profit organization founded in 1985 to provide direct care to survivors of politically motivated torture and their families. The CVT was the first organization of its kind in the United States, and only the second in the world behind Helsinki.

Over the years, the CVT has pioneered its comprehensive assessment and care programs, and gained worldwide respect.

Andrews began volunteering at the center following her retirement in 1990. Within four years, she assumed responsibility as volunteer coordinator, directing the activities of about 50 “befrienders” to carefully matched “clients.”

The clients are people who have fled to the United States after enduring brutal treatment for their political beliefs. At the CVT, they receive medical and psychological therapy, as well as support adjusting to their lives in new communities.

Befrienders tutor, drive clients to job interviews, accompany them on school visits, and often orient them to self-sufficiency via local food shelves or public transportation. But most of all, Andrews says, befrienders help with social adjustment.

“Clients want to learn about our country, improve their English, and do normal things with volunteers.” Restoring self-worth and hope are some of the outcomes.

Andrews assists with volunteer training and is very grateful for her nursing background when it comes to ethical issues and confidentiality.

Andrews assists with volunteer training and is very grateful for her nursing background when it comes to ethical issues and confidentiality. “Our clients were often leaders of their communities. Most are seeking asylum after fleeing persecution and torture.”

Dating her interest in human rights issues to the early 1980s, she and her late husband, L.O. “Andy” Andrews (a former
Marie Costello was forever young . . . always in tune with the Andrews says she is simply giving back what she received.
The two-hour sessions run from five to eight weeks.
groups for women over 40 and 55, and a self-worth group. facilitator at Chrysalis, a Minneapolis women's center. “I lead with the INS (Immigration and Naturalization Service), and will be more outreach in the schools, a closer relationship increases, the center's focus will be forced to shift. “There the center provides outpatient services for approximately 150 story house overlooking the Mississippi River in Minneapolis, that was comforting and safe. Located in a modest, three- week at the CVT . In addition, she is a favored support group coordinating of services with other centers.”

Andrews’ indefatigable schedule includes at least a 25-hour involved in the practice of nursing... the skills and the intellect... the center's focus will be forced to shift. “There Andrews graduated with a B.S.N. who worked with industrial physicians. Motivated to do work Andrews, who grew up in Chicago the only child of an advertising salesman and a mother who worked with industrial physicians. Motivated to do work in a “front-line” service area, Andrews graduated with a B.S.N. from St. Xavier University, an M.S.N. from DePaul University, and a Doctorate from Ohio State. In 1984, Andrews joined the University of Minnesota faculty, initially directing the nursing consortium in northwest Minnesota. She came on campus in 1980, teaching a graduate program for nurses who also aspired to teach.

Throughout her nursing career, Andrews has lived her definition of compassion: “Not only having empathy, but taking action as a result of that empathy.” Nursing has provided her the tools to do that. She adds, “I think people underestimate what is involved in the practice of nursing... the skills and the intellect... Regrettably, it’s not a role that gets a lot of recognition.”

Of course, Andrews admits feeling humbled and initially embarrassed by her McKnight Foundation award. However, she is pleased it has brought deserved recognition to her volunteers, and to the Center for Victims of Torture.

Not surprisingly too, the associated $7500 cash award has been given away. “I was getting along fine before I got it, so I decided to invest it in human rights causes.” Andrews is content quietly making a difference one life at a time. Those whose lives she has touched are the true winners.

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1999-2000 Faculty Publications

This list represents publications by School of Nursing faculty (names highlighted) supplied to Network, and does not guarantee inclusion of all faculty publications. If your publication is not listed, please contact the editor for inclusion in the next Network Faculty Publications. — Editor


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continued on page 10

U of M professor of education), were initially involved in Amnesty International. That led to work for the Overground Railroad at the University of Minnesota Newman Center, assisting political refugees from Central America. Any victim of physical or emotional abuse was referred to the Center for Victims of Torture.

Clients found the CVT offered a non-clinical environment that was comforting and safe. Located in a modest, three-story house overlooking the Mississippi River in Minneapolis, the center provides outpatient services for approximately 150 clients annually.

Andrews is quick to note that as demand for service increases, the center's focus will be forced to shift. “There will be more outreach in the schools, a closer relationship with the INS (Immigration and Naturalization Service), and coordination of services with other centers.”

Andrews’ indefatigable schedule includes at least a 25-hour week at the CVT. In addition, she is a favored support group facilitator at Chrysalis, a Minneapolis women’s center. “I lead groups for women over 40 and 55, and a self-worth group. The two-hour sessions run from five to eight weeks.”

Inspired by a mentor in her Master's degree program, Andrews says she is simply giving back what she received. “Marie Costello was forever young... always in tune with the younger people. Nursing was very important to her.” Her role model today, Andrews continues, is Margaret Rounds, a fellow CVT volunteer in her 80s. “I’m amazed by her energy, and her openness for everyone... regardless of their strengths and shortcomings.” She defines Rounds as “selfless, although not a martyr... a woman for all seasons.”

The same could be said for Andrews, who grew up in Chicago the only child of an advertising salesman and a mother who worked with industrial physicians. Motivated to do work in a “front-line” service area, Andrews graduated with a B.S.N. from St. Xavier University, an M.S.N. from DePaul University, and a Doctorate from Ohio State. In 1984, Andrews joined the University of Minnesota faculty, initially directing the nursing consortium in northwest Minnesota. She came on campus in 1980, teaching a graduate program for nurses who also aspired to teach.

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Chlan, L., & Iowa Classification Research Team. (1999). NOC-Omaha linkages [monograph]. Iowa City, IA.


Michele Schermann’s Project

Blending Horticulture and Health Care

By Jane Ellen Nielsen

Not everything that can be counted counts, and not everything that counts can be counted.  
Albert Einstein

Albert Einstein was a progressive thinker. His theory of relativity revolutionized scientific thought. He loved classical music, played the violin, and had a profound compassion for people who were politically or economically oppressed. It is not surprising, then, that deep in the heart of a trio of Georgian brick buildings on the University of Minnesota St. Paul campus is an understated woman of conviction who references Einstein and lives his philosophy.

Cocooned in a yellow-brick office that was once a technology shop, Michele Schermann, R.N., ’96 SoN, is Extension Educator for the Farm Safety and Health Program housed in the Biosystems and Agricultural Engineering building at 1390 Eckles Avenue in St. Paul. Schermann has been a member of Sigma Theta Tau, Zeta chapter since 1996. Her circuitous career path includes a degree in horticulture, a retail fabric business, custom home furnishings, and her entry into nursing. She was also fortunate to meet SoN clinical instructor Donna Brauer. “Several life-altering courses changed the way I think,” Schermann explained. Still her mentor, Donna “saw things in me that no one else understood.”

Today, Schermann is involved in a NIOSH/CDC-funded project that curiously blends her passions for horticulture and health care. As co-investigator on a $450,000, three-year grant, Schermann is working with Hmong farm families in a seven-county metro area to address the health and safety

Want to learn more about NAGCAT and get CEU’s? An on-line course about the North American Guidelines for Children’s Agricultural Tasks has been developed for nurses working with rural families. Contact Michele Schermann @ 612.624.7444, scher019@tc.umn.edu.

Michele Schermann
Theater—It stimulates the senses, eliciting imagery of brilliant Broadway plays, rousing musicals, and haunting drama. An art form usually associated with entertainment, theater is historically a communications tool. In rural Minnesota communities today, theater is helping farm families cope with the haunting drama of everyday life.

Farm Alarm: Coping With Stress is a 70-minute theatrical production workshop that portrays the daily lives of two fictional farm families. Seven scenes skillfully weave humor with the serious consequences of stress on the health and safety of farm families. At the end of each performance, actors return to the stage to participate with the audience in a problem-solving discussion. Led by a facilitator, dialogue is enhanced by a panel of local service providers, such as clergy, social workers, and lending agents.

To date, there have been 31 Farm Alarm performances, with an average of 145 attendees at each workshop.

Although the original targeted audience of Farm Alarm was farm families in the Upper Midwest, the workshop is now being marketed as an educational tool for health-care professionals, extension education, and agricultural business throughout the country.

Michele Schermann, R.N., University of Minnesota Extension Educator, reports that the sustainability of the workshops has been encouraging. Twenty-five productions have been funded through local community organizing efforts. The initial six workshops were funded by a Department of Agriculture grant. In fact, she notes proudly, the 1998 needs assessment prompting the development of the Farm Alarm venue originated from a network of nurses in the Red River Valley and Meeker County. Schermann is writing a grant proposal to evaluate the effectiveness of the program in different regions of the state over the next three years.

For more information about bringing Farm Alarm to your community, contact the University of Minnesota Extension Service office @ 612.624.7444, scher019@tc.umn.edu

Jane Ellen Nielsen

needs of this under-served population. The idea for the grant, Schermann says, stemmed from two watershed opportunities. One was to serve on an advisory committee to evaluate farm safety curriculum for elementary students. The other was an invitation to attend a safety day for immigrant farmers, hosted by the University of Minnesota at their Rosemount facility. It was the first program of its kind to include Hmong farmers.

‘Our goal is to end with a recipe usable by anyone worldwide.’

The Hmong (pronounced Mung) people are one of the oldest people of Asia, originating in what is now Central China more than 4,000 years ago. Over thousands of years, Hmong people migrated throughout Southeast Asia, entering what is now northern Vietnam, Laos, Thailand, and Burma in the early 19th century. During the Vietnam War, thousands of Hmong fled refugee camps in Thailand and eventually resettled in the United States. Today, the Twin Cities Hmong community numbers almost 80,000—the second largest Hmong population in the United States next to Fresno, California.

Schermann learned that Hmong society in Asia was largely agrarian, and that the Hmong cultural history is an oral one. It wasn’t until French missionaries assigned written letters to the Hmong language in the 1950s that the language was documented. As a result, many Hmong persons in Minnesota speak the language fluently, but may not be able to read or write Hmong. The challenge, therefore, in the area of safety and health, Schermann explains, is to develop culturally and linguistically appropriate guidelines.

Utilizing the resources of a Hmong liaison coordinator, Schermann’s project will evaluate existing farm safety practices within the Hmong family/community, and create methodology for developing new guidelines. “Our goal is to end with a recipe usable by anyone worldwide who wants to apply the methodology to their needs.”

To determine what is culturally and linguistically relevant, Schermann will evaluate family dynamics, the relationship of work to children and parents, the way parents view children, and how the family comes together as a team. The project will also define specific tasks, how they are done, and differences among social skills. The Hmong way of life, Schermann notes, emphasizes the importance of group over individual need. This is opposite to the American emphasis on the individual and individual decision-making.

The current North American Guidelines for Children’s Agricultural Tasks were established by a blue-ribbon team from North America. Listing 62 tasks, the guidelines identify the steps to accomplishing an activity, the related hazards, adult responsibilities, and recommendations for supervision.

“They failed,” Schermann believes, “is the assumption that all farm families descended from Northern Europe. All graphics,” she adds, “unashamedly depict Caucasians. This oversight excludes the many diverse cultures woven into America’s demographic tapestry.”

Schermann plans to change that. Working under the guidance of John M. Shutske, Associate Professor at the Department of Biosystems and Agricultural Engineering, Schermann’s trailblazing project will demonstrate that health and safety issues can be addressed for Z cultures, including the politically and economically oppressed. The results may not be immediately quantifiable, but most importantly, EVERY-ONE COUNTS!

Albert Einstein would be pleased.
Undergraduate Clinicals

The experience of a first clinical is told by Katie M. Dinndorf, a first-year nursing student. The first clinical experience is in community-based, non-traditional settings. Students interact with essentially healthy people, practicing their interpersonal communications skills, conducting health assessments, and using teaching interventions to promote health.

The clinical experience includes five weeks with children in school-based settings and five weeks with older adults in assisted living and retirement community settings. As part of the clinical experience at Friendship Village in Bloomington, a Wellness Clinic is provided by the students under the direction of their clinical instructor, Christine Mueller, Ph.D., R.N. Students evaluate blood pressure, pulse, vision, hearing, memory, nutritional health, safety, exercise and activity tolerance, medications, risks for heart attack and osteoporosis.

One Student’s Perspective
By Katie M. Dinndorf

The first thing I thought when I heard the word clinical, was that I was excited to get some experience out in the “real world”—not sit in lecture and wonder what it would be like to actually apply what I was learning. I was enthusiastic about talking with an elderly person at my clinical at Friendship Village because I’ve always enjoyed listening to their stories about things I have not experienced. I volunteered at Fairview with the Watchful Companion program. We went into the patient’s rooms (young and old) to keep them company. During this volunteer experience, I talked with many elderly persons. I find most elderly people are happy and very humorous, which is the opposite of the stereotype of being crabby and unhappy. I enjoyed talking with them.

The day I walked into my first clinical, I worried about who I was going to be assigned to. I was concerned that my client would not want to talk or I would offend the person somehow. I did not know if they were conservative and might find something that my generation says or does offensive.

When I first entered my client’s room, I was relieved to find that she was an energetic woman in wonderful health. I felt comfortable and happy during our conversations. I never felt that she was uncomfortable telling me things or that she was bored with our conversation. As we talked, I offered her advice about what occurs physically as people age. It seemed that when something was going on with her body, she wondered if it was normal. She asked me if it was normal to urinate frequently during the night. I explained what happens to your bladder as you age, and she was relieved that it was a normal occurrence. I was also able to offer my client youthful company, which she may not receive that often, living with others the same age.

I was excited that first day, as well as anxious, because I did not know what to expect, what type of condition my client would be in, and how intact her memory would be. After the first day, I was very excited to return and talk with my client. I really enjoyed listening to her and talking with her about her current life as well as her past experiences.

Overall, it was a wonderful experience.

At left, Megan Bautch, first-year nursing student, looks after nine-year-old Brittany Thomas at Fairview University Medical Center while Tracy Meyers, below right, interviews Leatha Smith, a resident of Friendship Village and (coincidentally!) a graduate of the SoN as part of the Wellness Clinic.
The Densford Clinical Scholars Program is winding up its second year, and has exceeded expectations. The Program, established in 1998, links an Advanced Practice Nurse and a faculty member who share a mutual clinical interest. The intent is to combine the expertise of the two Clinical Scholars in clinical intervention projects targeted toward improving patient care. The Center is the vehicle for establishing the partnerships, facilitating funds, supporting individual projects, and creating a cadre of Clinical Scholars who can assist nurses and other caregivers in utilizing research.

Topics that Scholars have studied include: Effects of an Opioid Taper Algorithm in Blood and Marrow Transplant (B.M.T.) Patients; Complementary Therapy Intervention in Pain Management; Attitudes Toward and Use of Complementary/Alternative Therapies by Critical Care Nurses; and Improving Health Outcomes in Adults Newly Diagnosed with Diabetes. The Scholar Teams have worked together for the past two years.

During this period, the Scholars have achieved a number of significant accomplishments, including several publications, presentations at local and national meetings, and funding awards. Perhaps of greater importance is the impact on patient care that the projects have achieved through evidence-based practice changes; the development of care guidelines, standards and policies; continuing education opportunities; and expanding the staff nurses’ appreciation for and knowledge of research in the clinical setting. For this latter achievement, Sigma Theta Tau International (S.T.T.I.) has recognized the Clinical Scholars with a regional Research Utilization Award. The Award was presented to Joanne Disch, Director of the Densford Center, at an S.T.T.I. Regional Forum in Philadelphia in March. The Densford Center will be hosting a celebratory breakfast for all participants at the Annual Research Day on April 23 in honor of the Scholars’ work.

The Densford Clinical Scholars are: Mary Fran Tracy, Ph.D., R.N., Clinical Nurse Specialist, Critical Care, Nursing Services; Leslie Parran, M.S., R.N., A.O.C.N., Clinical Nurse Specialist, Blood and Marrow Transplant, Fairview University Hospital Nursing Services; Vivian Aarestad, M.S., R.N., C.D.E., Clinical Nurse Specialist, Diabetes, Fairview Hospital, Southdale; Deb Drew, M.S., R.N., Clinical Nurse Specialist, Pain Management, Fairview University Medical Center; Ruth Lindquist, Ph.D., R.N., Associate Professor, Director of Graduate Studies, University of Minnesota (UM), School of Nursing (SoN); Carol Pederson, Ph.D., R.N., Associate Professor, UM, SoN; Kathie Krichbaum, Ph.D., R.N., Associate Professor, UM, SoN; and Janice Post-White, Ph.D., R.N., F.A.A.N., Associate Professor, UM, SoN.

A final note: The next cohort of Scholars will be selected in June to begin their term July 1, 2001. A.P.N.s or faculty members who are interested in applying to become Clinical Scholars can contact the Densford Center Office for an application (612.625.1187). The deadline for applying is May 15, 2001.

Over 865 students, faculty, and staff received flu immunizations in December as a result of a collaborative project between the School of Nursing, Boynton Health Service, and the College of Pharmacy. The project originated with an honors project from the pharmacy fraternity.

Two clinics were held December 7, 2000. The first was hosted in the CHIP Lounge. The nursing students used the principles of public health nursing throughout the entire planning and implementation stages of this innovative project. The students had experience with fund-raising and grant writing to secure resources for the clinic implementation.

The shortage of flu vaccine was a factor in our experience that had not been anticipated. Student teams had hands-on experience in making decisions regarding what would be possible with a limited amount of vaccine. Planning is underway for next year’s immunization clinic.

Pictured above are Patrick Sapp, left, and Katie Brown, right, two nursing students who participated in the immunization clinic.
The Community University Partnership in Education and Service (CUPES) has recently increased the number of community sites where health professions students can have service learning experiences. The sites include two schools and three social service agencies. This school year we have graduate and undergraduate students, as well as residents from medicine, nursing, pharmacy, dentistry, and public health.

**Andersen Schools**

There are two elementary schools within one complex, Andersen Open and Andersen Elementary, with a total of 1300 students in grades K–8. The students at Andersen are from diverse ethnic backgrounds, with most students representing Native American, Latino, and African American heritage. Health professions students have opportunities to provide health education to staff, children, and their families, and also gain experience in the school-based clinic. These schools had no health education in classrooms until they became a CUPES site. Now every child receives health education from health professions students. This site also has a dental clinic where Andersen children have access to dental care provided by dental hygiene students. Community Health Advocates also provide students with opportunities to bring health information into the homes of school families.

**Richard Green Central Park Elementary School**

This site began in January 2001. The student enrollment in grades K–8 is 800 children with increasing numbers of Spanish-speaking children entering the school. Green Central School came to us because the health needs for their children are great and they asked CUPES to provide programming similar to the Andersen Schools. There is also a day care center and a community clinic in the building complex and health professions are involved in service learning opportunities in these areas as well.

**Minneapolis Youth Diversion Programs**

This site is a social service agency serving homeless youth and youth at risk for homelessness. There is a drop-in center where youth can be in a safe environment and access such services as health care in the on-site clinic, meals, mental health services, parenting support, and HIV/AIDS prevention information. Health professions students can provide clinical care and health education in the many programs provided by this agency. This site provides students with opportunities to understand the larger context of the lives of homeless youth. Staff at Minneapolis Youth Diversion Programs tell us CUPES has brought badly needed health services to their agency.

**Centro**

This site provides comprehensive social services for Spanish-speaking children, adults, and seniors who have recently immigrated to the United States. Centro’s programming includes an on-site clinic, employment program, seniors services, HIV/STD prevention education, and maternal and child health services. Health professions students provide health education and health care to one of this country’s most rapidly growing immigrant populations and they, in turn, benefit with increased health services.

**St. Joseph’s Home for Children**

This is CUPES newest site and it serves children and adolescents in need of protection and placement in an emergency shelter. Approximately 2500 children were served at St. Joseph’s last year. St. Joseph’s clinic provides comprehensive health services to its clients as well as those in Hennepin County’s Shelter Foster Care system. Health professions students are providing health care and health education to a population with extensive health service needs within the clinic, the residential treatment program, and the day treatment program.

CUPES is also supporting and supervising the COACHES Mentoring Program and the production of a video entitled *Enhancing the Cultural Competence of Health Care Professionals Who Work with American Indian Children and their Families.*

The current CUPES sites and projects are able to provide service learning opportunities for up to 400 health professions students per year.

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**National Nurses Week**

May 6–12
Kudos

At the April 5th meeting of the Board of Regents, the following promotions were approved:

- Lyn Bearer to Professor; Barbara Leonard to Professor; Derryl Block to Associate Professor with tenure; Merrie Kaas to Associate Professor with tenure; Linda Lindeke to Associate Professor with tenure.

Congratulations to all of these individuals for the achievement of a major milestone.

Donna Brauer, Ph.D., R.N., Assistant Professor, received the Excellence in Teaching/Mentoring award from the Zeta Chapter of Sigma Theta Tau International in March 2000.

Kuei-Min Chen, a 2000 Ph.D. graduate from the School of Nursing, has received the Clinical Medicine Research Award for new investigators from the Gerontological Society of America. Dr. Chen, who was featured in the Fall/Winter issue of Network, is Associate Professor at Fooyin Institute of Technology, Kaohsiung, Taiwan.

Katherine Belfay, a second-year nursing student, was awarded research funds for Undergraduate Research Opportunities Program (UROP). She was sponsored by Elizabeth M. Saewyc, Ph.D., R.N., P.H.N., Assistant Professor. Her project is entitled “Teen Parenting and Eating Disordered Behaviors among Sexually Abused Adolescents.” Belfay’s project is funded from January 1, 2001 through May 31, 2001.

Joanne Disch, Ph.D., Director of the Katharine J. Densford International Center for Nursing Leadership, accepted a $1,000 gift from Minnesota Organization of Leaders in Nursing (MOLN) honoring Katharine J. Densford at the Annual Spring Conference at the Hilton. Also honored at the event were Marie Manthey, M.N.A., R.N., F.R.C.N., E.A.A.N., SoN Alumni Society President and former faculty member and Marge Jamieson, M.S., B.S.N., former Adjunct Assistant Professor, who received lifetime of inspirations awards from MOLN.

Beverly A. Fangel, a 1967 graduate of the University of Minnesota School of Nursing, has been awarded a 2000 Excellence in Nursing Award from Hennepin County Medical Center (HCMC). The award is given to HCMC nurses who excel in the areas of leadership, clinical skills, and customer focus.

Karen Feldt, Ph.D., R.N., G.N.P., Assistant Professor, has been awarded the 2001 Merck/American Geriatrics Society (AGS) New Investigator Award. Dr. Feldt is a member of the Center for Nursing Research on Elders.

Ann Garwick, Ph.D., M.S., B.S., Professor, received word that the video entitled “Breathing a Word: Indian Stories of Asthma,” was a runner-up in the Families with Special Needs division at the 33rd annual Media Awards Competition sponsored by the National Council on Family Relations. The video grew out of work by Garwick and Sally Auger with Native American youth in the Phillips Neighborhood of Minneapolis; and Allies Media/Art, a Native American owned video production company. It presents what it is like to live with asthma, depicting vivid stories for youth, families, and health-care providers.

Janis Gerkensmeyer, Ph.D., R.N., A.P.R.N., B.C., Assistant Professor, received a citation for her poster at the 18th Annual Scientific Meeting of the American Pain Society.

Helen E. Hansen, Ph.D., M.A., A.B., Associate Professor, co-investigator and principal investigator Catherine Borbas, Ph.D., Minneapolis Medical Research Institute, Minneapolis, have been funded for a project entitled “Improving Utilization of Ischemic Stroke Research.” Total projected funding is $1,564,642 for the period September 2000 through August 2003. This study will assess the effectiveness of a model for accelerating the use of evidence-based treatment guidelines for acute ischemic stroke in 24 urban and rural hospitals in Minnesota. The investigators from Minneapolis Medical Research Institute, Harvard Medical School, and the University and the School of Nursing will test a hospital-based intervention to improve the quality of stroke care.

Felicia Schanche Hodge, Dr.P.H., Professor, was honored by The Friends of the National Institute of Nursing Research in recognition of her contributions to nursing research and to the nation’s health in Washington D.C.

Monisha Kannan and Sarah Westby, two baccalaureate students, presented their research at the 2001 National Conference on Undergraduate Research (NCUR) held at the University of Kentucky in March. Kannan’s research is entitled “Uncertainty and Well-Being in Young Women Recently Diagnosed with Breast Cancer.” Westby’s research is entitled “Perceived Social Support and Complementary Therapies in Young Women with Breast Cancer.” Fac-
ulty sponsor for both students is Elizabeth Santas-Kraatz, Assistant Professor. 

Alice Kuramoto, Ph.D., R.N., F.A.A.N., visiting Professor at the School of Nursing, was recently awarded the Excellence in Nursing Education Award by the Wisconsin Nurses Association. Dr. Kuramoto is Professor and Director of Continuing Education and Outreach Program at the University of Wisconsin–Milwaukee School of Nursing. She obtained her master’s degree from the University of Minnesota School of Nursing in medical surgical nursing. She is teaching a graduate course in nursing education during Spring Semester 2001.

Elizabeth Santas Kraatz, Ph.D., A.O.C.N., R.N., Assistant Professor, School of Nursing, recently received the 2000 Rising Rookie Award by the Metro Minnesota Chapter of the Oncology Nursing Society. Dr. Kraatz’s primary teaching and advising responsibilities are with master’s degree students in oncology. She also teaches courses in ethics and interpersonal communications. Dr. Kraatz is a 1985 graduate of the School of Nursing.

Barbara Leonard, Ph.D., R.N., Professor, has been granted a sabbatical leave from August 2001 through July 2002 to investigate the spirituality concerns of children with chronic illness, disability, and life-threatening disease. She has been selected to participate in an intensive and highly selective program of the Center for Religious Development at the Weston Jesuit School of Theology in Cambridge, Massachusetts. In her absence, Helen Hansen, Associate Professor, will fill in as division head for the Division of Family/Child Nursing, Nurse Midwifery, Public Health Nursing, and Systems of Delivery of Nursing Education and Nursing Services.

Ruth Lindquist, Ph.D., M.S., B.S.N., Associate Professor and Division Head, received the award for Excellence in Leadership from the Zeta Chapter of Sigma Theta Tau International Honor Society of Nursing. Lindquist is a member of the Center for Nursing Research on Elders faculty.

LaVohn Josten, Ph.D., M.N., B.S.N., F.A.A.N., Associate Professor, was named one of the top five leading U.S. public health nursing experts by the American Nurses Association.

Catherine Juve, Ph.D., M.N., R.N., associate education specialist has been named director and coordinator for the Women’s Health Care Nurse Practitioner (WHCNP).

Marsha Lewis, Ph.D., M.S., B.S.N., Associate Professor and director of Graduate Studies, was recently awarded an NIH/STTR grant entitled “Internet/CD-ROM Dementia Decision-Making Guide.” Lewis is director of Graduate Studies at the School of Nursing as well as a faculty member of the Center for Nursing Research on Elders.

Jennifer Peters, Ph.D., M.S.N., B.S.N., Associate Education Specialist, attended the Gerontological Society of America meeting in Washington D.C., in November 2000.

Sharon Ridgeway, Ph.D., M.S., B.S., Education Specialist, received the Excellence in Teaching/Mentorship from the Zeta Chapter of Sigma Theta Tau.

Shay Rogers, a first-year nursing student at the School of Nursing, has been awarded 2000–2001 U.R.O.P. research funds of $1,700, for “Growth Outcomes of School Age Children Following Neonatal Intensive Care,” a project she is conducting with Linda Lindeke, Ph.D., M.S., B.S., Associate Professor. Duration of the project is January 1, 2001 through June 15, 2001. Rogers is a student member of the Center for Neurobehavioral Development, the Undergraduate Research Assistant in the Research Resource Center of the School of Nursing; a nursing assistant on FUMC’s Pediatric Bone Marrow Transplant Unit; teaches CPR/First Aid classes for the American Red Cross in Minneapolis, and is a junior class representative on the Nursing College Board.

Susan Johnson Warner, R.N., C.N.P., Ed.D., a graduate of the School of Nursing, was featured in an article in the February 2001 issue of Nursing Minnesota about her role in launching a baccalaureate nursing program at St. Cloud State University (SCSU). Approximately 150 St. Cloud State students have listed nursing as their major. Warner previously served as associate nursing dean at the University of Wisconsin, Eau Claire for two years as well as helping establish nursing education outreach sites during 14 years at the University of South Dakota before going to SCSU in 1999.

Comings and Goings

Joanna Bernsten has been named Senior Research Nurse Clinician reporting to Dr. Janice Post-White.

Lisa Fink, M.S.N., B.S.N., has been hired as an Associate Education Specialist. Linda Gardner, Ph.D., M.A., B.S.N., began Spring Semester 2001 as an Assistant Professor. She is a member of the Center for Nursing Research on Elders. Her research interests are manage-

Beth Good, M.S., B.S.N., and Linda Hanninen, M.S., B.A., have been named Assistant Education Specialists.

Joan Liaschenko, Ph.D., M.S., M.A., B.S., Associate Professor, began her position in Spring Semester 2001. She is a doctoral nursing graduate of the University of California, San Francisco (1996) where she also received her master’s degree in Psychiatric Nursing (1989). Among her research interests are nursing ethics, practices, humanities, philosophy, psychiatric, and home-care nursing.

Jenny Maytum, M.S., B.S., has joined the faculty as an Education Specialist.

Melinda Monigold is the new Senior Research Nurse Clinician working with Dr. Jean Wyman.

Carol O’Boyle, Ph.D., M.S. who received her master’s degree in Public Health in 1991 and her Ph.D. in 1998 at the School of Nursing, has joined the faculty as an Education Specialist.

Diane Rose is the new Research Assistant reporting to Ann Garwick.

Kristine Talley has been named Community Program Specialist reporting to Dr. Jean Wyman.

Lynn Vargo has joined the School of Nursing and the College of Pharmacy as the new Associate Development Officer with Laurel Mallen, President of the SoN Foundation. His role will be to secure major gifts on behalf of Campaign Minnesota, assist with donor relations, and coordinate the annual giving programs.

Before coming to the SoN, Vargo served as Associate Director of Development with Goodwill/Easter Seals in St. Paul. A 1995 graduate of the University of Chicago, Vargo is a native of St. Paul.

The following are new support staff at the School of Nursing. They are Bri Fischer, Executive Secretary; Cory Franklin, Executive Secretary, the Densford Center; Heloy Hicks, Office Specialist, Dean’s Office; Valerie Larsen, Associate Program Director, CUPE; Jessica Nilsen, Administrative Aide for the Research Resource Center; Ko Norasing, Principal Secretary for Student Services; Holly Pettman, Community Program Coordinator.

Specialist, Community University Partnership in Education and Service (CUPES); and Linda Vegell, Principal Secretary, Outreach/Clinical Coordinator.

Hassel Feted at Retirement after 20 Years

After 20 years in the School of Nursing, Donna Hassel retired from her position as executive secretary in the Dean’s Office. When she first started in 1980, Ellen Fahy was the dean. She recalls using “an electric typewriter and carbon paper, and many times used a mimeograph machine. What a long way we have come!” She reflected on her career in the School.

In recognition of her service, a reception was held September 28, 2000, at Eastcliff where over 50 co-workers, friends, and relatives gathered to wish her well on her retirement. A brief program was conducted highlighting the many “hats” she wore during her tenure. Several gifts were presented to Donna including a University of Minnesota watch, a gift basket of spa items, as well as cash with which she purchased a computer workstation for the computer her family presented to her upon her retirement.

With her free time, Donna plans to do the things she enjoys best—spending time with family and friends, reading, and traveling. She will use her computer to stay in touch even though, she says, “It is still a pleasure to see the computer off rather than on, but time will bring us closer.”

Mary Jo Kreitzer receives Complementary and Alternative Medicine Grant for $1.6 million

Mary Jo Kreitzer, Ph.D. R.N., Assistant Professor, and Director, Center for Spirituality and Healing, has been awarded a National Institute of Health (NIH) grant for $1.6 million to build and support a curriculum in Complementary and Alternative Medicine (CAM). Kreitzer was principal investigator for the grant.

The NIH grant will allow the center to integrate complementary and alternative medicine learning into the required cur-riculum of the School of Nursing, Medical School and all other schools in the Academic Health Center. The university was the first institute in the country to offer a graduate minor in this area.

“The Center for Spirituality and Healing intends to use this grant to strengthen and expand our collaborative relationships with complementary providers in the community,” said Dr. Kreitzer.

“We are thrilled to be chosen by the NIH,” according to Frank Cerra, Senior Vice President for Health Services, “This is further evidence that the University of Minnesota will continue to be seen as the site of choice for training health professionals in these areas. We are educating the next generation of health-care professionals—professionals who have not only heard of CAM, but who have experienced and provided those services. The NIH grant supports our work to develop a model and standard that we hope will be emulated throughout the country.”

Correction

Professor Emeritus Muriel B. Ryden was incorrectly identified in the Network, Vol. II, No. 1.

The title of a grant awarded Dr. Linda Chlan in Network, Vol. II, No. 2, should have read, “Development of Measures of Anxiety for Mechanically Ventilated Patients.”

The title of Ruth Stryker-Gordon’s book is It Takes a DOG to Raise a Village. The author is a retired faculty member of the School of Public Health.
Exciting activities related to nursing can be accomplished. There are some and co-create needed change, anything can be accomplished. There are some exciting activities related to nursing occurring in the state, which have significant potential for bringing nursing together and creating needed change. This is the premise behind the national Colleagues in Caring initiative and the Minnesota component of the national project.

What is Colleagues in Caring (CIC)?

The full title of the project is “Colleagues in Caring: Regional Collaboratives for Nursing Work Force Development,” and it is funded by the Robert Wood Johnson Foundation. Believing that nursing leaders should work together and lead in creative, proactive ways, the Foundation established this initiative to enhance regional and state collaborative planning, as well as implement actions and policies to address the rapid changes occurring in the United States nursing labor market.

Who is involved? Twenty states, including Minnesota, were selected to receive funds for three years (recently

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**Humor Contest**

**We have a winner!**

By Linda Hutchinson

We have a winner! He is Gary Jader, a 1981 graduate of the School of Nursing and an R.N. for over 20 years. Jader’s story, Going to the Dogs, about one of his favorite patients, is reproduced below for your amusement. A special thanks to those who sent us your funny stories. We hope you enjoy the winning entry as much as we did.

In his book The Anatomy of an Illness, Norman Cousin made the healing power of humor famous. He describes his personal experience of reducing pain by watching his favorite funny movies. His “humor survival kit” included the classics by Abbott and Costello, the Marx Brothers, and the Candida Camel television show.

Recently, a dear friend told me of her cancer diagnosis. Knowing that Lily Tomlin made her laugh and animals made her smile, it was easy for me to put together a humor basket, which included a book of “Edith Ann” humor and a fun videotape of baby animals.

What calls forth the healing power of humor in you? What makes you laugh? Have you shared this with your family and friends so they can support you when you need it most? Ask what makes your family and friends laugh so you can give the gift of humor back to them.

To encourage you to give and receive more humor in your work and home life, we are sponsoring another contest!

Tell us what works for you. Send us a brief description of your BEST HUMOR PRACTICE. We will compile a Top Ten List for the Fall/Winter 2001 issue of Network, so there will be 10 winners each with one practice.

**Editor’s Note:** Linda Hutchinson, owner of Hutchinson Associates, has a professional educator, keynote presenter, and humor coach. To check out her website, go to http://www.haha-team.com for a list of other humor resources.

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**Going to the Dogs**

By Gary Jader

Edith was one of my favorite home care patients. She was 70-something, funny, and forgetful. I saw her over a two-year period.

“Good morning, Edith. Where are your teeth?”

“Oh,” she said, covering her hand with her mouth and letting me into her small apartment. “I can’t find them.”

The Denture Hunt began. I looked in the usual places, but found no dentures.

“Where’s your dog?”

“You know, I’m not sure.”

Tootsie is a toy poodle. The kind of toy you hoped never to receive for Christmas.

Edith and I searched for Tootsie. We found her behind the sofa with patches of the denture gums chewed away.

“Tootsie! Bad girl!” Edith said examining the dentures. She put them into her mouth and smiled broadly at me.

“Not a good look,” I said. Spooky World came to mind. After taking her blood pressure, I reviewed her meds.

“What are these?”

“Tootsie’s pills, a tranquilizer, and an antibiotic.”

“Edith, you’re going to need to be VERY careful. Look at these pills.” Her beta-blocker and diuretic looked like Tootsie’s pills. Smiling, I wondered to myself if two beta-blockers could kill a small animal.

“Hey, if I take hers, maybe I’ll become man’s best friend,” she said with a wink and a giggle.

“Good-bye, Edith, I’ll see you next week.”

Two days later, my beeper went off. It was Edith.

“Gary, I need you to come over right away.”

“Why? What’s wrong?”

“I don’t feel so good. I can’t seem to wake up. I’ve been sleeping around the clock.”

“I’ll be right over.”

A groggy Edith greeted me at the door. Puddles of urine were everywhere. Tootsie was hovering over her water dish. Edith had slept long into the afternoon. Sherlock Holmes wasn’t needed for this one.

“Edith, you mixed up your pills with Tootsie’s. You took her tranquilizers and you gave her your water pill.”

“Oh, my, no wonder I slept like a dog,” she said.

“That’s ‘log,’” I corrected her. “You can ‘Go to the Dogs,’ and you can ‘Sleep like a log,’ but you can’t sleep like a dog.” Edith suffered from aphorism dyslexia. “And if you do that again, I’m not going to take you out for a walk,” I jested.

Edith laughed. “I’m just glad you didn’t let sleeping dogs lie,” she said laughing again.

“Good one, Edith. Now, I hate to be dogmatic, but this can’t happen again.” After much needed patient teaching, I headed for the door. “Bye, Edith.”

“Bye, Gary,” Edith barked. “See, you can teach an old dog new tricks!”

As I headed out to my car, I thought that Edith may never become man’s best friend, but I knew she was becoming mine.
Robin Lally Chosen First White Family Cancer Award Winner

Robin Lally, a Ph.D. student from Prior Lake, MN, at the School of Nursing has been awarded the first White Family Cancer Award.

Lally also received her baccalaureate and master’s degrees from the School of Nursing. She will use her award to partially fund a trip to the 2001 Oncology Nursing Society Congress in San Diego in May, where she will present a research paper, “Use of Care Guides to Educate and Impact the Quality of Life of Women Undergoing Breast Reconstructive Surgery.” Lally is currently a breast cancer care specialist at Health System Minnesota.

The award was established by the White Family Cancer Endowment Fund, established by Earl and Duane White in honor of Mildred (Earl’s first wife and Duane’s mother) who died in April 1977 of colon cancer and Marion (Earl’s second wife) who died December 1998 of lung cancer. Brennan, 8, Duane’s eldest son, was diagnosed with acute leukemia in January 1997 and completed treatment March 6, 2000.

Janice Post-White, Ph.D., Associate Professor at the School of Nursing has been awarded the first White Family Cancer Award.

In honor of the courageous spirits of these family members and the expertise and dedication of their oncology nurses, the White Family designated funding for the advancement of nursing education, science and the art of caring for persons with cancer.

According to the White family, “The goal of the award is to improve the care of cancer patients and their families. Students actively enrolled in the University of Minnesota School of Nursing at the undergraduate, master’s or doctoral levels will be eligible to receive awards. Students may submit applications to fund research projects, clinical preceptor experiences or conference fees and travel.”

Awards range from $200 to $1,000, and support projects such as research projects, clinical internships with preceptors, conference fees and travel.

Doctoral students are encouraged to apply for the Oncology Nursing Research Short Course to present their dissertation research for critique and mentorship at a national O.N.S. meeting.

Applicants will be accepted through September 10 for the next award. To offer additional donations to support this fund, contact Laurel Mallon at the School of Nursing Development Office at 612.624.2490.

renewed). Each state has set up its own structure and plan to best deal with its own particular issues. For example, Mississippi had established a Nursing Organization Liaison Committee in the mid-1980s, so they used their money to establish an Office of Nursing Workforce Redevelopment to promote workplace advocacy, increase appropriations for nursing education, and obtain third-party reimbursement for advanced practice nurses.

The Idaho Commission on Nursing and Nursing Education has developed articulation agreements between all nursing schools in Idaho, and examined the attitudes of Idaho nurses toward the future and on the concerns of health-care providers. The South Carolina CIC developed a state-wide nursing plan entitled “Into the Future: Recreating South Carolina’s Nursing Workforce for the 21st Century.”

How is Minnesota’s project set up? The Minnesota CIC project (MnCIC) is led by the State Collaborative Council, an organization with representatives from approximately 15 nursing organizations, along with representatives from the Minnesota Department of Health (MDH), the Health Education Industry Partnership (HEIP), and the Minnesota Hospital and Healthcare Partnership (MHHP). MnCIC provides oversight and direction for developing and implementing a statewide plan for Minnesota nursing leaders to use in participating in the Robert Wood Johnson project. Nursing leaders from the major nursing organizations come together monthly to develop a plan for Nursing. The representatives engage in dialogue and strive to achieve outcomes to advance nursing and patient care.

Six regional councils provide an opportunity for nurses throughout the state to participate in the dialogue and decision-making. These regional councils are responsible for evaluating issues within the region, making recommendations to the State Collaborative Council, and ensuring that the regional plan contributes to the achievement of the state-wide goals. A chairperson or coordinator leads the six councils, with a regional coordinator providing staff support.

What has Minnesota accomplished to this point? Thus far, MnCIC has:

- established the state-wide Collaborative Council and the regional councils.
- implemented a state-wide Articulation Agreement among schools of nursing to foster a smooth transition for students moving among educational programs.
- developed the Asset Model for the Nursing Profession for use as a framework in defining the characteristics needed by nurses, and providing guidance for nurses in strengthening their professional practice.
- conducted a survey of high school students to determine their interest in nursing as a career, and reasons for choosing or not choosing it.

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Colleagues in Caring
continued from page 21

• joined the Coalition to Retain Nurses. As part of this effort, a statewide conference was held in December to hear nurses’ concerns and suggestions for action. Presently, a plan focusing on the retention of nurses is being developed, a major component of which is an informational and marketing campaign. Much work has gone into developing a uniform, or at least unified, database related to nursing supply and demand, retention, and turnover in the state.

• conducted a workshop in January on workforce issues facing all health professions and health-care employee groups.

• convened an L.P.N. Role Task Force to examine the role of the L.P.N., and ensure that their roles are being fully and appropriately utilized.

• developed a survey which will be distributed in the fall to nursing faculty on satisfaction in their work environments.

• held a conference in the fall of 1999 with 150 attendees, discussing such topics as trends in health care, nursing policy issues, and the labor shortage, as well as the Asset Model for the Nursing Profession.

• established strong partnerships among nursing service providers, nursing educators, and other key health-care groups.

A number of other initiatives are in progress, including a mentoring project linking students with nurses currently in practice; a survey of nursing students in all educational programs; a New Grad Success project, focusing on bridging the gap between the skills and knowledge nurses have upon graduation and the skills and knowledge necessary to be successful in the first practice setting; a nursing skills study; forums held in each of the regions this summer on workforce issues, and a study of facilities providing clinical space for nursing students to determine if there are additional types of sites needed.

One major State Collaborative Council initiative underway is the development of a shared agenda for nursing to take to the legislature for policy and action. Areas being addressed in this initiative include enhanced student financial support, enhanced faculty development, community planning grants, and improving the work environment.

This last initiative, developing a shared agenda which all nursing leaders can support, is especially exciting. Rather than groups individually advocating only narrow issues, the collaborative voice of nursing is being used to advance broad strategies which can move patient care and nursing forward across the state.

How can I learn more? There is a newsletter published quarterly, which is available by calling 651.296.3388, or e-mailing the project office at shelley.heller@so.mnsu.edu.

There is a Website where the newsletter is going to be published, which also provides other helpful information about the project, activities, and people to contact. That address is http://www.mnnursing.org

How can I become more involved? The best question.

• Call the coordinator in your region and let her or him know of your interest.

• Attend one of the regional forums coming to each of the regions this summer.

• Attend the state MnCIC meeting on November 6 in St. Cloud.

• Tap into the Website which provides timely and helpful updates.

• Send us your address and we will put you on our mailing list.

• Call or e-mail any of the regional coordinators to let us know of your concerns.

A lot is going on in Minnesota. Join with us in creating the changes we all would like to see happen to improve patient care and move nursing forward.

In Memoriam
The School of Nursing has received news of four graduates who died in the past few months.

Carolyn Olson Ferguson, 88, died January 20, 2001, at her home in Mankato, MN. Ferguson was one of the first stewardesses from Minnesota for United Airlines, American Airlines, and Northwest Airlines.

Carolyn Olson received her nursing degree at the School of Nursing.

Patricia L. Gault, 59, Class of 1965, (B.S.N.) and 1967 (M.A.), a long-time resident of Monticello, MN, died February 2, 2001, in California. She had been a registered nurse at Abbott-Northwestern Hospital for 25 years. Gault established the Veronica Pec Gault Memorial Scholarship in memory of her mother. The scholarship benefits graduate students who are preparing for nursing careers in geriatric health care delivery.

Margaret K. Schafer, 96, died December 13, 2000. Margaret, who never married, had an illustrious nursing career. She was operating room supervisor at the U of Michigan Hospital in 1942 after which she joined the U.S. Army, and was sent to London to be in charge of the western section of Army nurses.

She became chief nurse of the U.S. Army nurses in the United Kingdom. After the war, she moved to Frankfurt, Germany. She attained the rank of lieutenant colonel and was awarded the Order of the British Empire by King George VI and the Bronze Star by the U.S. Army.

After the war, Margaret went to Washington D.C., where she worked with the army in personnel and recruiting, the Navy Public Health Service as well as the Federal Civil Defense for which she was Chief Nurse.

Audrey E. Windemuth, 89, Class of 1939 (B.S.N.) and 1959 (M.A.) died September 19, 2000, in Roseville, MN. A native of North Dakota, Windemuth started her nursing career in the late 1930s as a staff nurse at the University of Minnesota Hospital and later became acting assistant superintendent of nurses. Later, she was senior clinic nurse in the Outpatient Department, as well as Public Health Nurse Coordinator and Nursing Supervisor. In addition, she was an instructor for the School of Nursing.

She published a book, The Nurse and the Outpatient Department, in 1957. Windemuth left Minnesota in 1960 to become the first director of nursing services at West Virginia University Hospital in Morgantown, directing over 500 registered nurses, L.P.N.’s, and nurses assistants. She later became associate clinical professor at the University and eventually associate director. She retired in 1976, returning to Minnesota in the early 1980s.
They make an odd pair of duellers. President Mark Yudof is the erudite Philadelphia lawyer with a rapier sense of humor. Governor Jesse Ventura is the giant of a man whose election “shocked the world.” The local press can’t get enough of the dueling odd couple over the University’s biennial budget request.

The President, intent on leading the University to realize its full potential, proposed an ambitious biennial agenda with a budget to match. The Governor, intent on honoring his campaign pledge to return surplus tax revenues through rebates, responded by recommending only $56 million (25%) of the request. This is enough to fund only the increase in health insurance premiums. There would be no support for faculty salary increases, infrastructure support, or any new investments.

A host of University supporters have come to our aid by informing their legislators that they oppose the Governor’s proposal and asking the legislators to do the same. These loyal supporters understand the unique role that this land-grant and research University plays as the major economic and intellectual engine for the state.

Each year, more than 9,000 new graduates of the University pour into the workforce lending their knowledge and skills to our quality of life. Last year, the School of Nursing was responsible for 96 new registered nurses, 90 new masters’- prepared nurses and 10 new Ph.D’s. While we prepare only about 17% of the baccalaureate graduates in the state, these new nurses along with the new M.S. and Ph.D. graduates continue to make a disproportionate contribution to our discipline and to health care, just as their predecessors have for the past 90 years.

As anxiety filling as this situation is, it does force us to reflect on priorities and the value of our contributions. We think our priorities are about right. We intend to continue to offer first-rate educational programs and to do the research that is needed to address health care needs.

We don’t know that the duet that the Governor has provoked is political gamesmanship or serious business. Time will tell. But we cannot afford to take the challenge lightly. Our lobbying efforts have been supplemented with serious contingency planning should the worse case scenarios become real. Won’t you join us in making our case to the legislature? ●

May Gatherings

Join us for a casual May Gathering with University of Minnesota School of Nursing alumni, faculty and friends. Share Memories. Renew acquaintances. Discuss challenges and the latest accomplishments in nursing practice and research.

Linda Herrick (’98 PhD)
May 3, 2001 5:00–7:00 p.m.
296 E. 6th St., Zumbrota, MN 55992-1339
Guest speakers: Sandra Edwardson, What’s Happening with the University of Minnesota in Rochester?

Jeaninne Bayard (’71 BSN/’77 MPH)
May 8, 2001 10:00 a.m.—12:00 p.m.
2160 Iglehart Ave., St. Paul, MN 55104-5049

Alison Clarke (’64 BN/’67 BSED)
May 10, 2001 4:00–6:00 p.m.
226 Ridgewood Road, Duluth, MN 55804-1849
Guest speaker: Mariah Snyder, Integrated Health Care: Possibility or Myth.

Joanne Disch, Director
May 15, 2001 3:00–5:00 p.m.
U of M School of Nursing, Katharine J. Densford International Center for Nursing Leadership, 4-185 Weaver-Densford Hall, 308 Harvard St. SE, Minneapolis, MN 55455
Guest speaker: Joanne Disch, The Nursing Shortage and How the Densford Center is Addressing It.

Patricia Kane (’77 MS)
May 16, 2001 2:00–4:00 p.m.
1225 LaSalle Ave., Apt. 2304, Minneapolis, MN 55403-2333
Guest speakers: Ruth Lindquist & Mary Fran Tracy, A Calm in the Storm or a Storm in the Calm: Person, Environment and Complementary Therapies.

Carolyn Schroeder (’55 BSN)
May 17, 2001 12:00–1:30 p.m.
Minneapolis Club – Oak Room, 729 Second Ave. S., Minneapolis, MN 55402

Mark Kirschbaum (’94 PhD)
May 19, 2001 4:00–6:00 p.m.
4133 Deerwood Trail, Eagan, MN 55122-1887
Guest speaker: Melissa Avery, Distance Learning in the Graduate Program.

Deanna Weisgerber, Nursing Fdn. Trustee
May 22, 2001 4:00–6:00 p.m.
2925 Gale Road, Wayzata, MN 55391-2625
Guest speakers: Carol Pederson & Leslie Parran, Tapering Morphine in Infants and Young Children.

Anne LaBree (’53 BSN/’69 MS)
May 23, 2001 3:00–5:00 p.m.
6000 Dublin Circle, Edina, MN 55439-1730
Guest speakers: Kathleen Krichbaum & Vivian Aarestad, An Education Model to Improve Health Outcomes in Adults Newly Diagnosed with Diabetes.

Cindy Bultena (’87 MS)
May 24, 2001 3:00–5:00 p.m.
Woodwinds Healthcare Campus, Conference Rm. B, 1875 Woodwinds Dr., Woodbury, MN 55125

Mary Lou Christensen (’60 BSN, ’76 MPH)
May 30, 2001 4:00–6:30 p.m.
8600 Westmoreland Lane, St. Louis Park, MN 55426-1933
Guest speaker: Linda Bearer, Promoting the Health of Urban American Indian Children and Adolescents: Lessons Learned from Our Research.

Hosted by the University of Minnesota School of Nursing Foundation. Light refreshments will be served in all locations. Please RSVP by phone 612.624.2490 or e-mail: peder010@umn.edu to confirm your availability.
This year’s Alumni 2001 Reunion and Celebration is spotlighting the accomplishments of alumni. Entitled “Voices of Caring,” there will be stories from classmates, colleagues, and mentors. The date is Saturday, May 5, 2001, from 9:00 a.m.–12:30 p.m. at the Radisson Hotel Metrodome. Call your friends and classmates, and treat yourself to a morning of remembrance, reflection, and celebration. For additional information call 612.624.9494.

A graduate student tea was held on March 7, to provide an opportunity for the large body of graduate students to network and socialize. I led a discussion forum on “Survival Techniques for Grad School and Beyond—Connecting the Past to the Future.” It was a great event and one of many to come.

Did you know that the School of Nursing is one of the largest graduate programs on campus? The Board of the Alumni Society is taking several steps to strengthen the society. You may have heard from us lately. Many nursing alumni volunteered to call and encourage you to attend the Alumni 2001 Reunion and Celebration as well as to encourage you to join the Nursing Alumni Society. We are actively seeking class representatives from each year to help us stay in touch with classmates. Various ideas for sharing news from each class are being explored. A new interactive Webpage is under consideration. With all the changes going on in the nursing profession, the Alumni Society is committed to being proactive in shaping the future of the nursing profession. If you are not a member, consider joining. The opportunities to serve are unlimited!

Marie Manthey, M.N.A., R.N., F.R.C.N., F.A.A.N.
SoN Alumni Society President
612.827.1611; mmanthey@chcm.com

Who is Y.M.T.? A Lesson in Persistence

The initials read: Y.M.T. ’70.
The 10-K gold pin is a School of Nursing, University of Minnesota pin, over 30 years old, and was lost to its original owner.
The finder represents a lesson in persistence.
Jennifer A. Hart-Abraham, now an Attorney at Law in St. Paul, found the pin over 10 years ago in her parents’ pharmacy in Forest Lake, MN. She tried to find the owner at that time, but to no avail.
Fast forward 10 years, Jennifer called Barbara La Valleur, Communications Coordinator, at the School of Nursing.

La Valleur also persisted in asking questions, until she found the answer (at the Office of the Registrar Files) to Who is Y.M.T.?
Y.M.T. is Yvonne Margaret Tandberg, now retired from nursing, and living in Forest Lake. When contacted, she could only repeat: “I cannot believe this! I cannot believe this! I felt so badly to have lost it. It’s something you never want to lose. I looked down and my pin was gone. I searched and searched. I was working in a nursing home when I noticed that it was missing. I thought it had fallen in some bed linen and gotten lost in the laundry. Oh, I cannot believe this.”

A meeting is being arranged to have the finder present the owner with her long-lost pin.
Managed Care Institute

Over 100 students and faculty from six Minnesota colleges and universities are expected to attend the Managed Care Institute for Minnesota Nurse Practitioner Students, a two and a half day, interactive institute featuring outstanding speakers, May 16–18 at the Earle Brown Center on the St. Paul campus.

Purpose of the institute is to provide education to Nurse Practitioner and Midwifery students to assist them in working in a managed care environment and assist educators in developing N.P. curriculum that included managed care principles.

Highlights of the institute will include programs on the issues and future trends of managed care; history and evolution; using evidence in practice; care management of populations; accountability for providers; the ABCs of the financial aspects; interdependence of providers, and successful N.P. practices.

45th Reunion of Nursing Class of 1955

Thirty-three classmates from California to Canada, from Maryland to Florida, attended the 45th reunion of the University of Minnesota School of Nursing, Class of 1955 on August 26, 2000. Classmates met at the Fairview University Medical Center in the morning receiving a souvenir reunion booklet and viewed the video, Katharine J. Densford: A Living Legacy. This was especially meaningful because “Katy J” was dean when they were in their nurses training. In the evening, a banquet and program was held for classmates and guests at the Radisson Hotel Metrodome.

Speaking Out
Letters from our readers

Dear Editor:

I have really enjoyed the last two issues of Network. They contain the kinds of articles I wish I could read about nursing in the popular press. One that really stands out for me is the story on Jehad Adwan and why he loves nursing so much. Nursing is a wonderful marriage of science and the whole human experience. I am not a nurse but I teach physiology to nurses in the advanced practice program. I am an educator who is appalled by how nurses are portrayed in the media. Case in point, an MPR talk show I enjoy very much, “Midmorning,” had a guest on that in the last few minutes blasted schools of nursing as being, among other things, “controlled by feminists” and “anti-science.”

I wish that we could all do a better job of informing the public and correcting media reports about nursing and nursing research. There is more to the story than the nursing shortage, though I appreciate the letters to the editor I’ve read from the University on this subject. I would like to read letters to the editor in the Minneapolis and St. Paul papers from nurse researchers about the knowledge generation and the use of technology by the University of Minnesota School of Nursing. I know some of you listen to Katherine Lanpher and “Midmorning.” Call in sometime and identify yourself as a “nurse scientist” or a “nurse researcher.” Maybe Katherine will get curious and do a show about nursing research.

Sincerely,

Lisa Carney Anderson, Ph.D.

National Nurses Week
May 6–12
Thank You

to all of the organizations and staff who provided support, time and knowledge to our undergraduate and graduate Nursing Students over this past academic year.

All About Children Pediatrics
Allina Medical Clinic
Albany Area Hospital & Med. Center
Andrew Residence
Anoka County Community Health
Anoka-Hennepin School District
Aspen Clinics
Aspen Medical Group Associates 2000, PA
Barron County Health Department
Bethel College Nursing Department
Bethesda Medical Center
Bloomington Health Division
Bloomington Lake Clinic
Burnsville School District 191
Cambridge Medical Center
Caregivers Network
Catholic Eldercare
Cedar Riverside School
CentraCare Clinic
Central Avenue Clinic
Children’s Health Care–Mpls.
Children’s Health Care–St. Paul
Children’s Respiratory & CC Specialists
Children’s-Mpls. Home Care & Hospice
Colon and Rectal Surgery Associates
Community Nurse-Midwives at Riverside/University Specialists
County Home School
Community University Health Care
CUPES-Andersen School, Minneapolis Youth Diversion
Dakota Clinic
Dakota County Public Health Dept.
Dakota Heartland
Dowling Urban Environmental Learning Center
Ebener Tower Apartments
Episcopal Church Home EverCare
Fargo Cass Public Health Dept.
Fairview Clinics
Fairview Ridges Hospital
Fairview Riverside Sub-Acute
Fairview Southdale Hospital
Fairview University Medical Center–Riverside
Fairview University Medical Center–University
Family Tree Inc. Clinic
Farmington Family Clinic
Fremont Community Clinic
Fridley Medical Center
Friendship Village of Bloomington
Health Start Clinics
HealthEast Clinics
HealthPartners
Hennepin County Community Health
Hennepin County Medical Center
Hennepin Faculty Associates
Hoikka House
Indian Health Board
Infectious Diseases Minneapolis Limited
Internal Medicine and Geriatric Associates
Isanti County Public Health Services
ISD 270–Hopkins School District
ISD 196–Apple Valley/Rosemount School District
Lake City Clinic
Lakeland Mental Health Care
Martin Luther Manor Mayo Clinic
Mayo Hospice Program
Mercy Hospital
MeritCare Clinic
Methodist Hospital
Metropolitan Pediatrics
Metropolitan Visiting Nurse Association (MVNA)
Mid Minnesota Clinic
Min No Aya Win Human Services
Minneapolis Age and Opportunity Clinic
Minnesota OB Homecare
Minnesota State Legislature
Minnesota Veterans Home
MN Dept. of Health, Comm. Health Service
MOHPA, St. Paul Oncology
Monticello Clinic
North End Medical Center
North Memorial Medical Center
North Suburban Family Physicians
Northwest Family Physicians
Oakdale North
OB & GYN & Infertility, PA, Osceola Medical Center
Park Nicollet Clinic
Paynesville Area Health Care
Pediatric and Adolescent Care of Minnesota (PACE)
Pediatricians for Health Pelican Valley Clinic
Planned Parenthood of MN–Mpls.
Prairie Family Practice
Presbyterian Homes Pulmonary and Critical Care Assoc.
Quello Clinic–Eden Prairie
Ramsey County Human Services Department
Ramsey Early Head Start
Ramsey Head Start
Ramsey Nursing Health Service
Regions Hospital
Ridgeway-Mound Clinic
Riverway Clinic
Scott County Human Services
Seniors Clinic
Shriner’s Hospital for Crippled Children
South Lake Pediatrics
St. John’s Hospital
St. Joseph’s Home for Children & FUMC International Adoption Clinic
St. Joseph’s Hospital–(HealthEast)
St. Mary’s Hospital
Stillwater Medical Group
Teachers Park Avenue Residence
TriCollege University School of Nursing
United Hospital
Unity Hospital
University Seniors Clinic
Veterans Affairs Medical Center
Veterans Affairs Medical Center–St. Cloud
Washington County Public Health Nursing
Western OB/GYN
Westside Community Health Services
Whittier Place
Women’s & Children’s Clinic

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