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Editor's Corner

Welcome to the Fall/Winter 2001-2002 Network! We welcome faculty, staff, and students back to campus. This issue is a result of the School of Nursing’s as well as my own commitment to diversity. For the second year in the Fall/Winter issue, we have included the School of Nursing Foundation Annual Report. Class Notes is a new feature suggested by Kate Hanson to help you keep in touch with former classmates. We continue to receive an exorbitant number of Networks returned at a high cost to us because of incorrect addresses. Please help us save money and yourself receive your latest Network by sending, e-mailing, or calling us with your updated address. Thank you. Enjoy!

Barbara La Vallee, Editor
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University of Minnesota School of Nursing

Leading the Country in American Indian Faculty

The University of Minnesota School of Nursing has the distinction of having three American Indian faculty members—more than any other School of Nursing in the country. That distinction brings with it honors, awards, centers, research grants, and the challenges of diversity. We are also honored with a host of represented tribes: Wailaki, Ojibwe, Cherokee, Canadian Sioux, and the Three Affiliated Tribes of North Dakota—the Mandan, Hidatsa, and Arikara Nations. This issue of Network focuses on the three American Indian faculty members, Drs. Felicia Hodge, Margaret Moss, and Roxanne Struthers as well as the American Indian Research and Education (CAIRE).

Dr. Felicia Schanche Hodge

Blazing Trails and Breaking Ice

By Barbara La Valleur

Dr. Felicia Schanche Hodge has been blazing trails since she was born—in administration and education, with 20 years of research in cancer and tobacco in relationship to American Indians. In life, as well, as the eighth of nine children raised in the redwoods of northern California by her strong Wailaki mother (her father was Norwegian) Hodge forged ahead. And in society itself, with her passion for telling it like it is and producing results, the trails grew wider.

She's also a 20-year cancer survivor and was touched when she received the Everyday Hero Award from the National Coalition for Cancer Survivorship. Hodge is the mother of two sons, Thomas, 30, a student in California, and Christopher, 24, a sergeant in the Marine Corps.

Sitting in her office, surrounded by a wall of colorful honors and acknowledgments that attest to her national and international reputation as an expert in cancer prevention research among American Indians, Hodge talks about her career, commitments, and concerns.

Lured by a full tenured professor position, Hodge came to the University of Minnesota School of Nursing in the fall of 2000 from the University of California (UC) School of Nursing, San Francisco. There she had been working on her research grants at Berkeley and San Francisco for two years. She was also the director of research for the California Rural Indian Health Board and, before that, an associate researcher at UC, Berkeley.

Hodge adds to her list of current positions that of director for the Center for American Indian Research and Education (CAIRE), the only program at the University dedicated to American Indian research and education, located at the School of Nursing. She is also an adjunct professor at the School of Public Health and a clinical professor at the School of Nursing and Dental Hygiene at the University of Hawaii at Manoa, traveling to Hawaii a couple of times a year to collaborate on indigenous research projects.

Hodge is a board member of the Intercultural Center Council, Baylor College of Medicine/MD Anderson Medical Center and serves on the prestigious Director's Consumer Liaison Group, a federally chartered committee which directly advises the National Cancer Institute (NCI) director.

Two major grants that she has been working on for the past four years were transferred to the University as a result of her professorship at the SoN a year ago.
One is called Diabetes Wellness, a research project focusing on diabetes education among the Sioux tribes in South Dakota and Nebraska. The other is Wellness Circles, a five-year project conducting a statewide needs assessment as well as testing the development and implementation of wellness concepts in California's rural reservations. Both are National Institute of Nursing Research (NINR) grants totaling $1.3 million and $1.9 million respectively.

Also of note is her work regarding tobacco use. She contributed to a report from the Surgeon General on tobacco use among U.S. racial/ethnic minorities groups. Recently Hodge was funded with a $20,000 grant from the University of Minnesota Cancer Center for tobacco control among Plains Indians, which will help explain one of the biggest health mysteries for American Indians: Why are American Indian smoking rates among the highest of all racial groups in the United States?

Hodge's expertise will support her work in what is known as "avoidable mortality and primary prevention strategies."

"We've used the talking circle in storytelling," in much of her research, Hodge said, sharing examples of books and monographs in which she has contributed. "Talking circles is a traditional form of communication with many Indians and works well to educate and instill traditional diets and better eating habits."

Hodge has edited or written a number of publications, American Indian Women's

Stories, The Native Nutrition Circle: An Anthology of American Indian Stories, and still in publication, a traditional cookbook developed by the staff, American Indian Talking Circles Wellness Cookbook of Traditional Foods.

Hodge's primary commitment at the SoN is "to advance Public Health Nursing and reduce health disparities among indigenous populations." She is also aware—at times painfully aware—that her purpose is to "bring a better understanding of minority needs and cultural diversity to the School of Nursing, because it doesn't currently exist." Strong words from a strong woman.

"I feel that we (the three American Indian faculty, Drs. Margaret Moss, Roxanne Struthers, and myself) are important to the School of Nursing because we are the icebreakers," Hodge said, adding part of their purpose is education—not just education of students, but also education of faculty.

"There is a real cultural difference at the School of Nursing and the University of Minnesota. Living in both worlds is difficult. We have to have one foot in the University world and one foot in the world of our families and tribes."

Hodge explains, "In American Indian culture, you don't strive to be ahead, to make it to the top at any cost... at the University, it is different. And, it's a real struggle, the differences in values. The School is receiving not just the benefit of our education and knowledge, but also our multicultural experiences from the Indian point of view."

Moss is embraced by two of her children, 11-year-old Hakeem, left, and six-year-old Xavier.

Dr. Margaret Moss: Personification of Diversity

By Barbara La Valleur

Dr. Margaret Moss personifies diversity. Her great presence is crowned by long, straight, dark hair and a peaceful face. At her home on East River Parkway in Minneapolis near the waters of the Mississippi, Moss sits at her dining room table, her conversation changing easily from research projects to family pastimes to passions and words with 11-year-old Hakeem, who wants mom's attention. She doesn't miss a beat.

An assistant professor, D.S.N., and R.N., Moss is one of three American Indian faculty at the University of Minnesota's School of Nursing. She is half American Indian (an enrolled member of the Three Affiliated Tribes of North Dakota—the Mandan, Hidatsa, and Arikara Nation, she is a combination of Hidatsa and Canadian Sioux) and half
Norwegian. Adding to her family's multiethnic background is husband, Willie Moss, a strapping six feet, 10 inches tall half African American and half Cherokee and their four lively children: Hakeem, 11; Shakira, 9; Marique, 8; and Xavier, 6.

Moss' trail to the School of Nursing was windy, like the paths of the Zuni Indians in Arizona. The adopted daughter of a Veteran's Administration neurosurgeon and his wife, herself a nurse, her family moved around a lot when she was a youngster, from coast to coast. She ended up in Pullman, WA, where she completed a bachelor of science in biology at Washington State University in 1981. After her graduation from college, she returned to North Dakota (where she was born) for several years and, while there, met her Indian mother and brother and knew them for 20 years before they both passed away.

Following her initial degree, she was on a waiting list to enter medical school with the goal of working with American Indian elders. Moss changed her mind when she didn't get into medical school that year. She spent some time in the mid-eighties working at the National Cancer Institute carrying out basic science (working in laboratories) extracting DNA from lung cells and following carcinogen and control protocols. But in moving back to the West Coast, she decided to try a new direction in the health sciences.

And thus, her path led to nursing. Throughout high school and college, she had worked in nursing homes and with elders and loved it. What spurred her interest in American Indian elderly was her nearly five years' experience working for Indian Health Services at the Santa Fe Indian Hospital in New Mexico, where she identified the elder problem. There is a complete lack of coordinated, comprehensive services for Native elders, according to Moss. In fact, there are very few individual options, she noted. Moss' degrees include an associate of arts degree from Spokane Falls, WA, Community College in 1977; a bachelor of science in biology from Washington State University in 1981; an associate degree in nursing from Portland, OR, Community College, 1989; a master's in nursing from the University of Phoenix, Albuquerque, NM, 1996, and a doctor of science in nursing from the University of Texas, HSC, Houston, TX, in 2000. She also holds registered nursing licenses in Minnesota, Texas, and New Mexico. Moss joined the SoN faculty in the fall of 2000.

Despite being recruited by the nation's top ranking nursing school... Moss chose the University of Minnesota.

“I want to bring attention to the status and practice of gerontology with American Indians.”

At one point in her life, with 10 years of experience with the federal government working with American Indians, Moss expected to retire from a federal job. However, as the path continued to wind “I was so terribly disillusioned by a federal government process.” She recalled attending a meeting in Washington D.C. at the Office of Minority Affairs in which people in the highest places didn’t seem to know about American Indian issues. “I decided to go the academic route and do research myself.”

Most proud of and known for her dissertation, “Zuni Elders: Ethnography of American Indian Aging” 1999-2000, she received a $37,000 Minority Dissertation Grant on Aging from the National Institute on Aging. “I picked the Zuni as a research group only because they are so very, very traditional to this day.”

It was a stretch, even with Moss' history of achievements, to complete her dissertation work located over 1,200 miles away. Most of her classmates at the University of Texas in Houston, walked down the street for their research projects. For Moss, it entailed the time and expense of more than 10 trips, about 2,400 miles round trip each time. Keep in mind, their four children were two, four, six, and seven years old at the time. It's not surprising that her husband works as a social worker with kids in the St. Paul School District at Webster Elementary Magnet School. “Without his support, I could never have finished as smoothly with as little disruption to the family as I did.”

Moss' current research is called “Mapping American Indian Migration and Re-Migration and its effects on Elders,” a University Summer Faculty Research Fellowship. In January, she will begin a two-year research project entitled, “Native Investigator Development Program,” with the Division of American Indian and Alaska Native Programs at the Department of Psychiatry, University of Colorado Health Sciences.

Moss is also involved in various conferences, meetings, and giving issues around the state as well as the National Resource Center on American Indian Aging in Grand Forks, one of only two centers in the nation that deal solely with American Indian aging issues.

For the School of Nursing, Margaret Moss' presence and personification of diversity is a sacred treasure.
Roxanne Struthers is a free spirit, a healer. Sitting in her windowless office, in concrete Weaver-Densford Hall at the University of Minnesota School of Nursing, it's a dichotomy, to be sure. How did this free spirit come to the University?

Upon arrival in the city, she made a conscious effort to reconnect with nature. She surrounded herself and her office with objects from home: a colorful starburst patchwork quilt, moccasins, rabbit fur, a poster “Anishinabe: Preserve the land for all the children and love it!” sage and sweet grass, turtle shells, a fountain of gifts, stones, a buffalo statue, an American Indian doll, Indian corn, birch bark containers, feathers. One forgets about the concrete. You get caught up in the free spirit, the healer.

Enrolled in the Red Lake Reservation, the statuesque 48-year-old has spent over 40 years on the White Earth Reservation where she was born. “It was so rich, so awesome. That was my foundation.” Her bicultural background came from her mother, who is full-blooded Ojibwe and her father, a non-Indian.

“I honor that and understand that. I know both sides. I’m North American indigenous having roots in the United States and Canada, and I am second generation immigrant from the Czech Republic.”

“As a kid growing up on the White Earth Reservation in northwestern Minnesota, my playground was the woods. We lived off the land. Everything we had was right there. We grew what we needed or traded and bartered. We didn’t need to buy much. My extended family still lives on that reservation. My kids grew up there. That experience is what I bring to this position.”

In the past, Struthers has worked in several areas of health care, including acute care, home health care, nursing home care, and clinics. In the past eight years, she has found herself expanding in the academic and research arena.

An Assistant Professor in public health nursing, Struthers specializes in American Indian and Alaska native nursing, holistic care for indigenous women, and indigenous traditional healing. She was called to graduate school by “a message from the spirits that I would be leaving my nursing position at White Earth.” She applied for a Bush Fellowship and enrolled in the master’s program at the University of North Dakota, Grand Forks. Her career in nursing education was off and running. She left the White Earth Reservation where she had worked as a clinical nurse and research nurse specialist for eight years with the Indian Health Service and began graduate studies.

Struthers divided her time between home and school, leaving her husband, Jim, of 28 years, to continue his work as an electrician, and family (Jesse, 27, twin daughters, Jodi and Juli, 25 and John, 23), at home while she attended school during the week, returning to the White Earth Reservation on the weekends. She received a master’s degree in Rural Health Nursing in 1996.

It wasn’t long until another spiritual message brought her to the University of Minnesota, where she received her Ph.D. in Nursing in 1999, joining the faculty that same year.

Jim quit his job of 18 years to follow his wife to Minneapolis. The transition from growing up in poverty and living a simple life to living in a big city meant huge changes for the Struthers. An accomplishment of which Struthers’ is very proud: “I was able to get through grad school without forgetting who I am and where I come from.”

“We love it up there (on the White Earth Reservation) and are totally connected to that community. I try to live a simple
life. I come from a simple place. I try to live in the present moment. Being involved and committed to ceremony a couple of times each year is a priority in my life. It provides the basis of who I am as a human being. It nurtures who I am. I feel free because of that. One of the biggest freedoms of this job is being able to attend ceremony.”

Of course, the transition also meant learning new ways. “I had to learn a lot of new skills, write linear, a whole new way of communicating,” Struthers points out. “I had to master the computer. I didn’t even know how to turn it on!”

Struthers, who is now a nationally and internationally known expert in American Indian and Alaska Indian nursing research, brings rich cultural background and experience to her research. She holds certifications as a healing touch practitioner, holistic nurse and transcultural nurse. She is co-investigator with Dr. Felicia Schanche Hodge of a $61,700, two-year competitive Minority Supplement Grant from the National Institutes of Health, National Institute of Nursing Research for a project titled “Diabetes Wellness: American Indian Talking Circles.” Struthers recently returned from the Winnebago Reservation in Nebraska, one of two research sites. The other site is at Pine Ridge Reservation in South Dakota.

“I’m doing a qualitative study interviewing and facilitating talking circle participants, the oral American Indian tradition of people coming together, providing an avenue for education—formal and informal,” Struthers said. She will be presenting the results to the people involved upon completion of the research and publishing an article with her findings.

Among other publications in print or soon to be printed is an article in the Journal of Holistic Nursing, “The Lived Experience of Ojibwe and Cree Women Healers;” “Conducting Sacred Research: An Indigenous Experience,” Wicazo Sa Review; “Storytelling as a Healing Tool,” a chapter in the book Complementary/Alternative Therapies in Nursing by Ruth Lindquist and Mariah Snyder, both School of Nursing faculty; and “A Conceptual Framework of Nursing in the Native American Culture,” with J. Lowe in the journal, “Image: Journal of Nursing Scholarship.”

Struthers has presented at numerous national and international conferences from the East Coast to Egypt, from Mexico City to Minnesota. She says, “I work as a healer. With the certifications and my work as a healer for 11 years, I’m building a foundation and I don’t know for what. It will come. I feel a shift coming. I have had many shifts in life. I think it will be in academia. I go where I’m supposed to be placed. I have no idea (where), I don’t worry about it. The creator puts me where I’m supposed to be. I try to live each day as my last one. I try to live a good life. There is a word in Ojibwe for that called “biimadiziwin.”

Struthers has a commitment to the School of Nursing and in particular to increasing the number of American Indian students. With less than half a dozen American Indian students at the School of Nursing, Struthers would like to see an increase in that number.

“Of course, I would love to see more American Indian students enrolled at the School of Nursing, both at the graduate and undergraduate level. I’d do anything to facilitate the process,” offering one possibility that, “perhaps the development of classes geared toward American Indians and health care would be one idea.”

“I want to have an impact on the health status of my people through research that’s relevant, practical, and usable, and that is eventually disseminated in a user friendly manner. I can ask questions that other researchers can’t,” Struthers points out.

In her nature-filled office, the passionate researcher and educator drew a parallel to her earlier years of learning to live off the land. “You have to be strong to survive here.”

 Roxanne Struthers, the free spirit and healer, who grew up playing in the woods, has learned to be very strong.
Following are statistics from the Indian Health Service and other targeted studies:

- According to the 1990 Census, 32% of American Indians lived below the poverty level, compared to 13% of the entire U.S. population. American Indians have the highest percentage of all ethnic groups living below poverty level.
- The five leading causes of death (diseases of the heart, malignant neoplasms, accidents, diabetes mellitus, and chronic liver disease and cirrhosis) accounted for over 60% of the total American Indian deaths in 1994.
- Chronic diseases are serious problems among American Indians. In 1993, the American Indian rates for the following diseases were considerably higher than for all race populations: alcoholism, 579% greater; tuberculosis, 475% greater; diabetes mellitus, 231% greater; suicide, 70% greater; pneumonia and influenza, 61% greater.
- Alcoholism is considered by many to be the number one health problem for American Indians. The age-adjusted alcoholism death rate for American Indians was 45.5% vs. only 6.7% out of 100,000 for all races in the United States.
- Cervical cancer is also a major health problem for American Indian women that results in a high mortality rate compared to other ethnic groups. Smoking rates among American Indians are among the highest of all ethnic groups. In addition, American Indians nationwide are more overweight than the general population.

Other researchers at the University who focus on American Indians will be invited to join CAIRE as a mechanism to coordinate efforts among tribes, share expertise in working with tribal communities, and collaborate efforts.

Core CAIRE faculty include Drs. Schanche Hodge, Roxanne Struthers, and Margaret Moss (see articles on Pages 1-5). These faculty and staff have extensive experience and are experts in working with tribal organizations on local, regional, and national levels.

Part of the center will include a formal mentor program for faculty and students. Special classes and lecture series will include web courses and classes related to conducting research with American Indian communities using the large databases from the past research projects and conducting research with American Indian communities.

There are two field offices, one in Berkeley, CA, and one on the Winnebago Tribal Reservation in Nebraska. Plans to expand CAIRE as an interdisciplinary center are in development stages.
American Indian Nursing Bridge Project

The University of Minnesota School of Nursing (SoN) has teamed with the University of North Dakota (UND) College of Nursing to implement the "American Indian-Alaska Native M.S. to Ph.D. Nursing Science Bridge."

Susan J. Henly, Ph.D., R.N., Associate Professor, is project director of the partnership. The long-term goal of the Bridge Project is to double the number of American Indian and Alaska Native nurse scientists in 10 years from the current 12 in the United States, to a total of twenty-four.

The partnership between the master's program in nursing at UND and the Ph.D. program in nursing at the University of Minnesota is designed to bridge the career transitions from master's to doctorate.

Funded by the National Institute of General Medical Sciences (NIGMS), the project is part of the federal "Bridges to the Doctorate" initiative to enhance minority student opportunities in areas of science related to the mission of the National Institutes of Health (NIH).

The initial project-funding period, which began in July, is for three years for a total of $599,727. The Minnesota-North Dakota was motivated not only by the dearth of American Indian and Alaska Native nurses with doctoral degrees, but also by the need for a scientific base to understand and successfully resolve health disparities among these indigenous populations.

Nurse scientists hold a holistic perspective on physiological, bio-behavioral, psycho-social, and spiritual responses to health/illness experiences of individuals and communities, and therefore are well-positioned to fill this need.

Specific aims of the project are to:

- enroll, graduate, and bring to Ph.D. application, seven American Indian-Alaska Native M.S. students with Bridge support during the first three project years;
- ensure rigorous research training in a bi-culturally supportive environment at the master's level;
- enhance the research opportunities and expertise at the UND College of Nursing;
- prepare UMD and University of Minnesota faculty for advisement of American Indian and Alaskan Native doctoral students in an academically effective, culturally acceptable manner.

A variety of grant-supported activities are designed to support students in their educational efforts as well as support institutions in their efforts to help students. The two programs will collaborate in recruitment of students for the program. At both the master's and doctoral level, committees comprised of faculty from both UND and UMN-TC will guide student research. Tribal elders and a medicine woman will provide guidance to students and to faculty, administration, and staff of both schools to facilitate development of an academic environment that meshes with American Indian/Alaska Native values and beliefs. American Indian/Alaska Native communities who participate in research will be consulted about research priorities and strategies for using research findings.

In addition to Henly, participating faculty at the School of Nursing include Roxanne Struthers, Assistant Professor, Ph.D., M.S., B.S.N.; Margaret Moss, Assistant Professor, D.S.N., M.N., B.S.; Felicia Schanches Hodge, Professor, Dr. P.H., M.P.H., B.A.; Melissa Avery, Associate Professor, Ph.D., M.S.N., B.S., and Marilee Miller, Associate Professor, Ph.D., M.S., B.A.

The site coordinator at UND is Bette Ide, Professor, Ph.D., R.N. Mike Galegher, Enrollment Specialist, is the project evaluation coordinator.

The long-term goal of the Bridge Project is to double the number of American Indian and Alaska Native nurse scientists in 10 years from the current 12, in the United States, to a total of twenty-four.
Bliss & Lindquist
Inducted into the
American Academy of Nursing

Drs. Donna Zimmamo Bliss and Ruth Lindquist will be inducted into the Academy of Nursing October 27 during the Academy’s 2001 Annual Meeting and Conference in Washington D.C. The only two nominees from Minnesota, they are among only 68 nominations for the prestigious honor nationwide.

Criteria for selection for fellowship in the academy include outstanding contributions to nursing over and above those required in one’s position of employment as well as evidence of potential to continue contributions to nursing and the Academy.

Donna Zimmamo Bliss is an Associate Professor at the University of Minnesota School of Nursing. She is the Professor in Long-Term Care of Elders at the SoN and a Horace T. Morse-University Alumni Association distinguished teacher.

Bliss has the distinction of being the first student with a B.S.N. to be admitted into the doctoral program at the University of Pennsylvania (Penn) in Philadelphia, PA.

At Penn, she was awarded a prestigious Benjamin Franklin Scholarship. For her doctoral research, she received an individual National Research Service Award from the then National Center for Nursing Research. Bliss was also dually funded as the American Nurses’ Foundation Bristol-Meyers Scholar and the American Nurses’ Foundation Sigma Theta Tau International Scholar.

The cutting edge nature of her research was evident when her early research on the effectiveness of dietary fiber for reducing liquid stools during tube feeding merited the Nurses’ Research Award from the American Society for Parenteral and Enteral Nutrition.

A postdoctoral fellowship from the National Institute of Nursing Research (NINR) took her to Minnesota where she received training in epidemiology and fecal microbiology. Her research findings that tube feeding is a risk for the acquisition of clostridium difficile and subsequent diarrhea made a significant new contribution to science.

For her research on the effectiveness of fiber for managing fecal incontinence, Bliss received an Academic Research Enhancement Award from NINR and is the first nurse funded by the American Federation for Aging Research. She was promoted to Associate Professor with tenure in 2000. In the fall of 2000, she was appointed as the Professor in Long-Term Care of Elders.

Her current research program, funded by several university and foundation grants, addresses managing fecal incontinence and its associated skin problems. She currently holds the Virginia Stone Gerontological Award from the American Nurses’ Foundation (ANF) for her investigation of perineal skin problems due to incontinence in nursing home elders. She is the co-investigator on a qualitative study about the experience of community-living women in managing fecal incontinence that is funded by ANF and Eli Lilly and Co.

Bliss was appointed to the Academy of Distinguished Teachers at the University by President Mark Yudof and the Board of Regents earlier this year.

She is in the process of developing an international course for undergraduates in nursing, focusing on global perspectives of managing chronic health problems of elders and also serve as a capstone clinical experience.

Ruth Lindquist is Associate Professor and Division Head of the SoN.

Through two decades of publications and national and international presentations, she has contributed to the advancement of critical care and cardiovascular nursing practice reflected in improvements in quality of care for patients with cardiovascular disease, stroke, and critical illnesses.

She received the Thorne Stroke Award for excellence in stroke research. She also was awarded the “Woman of the Year” award for her commitment to mentoring young women. She is in the first cohort of Mentors of the Katharine J. Densford International Center for Nursing Leadership and has helped to forge the scholar program. She served on the National Research Committee of the American Association of Critical-Care Nurses (AACN), and planned the First Annual Nursing Research Conference for critical-care nurses and chaired the second.

As chair of the National Research Committee, Lindquist led the consensus conference to set the research priorities for critical-care nursing for the 1990s. She served on the Executive Committee of the Council on Cardiovascular Nursing (CVN) of the American Heart Association to promote the
scientific foundation to improve cardiovascular nursing practice, and was chair of CVN’s membership committee.

She also served as president of Sigma Theta Tau, International, Zeta Chapter and led the writing of the Zeta 75th Anniversary Historical Monograph, as well as receiving the 2001 Leadership Award of Zeta Chapter. She co-edited the book *Complementary Alternative Therapies in Nursing (Third Edition)*, regarded as a ground-breaking contribution for its emphasis on scientific evidence for use of complementary therapies.

Lindquist’s pioneering work in cardiovascular care captured national media attention and was featured on CNN in April 1986, and published in numerous popular lay and professional journals, including *Psychology Today, AJN,* and *Cardiology World News.*

Her book, co-edited by Dr. Mariah Snyder, has been translated into Japanese and Chinese to reach nursing scholars and practitioners world-wide and has advanced nursing research on this topic.

Through her mentoring and leadership roles, Lindquist has contributed to the development of nearly 100 graduate students, many of whom have assumed leadership roles across the country.

Three Faculty Retire from School of Nursing

**Mariah Snyder, Professor Emeritus**, officially retired June 30, 2001 as Professor.

She will continue working until September 30 as a mentor for a VA grant; she is co-investigator on a lung transplant grant until the end of February 2002; she taught/coordinated the July complementary therapy institute; and in September, she will teach the graduate education course. Aside from her “school” work, she will also continue to coordinate the Befriender Program at Corpus Christi parish providing training sessions and organizing parishioners to visit sick, newly bereaved, and persons going through transitions in the parish. In addition, the Leeland Nurses Association has invited her to give the keynote speech on complementary therapies at their September meeting. She is looking forward to traveling. Last fall she enjoyed a week-long Elderhostel on watercolor painting and intends to pursue that as well.

**LaVohn Josten, Ph.D., R.N., F.A.A.N., Associate Professor**, has retired. She came to the School of Nursing in 1991, where she led a team of faculty to reestablish the University's master’s program in Public Health Nursing and taught public health nursing and leadership.

Under Josten’s leadership, the SoN graduate program in Public Health Nursing rapidly became nationally recognized. In 2000, *U.S. News & World Report* ranked the School's Public Health Nursing Program seventh in the country. Also in 2000, the American Nurses Association (ANA) recognized her as one of the five top public health nursing leaders in the country and the American Public Health Association (APHA) honored her when she received the Ruth B. Freeman Award in “Recognition of Leadership in Public Health and Social Reform.”

In her previous position as Director of Public Health Nursing for the Minnesota Department of Health, Josten had observed the difficulty that public health nurses in rural Minnesota had in obtaining graduate education. She was project director on two USPHS, Division of Nursing grants that increased access to graduate education. Through a contract with the USPHS, Division of Nursing, she also helped develop dual degree options with the M.S. with a focus in Public Health Nursing from the School of Nursing and a M.P.H. from the School of Public Health.

Throughout Josten’s career, she has had a strong commitment to improving the lives of young parents and preventing child abuse and neglect. Although Josten has retired from her faculty position, she intends to continue to evaluate a child abuse and prevention project as well as an improving school readiness project, both being conducted by Dakota Healthy Families. She also wants to have more time for her family, friends, and hobbies that include genealogy, oil painting, reading, gardening, and hiking. Josten and her husband, Richard Smiely, will be dividing their time between their Wisconsin and Arizona homes. They hope to have more time for traveling beginning with a fall trip to Ireland and England.

**Mary Ann Anglim, M.Ed., B.S.N.,** has retired as Assistant Professor from the School of Nursing where she taught for over 30 years. She is a graduate of the SoN with a B.S.N. with High Distinction in 1956 and a master's education in Nursing Education in 1964.

Anglim's specialties are in nursing in tobacco cessation, prevention, and detection of cancer in the elderly, as well as cancer pain management in the elderly. She has prevented numerous programs on cancer in long-term care throughout Minnesota and the country.

She received the first Excellence in Oncology Nursing Award from the Metro Minnesota Oncology Nursing Society, of which she is a founding member. She also received the Excellence in Teaching Award from the School of Nursing in 1995.
The Continuing Education & Outreach Program

Calendar for 2001

September 14 Intervention Techniques for Smoking Cessation
Co-sponsored with the University of Minnesota Tobacco Use Research Center, The Cancer Center, and Blue Cross and Blue Shield of Minnesota
Duluth Entertainment Convention Center, Duluth, Minnesota
Fee: $35 (7 contact hours)

October 11, 25, and November 1 Pediatric Seminar Series
8:00-10:30 a.m. - 4-180 Weaver-Densford Hall
Fees: Entire Series (three sessions-10 contact hours): $75
Single Seminar Registration (3 contact hours each): $30

October 18 School Nursing:
An Orientation Co-sponsored with the School Nurse Organization of Minnesota
Earle Brown Continuing Education Center
Fee: $195 (24 contact hours)

November 2 Bridging the Gap Between Nursing Education and Nursing Practice
Annual Fall Conference for the Minnesota Association of Colleges of Nursing (MACN)
Earle Brown Continuing Education Center
Fee: $95 (6 contact hours)

November 4-7 Art Science & Practice of Holistic Medicine
Second Annual American Board of Holistic Medicine (ABHM) Review Course
Sponsored by ABHM and the University of Minnesota Center for Spirituality and Healing and the Medical School Department of Family Practice and Community Health, Radisson Riverfront Hotel, St. Paul, Minnesota
Fee:

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*American Holistic Medical Association

Accreditation
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Education (ACCME) through joint sponsorship of the University of Minnesota and the American Board of Holistic Medicine. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians.
The University of Minnesota designates this continuing medical education activity for a maximum of 27 hours in category 1 credit toward the AMA Physician's Recognition Award. Each Physician should claim only those hours of credit actually spent in the educational activity.

November 8, 2001 Tenth Andrea Printy Memorial Lecture
3:30-5:30 p.m.
McNamara Alumni Center - Johnson Room
Free - One contact hour

November 14, 2001 Center for Children with Special Health Care Needs Seminar Series
"Ways to Provide Culturally Competent Care to Children with Special Health Care Needs"
Ann Garwick, PhD, RN, LP and Sally Auger, MA
2:00-4:00 p.m. - 4-180 WDH
Two contact hours
$26 - Free to faculty on a space available basis

November 21, 2001 Center for Children with Special Health Care Needs Seminar Series
"Diabetes Update"
Patricia Moynihan, MPH, RN, CNP
8:00-10:00 a.m. - 4-180 WDH
Two contact hours
$26 - Free to faculty on a space available basis

December 5, 2001 Center for Children with Special Health Care Needs Seminar Series
"Cognitive Deficit/Down's Syndrome"
Barbara Kratz, MS, RN, CNP
8:00-10:00 A.M. - 4-180 WDH
Two contact hours
$26 - Free to faculty on a space available basis

The school of Nursing Alumni Society Reunion and Spring Celebration will be Saturday, April 27, 2002, at the McNamara Alumni Center. Special reunion years will be 1952, 1962, 1977, 1992, 1997. Be sure to mark your calendars!
Clara L. Adams-Ender

A legend, a mentor, a nurse

By Barbara La Valleur

Clara L. Adams-Ender, 62, is a remarkable woman who has received numerous distinctions in her brilliant career as a nurse and in the military, culminating in her position as commanding brigadier general of Fort Belvoir, VA Army Base, from which she is now retired. Adams-Ender, a 1969 graduate of the University of Minnesota School of Nursing with a master of science degree in Medical-Surgical Nursing, has recently completed her memoirs and will be returning to the University November 8 to present the 10th annual Prinfty Lecture. She will also be signing copies of her recently completed book, My Rise To The Stars: How a Sharecropper's Daughter Became an Army General. The following is an interview with Adams-Ender by Network Editor Barbara La Valleur.

What do you consider your biggest achievement as a nurse? As a human being?

A-E: Without a doubt, my major achievement as a nurse was to begin as a lieutenant (general duty/staff nurse) in the Army and rise to brigadier general and chief nurse executive of the Army's 22,000 nurses serving all over the world. As a human being, my greatest achievement has been to mentor and guide many youngsters in a variety of career fields.

What's the funniest experience—as a nurse or nurse administrator—that you recall?

A-E: As an Assistant Professor of nursing, I had to take nursing students to the clinical area for hands-on experience in nursing practice. The nurses on the units where the students worked often liked to impress the students with their "expert knowledge." This was particularly evident in those young nurses who had been practicing one year or less. One morning, a male nurse lieutenant asked me if he could demonstrate the proper procedure of teaching a patient how to spray "Nursing is a profession of great challenges and great rewards."

a liquid dressing (Elastoplast) on his wound. I consented and gathered the four students around the patient's bed for the demonstration. The patient was a 20-year old private who had had a hydrocelectomy (removal of a sac containing fluid from around a testicle) the day before. After we gathered, the lieutenant started to explain the procedure to the patient. The Elastoplast came in an aerosol can and had to be sprayed on the wound, because it was impractical to use bandages in this area. In an effort to show the patient how to spray the Elastoplast on the site, the lieutenant used a Styrofoam cup. I must tell you that Elastoplast contains freon and as he sprayed the solution onto the cup, it got little holes in it and started to melt before our eyes! The patient's eyes were popping out of his head and I could hear him thinking, "There is no way that I am going to spray that stuff on my private parts!" The lieutenant was shocked at the chemical reaction of the Elastoplast on the cup, and didn't know what to do next. I immediately took the can of Elastoplast and explained to the patient that the reaction that occurred with the cup would never occur on his skin; I then demonstrated by spraying it onto my hand and letting it dry. The patient was relieved and proceeded to spray the solution onto his wound. After the demonstration and actual spraying procedure were over, the students and I locked ourselves in the linen closet and laughed until we cried. Needless to say, the lieutenant did not ask to demonstrate any more procedures that he had not practiced before! It was a good lesson for all of us and a real moment for humor. There were many lessons there and the first I pointed out to my students was never take yourself too seriously. I've had many such moments.

What's the best position you've ever had and why?

A-E: The best position I ever had was being a commander of a military base, because I had full responsibility and
accountability for everything that occurred in my domain. I also had to share power with a lot of other people because I depended upon them to accomplish outstanding results for our customers. I also had the opportunity to influence the behavior of many people as they related to their peers, colleagues, customers, and leaders in the surrounding communities.

Is there anything you want to say about your stint as the only female base commander at Fort Belvoir?

A-E: I am not the only female to have been a base commander; there was one other in the Army before me. I was the only female at the time I was in command. I learned one thing about command, which, by the way is a mostly male thing—commanders are mostly men. I learned that women and men organize for work differently. For example, when women are asked to assume a position of great responsibility, they are so flattered to have been asked that they take the position immediately. Later, they may find out that they have too little staff or too little resources to do the job well. Men, on the other hand, do not take positions unless the infrastructure is already in place, so they ask questions about infrastructure before they consent to take the position. I found command to be great for me because the infrastructure was already in place and I didn’t have to fight for it before I took the position. If you do the right thing and don’t let power go to your head, you can successfully command any unit. It is also important to “walk the ground” of your command and see the people in their places of work. They are apt to be more comfortable there and will respond to you about any issue.

Who is your mentor?

A-E: I have had about 10 close mentors, men and women who chose me to provide guidance, assistance, and coaching—just because they saw potential in me of which I was not aware! One was Lillian Dunlap, an Army nurse who was the second Army nurse to become a general, who saw some redeeming professional value in me when I was a lieutenant and guided my career for many years while I did the work she sent me to do. The second was Katy Galloway, the best nurse administrator I have ever known. She taught me early in my career that nursing, if it’s done right, is difficult work. She said that a nurse must decide if she or he is willing to shoulder the challenges of difficult work. Once the nurse decides to do the work of nursing, then bitching, whining, and complaining are not allowed. I found out early that she was right and I never complain about my profession, because I know that it is going to be a challenge every day.

Who is your shero or hero?

A-E: My shero is Harriet Tubman. She was born a slave and never learned to read, write, or count. Yet she understood the inhumanity and indignity of slavery and longed to be free. She ran an illegal Underground Railroad, led more than 300 slaves to freedom, and was never caught or captured. When I think of all that she accomplished without the knowledge of basic book learning, I have so much respect for her as a person. Imagine what intuition, insight, persistence, and basic common sense this woman must have had!! She also had to make determinations about who could be trusted, respected and who was committed to her cause. Her life and contributions to the human race always shines as a beacon before me, and as another opportunity to excel. If Harriet could accomplish so much with so few basic talents, then I should be able to accomplish something with the talents that I have acquired as she lifted me on her shoulders.

“The single most important skill for a person going into the nursing profession is to care about her/himself and others.”

Who are some of the famous and not so famous people who have personally made an impact on your life?

A-E: The first “not so famous people” who personally made an impact on my life were my parents. They taught me and my nine brothers and sisters two things: First, you are somebody, and never hang around with people who tell you that you are not. From that, I learned self-esteem and self-confidence. Second, you can be anything that you want to be if you are willing to work hard and never give up. From that I learned persistence and practiced it all my life. Others who had an impact on me at Walter Reed were Senator Dan Inouye, who is grateful to nurses for having saved his life in World War II; General Max Thurman, who was the vice chief of staff of the Army at the time, for whom I had worked in the Army Recruiting Command, and Major General Lew Mologne, Command, Walter Reed Army Medical Center, who was one of the best commanders and leaders that I have ever known. These three men had a personal impact on my life because they took a genuine interest in me as a person, leader, and professional.

What other degrees do you hold?

A-E: I was graduated from the Command and General Staff College, Fort Leavenworth, KS in 1976, with a master of military art and science degree.

You were named in Working Woman Magazine as one of 350 “Women Who Changed the World.” How have you changed the world?

A-E: I believe that the world is a bit better because I have lived and because of my contributions to spread joy and kindness. I have a passion about being kind to others and treating all people with dignity and respect. I have also spent much time demonstrating leadership in positions of great responsibility and have taught many others how to do the same.

At the School of Nursing, we have a commitment to a more diverse faculty, staff, and student population. How can we achieve that goal?

A-E: The goal of increased diversity may be achieved by being committed to your goal, communicating that commitment to the target population, and doing whatever is necessary to gain the trust and respect of the target population. Walk
among the people, find out how they view their world from where they are, and learn as much as you can about them and what they value. This requires establishing rapport over time and demonstrating integrity in all situations. Trust and respect are two values that are of immense importance.

We're often caught up in the activities of everyday life. In the realm of “being,” what is your biggest challenge or accomplishment in being?

A-E: My biggest challenge in being until today is curing myself of workaholism, which I learned as a child and practiced in varying degrees throughout my life. I consider it an addiction and I treat it like an addiction in my efforts to cure myself. I have made tremendous progress over the past five years and I am proud of my progress. It is sometimes difficult to remember that we were not placed on this earth to work ourselves to death. My greatest accomplishment in being is learning to be present in the moment. I have been assisted in this effort by practicing daily meditation.

Will you share some information about your family?

A-E: Both my parents are dead. My one regret, is that neither of them lived to see me make General. I have nine brother and sisters with whom I am very close. We get together every year for a reunion and to renew our acquaintances, since I was absent a lot over the past 35 years. Four of my sisters and I all graduated from North Carolina Agricultural & Technical State University, Greensboro, NC. All of us have been successful in our chosen lines of work. My husband, Dr. F. Heinz Ender, is a retired oral surgeon and orthodontist. We have been married for 20 years. He is of German descent and I met him at a German-American Medical Society meeting in Frankfurt, when I was assigned there at the Frankfurt Army Regional Medical Center. He is my greatest support and best friend. We have three children, all of whom Heinz brought to our marriage. Our two daughters live in Germany and our son, Ingo, is an internist and cardiologist in Washington, DC. We have two grandchildren and two great-grandchildren.

In your resume, you list five special skills: negotiation and arbitration, conflict management and resolution, determining and articulating organizational vision and values, strategic planning and goal setting. As a nurse, what do you feel is the single most important skill for a person going into the nursing profession?

A-E: The single most important skill for a person going into the nursing profession is to care about herself or himself and others. If a person does not normally and naturally care, he or she should not consider nursing as a profession.

What encouragement would you give to new nursing students?

A-E: Nursing is a profession of great challenges and great rewards. If you are looking for a profession in which you can say that you've done a lot and given your best at the end of the day, then nursing is for you. If you expect that you can always be a “taker” and never have to give of yourself, then nursing is not for you. You must ask yourself, “Do I have what it takes to care about myself and others?” I would strongly encourage nurses today to seek ways to start their own businesses in nursing as soon as possible. Look around your own community as you recall the definition of nursing: The diagnosis and treatment of human responses to real or imagined health problems. You will be able to find that there is much that we can do to assist clients toward better health long before they reach the crisis of illness or disease.

What do you consider your most profound life experience?

A-E: The discovery that it is really my expectations of myself that are really the most important in life. I learned that fact very early, and have spent my life trying to live up to my expectations of me.

What is it that you want people to be left with in their interactions with you?

A-E: I'd like for people to believe that I was sincerely interested in them, was a positive person, and was willing to listen and to serve.

Clara L. Adams-Ender lives in Lake Ridge, VA, with her husband, Dr. F. Heinz Ender, and is president and CEO of Caring About People with Enthusiasm (CAPE) Associates, Inc., a management consulting agency specializing in personnel and organizational management issues. She has been conducting seminars, workshops, and consultations for corporations, governmental agencies, health care institutions, credit unions, and universities since 1993. Among the honors she has received are Outstanding Achievement Award from the School of Nursing, University of Minnesota, 1990; named a fellow in the American Academy of Nursing; awarded 10 honorary doctorate degrees—two in law, two in public service, one in science, and five in humane letters; she is a former member of the Defense Advisory Committee on Women in the Services, and was the first female in the U.S. Army to be awarded the Expert Field Medical Badge.

Look for an article and photos in the fall issue of Sigma Theta Tau's magazine, Reflections, about Clara Adams-Ender by Barbara La Vallerie.
It is called the land of extremes. During the sun-filled summers, biking, baseball, and fishing can go on all night. Contrast that with the intense winters of piercing winds, heavy snow, and seemingly unending darkness that can make one easily forget about those dream-like summers.

It takes a certain kind of person to live and work in that type of environment. Devry Garity is one such person. After graduating in the spring of 2000 from the School of Nursing's Pediatric Nurse Practitioner (PNP) program at Children with Special Health Care Needs, Devry moved north.

Further north than most of us have or ever will venture. Devry's home is 26 miles above the Arctic Circle, 549 miles northwest of Anchorage, in the Alaskan town of Kotzebue.

Located on the tip of a peninsula in the Chukchi Sea, Kotzebue serves as the commercial, service, and transportation center for the 11 villages that make up the Northwest Arctic Borough. The Manilacq Health Center where Devry works as a PNP is located in Kotzebue and services the people living within the Borough. The Borough, with a population of only 7,500, covers an area the size of Indiana. Approximately 75% of the residents are Inupiat Eskimos, making the Borough the largest concentration of Inupiat people in the world. There are relatively few roads, so small planes and snowmobiles are common modes of transportation.

There are no trees in the area, only tundra. Even so, Devry fell in love with the land and the Inupiat people after having been on three separate three-month long canoe expeditions in the Northwest Territories above the Arctic Circle. Devry and her husband, Rob Downey, a family physician, picked a northern community that had the highest native population in which both of them could work.

Devry was the first nurse practitioner hired by the Center's public health nursing department. This allowed her to pave new pathways. She oversees the Child Health Program, primarily performing well-child exams on the children and adolescents of Kotzebue. She works part-time, holding afternoon and evening clinics.

Every three months, she flies on a small bush plane to Point Hope with her 14-month-old son, Griffin, and her husband who is the physician for Point Hope and a family physician in Kotzebue. Point Hope is the western most point in the Northwest Arctic region. For a week at a time, Devry and her husband, Dr. Rob Downey, provide health care to the people in this remote village.

Back in Kotzebue, Devry is working on starting a teen clinic. "We have an extremely high teen suicide rate in this region. More positive prevention contact with these adolescents might make a difference," she says. Her interest in helping others through nursing runs in Devry's family. Her mother is a nurse who now works in management and has a passion for working with hospice and AIDS patients. Her maternal grandmother was a nurse anesthetist.

Devry's work is not easy. She has only one support staff who helps with charts. The rest is up to her. She works a few blocks away from the Center, which has eight family-practice physicians. A pediatrician comes up from Anchorage every six months. As a result, Devry does a lot of consulting by e-mail, phone, and telemedicine. Photographic or live video images can be sent to providers at the Alaska Native Medical Center in Anchorage. Devry is able to practice as an independent practitioner with full prescriptive privileges in Alaska.

To be effective in an autonomous working environment, Devry needed good training. "The excellent education I received through the PNP program at the School of Nursing provided me with a solid foundation. I left with very strong clinical, leadership, and advocacy skills, as well as the ability to orient, understand, and work with people of a different culture," says Devry.

She also credits the outstanding hands-on experience she had while a student. In order to learn more about the health needs of diverse populations, Devry did a clinical rotation at the Community-University Health Care Clinic (CUHCC), an inner-city, multi-ethnic clinic located in the Phillips Neighborhood of Minneapolis. She also worked as a staff
2001-2002 Faculty Grants

This list represents grants by School of Nursing faculty (names highlighted) supplied to Network, and does not guarantee inclusion of all faculty grants. If your grant is not listed, please contact the editor for inclusion in the next Network Faculty Grants (Fall/Winter 2002). — Editor

Avery, Melissa NM, WHCNP, and PHN Graduate Education Via Technology HRSA / BHP / Division of Nursing 07/01/2000 to 06/30/2003 $503,923

Bliss, Donna Skin Problems in Nursing Home Elders with Incontinence American Nurses Foundation 10/01/2000 09/30/2001 $10,027

Bahn, Diane Lifetime Abuse, Health Risk Behaviors, and Health Care Utilization and Cost The Allina Health Systems Foundation / Medica ChoiceCare (prime) 09/22/2000 05/31/2001 $37,713

Chian, Linda Development of Measures of Anxiety for Mechanically Ventilated Patients UMN - Center for Excellence in Critical Care 02/01/2000 05/16/2001 $10,528

Edwards, Sandra Nurse Anesthetist Traineeship Program DHHS/HRSA/BHP/Div of Nursing 07/01/2000 06/30/2001 $4,486

Edwards, Sandra Advanced Education Nurse Traineeship Program DHHS/HRSA/BHP/Div of Nursing 07/01/2000 06/30/2001 $199,635

Garwick, Ann Access to Care for American Indian Children with Special Health Care Needs UMN AHC - seed grant 05/31/2000 $25,069

Garwick, Ann Enhancing the Cultural Competence of Health Care Professionals Who Work with American Indian Children and their Families CUPES (Kellogg Foundation) 09/01/2000 01/31/2002 $48,996

Gerdner, Linda Mentoring Grant in Gerontological Nursing University of Iowa 03/05/2001 10/01/2001 $2,607

Gerkensmeyer, Janis Parent Satisfaction with Mental Health Services: Relationship to Outcomes UMN Graduate School - GIA 07/01/2000 01/15/2002 $11,927

Gerkensmeyer, Janis Parent Satisfaction with Mental Health Services: Relationship to Outcomes UMN Graduate School - SRF 07/11/2001 08/22/2001 $43,452

Gerkensmeyer, Janis Evaluating Indiana Parent Support Group Members' Satisfaction, Needs and Concerns Association for the Advancement of Mental Health Research and Education, Inc. (Indiana Federation of Families for Children's Mental Health) 10/01/2000 10/01/2001 $2,944

Gross, Cynthia Impact of Mindfulness-Based Stress Reduction on Symptom Management AHC Faculty Research Development Program 11/01/2000 10/31/2002 $97,798

Halac, Linda Health Realization Model to Improve Health and Quality of Life in the Somali and Oromo (Ethopian) Communities in Minneapolis and Adjacent Communities The Foundation Healthsystem Minnesota 03/01/2001 08/01/2001 $3,578

Hansen, Helen Improving Utilization of Ischemic Stroke Research AHRQ (prime) MN Medical Research Foundation 10/01/2000 09/30/2003 $9,722

Hodge, Felicia Wellness Circles NIH / NINR 12/01/2000 08/31/2002 $148,042

Hodge, Felicia Diabetes Wellness: American Indian Talking Circles NIH / NINR 12/01/2000 02/29/2002 $261,863

Josten, LaVohn Evaluation of the Dakota County Healthy Families Project Dakota County 01/01/2001 12/31/2001 $31,888

Lindeke, Linda Five-Year Follow up Study of Barriers to Advanced Practice Nursing Minnesota Nurses Association Foundation 01/01/2001 01/07/2002 $4,919

Moss, Margaret Mentoring Grant in Gerontological Nursing The University of Iowa 03/05/2001 03/05/2002 $1,500

Mueller, Christine Implementation Analysis of the CHSRA Long-term Care Quality Indicator System Provider Initiative Project for Elder Health Care at Research and Analysis 07/01/2000 01/31/2001 $87,126.

Garity continued from page 14

nurse at St. Paul Children's Hospital on the Hematology/Oncology Medical Surgical Unit.

During the summer of 1999, Devry did an interdisciplinary pediatric pulmonary fellowship at the University of Wisconsin Pediatric Pulmonary Center in Madison. "Devry was always willing to go the extra mile to get the best possible learning experiences that she could," says School of Nursing faculty member, Linda Lindeke, Devry's advisor during the fellowship. Admiration goes both ways. "All of the nursing faculty in the PNP Program were excellent," says Devry. "Linda Lindeke, Ann Garwick, and Barbara Leonard were exceptional mentors in the Children with Special Health Care Needs Program, as well as supportive friends through- out a very challenging pregnancy."

She also credits Elizabeth Erdahl for being an "amazing" preceptor at the CUHCC and the University of Minnesota Hospital and Clinics. Looking back on her Minnesota education and work experiences, Devry says that she "made some wonderful friends and colleagues and I miss them all dearly."

In her free-time, Devry skate-skis, canoes, reads, enjoys photography, and creates wheel-thrown pottery. The setting in which she lives sounds like the backdrop for "Northern Exposure," the fictional television series that ran from 1990-1995. However, Devry is quick to point out that Koztebue, unlike the fictional town of Cicely, is "a lot less charming and more stark." "The television show does not depict the rusted-out snow machines and chained dogs in every yard. There is no friendly bar and eatery where everyone gathers." In fact, she says, "This town can even have a bit of an unfriendly feel until you have been here awhile, at which point it becomes clear that most people are very genuine and very caring." She adds, "People who live in Koztebue and live here long-term love the beautiful country and rich Inupiat culture." Obviously, Devry Garity is one such person.

Marguerite Rieinberger, J.D., M.P.H., M.A., is a freelance writer specializing in health and wellness articles.
By Joanne Disch

New Clinical Scholars Named

A new group of Densford Clinical Scholars has been selected. The goal of this program is to improve patient care through creating partnerships between Advanced Practice Nurses (A.P.N.s) and faculty members from the University of Minnesota School of Nursing to explore clinical issues and use research to develop an intervention for addressing them. Their year-long terms begin September 2001. The new Clinical Scholar teams and proposed topics of interest are:

- Darlene Bjorklund, M.A., R.N., Clinical Nurse Specialist, North Memorial Healthcare; Karen S. Feldt, Ph.D., R.N., Assistant Professor, School of Nursing, Pain Assessment in Cognitively Impaired Elders;
- Temitope Akinkkuto, M.S.N., R.N., Clinical Nurse Specialist, Fairview University Medical Center; Christine Mueller, Ph.D., R.N., Associate Professor, School of Nursing, Strengthening Continuity of Care;
- Julie Sabo, M.S., R.N., Clinical Nurse Specialist, United Hospital; Linda Chian, Ph.D., R.N., Assistant Professor, School of Nursing, Comparison of Three Methods of Femoral Sheath Removal and the Relationship to Patient Comfort and Complication Rate;
- Lauren Johnson, M.S., R.N., Clinical Nurse Specialist, Fairview Health Systems; Linda Lindke, Ph.D., R.N., C.N.P., Associate Professor, School of Nursing, Development of a Tool to Measure Children's Satisfaction with Health Care.

2001-2002 Faculty Grants continued from page 15

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Mueller, Christine

Long-Term Care Nursing Administration Web-Based Learning Modules

UMN EVPP

01/01/2001       12/31/2001

$7,771

Peden-McAlpine, Cynthia

The Experience of Women Managing Fecal Incontinence

American Nurses Foundation

10/01/2000       09/30/2001

$7,521

Post-White, Janice

Massage Therapy in Childhood Cancer

American Massage Therapy Association Foundation

09/01/2000

$19,853

Post-White, Janice

The Effect of Therapeutic Massage and

Healing Touch on Cancer Patients

United Hospital (sub)

01/01/2001       12/31/2001

$23,812

Saewyc, Elizabeth

Sexual Abuse, Pregnancy, and Related Life Contexts Among Adolescents

UMN Graduate School - GIA

07/01/2000       01/15/2002

$10,216

Struthers Roxanne

Diabetes Wellness: American Indian Talking Circles - minority supplement

NIH / NINR

12/01/2000

02/28/2002

$33,009

Wyman, Jean

Efficacy of a Computerized Telephone System to Promote Exercise Adoption in Sedentary Older Adults

UCare Minnesota Fund Council

07/01/2000       06/30/2002

$28,038

Wyman, Jean

Take Control: A Group-Based, Self-Management Program for Women With Urinary Incontinence

Rehabilitation Nursing Foundation

01/01/2001       12/31/2001

$13,537

Nursing Grand Rounds

The 2001-2002 schedule for Nursing Grand Rounds has been established. Initiated in the spring during Nursing Week 2001, Nursing Grand Rounds are intended to highlight research and scholarly work being done by faculty and other nursing leaders from the community. On occasion, as is the case of the February speaker, a presenter will provide a non-nursing perspective on an issue of great importance to the profession.

The speakers, topics, and the dates for this year are:

- September 24, “Protecting Young People from Harm: Lessons from Urban American Indian Youth,” Linda Bearinger, Ph.D., M.S., F.A.A.N., Professor and Director for Adolescent Nursing, School of Nursing and Division of General Pediatric and Adolescent Health, Department of Pediatrics, Medical School;
- December 3, To be announced;

All faculty, students, alumni and nurses, as well as anyone interested are invited to attend.

All events will be in Moos Tower, Room 5-125, from 12:00 to 1:00 p.m. Contact the Densford Center at 612.625.1187 or frank0706@umn.edu if you need more information. “Light bites” are provided which make the occasions an opportunity for physical and mental nourishment, as well as networking with colleagues. Join us!
Kudos

Linda H. Bearinger, Professor and Director for Adolescent Nursing, was the keynote speaker in August at a two-day meeting of nurses from throughout New Zealand who work with adolescents. Bearinger spoke on educational strategies for improving nurses’ capacities for working with teenagers. In addition, her research on youth development with American Indian youth was discussed in parallel with similar health promotion strategies in New Zealand designed specifically for indigenous Maori and Pacific Rim youth.

Martha Dewey Bergren, M.S., B.S., Associate Education Specialist, won a Practice Award for her poster at the National Association of School Nurses Annual Conference in Phoenix, AZ, in June. The title of her poster was “Create a Virtual Community: Start an Internet Discussion List.” She was also part of a team that presented at a pre-conference session, “Confidentiality and Students.”

Donna Zimmaro Bliss, Ph.D., R.N., C.C.R.N., Professor, received the distinguished Morse-Alumni Teaching Award in April at the McNamara Alumni Center. Bliss graduated with a B.S.N. at the top of her class at the School of Nursing at Villanova University, Villanova, PA, in 1981; received an M.S.N. in 1985; and a Ph.D. in 1992 from the University of Pennsylvania School of Nursing, Philadelphia, PA. Bliss holds the Professorship in Long-Term Care of Elders.

Sharon Cross, B.S.N., M.P.H., R.N., Associate Educational Specialist received the E. Louise Grand Award for Excellence in Nursing following the first Nursing Grand Rounds during Nurses Week celebrations May 1. Also honored at the event were two Outstanding Preceptor Mentors. They are Mary Fran Tracy, Ph.D., R.N., C.C.R.N., critical care clinical nurse specialist at Fairview University Medical Center and a 1999 Ph.D. graduate of the SoN; and Tina Lundeen, R.N., C.N.P., M.S., Pelican Rapids, MN, a graduate of the SoN. Presenting the awards was Laura Duckett, Associate Professor and Director of Research and chair of the Awards.

Jessie (Czeslawa) Szostak Daniels, Education Specialist, has been appointed by Gov. Jesse Ventura to the Minnesota Board of Nursing (MBN). She fills the vacancy designated for a registered nurse who has at least two years of executive or teaching experience in a baccalaureate degree nursing program approved by the Board. The Board, comprised of eight R.N.s, four L.P.N.s, and four public members, meets six times per year. Daniels has taught at the School of Nursing for almost 20 years. Her term expires in January, 2005.

Cynthia Gross, Ph.D., Professor, Mary Jo Kreitzer, Ph.D., R.N., Associate Professor and Director of the Center for Spirituality and Healing Academic Health Center (AHC) and Marshall Hertz, M.D., Professor of Medicine, have been awarded an AHC grant to study “Impact of Mindfulness-Based Stress Reduction on Symptom Management in Kidney Transplant Recipients.” Gross is principal investigator with Kreitzer and Hertz co-investigators. The study is part of a broader research initiative to use complementary and alternative therapies to safely improve quality of life in transplant recipients. The AHC is providing funding of $195,000 over two years to conduct a pilot study. The study will provide preliminary data and develop a proposal to the National Institutes of Health (NIH) for a randomized, controlled clinical trial of Mindfulness-Based Stress Reduction to reduce symptoms of anxiety, depression, and sleep disturbance in kidney transplant recipients.

A geriatric psychiatric hospital in Tuscaloosa, AL, has been named for Mary Harper, a master’s degree graduate of the SoN. Harper lives in Tuscaloosa.

Diane E. Holland, M.S., R.N., Eyota, MN, a predoctoral student, is one of 17 nursing scholars in the nation to receive a $100,000 John A. Hartford Foundation Geriatric Nursing Scholarship ($50,000 a year for two years). She was chosen in a national competition as part of a new Hartford Foundation initiative aimed at building academic geriatric nursing capacity.

Kathleen Kirchbaum, R.N., Ph.D., Associate Professor, has been accepted as one of the six CIC Academic Leadership Program fellows from the University of Minnesota for 2001-02. The CIC is the Committee on Institutional Cooperation that links the Big 10 universities and the University of Chicago.

Margaret P. Moss, D.S.N., R.N., Assistant Professor, was chosen as a Native Investigator by the Resource Center for Minority Aging Research in the Division of American Indian and Alaskan Native Programs at the University of Colorado Health Sciences.

Mary Rowan, Education Specialist, has been elected chair of General Assembly and the Consultative Committee for 2001-2002. Karen Alaniz, Education Specialist, has been elected vice-chair.

Kevin Lee Smith, was a featured performer at the second “Stand-Up for Nurses: A Celebration of Nurses Week and Benefit for Breast Cancer Research” at the Knuckleheads Comedy Club at the Mall of America in May.
Comings and Goings

Kitty Cheesebrow is the new Executive Secretary for Dr. Marsha Lewis, Associate Professor, Director of Graduate Studies and Dr. Jean Wyman’s research project on falls among the elderly. Other staff for the project include Catherine Croghan and Mary Edwards.

Sue Donaldson, Ph.D., R.N., F.A.A.N., former Professor and Coral Meidi Stehle Chair as well as former Associate Dean at the University of Minnesota School of Nursing, departed from the position of Dean of the John Hopkins School of Nursing as of June 30, 2001. Donaldson was also Director of the Exploratory Center for Long-Term Health Care of the Elderly at the University SoN. She was at the University from July 1984 to August 1994. She remains on the faculty of John Hopkins School of Nursing as a tenured Professor and has returned to research.

Four Faculty Attend Congress in Brazil

Four faculty members from the Center for Adolescent Nursing at the University of Minnesota’s School of Nursing recently returned from a five-day congress on adolescent health held in Salvador, Bahia, Brazil. The faculty attending were Linda Bearinger, Professor, Ph.D., M.S., B.S.N., Linda Halcon, Assistant Professor, Ph.D., M.P.H., Elizabeth M. Saewyc, Assistant Professor, Ph.D., R.N., P.H.N., and Renee Sieving, Assistant Professor, Ph.D., R.N.C.

They received assistance from the Office of International Programs at the University of Minnesota to attend this international meeting.

Nearly 1,000 health professionals from around the world attended the 7th International Congress on Adolescent Health. Bearinger gave a plenary session on youth development for indigenous young people and Saewyc presented a poster of her research on teen pregnancy among sexually abused adolescents.

All four faculty members met with adolescent health colleagues from the World Health Organization and representatives from a variety of countries throughout the world.

“Our school had the largest delegation of nurses from any school or organization in the Congress,” Saewyc said. The University of Minnesota was well-represented. Others from the University Medical School’s Division of General Pediatrics and Adolescent Health who presented papers were Robert Blum, M.D., Ph.D., and Michael Resnick, Ph.D.

Pinned Again Yvonne Margaret Tandberg holds the pin she lost over 12 years ago which was found by Jennifer A. Hart-Abraham, left, an attorney in St. Paul. Hart-Abraham found the gold School of Nursing pin with the initials "YMT '70" on the back while in her parent’s pharmacy in Forest Lake, MN. The pin was returned to its rightful owner in April in the Dean’s Conference Room. Tandberg, now retired from nursing and still living in Forest Lake, was delighted to have her pin back. "I cannot believe this! I cannot believe this," she kept repeating. Dean Sandra Edwardson, right, shared the happy reunion.

Alumni Society Reunion and Spring Celebration Saturday, April 27, 2002 
Join us!
Several representatives from the School of Nursing participated in the 2001 Race for the Cure held on Mother's Day in May. Faculty, staff, students, and friends who walked or ran in the race are: Karen Alaniz, Mary Benbenek, Martha Bergren, Carol Biscardi, Litinda Chlan, Kathryn Christians, Joanne Disch, Laura Duckett, Michelle Dunne, Sandra Edwards, Cory Franklin, James Grindle, Cynthia Gross, Helen Hansen, Emily Heine, John Hulkenon, Catherine Juve, Elin Lindstrom, Kathy Lindstrom, Christine Mueller, Georgie Nygaard, Kate Pattison, Christine Poe, Hanna Robertson, Rachel Robertson, Jennifer and Brent Rosand.

Tuition Costs at the School of Nursing

What does it cost for a nursing education at the University of Minnesota?

Let's look at the tuition cost for a Bachelor of Science in Nursing (B.S.N.) degree at the School of Nursing using the 2001-2002 tuition fee rates. Students take an average of 15 credits per semester, with a two-semester school year. The following is based on an approximate 14% tuition increase, as well as per semester fees, including a $100 collegiate fee, a $267 student service fee, and a $75 university fee. Please note that tuition for every credit over 12 credits is half price.

• Current Resident Tuition is $179.70 per credit ($179.70 x 12 + 89.85 x 3 for credits 13, 14, and 15) = $2,426.95 per term tuition in addition to $442.00 per term in fees = $2,868.95 x 2 semesters per year = $5,735.90*.

• Current Non-Resident Tuition is $530.28 per credit ($530.28 x 12 + 265.14 x 3 for credits 13, 14, and 15) = $7,156.78 per term tuition in addition to $442.00 per term in fees = $7,600.78 x 2 semesters per year = $15,201.56*.

Most of the Academic Health Center schools are charging $175 per semester,” said Dean Sandra Edwardson, “but we judged that to be too much for nursing students. The former technology fee charged to undergraduate nursing students has been eliminated.”

*This figure does not include hospitalization insurance, which is mandatory for all students enrolled for more than six credits per term if not covered by private insurance. This can be approximately $400-$500 per term.

Jennifer Lu Receives Jewelry Scholarship

Jennifer Lu, a Level II (senior) nursing student from Iowa City, IA, received a $1,000 Jewelry Scholarship at “Voices of Caring,” the School of Nursing Alumni 2001 reunion and celebration in May.

Lu thanked the alumni and board “for providing funds for undergraduate scholarships at the School of Nursing. I was delighted to find out that I was the recipient of the Jewelry Scholarship for 2001-2002. Going to school is expensive, and this scholarship will help my finances.”

She was also given a bracelet from the jewelry collection at the alumni brunch. “It will always be a symbol of my scholarship and my days as an undergraduate nursing student at the University.”

Previous to beginning her nursing education, Lu worked for five years in medical research after obtaining a Bachelor of Arts degree in Psychobiology. She also works at Fairview Southdale Hospital.
In Memoriam

Patricia Ann Retka Neale, 67, died April 16, 2001. Retka received a Bachelor of Science Degree in nursing administration with distinctions on March 19, 1959, and a Master’s Degree in nursing on July 18, 1975.

Shirley Anne Rostomily, 75, a 1950 graduate of the School of Nursing, died June 29th, following complications of cancer. She worked as a nursing-home nurse in Cleveland, OH, before retiring in 1990. She was also a Public Health Nurse.

Shirley Rostomily was born in Marshall, MN, and served with the Cadet Nurse Corps at Fitzsimmons Army Hospital in Denver during World War II. She went to Cleveland in 1970, when her husband, Clifford, became Executive Director of Huron Road Hospital. Later, when her husband accepted temporary medical assignments in the Middle East, Rostomily accompanied him and volunteered in nursing services at a clinic in Saudi Arabia and at the American Mission Hospital in Bahrain.

Her husband died in 1992. She is survived by two daughters, Kathleen A. Tweed, South Euclid, OH, and Jean R. Bain, Pepper Pike, OH; a son, Robert C., Seattle, WA; eight grandchildren; a brother, and two sisters.

At the family’s request, donations may be made to The Veronica Pec Gault Memorial Scholarship (established by the Patricia Gault, ’63 and ’67, to benefit undergraduate students at the School of Nursing), University of Minnesota, School of Nursing, 308 Harvard St. S.E., Minneapolis, MN, 55455.

Esther A. Nelson, 91, died May 3, 2001. A native of North Dakota, she returned to school after working in hospitals for 15 years to earn a Bachelor of Science degree. Influenced by Katharine J. Densford, she then went on to receive her Master of Science degree in hospital administration shortly before her 50th birthday.

Nelson served as Director of Nursing at Anoka State Hospital, director of nursing services at Hastings State Hospital, Director of Eitel Hospital in Minneapolis, as well as Executive Director of the third district Minnesota Nurses Association. She also taught at the University School of Nursing. Nelson helped establish the first Civil Service examination for nursing personnel in state hospitals. She later served as a consultant to the governor on mental health.

Nelson held many offices and served on committees, including the University of Minnesota School of Nursing Foundation and was president of Zeta Chapter, Sigma Theta Tau, the national honor society of nursing.

Freia Tereva Kettunen, 98, a 1926 graduate of the school of Nursing, died August 12, 2001, in Yuma, Az. She had been married to Elmer Kettunen for over 64 years. A member of the Heritage Society at the SoN, Kettunen was head of nursing for many years at the University Hospital during the Depression working with the first iron lung machine.

Schroeder Receives Outstanding Achievement Award

Carolyn Schroeder, class of 1955, is surrounded by her family at a reception following 2001 commencement ceremonies at which she was conferred the Outstanding Achievement Award. The award honors alumni who have demonstrated outstanding achievement and leadership. As chair of the School of Nursing’s Capital Campaign, Schroeder led the initiative to raise $11 million in support of the School’s service, education and research mission. In addition, these funds established the Katharine J. Densford International Center for Nursing Leadership Center. From left to right, back row: Andy Hartsfield, son-in-law, Barbara Hartsfield, daughter; Lisa Kennedy, daughter; Susan Schroeder, daughter-in-law, B.S.N. University of Minnesota, School of Nursing, front row left to right: Clint Schroeder, husband, Carolyn and Kathryn Schroeder, daughter.
Adela Olson: Leaving a Legacy
Annual Report
Lifetime Donors to the School of Nursing
Theresa James: Benevolent Heart
Adela Olson: Leaving a Legacy

Walter E. and Adela J. Olson Scholarship Established

by Jane Ellen Nielsen

“I’ve always wanted to be a nurse.” This statement made with conviction comes from an unexpected source. Not from an aspiring student nurse, but from a woman in the sunset of her life, who is the benefactor of a generous endowment to the University of Minnesota School of Nursing.

A 5’2” and 92-pound woman with penetrating blue eyes and high cheekbones, Adela Olson speaks candidly of a life of hardship that preceded her thoughtful gift.

Born in Skattungbyn, Sweden on February 1, 1914, Adela Jeanne Borg was brought to the United States at the tender age of two. Her father, unable to care for her after the untimely death of her mother, placed the toddler with a Virginia, MN, couple, Minnie and Helmer Anderson.

As a teen, the restless Olson left home for Minneapolis, never finishing high school, but always fond of learning. A cherished memory for her is a Red Cross lifesaving course, putting her skills into action. She also studied hard to complete citizenship classes. “I was the proudest person on the stage!” Olson beams as she recalled the day she became an American.

To support herself, Olson worked as a mother’s helper and at other odd jobs, always saving her money. It may have been this trait, along with mutual interests in music and dancing, that attracted Walter E. Olson to her, the man who later became her husband. She speaks affectionately of him as “tight,” but admits he was savvy with investments.

Her husband was an accountant and World War II veteran who died in 1996 at the age of 84. Walter and Adela had one son, Richard, a physician, who resides with his wife and three children in Maine. “I worked to put him through medical school, and I’ve helped each of the grandkids with college.”

The Olsons’ cabin at Cross Lake, the boat, and family car have all been sold. Olson now lives modestly in a small stucco cottage in south Minneapolis. She recalls nostalgically moving into that home when her son was an infant, only to have tragedy strike. A life-threatening cerebral aneurysm led to Olson’s emergency surgery at the University of Minnesota and a lengthy hospitalization. Later, at home, Olson endured a long rehabilitation. “I had to crawl on the floor with my two-year-old son and learn to walk again.”

Now on the wall of that same living room where Olson made a new beginning, there is a plaque commemorating the gift that will provide new beginnings for future University of Minnesota students. Presented to Olson at the June 21, 2001 Heritage Society Dinner at the McNamara Alumni Center, it reads:

Through your outstanding contributions to the School of Nursing, you are helping to sustain the University of Minnesota’s strong tradition of teaching and research, outreach and public service. With gratitude and pride, we honor your philanthropic spirit.

Mark G. Yudof, President, University of Minnesota

Laurel Mallon, President of the School of Nursing, says she is “thrilled and delighted” with the Olsons’ generosity. “Their gift will create the Walter E. and Adela J. Olson Scholarship for deserving nursing students.” Indeed, offering struggling young adults financial assistance to achieve their dreams is what gives Olson peace and satisfaction. “I’ve had lots of tough luck and I’ve been hungry,” shares Olson . . . “So if I’m in a position to help somebody, why not?”

As she waves goodbye from the white picket fence gate next to her home, the generosity of the woman who always wanted to be a nurse will leave a lasting legacy for generations of nurses to come.
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From the Foundation Chair and President

Annual Report

Founded under the direction of Katharine J. Densford in 1958, the School of Nursing Foundation continues to support the School's service, education, and research programs for the ultimate benefit of patient care.

During the 2000-2001 fiscal year, gifts and pledges totaled $1,475,222, representing more than 1,236 individual donors. Major gift highlights for the year include receipt of estate gifts from former faculty members Lucile P. Leone and Theresa V. James (33) for the Nursing Foundation Achievement Fund. Violet A. Shea, Adele Olson, John and Anne LaBree (’53 & ’69), and Enid and Kenneth Swanson provided planned gifts to fund nursing scholarships. Ida Martinson (’60 & ’62) made a major commitment to advance the work of the Katharine J. Densford International Center for Nursing Leadership. Derry Ann Moritz and Charles Shepard provided major funding for the Florence Schorske Wald Lecture.

With a goal of raising $11 million as part of the University of Minnesota’s $1.3 billion campaign, the Foundation has continued to secure support for the Katharine J. Densford International Center for Nursing Leadership; aggressively working toward nursing’s visionary goals; and promoting the centers for excellence in research and education in nursing care of elders, children and families, adolescent health, and children with developmental disabilities.

The Nursing Foundation’s endowments, managed by the University of Minnesota Foundation, have reached $11 million. The Nursing Foundation Achievement Fund, designated to support the work of the Foundation, has an endowment of $444,000 toward the $1 million goal.

During 2000-2001 a total of $220,000 was awarded to deserving nursing students from 35 endowed scholarships. As Karen Schueler, the recipient of the Nursing Alumni Scholarship indicated:

I feel very blessed to be at the University of Minnesota. As a nursing student, I have access to great teachers who show us not only how to perform patient care, but how to show caring for the patient. Beyond clinicals and classroom time, participation in the School’s honors program allows me to work with a Professor on a small segment of her nursing research, laying the groundwork for my future goal of teaching at the university level. Finally, by working as a Densford Scholar in the Katharine J. Densford International Center for Nursing Leadership, I have the unique opportunity to advance the work of the center and to develop my own leadership skills.

It was a thrill to meet nursing alumni and hear some of their stories at the reunion in May. The enthusiasm these nurses still have for the profession and for the School is so deep. It inspires me to know that love for nursing can grow and persevere through life’s changes and challenges. I hope that 50 years from now I, too, will speak of nursing with the same enthusiasm.

—Karen Schueler
continued on page 24
The Leave a Nursing Legacy: 200 campaign continues this year. With new additions to the alumni and friends who have left a planned gift or bequest to benefit nursing education, the School now has 86 members who qualify to be recognized in the Heritage Society. We invite your participation and encourage you to let us know if you, too, have included the School in your estate plans.

During the year, alumni gatherings were held in Arizona and across Minnesota to bring the message of the School’s accomplishments and continuing needs to the people and the communities we serve. Dean's Luncheons, hosted by Sandra Edwardson, afforded additional opportunities to reacquaint alumni and to introduce community leaders with developments in the School.

The Densford Center occupied its new quarters in the fall of 2000 and held a grand opening for donors and alumni in conjunction with the formal announcement of the Katherine R. and C. Walton Lillehei Chair in Nursing Leadership on November 15.

Through the leadership of the Special Projects Committee, the ninth annual Andrea Printy Memorial Lecture, titled “Where is the Nurse in the Corporate Executive?” was given on March 13 by Jeannine Rivet, M.P.H., R.N., of United Health Group with very positive reviews. Under the direction of the Densford Center, the Florence Schorske Wald Palliative Care/Hospice Lectureship focused on Improving Care for Children Near the End of Life. The Wald Lecture was presented on April 11 by Janet M. Duncan, B.S.N., R.N., C.P.O.N. and Joanne Wolfe, M.D., M.P.H. of the Dana-Farber Cancer Institute/Children’s Hospital in Boston.

We would like to commend those who made the Foundation’s work a success this year. Dean Sandra Edwardson, Campaign Chair Carolyn Schroeder, Past Foundation Chair Mark Kirschbaum, Committee Chairs Mary Lou Christensen, Mariah Snyder, and Verniece Buan. We thank Jane Pederson, who has contributed significant time and effort to support the smooth operation of the Foundation; and Joanne Disch, who has consistently provided insight and leadership in her capacity as Lillehei Chair of the Densford Center. Florence Ruhland and her network of volunteers have contributed untold hours in organizing jewelry sales to benefit the School. We thank as well, those friends of the Foundation who graciously offered to host our many gatherings this spring. Thanks, of course, to the dedicated faculty whose inspiring teaching and research continue the traditions of this University’s leadership in educating, care-giving, practice enhancement, and scholarly contributions to advance nursing care for all. Students of the School of Nursing continue to astound us in their capacity and commitment. We also thank the community leaders and donors on whose generosity, vision, and dedication to nursing we depend.

Mary Lou Christensen, Chair for 2001-2002
Laurel Mallon, President

Jewelry Benefit

AT THE ANNUAL ALUMNI MEETING
Laurel Mallon, left, President of the School of Nursing Foundation and Florence Ruhland, right, Chair of the Benefit Jewelry Sale Committee, share purchasing opportunities with Susan Forstrom, Chair of the Heritage Committee.

To date, more than $70,000 has been raised through the sale of antique and collectible jewelry to support nursing scholarships and education. If you would like to contribute jewelry for future sales, please contact the School of Nursing Foundation at 612.624.2490.

Our next jewelry sale will be in early December 2001.
Shareholders’ Report

We are thankful for the exceptional alumni, faculty, friends, and corporations whose generosity keeps our School in the forefront of nursing education and research worldwide. This report acknowledges the 1,236 donors who stepped forward with gifts and pledges totaling $1,475,222 between July 1, 2000 and June 30, 2001.

Your annual support and campaign gifts for the Katharine J. Densford International Center for Nursing Leadership, scholarships, and research are all profoundly appreciated. If we have inadvertently omitted your gift or misrepresented your contributions, please let us know.

Please reserve your space on the 2002 Honor Roll of Shareholders by sending your contribution to the School of Nursing Foundation today. For more information, call Laurel Mallon, President at 612.624.2490.

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Carole Maltrud, '61

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"You have chosen a career rich of opportunities to create those outstanding moments. Nurses are special people. Take pride in your education and in your work!"

Christine Kurzweg, '97

Audrey F. Hermanson
Anne M. Herzog
Margaret Hicklin
Carol J. Hill
Mary M. Hoepfner
Laurel R. Hoff

"You have attended a great institution with a wonderful legacy of nursing leadership. Welcome to the profession, one in which I am still employed full time. I am still proud and happy to be a nurse."

Judy Miller, '60
"I wish you much success in your future work. Nursing is important in people's lives. You do make a difference."

Patricia Morse, '47

Elizabeth A. Michel
Peter T. Mitchell
Susan Mitchell
Harriet J. Morgan
Julie A. Morrison
Juliette R. Mortenson
Nicole V. Morton
David J. Muhovich
Deborah J. Muller
Marilyn A. Murphy
Gretchen G. Muscint
Betsy Neff
Ervin L. Neff
Claire C. Nelson
Gena R. Nelson
Jean M. Nelson
Mabel M. Nelson
Pamela J. Nelson
Judith K. Nemecek
Carthleen A. Nevers-Zwickey
Gina M. Nichols
Helen E. Nickelson
La Rue Fink Nies
Melvin R. Nordin
Valatrice Nordin
Shirlee L. Nystrom
Thomas L. Nystrom
Marianne G. Ornont
Clarice J. Ottson
Tracey K. Paddock
Genevieve A. Perry
Jane M. Persoon
Marvelene Peterson
Claire S. Pfau
Donna Porath
Evelyn J. Preston
Virginia H. Poole
Robert J. Porath
Ruth B. Petri
Wayne H. Peterson
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Eloise A. Sampson
Linda S. Sandvig
Alice J. Schmidt
Mary J. Schoelkopf

"Every best wish on your graduation. The U of M School of Nursing has begun your preparation for a successful career as a nurse."

Kay Moline, '69

Patricia J. Wanchena
Barbara R. Ward
Verle I. Waters
Jane A. Watson
Nadine L. Wavrin
Westminster Presbyterian Church
Emily G. WHaley
Yvonne Whalley
Anne E. Wilberg
Linda L. Wick
Cornelius W. Wiens
Elizabeth A. Wiens
Patsy A. Williams
Mary A. Wittek
Janice L. Workman
Xcel Energy
Barbara A. Zell

* deceased

Tribute Gifts

The School of Nursing Foundation receives gifts in honor of individuals, in appreciation or celebration of achievement, and in memory of those who have passed away. The following individuals have been remembered in these ways:

In Memoriam

Gustav Bachman
Joanne Bergstrud
Viola Blosemberg
Karen Brand
Agnes "Nan" Dempster
Katharine J. Densford
Mary Enquist
Holle Hazby
Issac Izonby
C. Walton Lillehei
Mary Mayall
Geraldine Nelson
Jane Sanford
Barbara Sletten
Ruth Thorson
Audrey Windemuth
Ruth Wyman

In Honor

Mary Ann Anglim
Class of 1957, Spring
Class of 2001 Nursing Graduates
Sheila Corcoran-Perry
Dorothy Dicke
Blanche Hymes
Jerry Kolb
Katherine R. Lillehei
Muriel Ryden
Patty Schwartz
Marial Snyder
Patricia Tomlinson
Ruth Weise

"Welcome. You are a gift to our profession. Enjoy life, care for yourself so you can care for others."

Mary Gober, '91

Donald Mac Donald
Jean A. Mac Donald
Sandra J. MacKenzie
Ruth H. Macklin
Betty J. Main
Kathryn Malmberg
Rosemary V. Manion
Cary L. Martinson

School of Nursing Foundation
University of Minnesota
5-138 Weaver-Densford Hall
306 Harvard St. S.E.
Minneapolis, MN 55455
612.624.2490

Annual Report 27
The School of Nursing Foundation gratefully acknowledges the individuals and corporations listed below for providing major support to the School of Nursing. Those qualifying for recognition in University of Minnesota Giving Societies as of June 30, 2001 are listed below:

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**Giving levels of $1 million and above.**
- Leonard and Mary Lou Hoeft
- Patricia S. and Dennis J. Kane *
- Katherine R. & C. Walon Lillehei *
- Eldon and Coral Meidt Schiell *
- Anonymous

**Regents Society**

**Giving levels of $500,000 to $999,999.**
- Fairview Foundation
- Roland and Alva Wipperman Quenec *

**Trustees Society**

**Giving levels of $100,000 to $499,999.**
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- Elmer A. Winter

**Founders Society**

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- Norma Treske Benner *
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- Sandra and Phillip Edwardson
- Ellen T. Foye
- Ruth Ann Johnson Foster
- Mary A. Johnson *
- Alison Stowe Lott +
- Paul Lott
- Marie E. Mantehy
- Thomas D. Moberg
- Eloise Bringgold Reichert +
- Romaine Reichert *
- Evelyn and Burtrum Schiefe *
- Shannon Skelley-Becking
- J. Quinn Tierney
- The White Family

**Presidents Club Charter Members**

Donors who joined the Presidents Club at the $10,000 to $24,999 level prior to its reorganization July 1, 1998.
- Sharon and Richard Audalen
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- Katherine E. Baedler *
- Jeannine Bayard
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- Karen Johnston Berger
- Karen + John Brand
- Vernice Buan
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- Rosalie and Paul Carlson
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- Agnes Dempster *
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- F. Heinz Ender
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- Mildred Halvorson *
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- Ruth Stryker-Gordon
- Helen Sullivan
- Eugenia Taylor
- Elva D. Walker
- Ruth D. Weise

**Heritage Society**

Individuals who will make a future gift/bequest to the School of Nursing.

**As a key part of Campaign Minnesota, Leave a Nursing Legacy: 200 encourages alumni and friends to make bequests benefitting nursing education. The new Dennisford Center, student scholarships, the M and M Fellowship in Gerontology (honoring retiring faculty members Mariah Snyder and Muriel Ryden) and the Child and Family Health Fellowship are campaign priorities.**

- Larry L. Aspin
- Myrtle K. Aydelotte
- M. Barbara Balick
- Shannon Skelley Becking
- Karen Johnston Berger
- Arlene P. Bowles
- Merelys P. Brown
- Julie A. Burlingsame
- Rosalie H. and Paul A. Carlson
- Mary Lou Christensen
- John and Myrtle Coe *
- Frederick and Jean Conrad
- Nancy L. Cook
- June J. Engleman
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- M. Isabel Harris
- Elise E. Hasti
- Zorada E. Hoige
- Delores Huanca
- Ann D. Hueller
- Marjorie K. Jameson
- Patricia and Dennis Kane *
- Katherine W. Kendall
- Freia * and Elmer Kettunen
- Jeneva S. Kirkwood
- Marjorie and Robert Kuhl
- Doris Kupferschmidt *
- G. Anne and John W. LaBree
- Sharon L. Lehmann
- Katherine R. and C. Walon Lillehei *
- Carol A. Lindeman
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- Ida Martinson
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- Jerry D. Sansby
- Carolyn and Clinton Schroeder
- Lisa buscher Stieling
- Elaine and Donald Sime
- Mariah Snyder
- Alma G. Sparr
- Ruth Stryker-Gordon
- Enid and Kenneth Swanson
- Olive O. Swenson
- Hannah K. Walseth
- Ruth D. Weise
- Helen Wells
- Janice and Curtis Wilson
- Renata and John Winsor
- Timothy J. Wittwer
- Dudley and Billie Woehning
- Verna Woodrich
- Barbara A. Hamilton Zell
- Anonymous (4)

**Corporate Partners**

Corporations, organizations and foundations who gave to the School of Nursing totaling $10,000 to $24,999.

- Aspen Medical Group
- Colwell Industries, Inc.
- Creative Nursing Management, Inc.
- Ferndale Foundation Inc. Agency
- Gray Plant Mooty Foundation
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- In Home Health, Inc.
- Kimberly Quality Care
- The Medtronic Foundation
- Northern States Power Company
- Relastar Financial Corporation
- 3M Company
- Wood-Rill Foundation

* Deceased
+ In memoriam
When Albert and Vanda Louis James brought their eldest daughter into the world Oct. 14, 1903, they had no idea they were delivering a trailblazer.

Born in Topeka, KS, Theresa Venita James grew up in Minneapolis and became an indelible part of Minnesota history. Endowed with a nurturing heart, she was one of the first African-American women to graduate from the University's School of Nursing, Class of '33.

As though quietly breaking barriers wasn't contribution enough, Theresa James secretly found ways to continue her influence. Following her death on Jan. 27, 1999, at the age of 95, a deftly managed, surprisingly large estate was discovered. Among the benefactors of this trust was her alma mater, the School of Nursing.

Her $112,500 gift will support the service, education, and research programs of the School. A portion of the gift will help establish the Marilah Snyder and Muriel Ryden Fellowship in Gerontology and the Child and Family Health Fellowship.

Three of Theresa James' supportive siblings—Archibald (a trailblazer as well, recognized as Minnesota's first African-American forest ranger), Thaddeus, and Zerlina—have passed away. One sister survives, Clarissa James Lewis, the 87-year-old "baby" of the family, who lives comfortably in a Boston suburb. She warmly recalls her oldest sister as "very kind and thoughtful . . . even protective." Perhaps because of a 10-year age difference, "she was like a mother to me. She even made my clothes!"

Later, hands that made crocheted and embroidered garments, kept busy mending lives. Lewis was not surprised when her caring sister chose nursing as a career. "She was always concerned with others."

In addition to an undergraduate degree from the University, Theresa James completed a Master's in Nursing Administration from the University of Denver in 1958. During World War II, she volunteered for the United States Army Nurse Corps, serving armed forces in England, Germany, Switzerland, and Korea. She retired in the rank of Major in 1969.

Noel James, Director of Cultural Affairs for the City of Minneapolis, and a niece of Theresa James, comments further on her aunt's remarkable life. "Aunt Theresa actually retired twice. I think it is interesting she went to work for the Minneapolis Post Office when she returned from the Army. She must have been older than she let on . . . ." Noel added that one of her aunt's "bunkmates" in the Army was Alberta Hunter, a well-known jazz artist. Hunter's life followed a parallel path to that of James, from their early days in the Army to their "retired" years at the post office.

The James family speaks with pride of the courage, generosity, and tenacious spirit of Theresa. Indeed, the woman remembered for her industrious hands has woven herself into the tapestry of Minnesota history with the threads of a benevolent heart.

Jane Ellen Nielsen is an R.N., holds a Master's Degree in Communication and is a freelance writer.
The Journey Towards Diversity
by Sandra Edwardson

In this issue of Network, there are several stories about the American Indian faculty members who have recently joined the School of Nursing. The stories highlight the rich academic and cultural backgrounds that they bring to the School and our programs. They also illustrate our on-going commitment to increase the diversity of the faculty, staff, and student body as well as increase our cultural competence.

Recruitment of under-represented minorities is difficult when what we have to offer is Minnesota winters and an overwhelmingly white, ethnically European-American culture. Parents of minority students have told us that we will continue to have difficulty recruiting students of color when all they see in the School is white faces. As Professor Moss said, it is not appealing to be the “lone wolf” – the token face of color. But why?

The explanation seems to go beyond the fact that most of us have an easier time making connections with individuals from similar backgrounds. Alumni, for example, have a bond with classmates that stems from their shared experiences with faculty and peers in the classroom, clinical site, and informal social gatherings. Likewise, persons who share an ethnic or gender orientation are able to make significant connections with one another more easily than with persons who don’t share that orientation.

Besides the fact that we are unable to offer a comfortable peer group for under-represented minorities, there are also the subtle insensitive or discriminatory messages that are unwittingly communicated across cultures. These can range from whether or not we exchange eye contact to suggesting an action that is unacceptable within another’s cultural norms. Because it is impossible for us to be aware of all of the nuances of cultural meaning, we need to develop the words and the level of trust that allows us to be open with one another about what offends and why.

An attitude of respect for the knowledge, skills, and abilities of individuals from diverse populations is important for work with patients as well. There is growing evidence that patients are more likely to accept information and plans of care when they are crafted in ways that are consistent with the patient’s culture and worldview. For this reason, we feel compelled to not only increase the number of nurses from diverse backgrounds to ensure that patients can benefit directly from their care, but also to be teachers and role models to the rest of us about what is and is not culturally appropriate.

Becoming a culturally diverse and competent school is something that won’t happen quickly. To hasten the process, a faculty committee last year organized a series of diversity conversations that included the sharing of information and case studies. Faculty and staff pondered questions such as: What should be the response when a patient refuses to be cared for by a student of color? What are effective methods for helping students learn to question patients about whether or not a particular remedy would be acceptable within the patient’s belief system? Why is it insensitive to ask the one student in the class with an unusual ethnic name to explain the name or ask where he or she is from? How can we learn from our faculty and students from underrepresented backgrounds without burdening them with unreasonable demands on their time and attention?

Increasing the diversity of the faculty, staff, and student body is a goal that I believe we can and will achieve in the foreseeable future. But becoming culturally competent is probably a lifelong journey for each individual. We are trying to draw the road map toward that competence and are grateful for the guides who are helping us find our way. If you would like to be a part of this journey, we would be happy to hear from you.

The Book Corner


It Took Courage, Compassion, and Curiosity Recollections and Writings of Leaders in Cancer Nursing: 1950-1970 by Judi Bond Johnson, R.N., Ph.D., F.A.A.N.; Susan B. Baird, R.N., M.P.H., M.A., and Laura J. Hilderley, R.N., M.S. The publisher is Oncology Nursing Society, Pittsburgh, PA (Tel. 1-800-772-4663). 215 Pages. One of the featured oncology nurses and educators in the book with connections to the School of Nursing is Rosalie Irene Peterson, a 1924 B.S.N. graduate with a 1926 degree in public health nursing.

Life Support by Suzanne Gordon. “A beautiful, profound, and profoundly important book, Gordon’s message is simplicity itself: sick people need skilled, humane, and insightful care that keeps their interests paramount. Registered nurses have historically provided that care, but now their ability to fulfill their crucial role faces the greatest jeopardy in the history of the profession.” Washington Post ($13.95, a Back Bay Book; 328 pages)

Quiet Heroes, Navy Nurses of the Korean War (Commemorative 50th Anniversary Edition) by Frances Omori, Commander, U.S. Navy, is a poignant portrayal rich with old photographs highlighting and acknowledging the many Navy nurses who served during the Korean War. Although they didn’t see themselves as heroes, “through their tireless professional service, and kind words and deeds, they made an impact on the lives of thousands of U.S. Marines. Quiet Heroes highlights Navy nurses stationed at the Naval Hospital Yokosuka and aboard the hospital ships USS Consolation, USS Repose, and USS Haven” including retired Lt. Commander Helen Zenkovich of the U.S. Navy Nurse Corps featured in the last issue of Network Magazine (Page 2 of the Annual Report).

An Online Exhibit of the professional papers documenting Margaret Newman, Ph.D., R.N., Professor Emerita, School of Nursing has opened at the University of Tennessee. The Historical Collection: An Online Exhibit at the University of Tennessee Library is available online at the University's library site and online at http://library.utmem.edu/HSLBC/History/Newman/man exhib.html. Newman was a Professor at the School of Nursing at the University of Minnesota from 1948 to 1976 when she retired. She wrote and contributed to several books and was the author of numerous journal articles.
Nursing Alumni Society News

By Marie Manthey

The May 5th Annual Reunion and Spring Celebration was a great success! Over 100 alumni attended, a substantial increase from previous years. The success can be credited to a vigorous "marketing" effort initiated by this year’s alumni board members. In addition to increased mailings, the board members held several phoning pizza parties at the School, targeting the anniversary years of 1996, 1991, 1976, 1961 and 1951. The alumni members had a great time getting together, renewing their relationships and networking.

People traveled from as far as Tucson, AZ, and Chapel Hill, NC, to be with their classmates. We learned that some alumni members have routinely met in various parts of the country on an annual or semi-annual basis for years. We love to hear these kinds of stories!

This year, we decided to ask three alumni to be presenters, sharing some of their professional highlights. Jeanne Howell, C.N.M., M.S., R.N., spoke about her pioneering work with water-birth deliveries in her hospital. Katherine Todd, B.S.N., R.N., spoke about the challenges she faces with the subcultures of poverty, homelessness, prostitution and drugs in her practice at Hennepin County Medical Center (HCMC). I spoke about my work in care delivery system changes and leadership development in the United States and internationally.

We asked alumni to write personal news items to initiate a Class Notes column. (See Class Notes on page 32.) This is part of our overall effort to strengthen the Alumni Society, increase our visibility, and recognize the rich resource our membership represents.

If you have news and stories to share, please contact Kate Hanson at 612.624.9494 or by e-mail at hanso041@tc.umn.edu.

Copenhagen

The jet setters of the Alumni met in Copenhagen, at the International Congress of Nurses. The Alumni Society had a presence at the Congress, sharing a booth with the International Densford Center for Nursing Leadership and Creative Healthcare Management. Sharing the booth space made it affordable, and allowed us to sponsor an informal event that was fun and productive.

Graduate Student Gatherings

Last spring, the Alumni Society sponsored the first graduate student gathering. The purpose was to bring graduate students together in an informal setting to enhance their student experience and provide an opportunity for networking, within the framework of a topical discussion. It was well attended, and this fall we have scheduled two more gatherings and plan to make this a regular activity of the Alumni Society. As these graduate students prepare to move into the new advance practicing roles, we hope to provide them contact opportunities with alumni within that field to support them in making successful transitions.

Alumni Board

New members are being appointed to the board, and a fall retreat is scheduled to plan our strategies for 2002. If you are interested in being involved in this important work, please contact Kate Hanson at 612.624.9494. There are several committees that provide an excellent opportunity for fun and rewarding volunteer activity.

Marie Manthey, M.N.A., R.N., F.R.C.N., F.A.A.N., SoN Alumni Society President 612.827.1611; mmanthey@chcm.com

Class of 1951 at the School of Nursing Alumni Reunion and Spring Celebration.

From left, back row is Beverly Brandt Wood, Virginia Bristol Mclaran, Ruth Ann Coraves Schwab, Lorraine Sprader Baumgardner, Joan Jessup Kraft and Mary Lowe Batozeh; front row is Phyllis Sheppard Rose, Betty Lawrence Darby, Arlene Isaacson Backer, Marsha Wendell Auger, and Wanda McIntire Rauma.
Compiled by Kate Hanson

Agnes Sherman (Olson), '47
I have always worked in Obstetrics and then in the operating room—full time and then part-time since I was 65 years old. I retired in February 2000 at the age of 73. I have taken many “off campus” courses, but with family and working, as well as a 120 mile commute, I was never able to finish my degree in nursing because I needed to have three sequential quarters. I am still active in nursing volunteer work at our hospital, helping with influenza shot clinics, and taking blood pressure at “Partners in Health.” I still retain and renew my license.

Patricia Morse (Ruby), '47
Agnes Olson Sherman and I attended the School of Nursing Alumni 2001 Reunion to celebrate the 54th anniversary of our graduation. Katie J. told us it was our responsibility to join the American Nurses Association (ANA). She was president at the time. I took it to heart and always have and always will be a member of ANA through the State Association Wisconsin.

Jean Norbom (Loomer), '57
Upon graduating in March of 1957, I worked over six years on Station 301 (Pediatric Heart Hospital) as a staff nurse and Assistant head nurse. My next 31 years were spent as a school nurse for Mounds View Schools where I “retired” in 1993 with the “Rule of 90.” I continue to maintain my license. Recently, I have taken a number of trips with Elderhostel—first to Chile and Argentina in South America. I’m currently trying to do what I can for Minnesota Service Federation in their efforts to lower the prices of prescription drugs.

Sally Parsons (Edwardson), '59
The class of 1959 will be getting together this October in Monterey, CA. We get together every two years “somewhere in the U.S.” Generally, there is a turnout of 15-18 alumni, out of our class of twenty-five. Previous locations have been Seattle/Olympia Peninsula, Lake Tahoe, and, of course, Minnesota.

Caroline Rosdahl (Bunker), '60
I am currently writing the eighth edition of my nursing Textbook of Basic Writing, 7th Edition, (Lippincott Williams & Wilkins, Philadelphia, 1999, 8th Edition in press). I have spent over 30 years writing this book since the first edition. It is about 1,800 pages and is used in several countries in addition to the United States. One of my richest memories of Katie J. is the day we had her retirement luncheon. Katie J. was asked if she had anything to say and she rose to her feet in her elegant way. She quietly said, “Well, I just want you all to know that I’m being married this afternoon and then we’re sailing for Europe!” Nobody (except Myrtle Coe) knew. The room was totally silent because everyone was in shock! Later when we talked about it, we heard things like, “I thought I saw Katie J. walking near the river with a man, but I decided it couldn’t be her,” and so on. So, in addition to adding so much to nursing, Katie J. also had time to have a life, and they were married for a number of years.

Delphie Sorenson (Lindstrom), '61
I am a licensed school nurse working for the Robbinsdale Area Schools and was awarded the Minnesota School Nurse Administrator Award in 1998. I retired from that position in 2000, but continue to work in education doing early-childhood screening, training educational paraprofessionals, and being a trainer for Minnesota Coordinated School Health.

Katherine Jacobson, '61
After a career spent in Wyoming, Idaho, and Montana, I went to Saudi Arabia to develop a Quality Assurance (1989 terminology) in a Saudi Ministry of Health Hospital. I returned to Minnesota to protest what became the Gulf War. Since then, I have worked for Ebenezer Society, currently as director of nursing at Ebenezer Hall in south Minneapolis.

Jean Foote (Haugom), '61
I have been teaching Community Health Nursing in the Phoenix, AZ area since 1972, focusing on schools, AIDS community, homeless community, and Home Health.

Andrea G. Winick (Wells), '61
I am an adult/geriatric nurse practitioner, a “generalist” who has, in the past, taught Community Health Nursing at St. Olaf College, and worked many years in occupational health with a major emphasis on prevention. I was Minnesota D-Day chairperson in 1984 and continued to facilitate many quit-smoking classes until recently. I joined Ever Care, a division of United Health Care, in 2000 and currently work as a G.N.P. with about 95 patients at six nursing homes in Minneapolis. Ever Care focuses on excellence in geriatric care and family communication, monthly visit, and family updates.

Joan Schilling, '66
Class of 1966, where were you? Merrill Over Sullivan and I were there. How about planning a reunion for our class? Call 612-644-8163 if you are interested in helping.

If you have news to share, please contact Kate Hanson at 612-624-9494, banso441tc.umn.edu.

Everyone will enjoy hearing from you!

Alumni! We Need Your Addresses

We need new addresses for the following:

- Amanda Marie Antil
- Luciana T. Arntson
- Catherine A. Bartscher
- Wesley K. Capon
- Virginia Christopher
- Margaret C. Fraser
- Marlan L. Forberg
- Lisa J. Ford
- Ruth A. Owen
- Shirley Grindy
- Matthew J. Jaeger
- Katherine N. Mikkelson
- Jeanette A. T. Larson
- Karla S. Larson
- Kristine D. Lehr
- Adriene R. Niesen
- Evodia Reinikka
- Katherine M. Stiglet
- Andy J. Tracey

If your name is listed here or you know anyone listed, please e-mail addresses to laval008@tc.umn.edu or send addresses to Editor, Network, 5-160A Weaver-Densford Hall, School of Nursing, 308 Harvard St. SE, Minneapolis, MN 55455-0342.
New Web-Based Courses for Long-Term Care Nurses

A new website, developed and supported through the University of Minnesota School of Nursing, provides a variety of resources to support and foster the professional development and education for long-term care nurses.

The Long-Term Care Nursing Leadership and Management website (http://ltcnurseleader.umn.edu/) provides access to on-line continuing education courses designed specifically for nurse leaders in long-term care facilities. The courses include topics such as “Developing a Comprehensive Staffing Program,” “Recruitment and Retention of Nursing Staff,” “Developing and Evaluating Nursing Care Delivery Models,” “Using Evidenced-Based Practice to Improve the Quality of Nursing Care and Services,” and “Financial Management.”

According to Christine Mueller, Ph.D., R.N., Associate Professor and author of the education course, the web-based courses are designed to address the competencies identified for nurse leaders in long-term care. The reasonably priced, on-line courses are available for continuing education credit and, in the future, will be available for academic credit.

The website also sponsors a Listserv, a list of addresses under one heading, to promote collegiality and support among nurses in leadership and management positions, as well as a large array of websites, reports, and documents that are specific to long-term care nursing leadership. Regular book and research reviews about topics of interest are posted on the website as well.

For more information about the website and the on-line courses, contact Mueller at 612.266.4992 or send e-mail to cmmueller@umn.edu.

Nurses in Turkey

From the Associated Press via the Capitol Bulletin, the Minnesota Women’s Consortium 07.25.01:

Turkey’s health minister authorized principals of state schools to test all nursing, midwife, and other health-worker students for virginity. He declared nurses must be virgins to protect them from prostitution and underage sex. Women’s groups are outraged and are calling for the government to fire the minister. Forced virginity tests were common in Turkey until they were banned in 1999.

Thanks, Abbott Northwestern!

In the Spring/Summer 2001 issue of Network, we thanked the systems, organizations, and staff who provided support, time, and knowledge to our students over the past year. We inadvertently left Abbott Northwestern Hospital off our thank you list.

Speaking Out

Letters from readers

Dear Editor:

I am a staff nurse at Gillette Children’s Specialty Healthcare in St. Paul and have been there for about five years. I recently received my issue of Network, and found the article profiling Kristin Berlin (“Watch Out for this Passionate Advocate for Nurses”) to be particularly interesting. I, too, am interested in health-care and public policy, and think that nurses could have a greater role in issues that have not only a direct impact on the health of the people we come in contact with, but also indirect issues, such as housing, jobs, energy and environmental policy, and issues of peace and justice.

Unfortunately, I think that too many nurses see themselves only as dealing directly with people who are ill in such facilities as hospitals and clinics, or as an extension, public health agencies, but don’t see how the bigger picture impacts the health of the public at large. I’d not only like to see more attention to some of these issues in the pages of Network, but also would like information on educational opportunities, like those Ms. Berlin is engaged in, that allow nurses to have a greater voice in public policy.

In addition to the health-care and public policy issues I mentioned, I am also interested in the critical issue of how to recruit and retain nurses in the future, and have some ideas on how education might be changed to accomplish this. For example, has any thought been given to offering a “nursing doctorate” (N.D.), along the lines of the Pharm.D. to those interested in, say, a more advanced generalized practice?

It wouldn’t take the place of an academic Ph.D., and wouldn’t compete

with the more specialized practice of the master’s-prepared nurse practitioner, but in this day and age, where it seems every health-care professional (physical therapists, pharmacists, etc.) is toting around an advanced degree of one sort or another, it seems that the advanced generalist “N.D.” would perhaps get more respect from other non-nursing colleagues and would enable them to be a player in the game vs. sitting on the side-lines. What do people think about that?

Thank you for your attention.

Sincerely,

Jack Cain, R.N., B.S.N.
Class of ’95
651.772.4980
jkcain@juno.com

Dear Ms. Barbara La Valleur,

Thank you so much for sending Network again. I handed copies to three faculty members in our university who will be going to Minnesota this summer. They were very glad, and said, “Please give their regard to you.” I appreciate your concern.

Respectfully Yours,

Ritsuko Yamada
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School of Nursing and Social Services
1757, Kanazawa, Tobetsu.
Ishikari, Hokkaido 061-0293
JAPAN
Congratulations to the School of Nursing Class of 2001

The following is a list of the Class of 2001 graduates with a Bachelor of Science Degree from the School of Nursing:

Sena Allison  Susan Larson  Mary Lesmeister  Tenzus Lhadon  Mary Votg
Shawna Anderson  Kayla Schmidt  Tracy Loging  Wendy Mand  Megan Voigt
Michelle Aquino  Taina Lhamon  Heather Marshall  Michael Matlock  Jill Vouk
Beth Arndt  Kelly Molde  Lisa Mossbarger  Josephine Mukamurangwa  Cristina Wadholm
Katherine Belfay  Stacy Nesemeier  Nhi Ngan  Anh Nguyen  Carrie Wams
Kim Belzberg  Lisa Weinhaus  Kristina Nyman  Jane Olson  Sarah Westby
Pamela Bethel  Jennifer Clement  Anh Nguyen  Corinna Orth  Julia Womar
Melissa Bishop  Peter Dauedalin  Kristina Nyman  Jane Olson  Amanda Yliniemi
Kristen Block  Corinna Orth  Verica Osgoar  Alpa Patel  Joann Poole
Breana Brockway  Leah Peterson  Gina Pettinari  Catherine Plough  Chelsie Pulk
Katherine Brown  Genna Putauck  Maggie Regoukis  Nicole Richard  Joann Poole
Larisa Chesner  Stacey Nesemeier  Corinna Orth  Eric Overgaard  Maggie Regoukis
Margaret Claude  Casey Groh  Anh Nguyen  Alpa Patel  Nicole Richard
Heidi Clayman  Tania Lhamon  Leah Peterson  Ginette Pettinari  Kristi Rowe
Jennifer Clement  Casey Groh  Jane Olson  Patrick Sapp  Senja Ruuska
Peter Dauedalin  Jennifer Clement  Casey Groh  Patrick Sapp  Senja Ruuska
Hillary Forstrom  Jennifer Clement  Casey Groh  Patrick Sapp  Senja Ruuska
Jennifer Gackstetter  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Jon Gisch  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Andrea Goldman  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Luci Gouin  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Casey Groh  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Jill Haines  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Tara Harriger  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Connie Hawkins  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Casey Hayes  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Stacey Hermanson  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Michelle Hoffmann  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Christine Hogan  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Jody Jackson  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Nancy Jaworski  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Dawn Johnson  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Monisha Kannan  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Gerald Korklick  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Molly Korkby  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Tara Kylander  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Truc La  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska
Bert Larson  Casey Groh  Jennifer Clement  Casey Groh  Senja Ruuska

The following is a list of the Class of 2001 graduates with a Master's Degree from the School of Nursing:

Shelley Ahrens  Kimberly Anderson  Amy Anklfinger  Fern Aspen  Barbara Baier
Kim Moraghan  Lisa Davidson  Khairunnisa Dhamani  Angleine Ehrlert  Anne Immelt
Bonnie Connolly  Lisa Davidson  Khairunnisa Dhamani  Angeline Ehrlert  Anne Immelt
Kathleen Moraghan  Lisa Davidson  Khairunnisa Dhamani  Angeline Ehrlert  Anne Immelt
Kim Nelson  Lisa Davidson  Khairunnisa Dhamani  Angeline Ehrlert  Anne Immelt
Bonnie Norris  Kaydi Novack  Jamie Otremba  Lizabeth Payton  Beth Pettis-Willis
Kaye Novack  Jamie Otremba  Lizabeth Payton  Beth Pettis-Willis  Jason Pierskalla
Kathy Ryan  Jill Scholz  Ramona Starks-Cunningham  Kristina Stiehs  Troy Stiefvater
Jill Scholz  Ramona Starks-Cunningham  Kristina Stiehs  Troy Stiefvater  Julie Sumstad
Jill Scholz  Ramona Starks-Cunningham  Kristina Stiehs  Troy Stiefvater  Julie Sumstad
Margaret Sundheim  Keiko Takenoue  Keiko Takenoue  Darcy Theisen  Mary Tomes
Keiko Takenoue  Darcy Theisen  Mary Tomes  Christie Vanhecke  Amy Vetruka
Keiko Takenoue  Darcy Theisen  Mary Tomes  Christie Vanhecke  Amy Vetruka
Linda Volnes  Amanda Wallace  Marie Walter  Melissa Weber  Jeffery Wicklander
Linda Volnes  Amanda Wallace  Marie Walter  Melissa Weber  Jeffery Wicklander
Patricia Wurm  Patricia Wurm  Patricia Wurm  Patricia Wurm  Patricia Wurm

The following is a list of the Class of 2001 graduates with a Ph.D. from the School of Nursing:

Rozina Karmaliani  Valinda Pearson  Yuehhsia Tseng  Rozina Karmaliani  Valinda Pearson
Rozina Karmaliani  Valinda Pearson  Yuehhsia Tseng  Rozina Karmaliani  Valinda Pearson